High 'N Dry

June 2025

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

SERENDIPITY

This is a strange subject that I am writing about, because hardly anyone expects events to occur by mere chance. Perhaps you may say I did not plan to fail, so how could this have possibly happened. I am writing from an A.A. perspective. As stated by my therapist during treatment, "if you thoroughly work the steps, I can guarantee your full recovery." Notwithstanding, may I suggest to you, my A.A. friend that life does happen. A.A. cannot make us immune from all of life's problems.

What A.A. does is to give us a sense of direction. We can still deal with the world even though things are falling apart all around us. I have found that many people do rely on chance to get sober. Of course, if you are going to stay sober, it requires a lot of work. I would like to point out, for example, just how life happens. Many people rely on luck or fate in order to stay sober, of course no one stays sober solely by accident.

I would like to point out by a few examples just how life happens; the first example is based on a hypothetical combat situation. A soldier is on patrol during the war, unfortunately he steps on a land mine. In light of this, I believe experience does play a part in determining any outcome. However, when you are prepared, the events of your life seemingly fall into place. How many people when faced with adversity somehow get the help they need from unknown sources? People usually get favor from a positive outlook.

The other example that coincides to this particular subject that has to do with joy is the writer Saint Augustine who states in his book The City of God, "good fortune always accompanies felicity." While this fact is true about felicity, it does not address the fact that the time period was different then as opposed to now. In ancient times many people were very superstitious and progress was very slow. These facts are brought out in the Big Book. A.A. has been the biggest influence in my life, but I would like to add that I don't believe in Harry Potter A.A., if you don't seek it you will not find it.

By: Charles F.

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Archives Story

From the "treasures" of our Archives: a note book of A-Z witticisms from Martha and Jack

· AA is not an escape to the Promised Land, but it an escape from a life that has no promise.
· Alcoholics don't kneel to pray until they have a mound of trouble to kneel on.
· Alcoholism is an upper: We drink up, throw up and give up. Sobriety is a downer: We put the drink down, stop falling down, quit putting ourselves down and get back on our knees.
· A slip occurs when: Sobriety Loses Its Priority.
· Being is important, being important is unimportant.
· Beer today, gone tomorrow!
· Be careful of what you say. You may be somebody's Big Book.
· Bend your knees before you bend your elbow.
· Count your blessings.
· Did you hear about the alcoholic composer?
He walked down the street trying to compose a song but he couldn't get past the first few bars.
· EGO: Edging God Out
· First things first.
· Give time time!
· Hope is the feeling you have, that the feeling you have isn't permanent.
· If you don't go to meetings, you don't hear what happens to people who don't go to meetings.
· Just because we get sober, we don't sail away on the good ship lollipop. We have to stay on shore and take our licks!
· KISS – Keep It Simple Stupid! [Or one suggested to me...Keep it Simply Spiritual]
· Live each day as though it was your last, one day you are going to be right.
· Most alcoholics seem to think that the Bluebird of Happiness is really just another swallow!
· No one can make you feel inferior without your consent.
· Our problem is not having the problem, it's denying that we have the problem.
· Please Lord, teach us to laugh again but, God don't ever let us forget that we cried.
· Question: What is your favorite drink? Answer: The next one!
· Reach for the stars, but keep your feet on the ground.
· Serenity is a clear conscience.
· To recover we need to build bridges, not walls!
· Utilize, don't analyze!
· Victory comes when we admit defeat!
· What cause me to become an alcoholic? ALCOHOL
· X marks the spot where we put the drink down and start up to the top.
· You go to AA until you want to, then you keep going.
· Zero hour, when we get honest and attack our problem.

Hope you enjoyed reading the selection of witticisms as much as I did. *Archivist Jim B.*
[In brackets are archivist's personal comments}.

MONTHLY DISTRICT MEETINGS

District 8:
Last Monday – 7:15pm
Almous Club
569 Foote Court,
Daytona Beach

District 19:
4th Wednesday – 6:30pm
First Congregational Church
(Jane Murray Hall)
201 W. University, Orange City

District 20:
3rd Sunday-
6:30 pm (PI and Treatment Committee)
7:00 pm (District meeting)
United Church of Christ
203 Washington St., New Smyrna Beach

District 21:
4th Tuesday- 6:30 pm
St. James Episcopal Church
38 South Halifax, Ormond Beach

District 32:
1st Monday - 6:30 pm
Grace Beachside Lutheran Church
338 Oceanshore Blvd. Ormond Beach

Group GSR's Please Attend
so you can carry the message from your group

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

PROMISES Word Search

(Solution Next Month)

N P A L E L N O E L E C T R I C P L I C G O
O E D T E A E I L U E E F C R N N F R S R I
M O P U O U L R U U S E F U L N E S S S S I
C O T D T T M M F E M S E E O Y C A I E O E
T I T R D I C I R O L R E R I O O N O N L E
E F P R V R M R E E L K T R L J T O O I U Y
I U N V N I I S D E U T T G O R E U M P T R
E N P A S P D I N C P C I N E E L T E P I P
S Y O E S S E P O S R E W S N A E O U A O R
E R L L P N H E W T S R A E N P O P E H N E
L A E S U O L U C A R I M T N F V I G P U C
P N L T E F L S O E U V E L L S E A E E I O
I O F E N V E N E V A E H G E N R A S N T V
C I Y P F E R R A O S O N N U E C A E P L E
N T L S N S E I E P C I I T P U O C S O O R
I U N V A R E G A I N E D P N E M E I T V E
R L S A R A U O N E P K U E S R E J M W I D
P O V W N O T P K L I R S M H N F I O C N R
T V S Y P A C A T A P U L T E D V R R E G O
E E N P S E W A S U O D N E M E R T P S T P
N R L S J A H G N I V I L Y T I N E R E S S
V I T A L V T P I H S W O L L E F O T E I R

ANSWERS
AWAKENING
CATAPULTED
ELECTRIC
FELLOWSHIP
FUN
HAPPINESS
HEAVEN
JOY
LIVING
LOVING
MIRACULOUS
OVERCOME
PEACE
PRINCIPLES
PROMISES
RECOVERED
REGAINED
REVOLUTIONARY
SERENITY
SOLUTION
SPIRITUAL
STEPS
TREMENDOUS
UTOPIA
VITAL
WONDERFUL
USEFULNESS

JUNE ANNIVERSARIES		
NAME	YR	DATE
2'sday Nite Sobriety		
Phil R	40	6/17/1985
5:30 Group		
Bill C	23	6/15/2002
Chris S	20	6/18/2005
James M	12	6/27/2013
Happy Belated Anniversary		
Kristen N	13	5/20/2012
Chris S	12	5/18/2013
Alcoholics and God		
Dan R	*15*	6/10/2010
Todd H	*9*	6/23/2016
Tom K	*4*	6/7/2021
Melane K	4	6/10/2021
Natalie K	4	6/29/2021
Rob S	1	6/22/2024
Back to Basics Deland		
Sherri L	34	6/10/1991
Beachside NSB		
Judy C	47	6/3/1978
Andy O	36	6/29/1989
Central Facts		
Scott P	32	6/6/1993
Shelley L	10	6/26/2015
Michael C	1	6/17/2024
DeLand Big Book		
Roland S	34	6/6/1991
Early Ducks		
Jodie S	16	6/30/2009
Four Townes		
Sam V	20	6/10/2005
Carrie F	4	6/8/2021
Cindy N	2	6/7/2023
Grateful Group		
Nancy B	24	6/9/2001
Had Enough		
Mag	13	6/10/2012

JUNE ANNIVERSARIES		
NAME	YR	DATE
Happy Hour Daytona		
y B	14	6/21/2011
Kara	10	6/13/2015
Dan H	8	6/18/2017
Bruce B	5	6/13/2020
Lee S	4	6/16/2021
John S	4	6/23/2021
Autumn B	1	6/1/2024
Sharmen G	1	6/12/2024
Nathan C	1	6/16/2024
High Noon		
Jeff S	3	6/29/2022
Brent	2	6/11/2023
Lest we Forget		
Ken S	34	6/16/1991
Colleen E	28	6/13/1997
Lifesavers		
Doug P	32	6/11/1993
Terry W	24	6/1/2001
Barb L	19	6/9/2006
Nancy O	19	6/11/2006
Jack S	2	6/15/2023
Marty S	1	6/21/2024
New Dawn Group		
Tom B	48	6/1/1977
Ross	40	6/29/1985
Jim H	39	6/27/1986
Reggie B	35	6/16/1990
Jean W	31	6/2/1994
Helen A	23	6/23/2002
Greg M	20	6/10/2005
Kristy L	10	6/25/2015
Stephanie S	5	6/10/2020
Randy G	4	6/16/2021
Denise B	2	6/21/2023

JUNE ANNIVERSARIES		
NAME	YR	DATE
New Smyrna Beach Group		
Pat J	36	6/14/1989
Annie D	24	6/12/2001
Loree C	9	6/6/2016
Chris H	6	6/17/2019
Noon Group DeLand		
Lou F	5	6/20/2020
Open to Change		
Sally S	39	6/1/1986
Reggie B	35	6/16/1990
David J	31	6/7/1994
Chara F	22	6/15/2003
Ed P	15	6/25/2010
Ragan F	9	6/14/2016
Ormond Beach Group		
Mike E	57	6/1/1968
Jim H	26	6/20/1999
Danny L	4	6/9/2021
Sue F	1	6/1/2024
Road to Recovery Osteen		
Perry	31	6/19/1994
Caroline	21	6/15/2004
Davied G	8	6/4/2017
Sand and Sea		
Tom E	10	6/19/2015
Jennie B	4	6/9/2021
Jill L	4	6/19/2021
Jason B	2	6/4/2023
Jenah S	2	6/28/20023
Calab S	2	6/5/2023
Sisters in Sobriety OB		
Barbara V	17	6/12/2008
Steps For Life		
Lisa O	8	6/1/2017
Steps in Slow Motion		
Cristina K	9	6/10/2016

JUNE ANNIVERSARIES		
NAME	YR	DATE
Sunrise Group Deland		
Sean	17	6/21/2008
Brad N	10	6/11/2015
Gregg G	8	6/17/2017
Jason B	1	6/18/2024
Sunrise Group HH		
Jack K	33	6/23/1992
Tomoka Group Beachside		
Tommy C	5	6/26/2020
Way of Life		
Mark M	42	6/24/1983
Glynda	41	6/14/1984
Lauren B	2	6/29/2023
Tyler H	2	6/6/2023
Joseph C	1	6/14/2024
Gabe	1	6/24/2024
We Are Alive		
Barb L	19	6/9/2006
James M	12	6/27/2013
Wednesday Women's		
Linda D	11	6/11/2014
Women's Book Study		
Shellby F	3	6/12/2022
Tiffany M	1	6/4/2024
YOLO		
Bob C	17	6/2/2008
Rob W	14	6/15/2011
Randy G	4	6/16/2021

577,095 Days of Sobriety

....ONE DAY AT A TIME

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month **Central Baptist Church** 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month **Coastal Center** (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm;
Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Pamphlets, Cards, Jewelry, Decals, Bookmarks
**** Credit cards accepted ****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org
Phone: (386) 756-2930

Intergroup Abbreviated Profit and Loss Statement

	April 2025	March 2025
Contributions/Donations	$4,106.13	$824.46
AA and Non-AA Literature Sales & Goods	$3,814.61	$5,231.13
Special Events/Other Income	802.88	$4.22
Total Income	**$8,723.62**	**$6,059.81**
Cost of AA and Non-AA Literature & Goods	$2,019.76	$2,203.73
Admin., Office, Bldg & Comm. Expenses	$4,085.76	$3,414.10
Special Events/Other Expenses	$62.14	$300.00
Total Expenses	**$6,167.66**	**$5,917.83**
Profit / Loss	**$2,555.96**	**$141.98**

Questions? Your IGR has more details.

Groups represented May IGR meeting :

Back To Basics (Deland); Deland Big Book Study; Deltona Men's Group; 5:30 Group; Saturday Night Beginners; New Heights; We Are Alive; Lest We Forget; Sunrise Group (HH); High Noon; Hour of Power; Lifesavers; Alcoholics and God; Sobriety First; Four Townes; Early Ducks; How It Works; Riverbridge; Sisters in Sobriety; Tomoka Beachside; New Dawn; Central Fact; Women's Book Study; Good Day Group; Happy Hour (DB); The Driveway Group

Group Donations $4,106.13:

Sand and Sea;$200.00; Lifesavers: $250.00; Happy Hour-DB: $250.00; Hour of Power: $776.60; Four Townes: $400.00; Open To Change: $125.28; YOLO: $60.00; Saturday Women's-Deland; $80.00; Wednesday Women's: $100.00; Driveway Group: $119.50; New Dawn: $120.00 Noon Group-Deland: $200.00; Lest We Forget: $45.74; Sunday Morning Sober: $369.00; Back to Basics-Deland: $43.00; Women's Book Study: $114.00; We Are Alive: $40.00; Pass It On: $305.00; Sisters in Sobriety: $82.27; IGR Meeting: $29.00; Steps For Life: $100.00; Deland Big Book: $100.00 ; Holly Hill Book Study: $150.00; Copier Donation: $2.00; ; Anonymous: $31.93; Steering Committee: $12.81;

Intergroup Committees and Coordinators updates

Office Coordinator: 74 Phone Calls; 173 Visits.

High 'n Dry Editor: If interested in submitting an article, please email ***editor@aadaytona.org***.
July anniversaries should be submitted no later than June 15th.

Archives Report: Continued working on inventory I would like to thank Al J.for donations to Archives.

Twelve Step Coordinator: Received 18 calls.

MEETING NEWS

NEEDS SUPPORT

Noon Reflections
12:00 Noon 7 days a week
REBOS Club
2325 S Ridgewood Ave
Edgewater, FL

VOLUSIA COUNTY INTERGROUP OFFICE Will be CLOSED

Friday July 4, 2025

Intergroup Office **SERVICE OPPORTUNITY**

Need volunteer to help MONDAYS from 9:00 to 1:00.

Call the Intergroup Office 386-756-2930

INTERGROUP STEERING COMMITTEE: Service Positions OPEN

- SECRETARY - TREASURER

Call the Intergroup Office at 386-756-2930 for more information.

Step VI: We were entirely ready to have God remove all these defects of character.

Tradition VI: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Concept VI: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Spiritual Principles of the Twelve Steps

-The principles of Steps 1 through 6 were included last month-

Step 7: Humility -This undertaking requires humility on two levels. First, to recognize our failings. Second, to admit we cannot remedy them with spiritual help.

Step 8: Love- Love is the unselfish deep concern we develop for others. We practice love in step 8 by taking responsibility for the harm we have done to others and cultivating the willingness to make it right.

Step 9: Compassion (or Brotherly Love)- When we make amends to those we have harmed, we sympathize with others for the pain we have caused. We also apply compassion by seeking a remedy that will improve their lives.

Step 10: Perseverance- Many recovering alcoholics enter the program with a blaze of enthusiasm and lose motivation. However, a profound spiritual application of the 12-steps requires perseverance. No matter how long we have been in the program, we only get a daily reprieve, we must apply the spiritual principles daily with renewed vigor.

Step 11: Self Discipline- In step 11, we first establish and then growing our spirituality, We pray and meditate regularly. We do not pray for our selfish gain and reinforce our willfulness. Instead, we seek to remain steady on the spiritual path.

Step 12: Service- Service: Alcoholics Anonymous stands on principles that should be shared with alcoholics in need. As we apply spirituality to our lives, our journey is not complete until we help others do the same.

PIG ROAST

The "Good Day Group"

Will be hosting this event

July 5th, 1:00 PM to 5:30 PM

The Almous Club

569 Foote Court

Daytona Beach 32114

Tickets- $5.00 per person

Cornhole(cash Prizes), 50/50, Games Music, Raffle!

Family Fun!!!

District 19 Celebrates Founders Day

Happy 90th AA

The Ties that Bind us Together

(Theme)

This is a potluck Event Bring your favorite dish

Speaker
Food & fellowship
Countdown
All are welcome
Friends, Family, Kids & Neighbors

Ice Cream Table

Hula Hoop Challenge

Saturday, June 7th
11-3 PM
Emmaus Lutheran Church
2500 S. Volusia avenue
Orange City, FL

DISTRICT 21 TACOS & TRIVIA

$5 PER PERSON

JULY 19
2:00–4:00
ST. JAMES EPISCOPAL CHURCH
44 S HALIFAX DR.,
ORMOND BEACH
FOOD ★ FUN
50/50 RAFFLE

THE FOUNDERS DINNER

When: Saturday, June 21st
@5pm- Doors open at 4!

Where: Cherry Cultural Center
925 W George Engram Blvd
Daytona Beach Fl

TICKETS $20 AVAILABLE AT JCIG OR YOUR LOCAL INTERGROUP REP

Speaker, dinner, and 50/50 raffle...
Bring a dessert to share! See you there!

Dr. Bob

Bill W.