High 'N Dry

July 2025

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

HOPE

-by Jackville O.

It is said that every alcoholic has his own rock bottom, his own gutter. I had watched my career, my profession and my health vanish without appreciable effort or anything except the increasing tempo of my drinking.
But one day, twenty-one years ago, I was ordered out of my home and family! My own mother had finally decided that I was useless and unhelpable. That was my particular gutter. Not until then had I been willing to face up to how far I had gone down in life.

It was this that brought me to A.A. No one led me there, I came to it myself. I came in desperation, without any **hope** of anything really happening. The best I expected was that I might possibly manage with its help to keep off another drunk until I had smoothed things out at home.
I was very sick, in the jitters and doped with drugs; mentally sick, confused, and unable to divorce my thoughts from drink; spiritually sick, for I no longer had any **hope** in anyone or anything, and no longer any faith in anyone, anything or any God.

Most of what I heard that night went in and came straight out again. I received a confused idea that all I had to do was to stay dry for one day, and that I should have to pray, what? Me? And that if I only came back to the next meeting all would be well.

No, it was what I saw that struck home to me. What happened that night to me was a rekindling of a spark of **Hope**. I heard men describe their drinking lives; I saw them! They were flesh and blood before me. They had had the jitters too. They too had taken those early morning walks to the market pubs, like me; they understood, as I hadn't been able to make anyone else understand, that men like me didn't go out to get drunk—it just happened! They had been doing all the strange things that I was still doing; they had been thinking in the same crazy way that I was still thinking... and yet they had found a way to recover after all. There was **hope** for me! What they could do, perhaps I could do as well.

I walked home alone after that meeting, my mind racing and still confused. Now that I again was myself, I hardly dared to keep on **hoping.** For these others... yes, they had recovered. But for me, how could it happen? I never had that kind of luck! Yet, that tiny voice that there is **hope** kept whispering "They did it... they could do it... why shouldn't you... if you really try with them?" That faint **hope** did keep me dry for the next few days to the next meeting. That same small little **hope** set me off on the way to recovery and happiness. That same **hope** can do as much for anyone else.

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Archives Story

SEVENTH TRADITION

July is the seventh month hence Seventh Tradition which states:
Every A.A. group ought to be fully self-supporting, declining outside contributions.

The Long Form of tradition seven: **The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.**

The pamphlet F-3: "Self-Support: Where Money and Spirituality Mix" is viewable from the link:
https://www.aa.org/self-support-where-money-and-spirituality-mix

Three examples of how groups can distribute their excess funds, according to the pamphlet:

- 10% to district, 10% to area committee, 30% to GSB [General Service Board], 50% to intergroup or central office
- OR IF YOU HAVE NO intergroup 40% to district, 30% to area, 30% to GSB
- OR as determined by your group conscience.
-

In 2022, the percentage of all active groups who contributed to GSB was 33.5%.
How much does it cost, per group, for GSO to supply basic services? At the end of 2022, the annual cost of services per group was $124.98, while the average contribution per group was $106.14. The shortfall between these two figures is made up from income from A.A. publications.

Individuals can contribute $1 for every year of their anniversary or any amount up to a maximum of $7,500.

If your group wants to send a donation to the General Service Board, the address for checks (include group ID on your check) in U.S. dollars payable to "**General Service Board**" may be mailed to:

General Service Board
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

MONTHLY DISTRICT MEETINGS

District 8:
Last Monday – 7:15pm
Almous Club
569 Foote Court,
Daytona Beach

District 19:
4th Wednesday – 6:30pm
First Congregational Church
(Jane Murray Hall)
201 W. University, Orange City

District 20:
3rd Sunday-
6:30 pm (PI and Treatment Committee)
7:00 pm (District meeting)
United Church of Christ
203 Washington St., New Smyrna Beach

District 21:
4th Tuesday- 6:30 pm
St. James Episcopal Church
38 South Halifax, Ormond Beach

District 32:
1st Monday - 6:30 pm
Grace Beachside Lutheran Church
338 Oceanshore Blvd. Ormond Beach

Group GSR's Please Attend
so you can carry the message from your group

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

Military Members and Veterans in A.A.

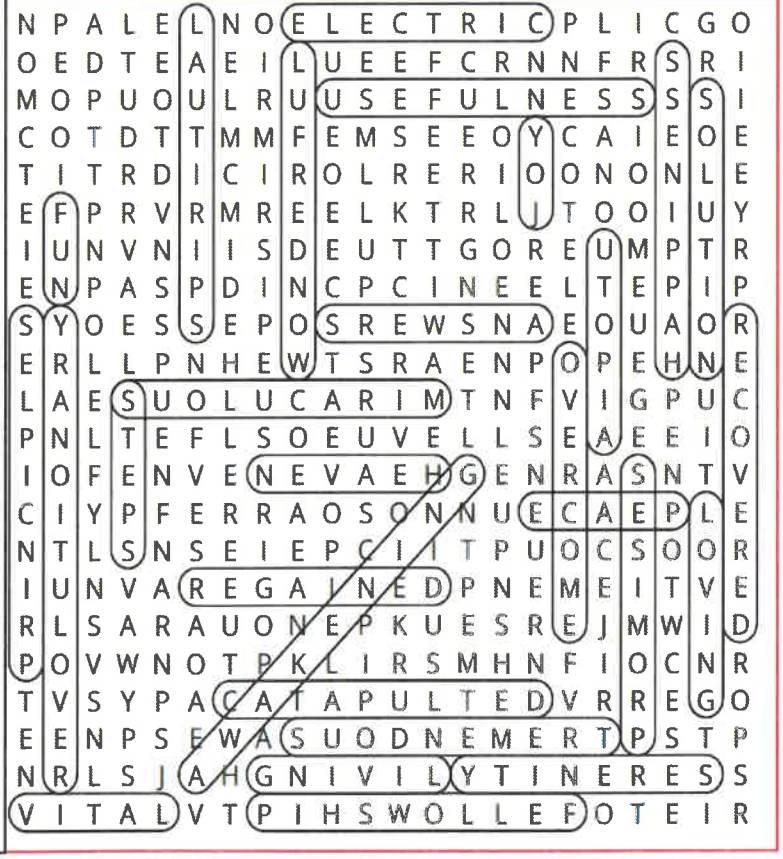
https://www.aa.org/military has a collection of stories of A.A. members in the military from the United States and Canada, sharing their experiences in dealing with alcohol and getting sober.
Check out the additional resources for sharing from military members on AA Grapevine, service material for those serving remote communities, and more.

Call for Veteran A.A. Members for an Interview Project

If you are an A.A. member and would like to learn more about this project or volunteer for an interview, **please reach out to our U.S. and Canadian points of contact via email at: militaryoutreach@aa.org.**

PROMISES Word Search

(Solution to Last Month's Puzzle)



JULY ANNIVERSARIES

NAME	YRS	DATE
5:30 Group		
Tom	40	7/1/1985
Steve (Sparky)	22	7/11/2003
Kenneth F	20	7/4/2005
Steven S	15	7/7/2010
Alcoholics and God		
Gloria B.C	*28*	*7/27/1997*
Kathy T	*21*	7/8/2004
Craig U	*14*	7/23/2011
Ian D	*5*	7/22/2020
Melane K	4	6/10/2021
Jessica M	5	7/26/2020
Steve K	4	7/20/2021
Danielle E	3	7/28/2022
Heather F	2	7/30/2023
James F	1	7/31/2024
Aloha		
Paula	29	7/27/1996
Beachside NSB		
Rick S	5	7/5/2020
Central Facts		
Tina P	36	7/5/1989
Cheyenne E	22	7/21/2003
Deltona/Debary Group		
Henry R	42	7/23/1983
Vanessa	5	7/4/2020
Allison	3	7/25/2022
Deltona Men's Group		
George C	38	7/1/1987
Tom S	10	7/17/2015
Adam C	3	7/26/2022
Scott C	1	7/20/2024
Donut Group		
Laurie M	14	7/13/2011
Cassie G	12	7/6/2013
Dennis I	12	7/28/2013
Derek H	4	7/25/2021
Jay W	1	7/27/2024
Early Ducks		
James D	35	7/1/1990
Mary D	23	7/1/2002
Cheryl	3	7/31/2022
Four Townes		
Linda D	44	7/13/1981
Dan W	31	7/5/1994
Dottie G	28	7/7/1997
Ana J	19	7/15/2006
Jessi C	3	7/3/2022

NAME	YRS	DATE
Had Enough		
Marti	30	7/19/1995
Carol S	10	7/10/2015
Jodie S	2	7/13/2023
Sheila	1	7/30/2024
Happy Belated Anniversary		
Peggy D	34	6/21/1991
Happy Hour Daytona		
Daniel C	4	7/17/2021
High Noon		
DJ	3	7/11/2022
Hour of Power		
Bettina F	36	7/6/1989
Dan M	25	7/31/2000
Bob W	11	7/7/2014
Gerry C	9	7/16/2016
Shaunda G	7	7/9/2018
Julia C	6	7/19/2019
Sam S	5	7/31/2020
Ryan T	5	7/31/2020
Ralphie	3	7/4/2022
Deena H	2	7/12/2023
Chris C	2	7/28/2023
Jeff M	1	7/24/2024
Insane Today		
Gary	48	7/23/1977
Steve H	13	7/17/2012
Scott R	9	7/6/2016
Chet H	8	7/10/2017
Lance W	2	7/18/2023
Lest we Forget		
Shelly M	18	7/21/2007
Julian L	17	7/26/2008
Jason D	13	7/24/2012
Chet H	8	7/10/2017
Pam B	7	7/21/2018
Lifesavers		
Andrea B	40	7/23/1985
Joanna R	1	7/7/2024
Never Had It So Good		
Bettina	36	7/6/1989
Dennis	12	7/28/2013
Mary E	24	7/31/2001
Rick S	5	7/5/2020
New Dawn Group		
Karen J	42	7/12/1983
Rob Z	29	7/31/1996
Chris B	7	7/8/2018

JULY ANNIVERSARIES

NAME	YRS	DATE
New Smyrna Beach Group		
Heath J	24	7/17/2001
Lisa S	2	7/27/2023
Patrick D	1	7/11/2024
Noon Group DeLand		
Katherine R	1	7/9/2024
Open to Change		
Anna C	40	7/1/1985
Scott R	9	7/6/2016
Ormond Beach Group		
Doug S	8	7/16/2017
Riverbridge Group		
Dennis	40	7/29/1985
Deana B	15	7/21/2010
Road to Recovery - Osteen		
JD. M	11	7/12/2014
Sand and Sea		
James R	28	7/8/1997
Kathleen R	13	7/24/2012
Ned	10	7/9/2015
Jen Y	9	7/21/2016
Lisa A	8	7/1/2017
Chris C	5	7/9/2020
Diana F	4	7/6/2021
Andrew S	4	7/17/2021
Tracy K	3	7/9/2022
Nadia C	3	7/30/2022
Drew C	2	7/16/2023
Spencer R	1	7/9/2024
Saturday Women's		
Linda D	44	7/13/1981
Gloria B	28	7/27/1997
Janet T	26	7/18/1999
Debbie T	24	7/28/2001
Terry M	20	7/24/2005
Heather F	2	7/30/2023
Kris X	1	7/18/2024
Sisters in Sobriety –Ormond Beach		
Mary B	23	7/1/2002
Sunrise Group -Deland		
George C	38	7/17/1987
Liz E	35	7/4/1990
Joe B	20	7/15/2005
Craig	14	7/23/2011
Brad N	10	7/15/2015
Mike R	3	7/6/2022
Daniel H	3	7/27/2022
Ron E	1	7/4/2024
Travis N	1	7/12/2024
Chad G	1	7/21/2024

NAME	YRS	DATE
Steps For Life		
Sharon H	33	7/8/1992
Kathy M	13	7/16/2012
Louise O	11	7/3/2014
Sandy M	3	7/29/2022
Steps in Slow Motion		
Kim D	15	7/28/2010
Sunrise Group –Holly Hiill		
Jim N	33	7/2/1992
Bob M	31	7/24/1994
Tomoka Group Beachside		
Bill P	49	7/1/1976
Chris B	39	7/21/1986
David L	29	7/15/1996
Way of Life		
Andrew B	6	7/23/2019
Jim R	2	7/28/2023
Rob M	1	7/9/2024
Mykey D	1	7/25/2024
We Are Alive		
Andrea B	45	7/23/1985
John L	25	7/19/2000
Heath J	24	7/17/2001
Kathy R	18	7/17/2007
Noel B	7	7/4/2018
Samantha W	6	7/4/2019
Rick S	5	5/7/2000
Andrew O	4	7/4/2021
Noah B	4	7/17/2021
DJ	3	7/11/2022
John B	1	7/28/2024
Wednesday Women's		
Mary B	23	7/1/2002
Linda P	4	7/10/2021
Women's Book Study		
Jax	1	7/14/2024
Brittany C	1	7/30/2024
Women's New Beginnings		
Diane T	37	7/14/1988
Carole B	34	7/12/1991
Susan S	31	7/26/1994
Denise	12	7/24/2013
YOLO		
Cassendra	12	7/6/2013
Chayley H	8	7/10/2017
Melissa R	4	7/6/2021
Paul R	2	7/17/2023
Mariah C	1	7/14/2024

Representing FREEDOM from Alcohol for 822,908 One Days at a Time

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm;
Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks
**** Credit cards accepted ****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org
Phone: (386) 756-2930

Intergroup Abbreviated Profit and Loss Statement

	May 2025	April 2025
Contributions/Donations	$2,574.05	$4,106.13
AA and Non-AA Literature Sales & Goods	$2,986.69	$3,814.61
Special Events/Other Income	$1,909.25	$802.88
Total Income	**$7,469.99**	**$8,723.62**
Cost of AA and Non-AA Literature & Goods	$1,984.01	$2,019.76
Admin., Office, Bldg & Comm. Expenses	$3,964.10	$4,085.76
Special Events/Other Expenses	$0.00	$62.14
Total Expenses	**$5,948.11**	**$6,167.66**
Profit / Loss	**$1,521.88**	**$2,555.96**

Questions? Your IGR has more details.

Groups represented June IGR meeting:

Aloha Group; Central Fact; Good Day Group; Happy Hour; YOLO; Pass It On; Saturday Women's AA; Deltona Men's Group; Saturday Night Beginners; New Heights; Lest We Forget; Sunrise Group (Holly Hill); High Noon; Hour of Power; Lifesavers; The Women's Meeting; How It Works; Message in a Bottle; Sobriety First; Tomoka Beachside; Donut Group; It's 5 o'clock Somewhere; Steps for Life.

THANK YOU for your service and commitment to Volusia County Intergroup.

May Group Donations $2,574.05:

YOLO: $50.00; Central Fact: $300.00; Sand & Sea: $100.00; Beachside (NSB): $48.25; Miracles Do Happen: $120.00; New Dawn: $42.00; IGR Meeting: $35.00; Attitude Adjustment: $70.00; District 20: $922.00; Back to Basics: $34.00; DeLand Group: $55.00; Basic Text: $100.00; We Are Alive: $40.00; Sunday Morning Sober: $41.80; Riverbridge: $240.00; Road to Recovery: $150.00; In Memory of Bob & Betsy D: $200.00; Steering Committee: $12.00; Anonymous Donations: $14.00

Intergroup Committees and Coordinators updates

Office Coordinator: 51Phone Calls; 187 Visits. DONATION Link on webpage will be discontinued temporarily.
High 'n Dry Editor: If interested in submitting an article or August anniversaries please email *editor@aadaytona.org* no later than **July 15th.**
Archives Report: Continuing to do Inventory, and wants to thank the Ormond Beach Group for donating "Twenty-Four Hours a Day" book (34th printing-1985. This book was donated to the group in 2007 by the widow of Chuck S. (a member since 1987) to be read at every meeting until the format changed in 2025.
Twelve Step Coordinator: Received 20 calls.

MEETING NEWS

NEEDS SUPPORT

Noon Reflections
12:00 Noon 7 days a week
REBOS Club
2325 S Ridgewood Ave
Edgewater, FL

NEW MEETING

ZOOM: 85833560659
On-Line only
Password: LETgo2020
Monday 8:00 pm
12 Steps & 12 Traditions

UPDATED INFO

It's 5 o'clock Somewhere
5:00 Monday thru Friday
Club YANA
111 Howe's St.
Port Orange, FL

Mon: Open Discussion
Tue: 12 & 12
Wed: Big Book
Thu: Open Discussion
Fri: Living Sober

Newcomers/Beginners Encouraged

...The Dry Side

What do a law student and a recovering alcoholic have in common?
They both have to pass the bar.

Two recovering alcoholics decided to write a song together.
They couldn't get past the first two bars.

My friend is a recovering alcoholic. "As long as people stop reminding me about alcohol, I'll be fine," he declared.
"Yeah!" I said, "That's the spirit!"

VOLUSIA COUNTY INTERGROUP OFFICE
Will be **CLOSED** Friday July 4, 2025

INTERGROUP STEERING COMMITTEE: Service Positions OPEN
- **SECRETARY** - **TREASURER**
Call the Intergroup Office at 386-756-2930 for more information.

Step VII: Humbly asked Him to remove our shortcomings.

Tradition VII: Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept VII: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

What is Intergroup?

An Intergroup or central office is an A.A. service office that involves partnership among groups in a community—just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups—functions which are best handled by a centralized office—and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Positively Negative – Grapevine Article April 1973 by Dick H.

WE CAN BE positive that our drinking was negative.

- We drank for happiness and became unhappy. We drank for joy and became miserable. We drank to be outgoing and became self-centered. We drank for sociability and became argumentative.
- We drank for sophistication and became crude and obnoxious. We drank for friendship and made enemies. We drank to soften sorrow and wallowed in self-pity.We drank for sleep and awakened without rest.
- We drank for strength and felt weak. We drank for sex drive and lost our potency. We drank "medicinally" and acquired health problems. We drank because the job called for it and lost the job.
- We drank for relaxation and got the shakes. We drank for confidence and became uncertain. We drank for bravery and became afraid. We drank for certainty and became doubtful.
- We drank to stimulate thought and blacked out. We drank to make conversation easier and slurred our speech. We drank for warmth and lost our cool. We drank for coolness and lost our warmth.
- We drank to feel heavenly and knew hell. We drank to forget and were haunted. We drank for freedom and became slaves. We drank for power and were powerless. We drank to erase problems and saw them multiply. We drank to cope with life and invited death, or worse.

The"Good Day Group"

Will be hosting this event

July 5th, 1:00 PM to 5:30 PM

The Almous Club

569 Foote Court

Daytona Beach 32114

Tickets- $5.00 per person

Cornhole(cash Prizes), 50/50, Games, Music, Raffle!

Family Fun!!!

DISTRICT 21 TACOS & TRIVIA

$5 PER PERSON

JULY 19

2:00–4:00

ST. JAMES EPISCOPAL CHURCH
44 S HALIFAX DR.,
ORMOND BEACH

FOOD ★ FUN
50/50 RAFFLE