High 'N Dry

April
2025

VOLUSIA COUNTY INTERGROUP SERVICES

Districts 8, 19, 20, 21 & 32

Coastal Centre
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930 Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

Turning It Over

I had to accept that my life was unmanageable but there was something that could restore me to sanity. I surrendered that night. My life was total chaos. I had no idea on were to po or what to do. I entered a treatment facility and there I learned I was alcoholic. However, not trying to force the issue at hand was a challenge. Once learning what the problem was and then finding out that there was a solution I wanted it. You see I never knew there was a different way to live.

I took the third step in treatment and for me recovery became a Spiritual journey. I made that decision to turn my will and life over to something other than me. In a short time, I started to gain hope trust and faith. I started believing in the Power the fellowship talks about. I began to believe things were going to work out as they were supposed to. I realized I was living in the solution and not the problem anymore. In those early days I was changing my behavior. As a result, my thinking started to change, and I suddenly saw things differently.

It seemed like every time I let whatever was going on in my rise go, It turned out better. I started praying this little prayer they said at meetings even though I didn1think I knew how. My higher Power heard. I discovered the more I turned My file and will over to this power greater than me my file was much better for it. The interesting thing was it gave me power and the confidence to do the next right thing. I knew I was on the right track. As time went on this process became easier. There is a promise that tells me I will intuitively know how to handle situations which used to baffle me. That happens to me often these days. I believe coincidences are God's way of being anonymous. I trust my hunches today and I find I'm right more times than not. When I'm not sure of something that's going on in my life today and I've exhausted all other options in my network I have a power tool I can use and that's prayer. So, for me turning it over works.

-Anonymous

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Archives Story - ABC plan for True Temperance

Wikipedia: "The Eighteenth Amendment (Amendment XVIII) to the United States Constitution established the prohibition of alcohol in the United States. The amendment was proposed by Congress on December 18, 1917, and ratified by the requisite number of states on January 16, 1919. The Eighteenth Amendment was repealed by the Twenty-first Amendment on December 5, 1933, making it the only constitutional amendment in American history to be repealed."

In 1932, Lewis S. Rosenstiel and Emanuel Celler, member of congress, wrote a pamphlet "ABC plan for True Temperance; Non-Competitive Model Licenses. The evil is not in the bottle but in the individual." Our archives has a copy of this pamphlet. Below are some excerpts from their plan to have licenses after repeal of the eighteenth amendment.

A: Beer Licenses shall exclusively sell beer not in excess of 6%. Suggest granting one license per 2,000 population.
B: Hotel, Restaurant and Tavern Licenses entitle beer (encourage lighter versions) and alcoholic beverages in the open and not behind closed doors and during reasonable hours to make practically impossible over-indulgence. Suggest granting one license per 3,000 population.
C: Bottle goods store licenses. Sold in original packages only and for consumption off the premises and not on the premises. Suggest granting one license per 5,000 population.

Quantity sold should be sufficient for individual or family and not to encourage "bootleggers" to bring to nearby "dry" states/counties.

Size of package should discourage carrying of flasks and should be such unusual size and shape to make carrying on the person embarrassing and difficult.

Saloon Substitute: No one wishes the return of the saloon but the speakeasy (AKA "blind tiger" and "blind pig") was worse than the saloon. Speakeasies with their concealed and private bars defied enforcement. Drinking by the glass must be revived but amidst healthful and temperate surroundings.

We believe that the one only relief from the intolerable conditions is the out and out repeal of the 18th amendment. The responsibility must be thrown back to the states.

Other solutions tried do not work in the opinion of authors: such as "Personal Permits" like Scandinavia and Canada which blacklists all persons known to be inebriates would be inquisitorial and just as repugnant as the 18th amendment. Personal permits can be circumvented by a bootlegger. Also, the medical dispensary system in Oklahoma was a nest of graft calling for a physician's certificate whenever a "thirsty man" wanted a half gallon of whiskey or three gallons of beer. The people soon arose and banished the Medicinal system.

On the whole, it may be said that the period of control legislation has been too short for definite judgements but should be noted the amount of public drunkenness has not been decreased and deaths due to alcoholism has increased about two and half times. There has been a startling increase in drunk driving.

The "ABC Plan for True Temperance" is patterned in general upon the English Licensing system.

Hope you enjoyed this glimpse into the thoughts about repeal of the 18th amendment.
-Archivist Jim B.

MONTHLY DISTRICT MEETINGS

District 8: Last Monday – 7:15pm Almous Club 569 Foote Court, Daytona Beach	**District 19**: 4th Wednesday – 6:30pm First Congregational Church (Jane Murray Hall) 201 W. University, Orange City	**District 20**: 3rd Sunday- 6:30 pm (PI and Treatment Committee) 7:00 pm (District meeting) United Church of Christ 203 Washington St., New Smyrna Beach
District 21: 4th Tuesday- 6:30 pm St. James Episcopal Church 38 South Halifax, Ormond Beach	**District 32**: 1st Monday - 6:30 pm Grace Beachside Lutheran Church 338 Oceanshore Blvd. Ormond Beach	**Group GSR's Please Attend** so you can carry the message from your group

Step Four at a Glance – *by Bob S.*

My sponsor, wisely, did not allow time for fear to develop before writing my ***Fourth Step***. He pointed out that the Big Book indicates that we are to begin Step Four "at once!" (p. 64). It seems like only seconds after we prayed the Third Step Prayer that he laid out four sheets of paper with respective headings of Selfishness, Dishonesty, Resentment and Fear. I was to write: "God help me I am writing my inventory" under each of these words.

I was informed that I was not capable of enough honesty to do this alone. I needed God to help me. (After all a week or so before I had marched into a bar and almost spoke out: "Gin and tonic, please" —Thank God I didn't). Obviously, my mind lied, so I did, indeed, need Gods help!

The Oxford Group called this '***automatic writing***.' If the words did not come from deep within, I was not to write them. No thinking allowed! I believe more honesty landed on those papers in a few minutes than many weeks out of my good-keen-intellectual-alcoholic-mind.

This was not exactly Step Four, but it brought about honest information for the upcoming Fourth Step function.

Then from page 65 of the Big Book I learned how selfishness, dishonesty, resentment and fear had negatively affected me—and others. These were the very ingredients of the "bondage of self" I had asked God to remove in the Third Step Prayer! I needed to learn how to face and be rid of these aspects of my personality. How? I didn't even know what they were! I believe such understanding is a vital function of this step. The Big Book refers to the above four character defects as our "Grosser handicaps." (p. 71)

I was taught how to face and be rid of repeating thoughts of anger (resentments) on page 67. The same for irrational fears on page 68. I came to realize how dishonest and selfish I had been by my sexual conduct on pages 69 and 70. This vitally important information was necessary to adequately do Step Five with my sponsor and to be willing to ask for God's help in Steps Six and Seven (p. 76). Honest information from this step was even helpful in Steps Eight and Nine because I had listed my harms to others on page 70.

I was taught to remain continually aware of these "Grosser handicaps" because they crop up in ***Step Ten*** all through the day and in Step Eleven before going to bed at night. Step Four is a learning process to be used in the maintenance Steps Ten, Eleven and Twelve for the rest of my life.

APRIL ANNIVERSARIES

NAME	YR	DATE
2'sday Nite Sobriety		
Joe P	2	4/25/2023
5:30 Group		
Chris A	38	4/5/1987
Paul J	24	4/4/2001
Mike M	15	4/27/2010
Alcoholics and God		
Tom J	*39*	4/28/1986
Joe L	*8*	4/1/2017
Lucas D	6	4/11/2019
Bethany	5	4/7/2020
Beachside NSB		
Brian F	33	4/22/1992
Central Facts		
David W	1	4/24/2024
Jennifer J	1	4/28/2024
Choice Is Yours		
Kenny C	49	4/20/1976
John S	38	4/25/1987
Jarry P	11	4/3/2014
Mike R	2	4/17/2023
Deltona Men's Group		
Justin P	5	4/10/2020
Steve B	1	4/15/2024
Donut Group		
George C	31	4/26/1994
Booker B	4	4/10/2022
Josh R	3	4/5/2022
Ian M	1	4/6/2024
Vanessa	1	4/6/2022
Early Ducks		
Dave	20	4/9/2005
Bonnie Z	15	4/23/2010
Tammy K	3	4/9/2022
Vadim V	2	4/3/2023
Gina L	2	4/13/2023
Four Townes		
Tom J	39	4/28/1986
Jack S	38	4/29/1987
James P	31	4/10/1994
Tommy M	19	4/18/2006
Stevie	3	4/19/2002
Palma P	3	4/21/2022
Grateful Group		
Sonya C	5	4/15/2020
Had Enough		
Marian H	*28*	*4/15/1997*

NAME	YR	DATE
Happy Hour Daytona		
John P	23	4/1/2002
Leo M	17	4/19/2008
Roberta P	12	4/10/2013
Kenny R	1	4/7/2024
High Noon		
Charlie	12	4/1/2013
Amber F	3	4/24/2022
Chris R	2	4/18/2023
Hour of Power		
Tom D	50	4/22/1975
Bob Z	45	4/4/1980
Jim G	27	4/15/1998
Sully	26	4/22/1999
Amber F	3	4/22/2022
Insane Today		
Pete G	43	4/19/1982
Mike S	5	4/17/2010
Brad D	1	4/15/2024
Tommy P	1	4/9/2024
Lest We Forget		
Dave B	43	4/10/1982
Larry A	41	4/26/1984
Ralph P	33	4/15/1992
Tamika M	1	4/4/2024
Happy Belated Anniversary		
Stephani W	6	3/28/2019
Rick W	1	3/1/2024
Lifesavers		
Tom D	50	4/22/1975
Rose D	19	4/6/2006
Dustin M	19	4/12/2006
Never Had It So Good		
Betsy S	44	4/10/1981
Ed D	38	4/12/1987
Richard K	23	4/15/2002
Donna S	10	4/14/2015
Lauryn C	6	4/30/2019
New Dawn Group		
Dick C	64	4/8/1961
Esta P	40	4/7/1985
Lori G	27	4/4/1998
Christie K	16	4/28/2009
New Smyrna Beach Group		
Micheal	2	4/17/2023
John K	1	4/2/2024
New Hope		
Erik K	16	4/28/2009

APRIL ANNIVERSARIES

NAME	YR	DATE
Noon Group DeLand		
Tyrone T	35	4/10/1990
Mike A	8	4/15/2017
Jason T	2	4/4/2023
Open to Change		
Ralph S	8	4/15/2017
Chris H	8	4/16/2017
Rose D	2	4/12/2023
Jim D	2	4/30/2023
Jamie	1	4/21/2024
Ormond Beach Group		
Wayne B	27	4/23/1998
Pass It On		
Mel H	49	4/1/1976
Connie C	24	4/15/2001
Gene B	19	4/6/2006
Matt G	14	4/18/2011
Riverbridge Group		
Paul M	8	4/29/2017
Sand and Sea		
Deb Mc	31	4/4/1994
Gary J	17	4/17/2008
Eli	13	4/28/2012
Landon T	3	4/9/2022
Robert B	3	4/1/2022
Michelle H	3	4/9/2022
Andy R	1	4/15/2024
Khelid I	1	4/10/2024
Saturday Women's AA		
Debbie B	40	4/23/1985
Sue L	38	4/30/1987
Belinda D	38	4/6/1987
Laura Q	19	4/21/2006
Sisters In Sobriety OC		
Debbie B	40	4/23/1985
Sobriety First		
Vicki E	32	4/26/1993
Sunrise Group Deland		
Doc	36	4/1/1989
David F	36	4/4/1989
Dave F	24	4/6/2001
Dan L	23	4/8/2002
Darlene N	18	4/24/2007
Marty H	15	4/16/2010
Joe G	15	4/30/2010
Jason G	6	4/14/2019
Michael H	5	4/4/2020
Sarah M	1	4/27/2024

NAME	YR	DATE
Sunrise Group HH		
Bruce O	34	4/1/1991
Brian S	20	4/20/2005
Sabrina B	2	4/4/2023
Tomoka Group Beachside		
Debi C	31	4/4/1994
Lisa M	4	4/9/2021
Elizabeth H	4	4/25/2021
Joe P	2	4/25/2023
Way of Life		
Brian S	20	4/20/2005
Jonna M	10	4/26/2015
Sabrina B	2	4/4/2023
Dillan C	2	4/11/2023
Jennifer B	2	4/28/2023
Rick F	1	4/3/2024
We Are Alive		
John H	36	4/15/1989
Mike M	15	4/27/2010
Kim A	6	4/25/2019
Mike T	4	4/12/2021
Mandy M	4	4/22/2021
Fay T	3	4/25/2022
Wednesday Women's		
Rosemary M	35	4/12/1990
Phyllis E	33	4/12/1992
Women's Book Study		
Eileen M	21	4/14/2004
Donna S	10	4/14/2015
Stephanie F	1	4/24/2024
YOLO		
Dustin B	36	4/18/1988
Jason M	11	4/4/2013
Elizabeth H	4	4/25/2021
Paul R	13	4/5/2022
Michelle	2	4/8/2022
Ryan G	2	4/12/2022
Andrew M	1	4/1/2024
Lisa L	1	4/19/2024
Young At Heart		
Bob R	34	4/14/1991
Steve W	32	4/23/1993
Jamie	32	4/4/1993
Indian Mike	15	4/17/2010

891,575 Days of continuous sobriety represented!

VOLUSIA COUNTY INTERGROUP NEWS

Intergroup Representative's Meetings:
6:30 pm, 3rd Thursday each month
Central Baptist Church
142 Fairview Ave;
Daytona Beach, FL

Intergroup Steering Committee Meetings:
6:30 pm, 2nd Thursday each month
Coastal Center (upstairs)
1635 S. Ridgewood Ave.
South Daytona, FL

Corrections & Treatment Committee Meetings:
6:30 pm, 1st Thursday each month
Coastal Center (upstairs)
1635 S. Ridgewood Ave.
South Daytona, FL

VOLUSIA COUNTY INTERGROUP OFFICE

Open: Monday- Friday 9 am – 5 pm;
Saturday 9 am – 1pm

Anniversary Coins, Books, Book Covers, Cards, Jewelry.

***** Credit cards accepted *****

Interested in service work?
Contact the Office Coordinator
Email: admin@aadaytona.org
Phone: (386) 756-2930

Groups represented at March IGR meeting :
Aloha; Central Fact; Good Day Group; DeLand Big Book; Road to Recovery; The Driveway; Way of Life; YOLO; Wednesday's Women; Deltona Men's Group; 5:30 Group; Saturday Women's AA; Sisters in Sobriety; Early Ducks; Had Enough; How it Works; Riverbridge Group; We Are Alive; New Heights; Lest We Forget; Sunrise (Holly Hill); Road to Recovery; High Noon; Alcoholics & God; Tomoka Beachside; Donut Group; New Dawn; Women's New Beginnings

Group Donations (Feb): $1,289.56:
Open to Change; Steps for Life; YOLO; Sand and Sea; New Hope; Miracle Group; We are Alive, Sunday Morning Sober; DeLand Group; Attitude Adjustment. Also: Joe K.; IGR Meeting; IGR Steering Committee; Anniversary donation, Anonymous donation.

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Or online at:
https://contribution/aa.org

Area 14 Contributions:
Area 14, Panel 73 Treasurer
PO BOX 840066
St. Augustine, FL 32080

Or on-line at:
https://aanorthflorida.org

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

Intergroup Committees and Coordinators updates

Office Coordinator: 49 Phone Calls; 164 Visits. "T" has stepped up as Special Event Coordinator.

High 'n Dry Editor: If interested in submitting an article, please email *editor@aadaytona.org*. May anniversaries should be submitted no later than April 15th.

Archives Report: Continuing to work on inventory.

Twelve Step Coordinator: Received 14 calls.

Corrections & Treatment: Meeting was held 3/6/2025 where they had Corrections Updates, discussed Letters from Jail, discussed coordination with SMA. Discussed meetings at homeless shelters and hospital psych wards.

INTERGROUP
Could use your
HELP
Service Positions
OPEN

-Secretary

-Treasurer

Contact your Intergroup Rep (IGR) or call the Intergroup Office Coordinator at 386-756-2930 if interested.

MEETING NEWS

NEW MEETING

New Heights (Speaker)
7:00 pm Tuesdays
310 North Ridgewood Ave.
Edgewater, FL

NEEDS SUPPORT

Came to Believe
5:30 pm Thursdays
Alcoholics & God
1060 E. Industrial Dr. Suite P
Orange City, FL

NEW TIMES

Victory House Meeting
Now at 6:00 pm Saturdays
748 S Ridgewood Ave.
Daytona Beach, FL
No longer Sat & Sun at 9:00 am

Back to Basics
Now at 7:00 pm Thursdays
Church of the Holy Presence
355 N. Kepler Rd..
DeLand, FL

Step IV: Made a searching and fearless moral inventory of ourselves.

Tradition IV: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept IV: At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

The DRY Side

A scientist walks into an AA meeting. "I've just invented a cure for alcoholism! Take one of these pills and you'll never be a problem drinker again!"
An attendee replies: "What happens if you take two?

"Hi my name is Jeff and I'm an alcoholic."
"Sir, this is Triple A, not AA."
"I know, I'm trying to explain why my car is in the lake."

A drunk goes in a bar and asks for a shot of Jim Beam.
The bartender pours it and the drunk pushes it aside and asks for another shot of Jim Beam. The bartender pours it and the drunk drinks it. The bartender says, "I watched what you did and I don't understand why you pushed the first one away and drank the second one!" The drunk stated," I've been going to those AA Meetings, and they said WHATEVER YOU DO, DON'T TAKE THAT FIRST DRINK!!!".

DISTRICT 19 INVITES YOU TO A....

Spring in to Sobriety Picnic

DATE: SATURDAY, APRIL 26, 2025
TIME: 11AM
LOCATION: GEMINI SPRINGS PARK, DEBARY
TICKETS: $5

50/50 RAFFLE
FAMILY & FRIENDS ARE WELCOME
BRING A DISH TO SHARE!

March 29 @ 5:30 pm - 8:00 pm

Set Aside Beach Bonfire Meeting

Tom Rennick Park 1575 Oceanshore Blvd.,
Ormond Beach, FL

This is an open meeting and all are welcome. For strict safety concerns, CHILDREN MUST BE KEPT CLOSE BY THEIR GUARDIANS OR PARENTS AT ALL TIMES.

District 20 Spring Picnic

Saturday, April 12th
11:00 AM to 3:00 PM
Pettis Park- 800 Mary Ave., NSB

Sponsored by District 20
$5.00 per person
Tickets available soon
Speaker ~ 50-50 ~ Door Prizes
Kids and Family Members Welcome!

Hamburgers, Hotdogs, and Drinks Provided
Bring a Side Dish or Dessert to Share

Playground, Tennis Courts, Basketball Courts, Skate Park, Bicycle friendly, Restrooms
Join us for Fun, Fellowship and Great Food!

SUNRISE GROUP ANNUAL

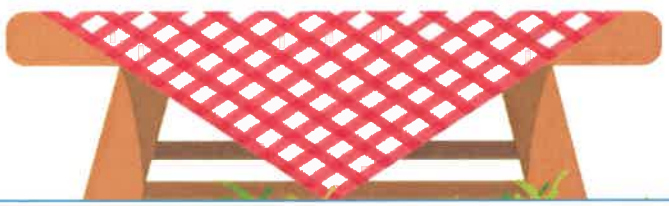
Picnic in the Park

SATURDAY APRIL 5TH
11:00 AM-2:00 PM

SUNRISE PARK
1135 RIVERSIDE DR, HOLLY HILL

FREE COOKOUT
Please bring a covered side dish or dessert

Fun For The Family!



THE FOUNDERS DINNER

When: Saturday, June 21st
@5pm- Doors open at 4!

Where: Cherry Cultural Center
925 W George Engram Blvd
Daytona Beach Fl

TICKETS $20 AVAILABLE AT VCIG OR YOUR LOCAL INTERGROUP REP

Speaker, dinner, and 50/50 raffle...
Bring a dessert to share! See you there!

Dr. Bob

Bill W.