High 'N Dry

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

June 2026

Coastal Centre
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930 Website: **http:/aadaytona.org**

My Most Unforgettable Character.

My memories of Mickey start in the 1980s. At that time I met a most remarkable character, a guy I grew to love as a brother. He was an impressive addition to our group. 6'0' smart and charismatic, men envied him and woman loved him. Mick made jeans T-shirt and cowboy boots fashionable he could grace the cover of GQ magazine. I rarely met a woman who didn't love him or a man that didn't want to be his friend.

I was 40ish, 9 years sober and recently relocated to a group in Orange County NY from NYC. Mickey was in his 30s a Viet Nam Vet and recently discharged from Montrose VA hospital's alcohol treatment center. With similar interest we clicked early on, we became inseparable, we were both born to sell. I can still hear him say, "Where's my little buddy" no proper name is necessary I could recognize him on a crowed subway station.

My business was prospering, I incorporated in the 80s and was experiencing steady promising growth. As time passed I learned much from Mick but kept him away from my business knowing his behavior could one day reflect on me. I thought he was a marketing genius when giving advice but I knew he was completely unethical in his business deals. On occasion I would rebuke him for the swindles he was involved in but they were more than I could handle. I did what a friend had suggested, "Don't Drink Go To Meetings And Mind Your Own Business". One time he pilfered the group's money as the treasure. The new treasurer with panic in her voice came to me for relief and guidance, she said Mickey had spent all the money and gave a weak excuse as to where it was spent. My reply was move on let it go you will never see the money. Against my friend's advice I confronted Mick about the groups money, his reply was how could they be so stupid to give him the money with such little sobriety. With Mick it was always someone else's fault. Mick did all this without guilt, shame or remorse and continued attending meetings as if nothing happened.

I expose Mick's miscarriage of AA principals to reveal that sobriety doesn't relieve us of all our shortcomings. Some of us have problems that the mere emancipation from alcohol and turning one's will and life to the care of god does not address. Many of us need long and intensive therapy to lead fruitful lives. The more I write the more I realize we AAs are not a homogenized group of thought and action. We are as different as our eye color and shoe size. Our program must be tailored to fit correctly. I regret not having the insight to help before the splash.

The steps we recite at meetings and some members incorporate into their lives were word salad to him. We attended a meeting 6 nights a week and he always recited a buffet of thoughtful well chosen words that were received well by the adoring crowd. I say adoring because even now after being absent for so many years when I go to NY from my current home in Florida many ask have you seen Mick? How's he doing? sent my regards.

My years in AA were responsible, reliable with honesty and fidelity, Micks were chaos at home and in all areas of human contact. He had a wife, two boys and a girl who suffered in these times. His behavior with family during and certainly after AA was shear hell for his wife and kids. He had problems other than alcohol long before he entered our group. With me always at his side and the complete enjoyment we shared he managed to stay sober

Continued--- "Unforgettable Character" ***(on page 7)***

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Archives Story: "Alcoholics Anonymous" article Time February 19, 1940

Note: this is the opinion of the Time magazine Journalist. In brackets **[ ]** are the archivists comments.

"Last week one of the best-known teetotalers in the U.S., John D. Rockefeller **[Page 14-15 AA comes of Age; "Dick Richardson an old friend and confidant of the John D. Rockefellers, Senior, and Junior. The result was that Mr. Rockefeller, Jr. became deeply interested in A.A. ...and he gave a dinner."]**, had 60 people to dinner. No cocktails were served, for several of Mr. Rockefeller's guests were members of "Alcoholics Anonymous," a widespread, publicity-shy group of one-time guzzlers who have cured themselves.

Psychiatrists now generally consider alcoholism a disease, specifically a psychoneurosis. Alcoholics generally drink, not just because they like liquor, but to escape from something – a mother fixation, inferiority feelings, an intolerable domestic situation, social or economic maladjustment. They may suffer the torments of the damned, even while drinking themselves into a stupor, and especially in the brief period between waking up with a remorseful, clattering hangover and getting down the first drink of the day. Psychiatrists try to help them by discovering the hidden reason for drinking and showing how it can be removed. But cynics in sanatoriums, watching a sober man walk out the door, full of good intentions, often bet on how many days or weeks will elapse before he is back. Nagging by families usually makes things worse.

About five years ago a traveling salesman named Bill, after repeated alcoholic relapses, was pronounced hopeless by his doctors. Bill was an agnostic, but someone asked him if he couldn't believe that there was some power bigger than himself – call it God or whatever he liked – that would help him not to drink. The idea was that though Bill was always willing to let himself down, he might be more reluctant to let God down. Bill tried it, found that he had no trouble resisting the desire to drink. He was cured. He told his discovery to others, and the cure spread. These reformed drunkards called themselves "Alcoholics Anonymous," now number about 400 in towns all over the U.S. They do their missionary work on their own time, as an avocation.

Aware of his interest in liquor control, some of the group wrote to John D. Rockefeller two years ago -asking not for money but for advice. Mr. Rockefeller asked a representative to look into their doings, grew so interested that he helped to publish a book, *Alcoholics Anonymous* (Works Publishing Co.; $3.50), in which some members described their battles with the demon and how they won.

Professional opinion on the usefulness of Alcoholics Anonymous is divided. Some psychiatrists think the group is making a mistake in not leaning more heavily on medical guidance. Others feel that it gives something that psychiatry does not, should be encouraged to the fullest extent."

Hope you enjoyed this bit of history from Volusia County Intergroup archives. ***Jim B. Archivist***

The 6th Step Promises

Many are familiar with the Ninth Step Promises from page 83-84 of the Big Book of Alcoholics Anonymous. There are, however, many additional promises throughout the Big Book.

Since October, 2025 the High "N Dry has included "Promises" from the Big Book of Alcoholics Anonymous associated with each step. Being that steps six and seven are covered in two short paragraphs on page 76, the editor can find no specific promises tied to step 6. I like to think the promises found after step 9 (on pages 83-84) are the culmination of promises from steps 6 though 9. But I could be wrong. I encourage all readers who find promises related to steps 6 and 7 out of the book Alcoholics Anonymous to send them in (email ***admin@aadaytona.org***), and I will publish them in an upcoming edition.

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**New Location and Day** **District 19:** 4th Monday – 6:30pm Emmaus Lutheran Church 2500 S. Volusia Avenue, Orange City	**District 20:** 3rd Sunday each month- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32:** 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** **so you can carry the message from your group.**

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

OPPPORTUNITIES to be of SERVICE! Intergroup needs volunteers to staff the Intergroup office
Friday afternoons 1:00 to 5:00 and **3rd Saturday of the month 9:00 to 1:00**
Contact Intergroup at (386) 756-2930 if interested or to learn more.

MEETING NEWS

NEW MEETING
Volusia Young People
Friday 6:30 pm
Discussion/Literature/Open/Speaker

Grace Episcopal Church
4110 S Ridgewood Ave
Port Orange, 32127

NEW MEETING
New Heights
Monday 7:00 pm
Big Book – 1 hour 15 minutes

Edgewater Alliance Church
310 N Ridgewood – Room 102
Edgewater, 32119

NEW MEETING
The Better Way
Tuesday, Wednesday, Friday
8:00 pm
Big Book/12 & 12 / Open
1202 Ridgewood Ave.
(In lobby of Realty office)
Holly Hill, 32117

NEW DAYS
It's 5 O'clock Somewhere
Everyday 5:00 pm
Sunday - Saturday

Club YANA
111 Howes St.
Port Orange, 32127

INTERGROUP OFFICE
Will be **CLOSED**
Saturday **July 4, 2026**

VOLUSIA COUNTY INTERGROUP OFFICE

HOURS:
Monday-Friday 9am – 5pm;
Saturday 9am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks
***** Credit cards accepted *****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org

Phone: (386) 756-2930

JUNE ANNIVERSARIES

NAME	YR	DATE
5:30 Group (Rebos)		
Bill C	24	6/15/2002
Chris S	21	6/18/2005
Sharon K	11	6/17/2015
Alcoholics and God		
Dan R	16	6/10/2010
Todd H	10	6/23/2016
Tom K	5	6/7/2021
Melanie K	5	6/10/2021
Natalie K	5	6/29/2021
Rob	2	6/22/2024
Eileen V	2	6/24/2024
Frank S	2	6/25/2024
Back to Basics		
Sherri L	35	6/10/1991
Tom C	5	6/25/2021
Beachside (New Smyrna Beach)		
Judy C	48	6/3/1978
Andy D	37	6/29/1989
Central Fact		
Scott P	33	6/6/1993
Suzi B	32	6/2/1994
Shelley L	11	6/16/2015
Choice Is Yours		
Arlene D	23	6/27/2023
Ed	16	6/25/2010
Donut Group		
Jeanie W	32	6/2/1994
Early Ducks		
Pat L	50	6/14/1976
Jodie S	17	6/30/2009
Dan T	3	6/7/2023
Four Townes		
Sam V	21	6/10/2019
Carrie C	5	6/8/2021
Cindy	3	6/7/2023
Scott F	2	6/27/2024
Greg H	1	6/22/2025

NAME	YR	DATE
Grateful Group		
Nancy B	25	6/9/2001
Had Enough		
Peggy D	35	6/21/1991
Meg P	14	6/10/2012
Amanda B	11	6/25/2015
Jasmine D	2	6/14/2024
Nikky B	1	6/1/2025
Happy Hour		
Jay B	15	6/21/2011
Kara	11	6/13/2015
Dan H	9	6/18/2017
Bruce B	6	6/13/2020
Lee S	5	6/16/2021
John S	5	6/23/2021
Adam S	1	6/14/2025
Natalie	1	6/17/2025
Candace	1	6/21/2025
Happy Belated Anniversary		
Sergio M	1	5/0/2025
It's 5 O'Clock Somewhere		
Andi	2	6/1/2024
Justin	1	6/2/2025
Cindy	1	6/6/2025
Lest We Forget		
Ken S	35	6/16/1991
Colleen E	29	6/13/1997
Lifesavers		
Doug P	33	6/11/1993
Terry W	25	6/1/2001
Barb L	20	6/9/2006
Nancy O	20	6/11/2006
Jack S	3	6/15/2023
Marty S	2	6/21/2024
Debbie P	1	6/1/2025
Laurie L	1	6/23/2025

Representing **585,131 days** of continuous **SOBRIETY**

JUNE ANNIVERSARIES

NAME	YR	DATE
New Dawn Group		
Tom B	49	6/1/1977
Ross	41	6/29/1985
Jim H	40	6/27/1986
Reggie B	36	6/16/1990
Jean W	32	6/2/1994
Helen A	24	6/23/2002
Greg M	21	6/10/2005
Denise B	3	6/21/2005
New Smyrna Beach Group		
Chris H	7	6/17/2019
Happy Belated Anniversary		
Micheal L	34	5/16/1992
Larry G	17	5/9/2009
Ashley F	11	5/6/2015
Jeanne M	4	5/24/2022
Matthew D	2	5/6/2024
Dakota W	1	5/25/2025
Noon Group (Deland)		
Renee O	1	6/20/2025
Open to Change		
Chara F	23	6/15/2003
Regan F	10	6/14/2016
Ormand Beach Group		
Mike E	58	6/1/1968
Jim H	27	6/20/1999
Danny L	5	6/9/2021
Pass It On		
Joe P	21	6/28/2005
Lowell	6	6/15/2020
James G	1	6/6/2025
Kim N	1	6/2/2025
Nick L	1	6/14/2025
Sand and Sea		
Tom E	11	6/19/2015
Jennie B	5	6/9/2021
Jill L	5	6/19/2021
Jason B	3	6/4/2023
Caleb S	3	6/5/2023
Dan T	3	6/9/2023
Jonah S	3	6/28/2023
Candace L	2	6/13/2024

NAME	YR	DATE
Sisters in Sobriety (Ormond Beach)		
Barbara V	18	6/12/2008
Linda	12	6/11/2014
Sisters in Sobriety (Orange City)		
Pamela M	5	6/12/2021
Sobriety First		
Micheal C	1	6/14/2025
Steps in Slow Motion		
Christina K	10	6/10/2016
Sunrise Group (Deland)		
Sean P	18	6/21/208
Gregg G	9	6/17/2017
Christina W	1	6/21/2025
Sunrise Group (Holly Hill)		
Jack K	34	6/23/1992
Tomoka Group Beachside		
Tommy C	6	6/26/2020
Way of Life		
Mark M	43	6/24/1983
Glynda	42	6/14/1984
Tyler H	3	6/6/2023
Lauren B	3	6/29/2023
Joseph C	2	6/14/2024
Gabe	2	6/24/2024
We Are Alive		
Barb L	20	6/9/2006
James M	13	6/27/2013
Debbie P	1	6/1/2025
Laurie L	1	6/23/2025
Wednesday Women's		
Happy Belated Anniversary		
Bridget	4	5/20/2022
Women's Book Study		
Jessica S	21	6/10/2005
YOLO		
Bob C	18	6/2/2008
Rob W	15	6/15/2011
Randy G	5	6/16/2021
Cindy B	1	6/11/2025

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

Volusia County Intergroup Profit and Loss Statement

INCOME	Apr '26	Mar '26
Contributions/Donations	$4,370.44	$674.98
Special Events	$260.00	$120.00
Misc. Income	$2.29	$6.33
AA Goods Sales	$705.37	$2.067.81
Non-AA Goods Sales	$1273.32	$2,077.34
FL Taxes collected	$0.00	$0.00
TOTAL INCOME	**$6,611.42**	**$4,946.46**

EXPENSES	Apr '26	Mar '26
Cost of AA Goods	$1,062.55	$1,400.00
Cost of Non-AA Goods	$201.67	$1,385.13
Administration	$2,795.37	$1,494.37
Building	$1,480.10	$1,461.19
Communication	$286.05	$482.84
Office	$372.89	$204.37
Special Events	$80.26	$0.00
TOTAL EXPENSES	**$6,278.89**	**$6,427.90**
PROFIT / (LOSS)	**$332.53**	**($1,481.44)**

Groups Represented May IGR Meeting

Message in a Bottle; Open to Change; Ormond Beach Group; Sisters in Sobriety; New Dawn; Any Lengths (OB); Early Ducks; Had Enough; Seaside Group; New Heights; Holly Hill Big Book; Deltona Men's Group; Saturday Night Beginners; Central Fact; Wednesday Women's; Way of Life; Happy Hour (DB); Central Fact; 5:30 Group
DeLand Big Book

April Group Donations $4,370.44:

Sand & Sea:$55.00; Miracle Group:$25.00; Sunrise(Deland):$121.02; Lest We Forget:$224.79; New Smyrna Beach Group:$50.00; Hour of Power (NSB):$614.66; Pass It On:$341.00; Ormond Beach Group:$71.80; New Dawn:$360.00; Sunday Morning Sober:$199.00; YOLO:$60.00; Any Lengths: $150.00; We Are Alive:$80.00; Thursday Night Men: $200.00; Lifesavers:$500.00; Deland Group: $43.00; Back to Basics: $37.50; Happy Hour (DB): $190.00; IGR Meeting: $33.00; Driveway Meeting:$113.10; Steering Comm: $15.00 Wednesday Women's Group:$100.00; Anonymous Donations: $556.29; Copier: $4.60

Intergroup Committees and Coordinators updates

Office Coordinator: 48 Phone Calls; 159Visits.

High 'N Dry Editor: If interested in submitting article (500-600 words) or July anniversaries please email no later than June 15th to ***admin@aadaytona.org***

Archives Report: Continued to work on stories.
Twelve Step Coordinator: 25 calls, primarily looking for meeting information. Anyone interested din taking calls for the Phone Army, contact the Intergroup office.
Corrections & Treatment: Always looking for support to help this committee bring meetings to jails, prisons, hospitals and treatment centers.

Be of service to Intergroup. The following service positions on the **Intergroup Steering Committee** will be up for election this October:
Chairman; Vice Chairman; Treasurer; Trustee

Learn more about specific duties: *Intergroup Bylaws* (at aadaytona.org)
Standing Committee opening: High 'N Dry Editor; Special Events Coordinator

Step VI: Were entirely ready to have God remove all these defects of character

Tradition VI: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose..

Concept VI: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

PERSONAL INVENTORY ON TRADITION 6

(The foundation of this inventory is from the A.A. Tradition's Checklist first published in the ***A.A. Grapevine***)

1. Why is it important that we not get involved in outside enterprises?
2. Is it ever wise for a group to lease a small building or endorse an outside event?
3. Are all the officers and members of our local clubhouse familiar with the "A.A. Guidelines on the Relationship between A.A. and clubs," which is available free from GSO?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Our group's landlord is raising money to pay for a new roof on the building.

Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?

Continued ---"Unforgettable Character" ***(from page 1)***

for almost a decade. When he moved to Peekskill, NY he stopped attending regular AA meetings. I was unable to maintain our close association because of distance. Once a week was all I could manage to see my buddy and we went to a Sunday night meeting in Yorktown every week. Mick's wife was always gracious and added a plate for me at the dinner table. After almost 10 years of AA sobriety he lapsed into a degrading misery he was unable to climb out of for any length of time. He lost his family his home and who knows what else. But what I lost most was him. For years he was missing. I couldn't find him and his family didn't want him found. The damage was unrepairable his relapse had devastated two families and possibly three.

I picked up his trail about 2010. He was living if that is what it was in Yonkers Getty Square area and doing horribly. I took him home with me to Monroe NY. At 6'0" and 125 lbs he was scarecrowish. His boyish good looks were gone as was much of his hair and teeth. His colon did not produce solids, he would discharge brown sludge at the most inopportune time. His skin was jaundiced and he said he was anemic. He was utterly and extremely embarrassing and needed me more than ever. Mick's first week with me was as you can imagine very difficult for us both. I was now retired living in a large lake house so my time was devoted to him. When he had stabilized I took him to 3 meetings a day. He regained his humor and life for him and I retrieved the joy and laughter we once shared, it really did! it was like we never lost a beat.

Mick stayed with me four months gained 28 lbs but still had a sick look about him. He returned to Yonkers against my advice to go to the VA and to answer a warrant for child support, he was $86,000.00 in arrears. He did neither. The warrant squad got him and he was remanded for 6 month. In jail he was reunited with the boy he fathered by another woman and was subsequently doing time for, he had met the boy once when the kid was 15. The irony of the situation is uncanny you can't make this crap up. The boy was locked up for assaulting his stepfather.

I never truly understood the nature of Mick's problem. Certainly I could see the results of his disorder but the nature was a puzzle. I was delighted when NPR had a segment about sociopaths and their behavior. At last I learned what afflicted my buddy. I am not intellectually lazy so I read much of what was available on the Internet. Mick was a textbook sociopath unable to feel empathy for others, no remorse, an inability to accept blame or responsibility. We speak of the capacity to be honest in how it works, honesty was impossible for him. A life with no plan and no consequences a life not well lived and through no fault of his, It's like being born with two left feet he had no choice.

Mickey died Sept. 30, 2018 in the Bronx from pneumonia after many years of active alcoholism. How he managed to survive is beyond my comprehension. I miss him terribly, my daughter and I speak of him often. I will always be grateful for the years we had together. The memories I have of the years gone by I hope never fade. It was the best 10 years of my life, RIP Mickey the K you are missed. *-Carl F; Ponce Inlet FL, New Windsor and Monroe NY*

Fellowship Eating Meeting

June 26 @ 7:00 pm - 8:00 pm

New Smyrna Beach Group

(Last Friday of Every Month)

7:00 PM - Food and 8:00 PM - Meeting

United Church of Christ
203 Washington St., New Smyrna Beach 32168

Saturday Night Beginners – Eating Meeting

June 13 @ 6:30 pm - 7:00 pm

EVERY SECOND SATURDAY

BRING A DISH TO SHARE

1649 Providence Blvd.,
Deltona, FL 32725

The Good Day Group

Invites you to join us for our Summer 2026 Cookout
At The Almous Club
569 Foote Court, Daytona

July 12th, 2026 1pm to 4pm

Hamburgers, Hotdogs, side dishes & Snacks
(bring a dessert to share)

50/50 drawing, Music, Splash tank
Cornhole & Family Fun