High 'N Dry

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

September 2026

MOVING NEXT MONTH! (See Below)

Coastal Centre
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930 Website: **http:/aadaytona.org**

MOVING NEXT MONTH! (See Below)

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

Volusia County Intergroup Office

is **MOVING**

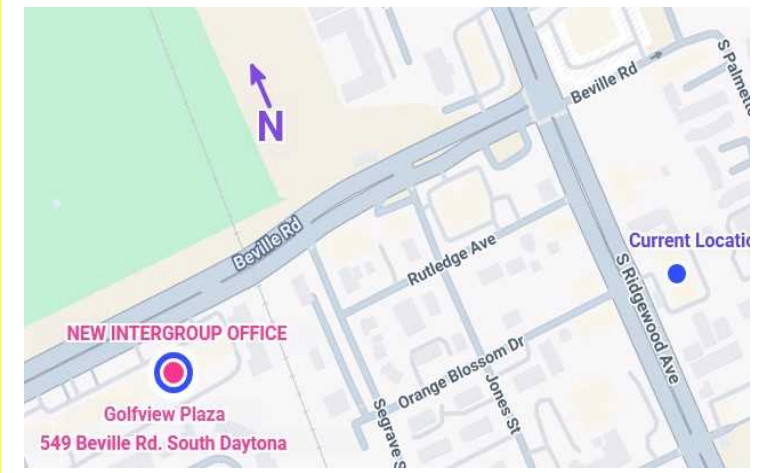
Only a few blocks away

To Golfview Plaza

549 Beville Rd. - South Daytona

(Just west of the railroad tracks)

Move scheduled by OCTOBER 1, 2026



VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm; Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks

***** Credit cards accepted *****

Interested in service work?

Contact the Office Coordinator 386-756-2930 or Email: admin@aadaytona.org

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Archives Article:

Bill W. My First 40 Years: An Autobiography by the Cofounder of Alcoholics Anonymous

Brackets [ ] are archivist's additions. I hope you enjoy these tidbits from *Bill W. My First 40 Years*. The full book is available at some online bookstores in print or as eBook. Unfortunately, not the library's hoopla app. Archivist: Jim B.

After stock market crash, I [Bill W.] was drinking like a fish and when money was gone my confidence went too. I told a lot of people off. Then a friend invited me to Montreal. So, Lois and I ended in a dingy apartment in Montreal with a small drawing account. I came across a man from England with some dough and sold him on Pennick and Ford and he gives me a credit of $5,000. I had a lot of friends and one whose 50,000 shares were taken over at 22 recovered to near 55 by spring 1930. Now I'm in a flat overlooking the Saint Lawrence. The goose is hanging high and I am drunker and drunker. That ends badly and I had to return to Brooklyn leaving the furniture behind. By 1934, I was in a downslope. During the 1920's, I tried to stop, mostly for Lois, with the expectation to return with moderation and control.

On returning to Brooklyn, we stayed with Lois's parents. I felt the humiliation of my failures and really resolved not to drink again. I secured a job as an investigator for the Stanley Statistics of NY. Then came the first drink. I attended to work pretty well for about a year, but was paid $100 a week and the crash had left me $60,000 in debt. A few creditors were after me. Drinking continued and during a barroom brawl, some thugs took my papers and threatened [? Blackmail] me over the phone. I was discharged from Stanley Statistics. I don't know if that was the cause or not. I canvassed friends in wall street but they had nothing for me. Lois began to work in the furniture department at Macy's. Lois was affected by my drinking but this increased her devotion and love.

I became unemployable but hanged around brokerage offices. Every now and then a deal netted a few hundred which paid speak easy tabs, so I'd still had credit. I was a lone drinker because none of my wall street associates wanted my company.

Through my brother-in-law, I met Arthur Wheeler, the son of President of American Can. With Art and Frank Winans (retired banker of Chicago) we invested in stocks. Stocks had fallen to their lowest (May-June 1932) and some were valued at ½ or 1/3 of net value. I was to share 1/3 of the profits. They had noted my drinking past and included in the contract that I would lose all my interest if I took one drink. I signed and was confident. Lois and I had great happiness. So, for 2-3 months I remained sober. Word on the street was I had stopped. A wall street friend asked me to do a little job for him. Investigate with some engineers a new photographic process at Pathe Laboratory. After supper the engineers played cards, which I declined as I never was interested in card games. Then a jug of apple jack appeared. It was called Jersey Lightning. They poured me a drink and I refused. I thought of Lois working in department store and the contract and the honor of my signature. It was a cinch I thought. The offer came again and again and I told them I was an alcoholic. The clock approached midnight and I was bored. I thought of all the drinks I had in the past and never had Jersey Lightning. So next time I was offered I took a drink and then another. The next morning, I asked bell boy to bring a crock of lightning. So I drank for three days. Art called and said the deal was off. At 8 PM, I turned down the drink with ease but later my resolve disappeared under the idea I had not tasted "Jersey Lightning" before. This was more than habit, this was more than compulsion, it was insanity. Then I hid bottles at home as a squirrel would cherish nuts: in the attic, on the beams, underneath the flooring, in the flush box of toilets, buried in the coal in the cellar, etc.

Sometimes there would be a little consciousness of what I was about to do. Walking to deli store where I had credit for gin I would say to myself, I shouldn't do this but I'm going to do it. Sometimes I would steal from Lois slender purse or hock items from the house.

ABOUT STEP 9: Although these reparations take innumerable forms, there are some general principles which we find guiding. Reminding ourselves that we have decided to go to any lengths to find a spiritual experience, we ask that we be given strength and direction to do the right thing, no matter what the personal consequences may be. We may lose our position or reputation or face jail, but we are willing. We have to be. We must not shrink at anything.

(from Alcoholics Anonymous ("The Big Book") p. 79)

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**District 19:** 4th Monday – 6:30pm Emmaus Lutheran Church 2500 S. Volusia Avenue, Orange City	**District 20:** 3rd Sunday each month- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32:** 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** **so you can carry the message from your group**

MAKING MY AMENDS

I had one amend that I conveniently forgot to put on my Eighth Step list. Later, I remembered that one night me and my buddy got drunk and climbed the roof of the local mall, and messed up the mall's roof with spray paint really bad. When I remembered that, I thought of the mall manager who had to go up there and look at the mess we had made. The mall was losing money then, and the guy probably had enough to worry about without having to deal with that mess.

I didn't want to make that amend, but I was sponsoring a guy through the Big Book, and it was eating at me. How was I going to tell him to make hard amends if I couldn't make one to the mall? I was afraid I'd go to jail or that they'd sue me for everything they could get. I kept "forgetting" about that amend, trying to push it out of my mind. I'd tell myself, "Yeah, I'll get to that," and then put off calling for weeks. But not calling made me feel bad.

I told myself that if I had to go to jail or pay a lot of money, it would hurt my wife and son. When I finally got around to talking to my wife about it she just laughed and said, "Do it. It would be funny if you went to jail." I thought, "So much for that excuse."

I got the phone number for the mall and carried it around in my pocket for a month. I was just hurting myself, but I was scared. When I finally did call, they said, "Call back on Monday. The lady you need to talk to isn't in." So I called Monday, and they said Tuesday. The same thing happened Tuesday and all week.

Eventually, I got hold of the lady right before Christmas. By this time she must have had a bunch of notes on her desk saying that some alcoholic had been calling her all week.

I told her who I was, and before I could say anything else she stopped me. She said, "I think it's wonderful what you are doing, and I know what I want you to do. The toy drives have been hurting this year because the troops are in Iraq, so I want you to buy some toys and donate them and we'll call it even." I said, "That's it? Great!" Maybe I shouldn't have been too excited about getting off easy, but I was.

I called the toy drives, and they had just stopped picking up toys. That meant I had to go into Christmas rush shopping to get a bag of toys and then take the subway downtown to the toy drive's office before they closed. On any other Christmas, standing in those lines would have been enough to ruin my day, but I was just happy to be there thinking about what kids might like. We dropped the toys off and then I thought, "Some of those toys need batteries." So we went out and bought batteries, too.

Afterward, my wife and I both thought that this was something we should do every year. We had that much fun doing it. And why only do something good when you're making up for something bad? Sometimes it takes a long time for simple ideas to sink in.

- James R.

MARK YOUR CALENDARS for these upcoming events.

Details now at **AADAYTONA.ORG** and in next month's **High 'N Dry**

DISTRICT 8 Cookout Bethune Point Park NOV. 14, 2026 11:00-3:00 $5.00	**DISTRICT 19 Gratitude Dinner** 1270 Doyle Rd.; Deltona NOV. 14, 2026 5:00-9:00 $ TBD	**DISTRICT 20 Gratitude Dinner** 1002 N Dixie Fwy; New Smyrna Bch NOV. 22, 2026 5:00-9:00 $ 20

SEPTEMBER ANNIVERSARIES

NAME	YR	DATE
5:30 Group		
John S	46	9/24/1980
Linda Faye S	5	9/15/2021
Rob A	5	9/18/2021
Carol D	4	9/25/2022
Carola	1	9/0/2025
Alcoholics and God		
George E	*16*	9/11/2010
Austin S	*15*	9/11/2011
Myra J	*12*	9/9/2014
Chrissy P	*4*	9/18/2022
Paul M	*4*	9/20/2022
Tina M	*3*	9/22/2023
Sandra G	*2*	9/10/2024
Angela S	*1*	9/5/2025
Corey S	*1*	9/27/2025
Back To Basics Deland		
Bob	42	9/17/1984
Butch	38	9/24/1988
Karen L	14	9/12/2012
jon F	4	9/12/2022
Beachside-NSB		
George D	31	9/25/1995
Big Book Study HH		
Jim F	20	9/1/2006
Mike F	8	9/2/2018
Choice Is Yours		
Cy D	50	9/15/1976
Bill J	4	9/11/2022
Happy Belated Anniversary		
Rick V	23	8/10/2003
Angelo	16	8/7/2010
April	9	8/17/2017
Linda C	9	8/3/2017
Sharon B	8	8/15/2018
Deltona Men's Group		
Jordan S	2	9/5/2024
Donut Group		
Tela T	45	9/16/1981
Gordon L	35	9/2/1991
Randy S	14	9/29/2012
James M	4	9/2/2022
Chelsea B	3	9/14/2023
Kris B	3	9/27/2023
David S	2	9/24/2024

NAME	YR	DATE
Early Ducks		
Tela T	45	9/16/1981
Tank B	42	9/18/1984
Bill H	38	9/10/1988
Lynne S	38	9/19/1988
Brian S	29	9/1/1997
Pete H	29	9/7/1997
Scott C	17	9/27/2009
Jim E	14	9/4/2012
Four Towns		
John B	50	9/10/1976
Terry T	48	9/8/1978
Michael C	44	9/13/1982
Deana P	5	9/0/2021
Scott D	3	9/19/2023
Chris O	2	9/1/2024
Friday Noon Men's		
Terry T	48	9/8/1978
Jim S	33	9/3/1993
Brian B	2	9/11/2024
Grateful Group		
Richie D	43	9/2/1983
Happy Hour Daytona		
Alvis	17	9/3/2009
Rachel B	8	9/10/2018
Sherry	4	9/2/2022
Sheri	4	9/21/2022
Kimberly S	2	9/29/2024
Heather B	2	9/30/2024
Raymond C	1	9/17/2025
Had Enough		
Carrie I	1	9/16/2025
Kay S	1	9/30/2025
Hour of Power		
Mike (Cincinnati)	15	9/21/2011
Dan G	10	9/8/2016
Chris E	8	9/15/2018
Jill E	2	9/9/2024
Jill M	1	9/30/2025
Lest we Forget		
Karen F	41	9/30/1985
B-Free	35	9/1/1991
Tom K	29	9/14/1997
Lifesavers		
David LeB	43	9/7/1983
Ed H	42	9/9/1984
Lee B	35	9/15/1991
Glenn S	28	9/28/1998

Representing **876,235 DAYS** of Sobriety

ONE DAY AT A TIME

SEPTEMBER ANNIVERSARIES

NAME	YR	DATE
Never Had It So Good		
Charlie N	36	9/30/1990
Wendy	18	9/13/2008
Denis P	8	9/7/2018
Rachel B	8	9/10/2018
Raquel A	1	9/25/2025
New Dawn Group		
Nanette L	37	9/28/1989
Blair	23	9/28/2003
June R	9	9/12/2017
New Heights		
Shane H	5	9/15/2021
Thomas D	1	9/5/2025
New Smyrna Beach		
Joan L	21	9/3/2005
Noon Group Deland		
Steve F	45	9/18/1981
Velma R	44	9/14/1982
Barbara B	25	9/14/2001
Russell W	16	9/10/2010
John F	4	9/22/2022
Ken S	1	9/27/2025
Happy Belated Anniversary		
Jim G	3	8/27/2023
Steve K	1	8/10/2025
Open To Change		
Sharon B	15	9/28/2011
Bob D	6	9/21/2020
Ed P	5	9/1/2021
Joe T	5	9/1/2021
Dave D	4	9/22/2022
Tom B	2	9/28/2024
Ormond Beach Group		
Pam R	14	9/18/2012
Pass it On		
John F	26	9/6/2000
Travis R	1	9/4/2025
Riverbridge		
Jan T	45	9/3/1981
Jim B	33	9/24/1993
Randie	33	9/26/1993
Happy Belated Anniversary		
Al J	36	8/9/1990
Kevin M	23	8/13/2003
Road To Recovery DB		
Dean K	15	9/11/2011
Road To Recovery Osteen		
Doreen M	34	9/7/1992
George E	16	9/11/2010

NAME	YR	DATE
Sand and Sea		
Nora M	38	9/25/1988
Jonathan C	21	9/8/2005
Erin M	17	9/30/2009
Melissa H	12	9/8/2014
Dennis P	8	9/7/2018
Maria L	7	9/20/2019
John G	6	9/17/2020
Robert A	5	9/18/2021
Jacob J	4	9/17/2022
Robin C	3	9/10/2023
David F	3	9/7/2023
Michelle C	3	9/5/2023
John P	2	9/7/2024
Martin B	2	9/15/2024
K.J. H	2	9/21/2024
Danella	1	9/1/2025
Ryan T	1	9/2/2025
Saturday Women's		
Flora W	10	9/27/2016
Sisters In Sobriety OB		
Kelly L	38	9/12/1988
Cathy S	30	9/16/1996
Tracy B	2	9/1/2024
Steps in Slow Motion		
John B	50	9/10/1976
Sunrise Group - Deland		
Pastor R.	1	9/15/2025
Way of Life		
Nanette L	37	9/28/1989
Brian B	2	9/11/2024
Donald C	2	9/5/2024
We Are Alive		
Doug A	13	9/22/2013
Shane H	5	9/10/2021
Steven T	4	9/27/2022
Womens New Beginnings		
Happy Belated Anniversary		
Jax	2	7/15/2024
YOLO		
Tim M	36	9/18/1990
Brian D	15	9/5/2011
Billy the Kid	12	9/26/2014
Rolando	6	9/3/2020
Maggie	5	9/6/2021
Cory	5	9/18/2021
James M	4	9/2/2022
Drew K	3	9/29/2023
Kris B	3	9/27/2023

Volusia County Intergroup Profit and Loss Statement			
INCOME		**July '26**	**June '26**
	Contributions/Donations	$3,677.18	$1,927.83
	Special Events	$0.00	$4,353.67
	Misc. Income	$7.00	$1.95
	AA Goods Sales	$1,760.17	$1,494.21
	Non-AA Goods Sales	$1,879.94	$2,082.44
	TOTAL INCOME	**$7,324.29**	**$9,860.10**
EXPENSES		**July '26**	**June '26**
	Cost of AA Goods	$2,406.05	$113.50
	Cost of Non-AA Goods	$234.35	$1,329.96
	Administration	$2,853.53	$1.666.23
	Building	$1,542.2	$1.628.32
	Communication	$228.24	$243.29
	Office	$329.86	$309.83
	Special Events	$0.00	$1,567.99
	TOTAL EXPENSES	**$7,594.26**	**$6,859.12**
PROFIT / (LOSS)		**-$269.97**	**$3,000.98**

July Group Donations $3,677.18:

Sunrise (Holly Hill): $100.00; Dist 20: $250.00;
Lest We Forget: $98.48; YOLO: $50.00;
Early Ducks: $137.00; Four Townes: $352.00;
Open To Change: $131.00; Happy Hour: $250.00;
Sand and Sea $44.00; Hour of Power: $681.39;
Driveway Meeting: $113.71; Deland Group: $210.00;
Good Day Group: $5.00; Sunrise (Deland): $81.40;
Copier Contribution: $2.80; Choice Is Yours: $38.00;
Road to Recovery (DB): $300.00;
Saturday Night Beginners: $120.00;
New Dawn: $48.00; Deland Big Book Study: $80.00;
Wednesday Women's: $100.00;
Central Fact: $280.00; Steering Committee: $19.00;
Anonymous Donations: $75.40;
Steps in Slow Motion: $50.00; IGR Meeting: $60.00;

Groups Represented at Aug. IGR Meeting:

Steps for Life; New Dawn; Open to Change;
Message in a Bottle; It's 5 o'clock Somewhere;
Four Townes; Riverbridge Group; 5:30 Group;
Hour of Power; Sunrise (HH); Lifesavers;
High Noon; Way of Life; Deltona Men's Group;
The Driveway; Saturday Night Beginners; Happy Hour; DeLand Big Book; Had Enough; Early Ducks

INTERGROUP needs VOLUNTEERS to staff the office

Wednesdays 1pm - 5pm * **FLOATERS** to fill in as needed * HELP **MOVING!**

Intergroup Committees and Coordinators updates

Office Coordinator: 81 Phone Calls; 164 Visits in July.
High 'n Dry Editor: If interested in submitting article (500-600 words) or September anniversaries please email no later than Sept. 15th to ***admin@aadaytona.org***
Archives Report: Continued to do inventory and archival stories for High 'N Dry
Twelve Step Coordinator: 19 calls in July. **NEED TWO MORE "Phone Army" volunteers**-contact Intergroup office for information.

Corrections & Treatment: Need support; show up 1st Thursday 6:30 p.m. above Intergroup office. If you need literature to bring to institutions, let Bob know or contact Intergroup office.

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 75 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
1635 S. Ridgewood, # 107
South Daytona, FL 32119

District 8: Dist 8 Committee
Post Office Box 133
Daytona Beach, FL 32115

Step VIII: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition VIII: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept VIII: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PERSONAL INVENTORY ON TRADITION 9

(The foundation of this inventory is from the A.A. Tradition's Checklist first published in the ***A.A. Grapevine***)

1. Do I try to "boss" things in AA?
2. Do I ever resist formal aspects of AA because I see them as authoritative?
3. Do I try to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

The 9th Step Promises

Many of us have heard of the Ninth Step Promises from page 83-84 of the Big Book of Alcoholics Anonymous. Since last fall, we have provided promises associated with some of the other steps. We wrap up this summary of promises from the Big Book with the "famous" Ninth Step promises, along with a few others from page 78.

- If our manner is calm, frank, and open, we will be gratified with the result. (78)
- In nine cases out of ten the unexpected happens. Sometimes the man we are calling upon admits his own faults, so feuds of years' standing melt away in an hour. (78)
- Rarely do we fail to make satisfactory progress. (78)
- If we are painstaking about this phase of our development, we will be amazed before we are half way through. (83)
- We are going to know a new freedom and a new happiness. (83)
- We will not regret the past nor wish to shut the door on it. (83)
- We will comprehend the word serenity and we will know peace. (83)
- No matter how far down the scale we have gone, we will see how our experience can benefit others.(84)
- That feeling of uselessness and self-pity will disappear. (84)
- We will lose interest in selfish things and gain interest in our fellows.
- Self-seeking will slip away.(84)
- Our whole attitude and outlook upon life will change. (84)
- Fear of people and of economic insecurity will leave us. (84)
- We will intuitively know how to handle situations which used to baffle us. (84)
- We will suddenly realize that God is doing for us what we could not do for ourselves. (84)
- Are these extravagant promises? We think not. They are being fulfilled among ussometimes quickly, sometimes slowly. They will always materialize if we work for them. (84)

Volusia County Jail Orientation

September 12 @ 9:00 am - 10:30 am

Interested in taking an AA Meeting to the Volusia County Jail?

If so, you have to go through orientation that's happening in September.

Dates: 9/12, 9/19, 9/24 & 9/26,
Time: 9 - 10:30 am
Location: VC Branch Jail

It is required that you rsvp what day you are going. To do so, please reach out to Intergroup.

386-756-2930
admin@aadaytona.org

District 19 Service Fair

September 26 @ 11:00 am - 3:00 pm

The Usual Suspects presents

October 23 @ 6:00 pm - 9:00 pm