High 'N Dry

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

August 2026

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

THE DIE WAS CAST

When I look back on my experience, after going through my pre drinking years, my drinking years, and my sober years in the AA program, it is not hard to see what a troubled individual I was. In my days from birth to the day I entered grammar school, I was unaware of the dysfunction in my immediate environment and with the absence of supervision, discipline, and role models, I did anything I wanted to do, and my behavior became dishonest, selfish, and shameful, as I later learned.

On my first day of parochial school, the world came apart for me when I looked around the classroom and realized that I did not fit in. All the other kids were having fun and enjoying that experience and I was terrified and knew that I could never live up to what was expected of me at that time. As a result, I developed fears and inhibitions that those other kids did not seem to have. I learned right from wrong in church, but was much too insecure to do what was right. I learned to cut corners, lie, and cheat, since I had no confidence that I could ever keep up with my peers. I began to overcompensate and to act out to make up for my short falls, but it never worked for me. Fist fighting became a regular event. This all went on till I turned thirteen and found the answer to all my problems.

I had access to alcohol, and I did not recognize it at first, but it immediately removed all those fears and inhibitions. And, for the first time in my life, I felt normal and that I was as good as anyone and better than most, so I thought. I continued to drink to feel good but when I awoke in the morning, I was more terrified than before and all I had to do was to take that first drink and everything was right with the world again. I continued this pattern until I was twenty-eight years old when I woke up one morning to face The Hideous Four Horsemen, Terror, Bewilderment, Frustration Despair (Big Book p. 151) and I had a moment of clarity. I knew that I had to do something about my drinking, or I would die a horrible death at the hands of others or by my own hand.

I called AA, struggled to find the location of the meeting place, arrived there two hours later, and was greeted by three members who were compassionate and understanding and as they listened, my sense of isolation slowly went away, as did the desire to drink. **I have never wanted a drink from that moment to the present**.

I have never had to struggle with the AA program and have embraced it to the best of my understanding. I came to understand that the things that I did as a child and as a practicing alcoholic were the ingredients of the disease of Alcoholism and that, the die was cast at the age of six, all the ingredients were there long before I ever took a drink and all I had to do was add the alcohol.

Once I removed the alcohol, all the ingredients were still there and that is what the program helped me to set right. I was not responsible for becoming an Alcoholic. I am, however, accountable for my behavior while I was drinking. And, if I am willing to make restitution and clean up the wreckage of the past, I can free myself from all the guilt and shame and walk away with my dignity and self respect. Today my life is better than it ever could have been, had I never become an Alcoholic in the first place, and, of that, I am convinced.

-By Rick R.; Cleveland, OH

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Archives Article: Alcoholics and God

by Morris Markey: Liberty Magazine on September 30, 1939

[Here are some excerpts of an article that we have a xeroxed copy. In brackets [ ] are archivists notes or comments. Hope you enjoy it as much as I did. Archivist Jim B.]

For twenty-five or thirty cents we buy a glass of fluid which is pleasant to the taste, and which contains within its small measure a store of warmth and good-fellowship and stimulation, of release from momentary cares and anxieties That would be a drink of whiskey, of course—whiskey, which is one of Nature's most generous gifts to man… man does not quite know how to control it….[We've tried] the queer nightmare of prohibition… [and] millions of dollars spent by philanthropists and crusaders to spread the doctrine of temperance.

For a medical definition of true alcoholics, I quote an eminent doctor who has spent twenty-five years treating such people… "We believe that the action of alcohol in chronic alcoholics is a manifestation of an allergy – that the phenomenon of craving is limited to this class and never occurs in the average temperate drinker. These allergic types can never safely use alcohol in any form at all." … "Chronic alcoholics are doomed." But wait? About three years ago a man appeared at a hospital in New York… It was his third cure. Since the first visit he had lost his job, his friends, his health, and his self-respect. He was now living on the earnings of his wife.

He was lying in bed, emptied of vitality, when suddenly, a strange and totally unexpected thrill went though his body and mind. He called out for the doctor. "Well doc," he said, my troubles are all over. I've got religion… I know I'm cured of this drinking business for good. The doctor demurred. It all sounded a trifle fanatical. But finally consented. And thus, was born the movement which is now flourishing… Alcoholics Anonymous.

Here is how it works: [Note: this is according to the article.] Every member of the group – which is to say every person who has been saved – is under obligation to carry on the work, to save other men. That, indeed, is a fundamental part of his own mental cure. He gains strength and confidence by active work with other victims. He begins his talk by telling him the true nature of the disease and how remote are the chances for a permanent cure. You better admit that this thing is beyond your control. You've tried to solve it yourself and failed. All right. Why not put the whole thing into the hands of Somebody Else. Even though the man might be an atheist or agnostic, he will admit there is some sort of force operating in the world… I don't care what you call this Something Else.

Mr. B., said that a year ago, I was a drunken bum of the worst sort. I took the cure at the hospital and my doctor recommended one of those meetings. My father was an atheist and taught me to be one. [The second time I attended,] I sat and listened to the jabber. It seems ok with you boys, but I don't know your language. Somebody said the Lord's Prayer. And the meeting broke up. I walked to the subway stairs –bang. It happened! I don't like the word miracle, but that is what I call it. The lights seemed to flare up and I shivered. I went back to the house and talked with Bill till 2 AM.

Alcoholics Anonymous have consolidated their activities in an organization the Alcoholic Foundation. It is a non-profit. Nobody connected with it is paid a penny. It is not a crusading movement. It does not condemn liquor nor the liquor industry. The foundation has lately published a book called Alcoholics Anonymous. If alcoholism is a problem with family or friends, I heartily recommend that you get hold of a copy. It may very well help you to guide a sick man – an allergic alcoholic – on the way to health and contentment.

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**District 19:** 4th Monday – 6:30pm Emmaus Lutheran Church 2500 S. Volusia Avenue, Orange City	**District 20:** 3rd Sunday each month- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32:** 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** **so you can carry the message from your group**

INTERGROUP needs VOLUNTEERS to staff the office

Mondays 1pm - 5pm * **Wednesdays** 1pm - 5pm * Every **3rd Saturday** 9am - 1pm

Call Intergroup Office (386) 756-2930 for more information

MEETING NEWS

Saturday Night Beginners – Eating Meeting

August 8 @ 6:30 pm - 7:00 pm

EVERY SECOND SATURDAY

1649 Providence Blvd.,
Deltona, FL 32725

Fellowship Eating Meeting

Aug 28 @ 7:00 pm – 8:00 pm

New Smyrna Beach Group

(Last Friday of Every Month)

7:00 PM - Food and 8:00 PM - Meeting

United Church of Christ
203 Washington St., New Smyrna Beach 32168

NEW TIMES

Now at 7:00 pm

The Better Way

Tues-Big Book; Wed-12 & 12; Fri- Discussion

1202 Ridgewood Ave.
Holly Hill

NEW MEETING

Women of Power

Sundays 2:00 PM

Women's Discussion

266 North Yonge St
Ormond Beach

NEW MEETING

Volusia Young People

Friday 6:30 pm

Grace Episcopal Church

4110 S Ridgewood Ave
Port Orange

MEETINGS THAT COULD USE SOME SUPPORT

Good Day Group **Everyday 7:30 am** Almous Club 569 Foote Court Daytona Beach	**Any Lengths** (Ormond Beach) **Thursday 8:00 pm** Grace Lutheran Church 338 Ocean Shore Bl Ormond Beach	**NSB Group-Women's** **Monday 6:30 pm** First Presbyterian Church 509 Magnolia St New Smyrna Beach	**NSB Group-Newcomer's** **Tuesday 7:00 pm** United Church of Christ 203 Washington St New Smyrna Beach

AUGUST ANNIVERSARIES

NAME	YR	DATE
Alcoholics and God		
Barb W	24	8/13/2002
Kathy M	18	8/2/2008
George K	13	8/19/2013
Dayna G	5	8/7/2021
Chris F	*5*	8/26/2021
Freddie S	*4*	8/5/2022
Back to Basic Deland		
Lisandra M	17	8/8/2009
Janet S	6	8/30/2020
Beachside NSB		
Alan L	42	8/7/1984
Kevin F	2	8/3/2024
Central Facts		
Troy P	31	8/25/1995
Brett C	6	8/29/2020
Brooke T	4	8/12/2022
Deltona/Debary Group		
Cristal C	10	8/1/2016
Deltona Men's Group		
Greg R	7	8/5/2019
Donut Group		
Vlad S	27	8/1/1999
Angelina	13	8/28/2013
Brian B	3	8/6/2023
Jessica H	3	8/25/2023
Early Ducks		
Aimee L	9	8/15/2017
Jim G	6	8/17/2020
Chad B	1	8/23/2025
JC F	1	8/13/2025
Four Townes		
Brian C	40	8/28/1986
Kathie M	25	8/1/2001
Insane Today		
Misty	39	8/24/1987
Lorald C	14	8/12/2012
KC M	5	8/23/2021
Chad E	3	8/17/2023
Good Day Group		
Deborah H	14	8/23/2012

NAME	YR	DATE
Grateful Group		
Mike F	36	8/5/1990
David F	26	8/9/2000
Lisa MB	16	8/7/2010
Pamela P	12	8/1/2014
Had Enough		
Eva B	29	8/6/1997
Amanda J	9	8/15/2017
April H	9	8/17/2017
Ashley K	1	8/4/2025
Happy Hour Daytona		
Jon W	14	8/19/2012
Jay B	9	8/3/2017
Donald M	5	8/3/2021
Chrissy D	3	8/9/2023
Heather S	3	8/15/2023
Jessica H	3	8/25/2023
High Noon		
Kathy S	38	8/5/1988
Scott B	11	8/22/2015
Hour of Power		
Tom O	38	8/29/1988
Drew K	20	8/10/2006
Erica R	7	8/11/2019
Kelly G	1	8/8/2025
Insane Today		
Misty	39	8/24/1987
Lorald C	14	8/12/2012
KC M	5	8/23/2021
Chad E	3	8/17/2023
Lest we Forget		
Bob C	42	8/26/1984
Theresa S	39	8/23/1987
Margo D	39	8/27/1987
Mackenzie W	13	8/21/2013
Anthony R	1	8/4/2025
Devin C	1	8/9/2025
Lifesavers		
Doug C	44	8/20/1982
Joan O	38	8/7/1988
Mary Beth H	25	8/23/2001
Trish A	20	8/14/2006
Jason W	6	8/21/2020

871,121 DAYS of CONTINUOUS SOBRIETY

AUGUST ANNIVERSARIES

NAME	YR	DATE
Never Had It So Good		
Dean M	48	8/1/1978
Dick C	43	8/7/1983
John G	40	8/20/1986
Steve R	24	8/22/2002
Wendy S	12	8/24/2014
New Dawn Group		
Tania C	52	8/3/1974
Hank B	46	8/15/1980
Steve R	24	8/22/2002
Angelena H	13	8/28/2013
Darren B	2	8/24/2024
New Heights		
David G	3	8/13/2023
New Smyrna Beach Group		
Sandy S	35	8/8/1991
Sean C	2	8/8/2024
Noon Group Men's		
Bob W	46	8/18/1980
John R	43	8/28/1983
Bob C	41	8/26/1985
Ormond Beach Group		
Norman C	2	8/18/2024
Road to Recovery Osteen		
Chuck S	37	8/13/1989
Peggy P	29	8/7/1997
Sand and Sea		
Tara E	13	8/7/2013
Nick R	8	8/20/2018
Linda S	5	8/26/2021
Lauren D	5	8/26/2021
JW Reilly	3	8/21/2023
Eric P	2	8/9/2024
Debbie H	1	8/2/2025
Lindsey S	1	8/3/2025
Vern W	1	8/7/2025
Sister's In Sobriety OB		
Happy Belated Anniversary		
Leslie B	31	7/12/1995
Mary B	24	7/1/2002
Christina	1	7/20/2025
Sobriety First		
Irene V	36	8/26/1990
David F	26	8/9/2000

NAME	YR	DATE
Steps For Life		
Tania C	52	8/3/1974
Misty	39	8/24/1987
Ellie K	19	8/30/2007
Heather P	8	8/27/2018
Sunrise Group Deland		
Barbara W	24	8/13/2002
Echo	19	8/18/2007
Sue G	13	8/11/2013
John K	7	8/25/2019
Sunrise Group HH		
Scott H	27	8/25/1999
Jake R	22	8/3/2004
Debbie O	38	8/8/1988
Way of Life		
Kevin P	26	8/22/2000
David P	26	8/23/2000
Diana B	23	8/18/2003
Bob C	11	8/17/2015
April H	9	8/17/2017
Nate C	2	8/3/2024
Tommy P	1	8/7/2025
Scott V	1	8/26/2025
We Are Alive		
Skip	38	8/22/1988
Sandy S	35	8/8/1991
Scott M	11	8/15/2015
Wednesday Women's		
Jennifer C	12	8/1/2014
Jackie S	4	8/15/2022
Women's New Beginnings		
Suzanne W	38	8/8/1988
YOLO		
Dick C	43	8/7/1983
Carla W	40	8/5/1986
John G	40	8/20/1986
Charlie N	23	8/3/2003
Bill M	5	8/3/2021
Chris	5	8/26/2021
Bryan P	4	8/19/2022
Nick T	3	8/8/2023
Amy S	2	8/18/2024
Riverbridge		
Al	36	8/9/1990

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

Volusia County Intergroup
Profit and Loss Statement

INCOME		June '26	May '26
	Contributions/Donations	$1,927.83	$2,658.42
	Special Events	$4,353.67	$2,420.00
	Misc. Income	$1.95	$6.35
	AA Goods Sales	$1,494.21	$1,668.36
	Non-AA Goods Sales	$2,082.44	$1,944.88
	TOTAL INCOME	**$9,860.10**	**$8,698.01**
EXPENSES		**June '26**	**May '26**
	Cost of AA Goods	$113.50	$1,842.05
	Cost of Non-AA Goods	$1,329.96	$1,614.16
	Administration	$1.666.23	$1,993.67
	Building	$1.628.32	$1,612.44
	Communication	$243.29	$210.69
	Office	$309.83	$253.38
	Special Events	$1,567.99	$278.05
	TOTAL EXPENSES	**$6,859.12**	**$7,804.44**
PROFIT / (LOSS)		**$3,000.98**	**$893.57**

June Group Donations $1.927.83:

Central Fact: $25.00; Sand & Sea: $45.00;
New Dawn: $157.50; Grateful Group: $55.00;
Thursday Night Men's: $50.00;
High Noon: $685.00; We Are Alive: $40.00;
Sunday Morning Sober: $210.00;
Holly Hill Big Book Study: $100.00;
Crescent City Group: $200.00; Copier: $4.00
Steering Committee: $16.00;
IGR Meeting: $38.00;
Anonymous Donations: $302.33;

Groups Represented at July IGR Meeting:

Message in a Bottle; Open to Change;
New Dawn; Steps for Life; Early Ducks;
New Heights; Big Book Holly Hill;
Lest We Forget; Hour of Power;
New Smyrna Beach Group; DeLand Big Book;
Saturday Women's AA; Deltona Men's Group;
Saturday Beginner's Meeting; Central Fact;
The Driveway Group; Way of Life;
Wednesday's Women

Intergroup Committees and Coordinators updates

Office Coordinator: 70 Phone Calls; 157 Visits.
High 'n Dry Editor: If interested in submitting article (500-600 words) or September anniversaries please email no later than August 15th to ***admin@aadaytona.org***
Archives Report: Continued to do inventory. Would like to thank those who submitted new information about their group. For the new groups who submitted information, consider submitting a group history form before it is forgotten history. ***https://aadaytona.org/group-history-form/***
Twelve Step Coordinator: 26 calls.

Corrections & Treatment: Need support; show up 1st Thursday 6:30 p.m. above Intergroup office.

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm; Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks
***** Credit cards accepted *****

Interested in service work? Contact the Office Coordinator Email: admin@aadaytona.org
Phone: (386) 756-2930

Step VIII: Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition VIII: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Concept VIII: The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

PERSONAL INVENTORY ON TRADITION 8

(The foundation of this inventory is from the A.A. Tradition's Checklist first published in the ***A.A. Grapevine***)

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 75 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

AA in the 21st Century…carrying the message over the internet to your phone

Everything AA

GET IT ON Google Play

Download on the App Store

The Meeting Guide App

The 68th Florida State Convention 2026

August 6 - August 9

Please announce this at all meetings.

HAPPY HOUR GROUP 38th ANNIVERSARY CELEBRATION

Join us at

THE ALMOUS CLUB

569 Foote Court, Daytona Beach

Saturday, August 29, 2026

DON'T MISS THIS GALA EVENT!

4:00 – 5:00 Buffet Served

5:00 – 6:00 Sobriety Countdown

Door Prizes

50/50 Raffle

ADMISSION FREE

6:00 – 7:00 AA Meeting

Speakers to include members of the group from the early days to the present.

AA still WORKS if you work it

GOOD FOOD • GOOD FELLOWSHIP

Come and meet some of the early members and the members of today!

District 20 Concepts Study Group

Sunday, August 16, 2026 • 7:00 PM

203 Washington St.

New Smyrna Beach, FL 32168

6:30 PM – Concept 7

Please arrive around 6:20 PM so we can begin promptly.

MARK YOUR CALENDARS:

October 24 @ 10:00 am - 3:00 pm

The Usual Suspects presents

GraceLife Beachside Church 6 Sandra Dr, Ormond Beach

November 14 @ 4:00 pm - 9:00 pm

D19 Gratitude Dinner

hters 1270 Doyle Road, Deltona, FL, United States

DISTRICT 21 PRESENTS

JOE AND CHARLIE

THE BIG BOOK COMES ALIVE

SPEAKERS BOB D. AND PAT R.

ST. JAMES EPISCOPAL CHURCH

44 SOUTH HALIFAX DRIVE | ORMOND BEACH, FL 32174

FRIDAY SEPTEMBER 18TH 6:00PM TO 9:30PM

SATURDAY SEPTEMBER 19TH 9:00AM TO 6:00PM

✓50/50 RAFFLE!
✓SNACKS AVAILABLE FOR PURCHASE!
✓LUNCH PROVIDED SATURDAY!

SCAN TO REGISTER!

PRICING $50 | $60

UNITY. SERVICE. RECOVERY. | HOSTED BY DISTRICT 21

FOR MORE INFORMATION, EMAIL DDAADISTRICT21@GMAIL.COM