High 'N Dry

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

April 2026

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

SEARCHING and FEARLESS

-from Jason W

Step Four of AA's Twelve-Step Program of recovery is infamously the "scary" one, probably because it's a crucial step towards effective and lasting recovery. Since the overall philosophy of Alcoholics Anonymous is that alcoholism is just a symptom of a spiritual disease, the real problem is in character flaws that need to be faced and when possible, overcome. This requires a searching, bare it all revelation-inducing inventory that will become the blueprint for your success.

So Much to Gain

The benefits of completing Step Four are strengthened sobriety, spiritual growth and movement towards mending your relationships to your HP, yourself and other human beings. What's the biggest requirement for this action step? Be honest! You and the people around you will benefit from this crucial step. In case you didn't know, keeping secrets is threatening to our recovery, and we have all had secrets that nearly killed us. Our secrets, in and out of sobriety, keep us sick.

Almost everyone comes into recovery having trouble separating fact from fiction in our own lives. The reality is that the "drunkalogues" and war stories that accumulated over the years of using are so embroidered into the fabric of whom we think we are. However, while working on our step inventories, with the support of someone who has completed this step themselves, we get a new perspective on the bigger picture, on patterns, selfishness, our responsibility in situations and in this process we are building up an accurate self-appraisal with true self-worth as the reward.

Highlights in this issue

Archives story: 2
Intergroup information: 6
District Information: 3
Tradition 4 Inventory/Meeting News: 7
Anniversaries: 4-5
Sober Events: 8

Archives Story: Temperance song: King Alcohol

This is something I found in Volusia County Archives and I thought I'd share.
"King Alcohol" was published in 1843 as a "Comic Temperance Glee."

Verse 1
King Alcohol has many forms
By which he catches men.
He is a beast of many horns
And ever thus has been.

Chorus for verses 1 and 2.
For there's rum, and gin, and beer, and wine
And brandy of logwood hue
And hock, and port, and flip combine
To make a man look blue
He says be merry, for here's good sherry
And Tom and Jerry, Champagne and Perry,
And spirits of every hue,
O are these not a fiendish crew
As ever a mortal knew.
O are these not a fiendish crew
As ever a mortal knew.

Verse 2
King Alcohol is very sly
A liar from the first.
He'll make you drink until you're dry
Then drink, because you thirst.

Verse 3
King Alcohol has had his day
His kingdom's crumbling fast
His votaries are heard to say
Our tumbling days are past.

Chorus for Verses 3 and 4
For there's no rum, nor gin, nor beer nor wine
Nor brandy of any hue
Nor hock, nor port, nor flip combined
To make a man get blue
And now they're merry, without their sherry
Or Tom or Jerry, Champagne and Perry
Or spirits of every hue.
And now there are a temperate crew
As ever a mortal knew
And now there are a temperate crew
And have given the devel his due.

Verse 4
The shout of Washingtonians
Is heard on every Gale
They're chanting now the victory
O'er cider, beer, and ale.

Hope you enjoyed this bit of pre-AA history. Volusia County Intergroup Archivist Jim B.
(emails for Volusia Intergroup Archives can be sent to admin@aadaytona.org)

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm;
Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks
***** Credit cards accepted *****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org

Phone: (386) 756-2930

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**District 19:** 4th Wednesday – 6:30pm First Congregational Church (Jane Murray Hall) 201 W. University, Orange City	**District 20:** 3rd Sunday each month- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32:** 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** **so you can carry the message from your group**

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

The 4th Step Promises

Many of us have heard of the Ninth Step Promises from page 83-84 of the Big Book of Alcoholics Anonymous. There are, however, many additional promises throughout the Big Book. Promises associated with STEP FOUR (with the page number (##)) include:

- When the spiritual malady is overcome, we start to straighten out mentally and physically. (64)
- We cannot be helpful to all people but at least God will show us how to take a kindly and tolerant view of each and every one. (67)
- Just to the extent that we do what we think He would have of us and humbly rely on Him, does He enable us to match calamity with serenity. (68)
- We ask him to remove our fear and direct our attention to what he would have us be. At once, we commence to outgrow fear. (68)
- In meditation, we ask God what we should do about each specific matter. The right answer will come, if we want it. (69)
- If we are sorry for what we have done, and have the honest desire to let God take us to better things, we believe we will be forgiven and will have learned our lesson. (70)
- We have begun to comprehend their futility and their fatality. (70)
- We have commenced to see their terrible destructiveness. (70)
- We have begun to learn tolerance, patience and good will toward all men, even our enemies, for we look on the them as sick people. (70)
- We hope you are convinced now that God can remove whatever self-will has blocked you off from Him. (70)

APRIL ANNIVERSARIES

NAME	YR	DATE
5:30 Group		
Chris A	39	4/5/1987
Paul J	25	4/4/2001
Eileen	22	4/0/2004
Mike M	16	4/27/2010
Laura J	4	4/21/2022
Mary N	1	4/26/2025
Alcoholics and God		
Tom J	40	4/28/1986
Vicki E	33	4/26/1993
Lucas D	7	4/11/2019
Bethany	6	4/7/2020
Wally L	3	4/17/2023
Caryl G	2	4/5/2024
Aloha		
Happy Belated Anniversary		
Pat I	40	3/10/1986
Charley I	39	3/23/1987
Back To Basic DeLand		
Richard D	21	4/15/2005
Beachside NSB		
Brian F	34	4/22/1992
Michael R	3	4/17/2023
John K	2	4/2/2024
Central Facts		
Jennifer J	2	4/28/2024
Choice Is Yours		
Kenny C	50	4/20/1976
Jarry P	12	4/3/2014
Mike R	3	4/17/2023
Deltona/Debary Group		
Damaris	7	4/20/2019
Deltona Men's Group		
Dave F	25	4/19/2001
Steve B	6	4/5/2020
Donut Group		
George C	32	4/26/1994
Booker B	4	4/10/2022
Josh R	4	4/5/2022
Ian M	2	4/6/2024
Vanessa	2	4/6/2024
Early Ducks		
Dave	25	4/9/2001
Bonnie Z	16	4/23/2010
Gina L	4	4/9/2022
Tammy K	3	4/9/2023

Representing **910,934 DAYS** of continuous sobriety ONE DAY at a time!

NAME	YR	DATE
Four Townes		
Tom J	40	4/28/1986
Jack S	39	4/29/1987
Tommy J	20	4/18/2006
Stevie	4	4/19/2022
Palma P	4	4/21/2022
Grateful Group		
Tom J	40	4/28/1986
Sonya C	6	4/15/2020
Had Enough		
Marian H	29	4/15/1997
Carly R	4	4/14/2022
Happy Hour Daytona		
Booker B	4	4/10/2022
Happy Belated Anniversary		
Keith T	2	4/15/2024
High Noon		
Jeff C	6	4/17/2020
John K	2	4/2/2024
Barbara D	1	4/19/2025
Hour of Power		
Tom D	51	4/22/1975
Bob Z	46	4/4/1980
Jim G	28	4/15/1998
Sully	27	4/22/1999
Insane Today		
Tom Sr	51	4/6/1975
Robert P	40	4/27/1986
Michael S	16	4/17/2010
Andy W	7	4/28/2019
Brad D	2	4/15/2024
Happy Belated Anniversary		
Dan M	5	3/21/2021
Pete D	2	3/1/2024
Lest We Forget		
Larry A	42	4/26/1984
Robert P	40	4/25/1986
Ralph P	34	4/15/1992
Tamika M	2	4/4/2024
Jim F	2	4/14/2024
Donna H	1	4/10/2025
Lifesavers		
Tom D	51	4/22/1975
Chris A	39	4/5/1987
Rose D	20	4/6/2006
Bob W	5	4/24/2021
Young at Heart		
Indian Mike	16	4/17/2010
Robert B	4	4/1/2022
Amber	4	4/0/2022

APRIL ANNIVERSARIES

NAME	YR	DATE
Never Had It So Good		
Betsy S	45	4/10/1981
Ed D	39	4/12/1987
Donna S	11	4/14/2015
Jason	3	4/4/2023
Jason	2	4/15/2024
New Dawn Group		
Dick	65	4/8/1961
Esta P	41	4/7/1985
Vadim V	3	4/3/2023
New Heights		
Jonathon K	1	4/10/2025
John B	1	4/11/2025
New Smyrna Beach Group		
Micheal R	3	4/17/2023
John K	2	4/1/2024
Noon Group DeLand		
Tyrone T	36	4/10/1990
Mike A	9	4/15/2017
Jason T	3	4/4/2023
Ormond Beach Group		
Wayne B	28	4/23/1998
Pass It On		
Mel H	50	4/1/1976
Connie C	25	4/15/2001
Gene B	20	4/6/2006
Matt A	15	4/18/2011
Road to Recovery Osteen		
Jim E	15	4/30/2011
Nicole	6	4/1/2020
Sand and Sea		
Michael Z	50	4/16/1976
Deb Mc	32	4/4/1994
Gary J	18	4/17/2008
Eli	14	4/28/2012
Landon T	4	4/9/2022
Robert B	4	4/1/2022
Michelle H	4	4/9/2022
Matt H	4	4/20/2022
Christina S	3	4/4/2023
Andy R	2	4/15/2024
Khelid I	2	4/10/2024
Joseph M	1	4/9/2025
Saturday Women's AA Deland		
Sue L	39	4/30/1987
Laura Q	20	4/21/2006
Monica P	5	4/23/2021
Sisters In Sobriety - Orange City		
Debbie B	41	4/23/1985

NAME	YR	DATE
Sobriety First		
Vicki E	33	4/26/1993
Steps in Slow Motion		
Tom C	43	4/26/1983
Sunrise Group Deland		
Doc	37	4/1/1989
Dan L	24	4/8/2002
Darlene N	19	4/24/2007
Marty H	16	4/16/2010
Jason G	7	4/14/2019
Thomas I	1	4/14/2025
Sunrise Group Holly Hill		
Bruce O	35	4/1/1991
Brian S	21	4/1/2005
Sabrina B	3	4/4/2023
Way of Life		
Brian S	21	4/20/2005
Jonna M	11	4/26/2015
Sabrina B	3	4/4/2023
Jennifer B	3	4/28/2023
We Are Alive		
Ben B	34	4/27/1992
Mike M	16	4/27/2010
Traveling Jeff	6	4/17/2020
Mike T	5	4/12/2021
Mandy R	5	4/22/2021
Fay T	4	4/25/2022
Keith B	1	4/3/2025
Wednesday Women's		
Rose Mary M	36	4/12/1990
Phyllis E	34	4/12/1992
Leslee H	2	4/24/2024
Women's Book Study		
Christie K	17	4/28/2009
Donna S	11	4/14/2015
Stephanie F	2	4/24/2024
Holli H	1	4/15/2025
YOLO		
Dustin B	38	4/18/1988
Steve M	34	4/6/1992
Jason M	13	4/4/2013
Elizabeth H	5	4/25/2021
Paul R	4	4/5/2022
Michelle	4	4/8/2022
Ryan G	4	4/12/2022
Andrew M	2	4/1/2024
Lisa L	2	4/19/2024
Chris M	1	4/7/2025

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

Volusia County Intergroup
Profit and Loss Statement

INCOME		Feb '26	Jan '26
	Contributions/Donations	$2,781.10	$3,621.10
	Special Events	$0.00	$0.00
	Misc. Income	$2.40	$4.40
	AA Goods Sales	$1,142.11	$1,895.14
	Non-AA Goods Sales	$1,463.20	$1,786.34
	TOTAL INCOME	**$5,388.81**	**$7,306.98**
EXPENSES		**Feb '26**	**Jan '26**
	Cost of AA Goods	$823.50	$1,542.72
	Cost of Non-AA Goods	$496.22	$1,095.70
	Administration	$1,638.03	$3,027.26
	Building	$1,570.95	$2,116.94
	Communication	$243.40	$195.20
	Office	$308.46	$250.43
	Special Events	$0.00	$0.00
	TOTAL EXPENSES	**$5,080.56**	**$8,228.25**
PROFIT / (LOSS)		**$308.25**	**($921.27)**

February Group Donations $2,781.10:

YOLO: $50.00; Insane Today: $150.00;
Miracle Group: $50.00; Central Fact: $130.00;
2's Day Big Book Meeting: $263.00;
Sister's In Sobriety- OB: $54.78;
Attitude Adjustment: $11.00;
Sand & Sea: $51.00; Early Ducks: $392.00;
Sisters In Sobriety-Orange City: $100.00;
5 O'clock Somewhere: $25.00;
Back To Basics, Deland: $27.50;
Holly Hill Big Book: $100.00;
Sunday Morning Sober: $350.00;
High Noon Group: $467.60;
Saturday Night Beginners: $60.00;
Pass It On: $331.00; IGR Meeting: $24.00;
Steering Committee: $10.00;
Anniversary Donation: $32.00;
Anonymous Donations: $67.22;
High & Dry Subscription: $35.00

Groups represented at the MARCH IGR meeting

Steps for Life
New Dawn
It's 5 o'clock Somewhere
Choice is Yours
Sisters in Sobriety-OB
Ormond Beach Group
Early Ducks
Had Enough
High Noon - NSB
Sunrise - HH
Big Book Holly Hill
New Heights
5:30 Group
Wednesday's Women
Aloha Group
Good Day Group
Happy Hour-DB
Central Fact
Way of Life
DeLand Big Book
Saturday Night Beginner's
Deltona Men's Group

Intergroup Committees and Coordinators updates

Office Coordinator: 51 Phone Calls; 129.5 Visits.
High 'n Dry Editor: If interested in submitting article for May anniversaries please email no later than April **15th** to ***editor@aadaytona.org***.
Archives Report: Archives would like to thank the estate of Carolyn C. (past archivist) for the generous donation of books, tapes, CD's, coins, etc.
Twelve Step Coordinator: 22 calls, mainly looking for meetings. Phone army volunteers need better clarification exactly where a meeting is held i.e. room number, upstairs, back of building etc.
Corrections & Treatment: Need Secretary and Treasurer. Printing bookmarks for pen pal network.

Step IV: **Made a searching and fearless moral inventory of ourselves.**

Tradition IV: **Each group should be autonomous except in matters affecting other groups or A.A. as a whole.**

Concept IV: **At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.**

PERSONAL INVENTORY ON TRADITION 4

(The foundation of this inventory is from the A.A. Tradition's Checklist first published in the ***A.A. Grapevine***)

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group consider the welfare of nearby groups in its actions and decisions? Of AA "as a whole"?
3. Do I judge or criticize other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—their lengths, not mine—to stay sober?
6. Do I ever criticize certain groups because I think they don't do things how I believe AA should be done??

INTERGROUP
NEEDS OFFICE VOLUNTEERS

Fridays 1:00pm – 5:00 pm
Every 3rd Saturday 9:00am – 1:00pm

Contact INTERGROUP OFFICE at 386-756-2930

MEETING NEWS

NEW MEETING
Women's Big Book
Wednesdays at 7:30 pm

The Almous Club
569 Foote Court,
Daytona Beach, 32114

NEW LOCATION
Set Aside
Tuesdays at 7:00 pm

Kingdom Family Church
700 South Ridgewood Ave
Daytona Beach, 32114

Closed Men's Meeting
Big Book/12 Steps & 12 Traditions

NEW TIME
The Turning Point
Fridays
NOW AT 8:00 PM

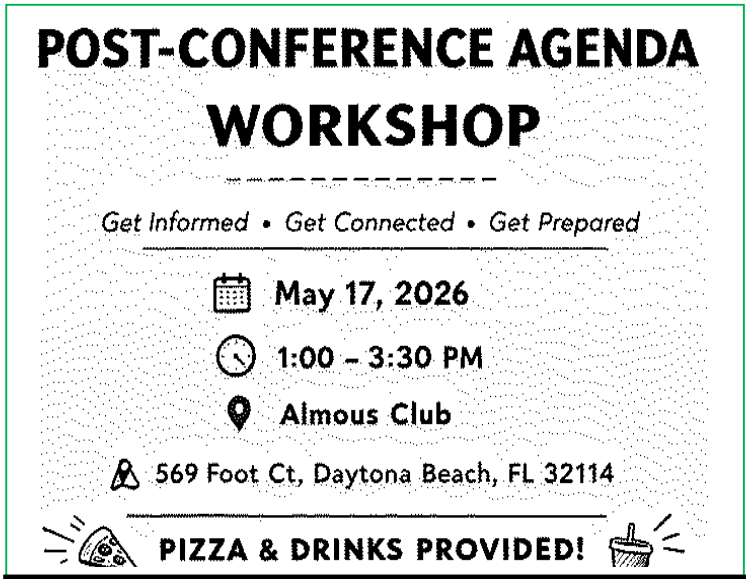
First Baptist Church
24761 Ann Street,
Astor, 32102

The meeting is in the classroom of the church on Ann St.

North Florida
Area Conference
AREA 14 ASSEMBLY
Everyone is welcome especially you!
14
2026 ASSEMBLY DATES:
APRIL 10-12, 2026
Deadline for room rate is March 20
Orlando Marriott Lake Mary
1501 International Parkway

2026 ANNUAL
PICNIC
IN THE PARK
FREE BBQ SERVED
FOOD, FUN, & FELLOWSHIP
50/50 Raffle, Cornhole, Games!
Bring a Covered Dish or Dessert!
Sat 11 April | 11a-2p
Sunrise Park Pavilion
1135 Riverside Drive
LPGA & Riverside Drive

DISTRICT 19 INVITES YOU TO A....
Spring in to Sobriety
Picnic
DATE: SATURDAY, APRIL 25, 2026
TIME: 11AM
LOCATION: GEMINI SPRINGS PARK, DEBARY
TICKETS: $5
50/50 RAFFLE
FAMILY & FRIENDS ARE WELCOME
BRING A DISH TO SHARE!


POST-CONFERENCE AGENDA
WORKSHOP
Get Informed • Get Connected • Get Prepared
May 17, 2026
1:00 – 3:30 PM
Almous Club
569 Foot Ct, Daytona Beach, FL 32114
PIZZA & DRINKS PROVIDED!

DISTRICT 8
Spring Dance
Celebration
ALMOUS CLUB
May 23rd at 7:30 PM
DJ Kevin

91ST FOUNDERS DINNER & DANCE
When: Saturday, June 6th
Doors open at 4:30!
Dinner 5:30-6:30 pm
TICKETS $20 AVAILABLE AT INTERGROUP OR ASK YOUR IGR!
Where: La Costa Village South
1275 La Costa Village Blvd.
Port Orange, FL 32129