High 'N Dry

March 2025

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

Who's to Know?

By Bob M.

On a dreary day two years ago, I was in downtown Detroit handling some very unpleasant personal business. My plans and expectations had suddenly dissolved in the worst possible manner, leaving me despondent and alone—and when I'm alone, I'm in bad company! I wanted to escape in any manner possible.

I unpacked my luggage at a local motel and discovered that I hadn't packed a toothbrush, of all things. I asked the desk clerk for directions to the nearest drugstore. When I arrived, I suddenly discovered something I didn't know about Michigan drugstores—they sell liquor. I found myself staring at a wall of old friends. Rows of colored glass bottles had become friends in my drinking. At the end of my drinking, they were my only friends.

A thought occurred to me. Who's to know? I wouldn't meet anyone I knew for a couple of days. Wouldn't a little drunk help me through this time? I wouldn't have to tell anyone. Would a fifth be enough, or would I need a half-gallon?

I didn't have long to think. There was a disturbance right next to me. A teenager was arguing with a pharmacist that his grandmother really needed to refill her prescription for a drug long before it was due. I was familiar with the drug. It was something I'd used as "solid alcohol" when the liquid stuff was unavailable. The pharmacist knew what was going on and refused to do it. I knew, too.

I bought the first toothbrush I could grab and raced back to the motel. I redoubled my efforts to get to Detroit AA meetings. I called my sponsor. I read the Big Book. I prayed. And I stayed sober!

Who's to know? That face staring back at me when I brush my teeth would know. That Power greater than myself that crossed my path with the teenager would also know. Who matters more?

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Archives Story - "Save the Child": pamphlet

Excerpts from Temperance Pamphlet yellow with age. Accompanying pamphlet has 1893 as a date. This pamphlet has ads on back for other pamphlets including "convention address of '94 [1894]." So, presumably this pamphlet was published on or after 1894. The address to buy pamphlets is addressed to A P Doyle. A note accompanied the pamphlet "friend of the Doyle family." Thanks for donating (donated before my time) this to archives so that I might share with our readers. This is meant to enlighten you about some thoughts before prohibition. "..." means I skipped a portion of the pamphlet. The rest is "quoted."

"The brightest hope of the Temperance movement lies in the effective work done among the children.... The custom of administering the Total Abstinence Promise to both the boys and girls at their confirmation is being adopted as a regular practice by many of the bishops and a general condemnation of children touching any intoxicating drink at all is becoming very universal. ... In any given child we do not know how much the tendency to drunkenness is hereditary, how much is attributable to an easy-going, sociable disposition, how much to companionship. Only this we know: that out of a given number of children it is probable that some may turn out to be drunkards... The possibility of a child living to be a drunkard is something so terrible that every means that would avert such a calamity ought to be taken hold of. ... The army of drunkards of to-morrow is recruited from the children of today. ... Who shall go in and out among these children and put the black finger of the drunkard's curse on this one or that one?... transformed into the howl of the maniac in delirium tremens, or that sturdy limb into the shuffling and unsteady gait of one going down to the drunkard's grave...

The first step is to Delight in the Taste; repeated tasting creates the habit; a habit of constant drinking develops the craving; a craving repeatedly satisfied make the confirmed drunkard...

No one starts out to be a Drunkard. No one in early life makes unto himself the deliberate purpose of being a drunkard, or places before himself as a goal to be reached the toper's death or the drunkard's grave. A contributing circumstance may come in a hereditary taint handed down from more than one generation... Another contributing circumstance is a home where drink is a common thing... Other contributing circumstances are companionship, saloon-frequenting, early adoption of drinking habits. All these and many other circumstances of life do their share to make the drunkard.

The Path of Total Abstinence is one of safety no one can doubt. Given two classes of boys: in one they have promised Total Abstinence, a sentiment against drink and its evils is strong, and have been taught the corrupting influences of the saloon; in the other class they know nothing of the of the temperance sentiment, never has a word been said to condemn the drinking habits of society, and the use of drink has never been frowned on; who can doubt which of the two classes will breed the drunkard? ...

The way of Total Abstinence has never injured any one, but, on the contrary, it is the way of health and happiness. It means for the children better health, purer blood, greater strength, more prosperity, brighter prospects in life.... It is the ounce of prevention that is worth all the cure in the world.

If the generation of boys and girls now growing up were to become and remain Total Abstainers, in twenty-five years the curse of drunkenness would be completely swept away."

Hope you enjoyed this bit of history as much as I did. Jim B. Archivist

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**District 19**: 4th Wednesday – 6:30pm First Congregational Church (Jane Murray Hall) 201 W. University, Orange City	**District 20**: 3rd Sunday- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32**: 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** so you can carry the message from your group

THE SPIRITUAL PRINCIPLES OF THE 12 TRADITIONS

The Twelve Traditions are often referred to as, "Why it works." They ensure the continuance of A.A. as a whole, by providing guidelines for groups to evaluate their activities and actions. In a practical vein they are, individually and collectively, humility builders for the group; they ask that the group consider its conduct from a broader perspective and, when necessary, give up something for the overall good of A.A.

The Traditions also contain **spiritual principles**. These principles, when applied in our lives, complement the Steps as a guide to personal recovery. Here, taken from Twelve Steps and Twelve Traditions, (with editorial modification) are the spiritual principles of the Traditions that I strive to apply in my daily life:

1. The A.A. member conforms to the principles of recovery; at first because he must, later because he discovers a way of life he really wants to live. **(Unity)**
2. When we come to understand the wisdom of the group decision and the necessity of patiently awaiting developments, the real and permanent leadership of A.A. can offer the quiet opinion, the sure knowledge and humble example that resolve a crisis, leading by example, rather than driving by mandate. **(Group Conscience/Leadership)**
3. When confronted by the fear that is the true basis of intolerance, we need only ask, "What would the Master do?" **(Eligibility/Inclusivity)**
4. Eventually, we must conform to whatever tested principles guarantee survival. Sobriety must be our sole objective. In all other respects there is perfect freedom of will and action. We have the right to be wrong, but we no longer have the right to harm others. **(Autonomy)**
5. It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. **(Carrying the Message/Selflessness)**
6. We are all perfectionists who, failing perfection, have gone to the other extreme. We cannot be all thing s to all men, nor should we try. **(Non-Affiliation)**
7. We, too, should be self-supporting through our own contributions. Not only is it a responsibility of sobriety, it is essential to our self-esteem. **(Self-Supporting/Responsibility)**
8. We give freely what has been given freely to us. **(Non-Professional/Giving it Away)**
9. Unless each A.A. member follows to the best of his ability our suggested Twelve Steps to recovery, he almost certainly signs his death warrant. His drunkenness and dissolution are not penalties inflicted by people in authority; they result from his personal disobedience to spiritual principles. **(Spirit of Service/Organization)**
10. We should not back away from our individual responsibility to act as we believe upon the issues of our time, yet self-righteousness should not cause us to enforce our will on others. **(Outside Issues)**
11. Personal ambition has no place in A.A. There is never need to praise ourselves. **(Attraction Rather Than Promotion)**
12. The spiritual substance of anonymity is sacrifice. We try to give up our natural desires for personal distinction as A.A. members both among fellow alcoholics and before the general public. We are sure that humility, expressed by anonymity, is the greatest safeguard that Alcoholics Anonymous can ever have. **(Anonymity)**

The spiritual principles of the traditions teach us that, "we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all."

Jack D. (The Home Group)

MARCH ANNIVERSARIES

NAME	YR	DATE
2'sday Nite Sobriety		
David D	6	3/1/019
Alcoholics and God		
Andrew H	*4*	*3/10/2021*
Nick N	*2*	*3/8/2023*
Alice S	1	3/5/2024
Sergio C	1	3/7/2024
Jim C	1	3/15/2024
Aloha		
Pat I	39	3/10/1986
Charley I	38	3/23/1987
Any Lengths Group - Deltona		
John S	54	3/9/1971
Jim N	39	3/13/1986
Stephen S	6	3/23/2019
Central Facts		
Trey P	8	3/1/2017
Ryan W	1	3/1/2024
Choice Is Yours		
Dug W	41	3/23/1984
Ronny G	24	3/23/2001
Jason	1	3/13/2024
Deland Big Book		
Mike D	2	3/1/2023
Deltona Men's Group		
Steve B	1	3/1/2024
Russ B	11	3/11/2014
Donut Group		
Robert R	34	3/3/1991
Mike C	18	3/7/2007
Mike B	7	3/12/2018
Driveway Meeting		
Maria D	37	3/0/1988
Tracy W	23	3/0/2002
Jules M	9	3/0/2016
Stacy R	7	3/0/2018
Early Ducks		
Jim B	18	3/3/2007
Dana C	7	3/6/2018
Sydney	4	3/30/2021
Danny B	2	3/15/2023
Bill M	1	3/4/2024
Good Day Group		
Rachel O	17	3/25/2008
Rick B	1	3/9/2024

936,501 Days of Sobriety!

NAME	YR	DATE
Grateful Group		
Dora M	47	3/23/1978
Happy Belated Anniversary		
Sherry F	55	2/11/1970
Had Enough		
Colleen S	*38*	*3/13/1997*
Maria S	*37*	*3/13/1988*
Jessie D	4	3/26/2021
Happy Hour - Daytona		
Steve H	38	3/1/1987
Benney B	36	3/10/1989
Sandi O	31	3/31/1994
Adam W	17	3/13/2008
David S	13	3/15/2012
Laurice M	7	3/7/2018
Scott S	4	3/5/2021
Jeanne	4	3/19/2021
Darren B	4	3/26/2021
Mike G	4	3/27/2021
Brian L	2	3/27/2023
Lee G	1	3/1/2024
Madeline	1	3/31/2024
High Noon		
Dee Z	34	3/31/1991
Kathy W	22	3/9/2003
Red B	19	3/28/2006
Barbara D	1	3/5/2024
Debbie V	1	3/13/2024
Hour of Power		
Nancy L	16	3/31/2009
Debby H	15	3/11/2010
Lori P	14	3/14/2011
Steve D	12	3/26/2013
LeaAnne D	7	3/23/2018
Jackie K	6	3/11/2019
Warren P	2	3/17/2023
Deb S	2	3/31/2023
Lifesavers		
Bill W	44	3/11/1981
Rick K	37	3/30/1998
Cynthia H	29	3/17/1996
Lori P	14	3/14/2011
Lloyd	10	3/10/2015
Never Had It So Good		
Lois	59	3/30/1966
Dug W	41	3/23/1984
Robbie R	28	3/4/1997

MARCH ANNIVERSARIES

NAME	YR	DATE
New Dawn Group		
Darryl H	45	3/16/1980
Michigan Mike	43	3/15/1982
Gia G	25	3/9/2000
Donita S	15	3/20/2010
Don M	13	3/10/2012
Ann E	6	3/15/2019
Stephani W	6	3/28/2019
Rebecca F	5	3/12/2020
Joel M	2	3/5/2023
New Smyrna Beach Group		
Carolyn M	39	3/13/1986
Bruce J	36	3/17/1989
Susie S	9	3/1/2016
Morgan C	3	3/29/2022
New Hope		
Robert R	34	3/3/1991
Noon Group - DeLand		
Marion B	39	3/16/1981
Mark G	36	3/10/1989
Sandi S	3	3/28/2022
Ronald U	2	3/23/2023
Ormond Beach Group		
J.T.	11	3/12/2014
Pass It On		
Dave M	48	3/14/1977
Buddy B	28	3/27/1997
Norman	22	3/25/2003
Chris P	2	3/4/2023
Riverbridge Group		
Roger C	36	3/17/1989
Wayne A	31	3/20/1994
Tony W	15	3/15/2010
Sand and Sea		
Tanya R	27	3/1/1998
Mike R	20	3/21/2005
Kim W	1	3/9/2024
Pete D	1	3/1/2024
Sobriety First		
Sue S	48	3/12/1977
Steps For Life		
Mary Beth F	35	3/29/1990
Lois D	22	3/23/2003
Sunrise Group - Holly Hill		
Nancy C	48	3/25/1977
Steve H	38	3/1/1987
Mark K	34	3/12/1991

NAME	YR	DATE
Sunrise Group - Deland		
David M	48	3/14/1977
David H	16	3/9/2009
Bernard C	15	3/2/2010
Dan F	8	3/29/2017
Chris P	2	3/1/2023
David S	2	3/10/2023
Matt A	1	3/14/2024
Floyd J	1	3/6/2024
Thursday Men's		
David D	6	3/1/2019
Way of Life		
Harold P	28	3/31/1997
Darren B	9	3/19/2016
Kevin T	5	3/18/2020
Danielle S	4	3/11/2021
Peter T	3	3/3/2022
John B	3	3/16/2022
James J	2	3/20/2023
Chris M	2	3/25/2023
Lynda B	2	3/1/2023
Rick W	1	3/1/3024
We Are Alive		
Lois D	22	3/23/2003
Andrea D	12	3/18/2013
Bryan F	8	3/11/2017
LeaAnne S	7	3/23/2018
Nick P	2	3/2/2023
Deb S	2	3/31/2023
Wednesday Women's		
Eileen S	41	3/6/1984
Bonnie B	38	3/29/1987
Marti S	23	3/17/2002
Women's Book Study		
Kathy G	19	3/20/2006
Ashley M	9	3/18/2016
Hannah S	6	3/18/2019
YOLO		
Thomas D	42	3/17/1983
Dan L	37	3/15/1988
Mike C	18	3/7/2007
Don M	13	3/10/2012
Kurt R	12	3/27/2013
Bob L	4	3/31/2021
Sean O	3	3/4/2022
Tom S	2	3/14/2023
Coral G	1	3/27/2024

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:	Intergroup Steering Committee Meetings:	Corrections & Treatment Committee Meetings:
6:30 pm, 3rd Thursday each month Central Baptist Church 142 Fairview Ave; Daytona Beach, FL	6:30 pm, 2nd Thursday each month Coastal Center (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL	6:30 pm, 1st Thursday each month Coastal Center (upstairs) 1635 S. Ridgewood Ave. South Daytona, FL

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm;
Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Cards, Jewelry.

***** Credit cards accepted *****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org
Phone: (386) 756-2930

Groups represented at Feb IGR meeting :

Central Facts; Good Day Group; The Driveway; Way of Life; Wednesday Women's YOLO' Back to Basics; DeLand Big book; Good Day Group; We Are Alive; Saturday Women's AA; Deltona Men's Group5:30 Group; Noon Reflections; Sunrise Group (HH); High Noon; Hour of Power; Lifesavers; New Smyrna Beach Group; New Heights; How It Works; Riverbridge Group; Sisters in Sobriety; Tomoka Beachside; Had Enough; Donut Group; New Dawn

Group Donations (Jan): $3,638.10:

Sea & Sand; We Are Alive; Happy Hour; Hour of Power; Four Townes; Thursday Men's Group; New Dawn; DeLand Noon Group; Grateful Group; Step Up Group Sunrise Group (DeLand); Donut Group; Driveway Group; YOLO; Way of Life; Back to Basics (DeLand); Attitude Adjustment; Women's Book Study; Deltona/DeBary Group; New Smyrna Beach Group;

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

Intergroup Committees and Coordinators updates

Office Coordinator: 77 Phone Calls; 230 Visits. Melinda had to step away as Special Event Coordinator. Building has been sold; rent is increasing. Need names on FL SunBiz report by April 30th.

High 'n Dry Editor: If interested in submitting an article, please email *admin@aadaytona.org*
April anniversaries should be submitted no later than March 15th.

Archives Report: Brought Volusia county Intergroup archives display to the 7th Florida Archives workshop in Panama City, FL. Also, made a presentation on early history of AA in Volusia county and the "Twenty-Four hours a Day" book first printed in Daytona Beach by Rich W. *-Jim B. Archives Chair*

Twelve Step Coordinator: Received 15 calls

INTERGROUP
Could use your HELP:
Service Positions OPEN

-Secretary

-Treasurer

-Special Events Coordinator

Contact your Intergroup Rep (IGR) or call the Intergroup Office Coordinator at 386-756-2930 if interested

MEETING NEWS

NEW MEETING

New Heights (Speaker)
7:00 pm Tuesdays
310 North Ridgewood Ave.
Edgewater, FL

NEEDS SUPPORT

Came to Believe
5:30 pm Thursdays
Alcoholics & God
1060 E. Industrial Dr. Suite P
Orange City, FL

NEW TIMES

Victory House Meeting
Now at 6:00 pm Saturdays
748 S Ridgewood Ave.
Daytona Beach, FL
No longer Sat & Sun at 9:00 am

Back to Basics
Now at 7:00 pm Thursdays
Church of the Holy Presence
355 N. Kepler Rd..
DeLand, FL

Step III

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition III

The only requirement for membership is a desire to stop drinking.

Concept III

To insure effective leadership, we should endow each element of A.A.—the *Conference*, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

Just for today

Just for today I will try to live through this day only, and not tackle my whole life problem at once. I can do something for twelve hours that would appall me if I felt that I had to keep it up for a lifetime.

Just for today I will be happy. Most folks are as happy as they make up their minds to be.

Just for today I will adjust myself to what is, and not try to adjust everything to my own desires. I will take my 'luck' as it comes, and fit myself to it.

Just for today I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.

Just for today I will exercise my soul in three ways: I will do somebody a good turn, and not get found out; if anybody knows of it, it will not count. I will do at least two things I don't want to do - just for exercise. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

Just for today I will be agreeable. I will look as well as I can, dress becomingly, talk low, act courteously, criticize not one bit, not find fault with anything and not try to improve or regulate anybody except myself.

Just for today I will have a program. I may not follow it exactly, but I will have it. I will save myself from two pests: hurry and indecision.

Just for today I will have a quiet half hour all by myself, and relax. During this half hour, sometime, I will try to get a better perspective of my life.

Just for today I will be unafraid. Especially I will not be afraid to enjoy what is beautiful, and to believe that as I give to the world, so the world will give to me.

2025 Unity Under the Stars Campout
Doe Lake, Umatilla Florida

March 14-16, 2025

Bring a dessert to share on Saturday

Friday & Saturday Dinner

Fishing Kayaking

Fun 50/50

Meetings Speakers

Saturday Breakfast

Price includes camping for the weekend or day, Friday and Saturday dinner, continental breakfast Saturday, welcome packet, and other fun activities!

IGR EATING MEETING

All Intergroup Reps (IGR) and interested group members are invited

Thursday, March 20th 2025 - 6:30pm

Central Baptist Church
152 Fairview Ave
Daytona Beach, Fl 32114

Does your group have an IGR?

- Hear what the committees do
- Learn what we do at the Volusia County Intergroup
- Discuss your group happenings
- Find ways Intergroup can help
- Get Information to bring back to your Groups!

Sunrise Group - PICNIC in the PARK

Sunrise Park
1135 Riverside Drive
Holly Hill, FL

April 5, 2025
12:00 – 3:00

District 20 – SPRING PICNIC

Pettis Park
800 Mary Ave.
New Smyrna Beach FL

$5

April 12, 2025
11:00-3:00

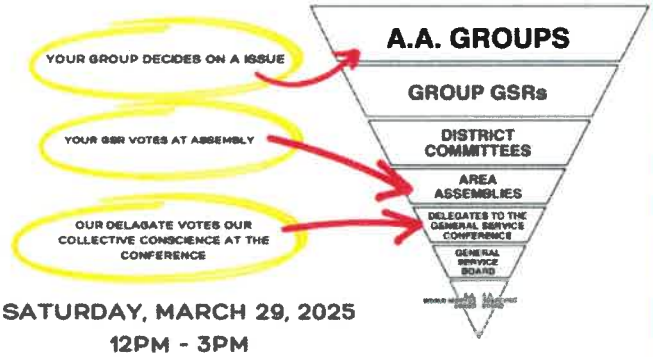
District 19 - SPRING PICNIC

Gemini Springs Park
37 Dirksen Dr.
DeBary, FL

$5

April 26, 2025
Starts at 11:00

AA DISTRICT 19 A/B AND DISTRICT 7B INVITE YOU TO A PRE-CONFERENCE WORKSHOP WITH OUR AREA 14 DELEGATE, LORI P.



SATURDAY, MARCH 29, 2025
12PM - 3PM
EMMAUS LUTHERAN CHURCH
2500 S. VOLUSIA AVENUE
ORANGE CITY

DID YOU MISS PREVIOUS PRE-CONFERENCE WORKSHOPS WITH LORI?
HERE IS ANOTHER OPPORTUNITY!
YOUR VOICE MATTERS!
BRING A NEWCOMER!!
ENCOURAGE YOUR HOME GROUP MEMBERS TO ATTEND.
LUNCH WILL BE PROVIDED

FOR MORE INFORMATION CONTACT IRENE AT 347.574.0178
OR HARRY AT 352.408.4444

LUNCH AND LEARN

DISTRICT 8 AND 20 AND SURROUNDING AREA

Plain Language Big Book Workshop

Are you curious about this new AA tool? Do you have any questions? Are you angry about the changes being made? Join us for answers and discussion!

Saturday -March 15, 2025- 11:30 Am - 1 PM

ALMOUS CLUB 569 FOOTE CT. DAYTONA BEACH
-AREA 14 LITERATURE CHAIR -STEPHANIE G. AND TEAM

LUNCH- PIZZA

BRING A SIDE DISH OR DESSERT! WATER AND COFFEE PROVIDED!

AREA 14 DELEGATE- PRE-CONFERENCE AGENDA REVIEW

DO YOU WANT TO KNOW ABOUT THE PROPOSED CHANGES FOR THIS YEAR IN AA? DO YOU HAVE QUESTIONS? WHAT IS YOUR GROUP ASKING?

SATURDAY- MARCH 15,2025- 1:30 -3:30 PM

ALMOUS CLUB 569 FOOTE CT. DAYTONA BEACH
AREA 14 DELEGATE- LORI P. AND TEAM