HIGH 'N DRY

Districts 8, 19, 20, 21 and 32

Volusia County Intergroup Services

September 2024

Coastal Centre
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930, email: admin@aadaytona.org/
Volusia County Intergroup Services Website: **http:/aadaytona.org**

A.A.'s Responsibility Statement: *I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

How Does Your Intergroup Work?

Steering Committee Elections

In the July 2024 issue of the High 'N Dry, Intergroup Chairperson Tom L. explained the role of Volusia County Intergroup Services for the Alcoholics Anonymous groups throughout our county. Many AA members are unaware that Intergroup has a set of bylaws (available on the website at **aadaytona.org**) that guide the Intergroup Representatives (IGR's) from each AA group and the Steering Committee established by the IGR's.

Each year, the IGR's hold elections for the Steering Committee, in accordance with the bylaws.

From ***Article II: Section 3: Nominations and elections***
...c. Candidates should have a minimum of 2 years continuous sobriety when nominated.

Section 4: Voting
Incumbent IGRs, or their alternates, are eligible to vote in the election of the Steering Committee. In their absence, another group officer may cast one vote. This allows one vote for each group. All Steering Committee members have voting rights. All votes are to be cast by written ballot. Before a vote is taken it shall be the duty of the Chair to appoint two or more tellers to oversee that the ballots are properly executed and tallied. When there are more than two candidates for any one position and none receives a majority of the vote, the two receiving the most votes on the first ballot shall be listed on a second ballot to determine the winner. Defeated candidates may stand for another office.
To keep more experienced people on the Steering Committee, the election of officers is divided into odd and even years as follows, adhering to the same nominating procedure as previously stated.
d. The Chair, Vice Chair, Treasurer and one Trustee will be elected and installed at the October Reps meeting of even years. The outgoing Chair may, if willing, fill the vacancy of Trustee, subject to majority vote of the Reps. If he/she chooses not to take the position others may stand for election.
e. The Secretary and two Trustees will be elected and Installed at the October Reps meeting of odd years.

Since 2024 is an even year, the Chair, Vice Chair, Treasurer and one Trustee are up for election. Any interested members can contact their groups' IGR or the Intergroup office. Consult with the Intergroup Bylaws for more information about the roles and responsibilities for each position. Elections are scheduled for the September IGR meeting on September 19th, 2024 at 6:30 pm.

Highlights in this issue

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Archives Story

Thanks to our Intergroup Archivist Jim B for providing this article from the archives.

Grit

Grit
That clogs the wheels of machinery,
Fine sand
That stops many a tank in the desert,
Dirt
That chokes and slows and hinders.

Oil
That makes a fine spinning of wheels,
Grease
That smoothes the flow of iron parts,
Lubricants
That make all industry hum.

Gossip
That sours human relationships
Criticism
That dissipates men's ambitious dreams,
Derision
That clogs and chokes all honest effort.

Praise
That speeds the worker in his task,
Encouragement
That helps the hidden genius blossom forth,
Tact
That makes things easier for all mankind.

Which are you?
A tiny pile of sand
That slows the working of the world,
Or a drop of oil
That speeds it to its destiny?

by Richmond W.

164 and More

Locate passages in the Big Book and the 12&12 easily and with complete accuracy!

This search engine finds every time a particular word is used in the Big Book and Twelve Steps & Twelve Traditions. It's a great way to find passages when you know a few key words from the passage you're looking for but you can't remember what page the quote is on.

Simple steps:

1. Go to the website: **164andmore.com**

2. Write down as much as you can recall of the text you're looking for. Example:
"Every day is a day when we must carry the vision of . . . . "

3. Now we guess at the rarest of its different words (in italics):
Every day is a ***day*** when we must ***carry*** the ***vision*** of . . . .
(Common words such as "the" or "must" are found in too many sentences in the literature, so we wouldn't search for them)

4. If we search for our "rare" words we would find the number of hits in parentheses
Every **(133)** day is a ***day*** **(111)** when we must ***carry*** **(42)** the ***vision*** **(4)** of . . . .
"Every" and "day" show up over 100 times in the AA literature, so they're not rare

5. So, you search for "vision" and it gives your four passages containing that word, one of which is the one you want (the computer will also give the entire sentence that contains your fragment):

"Every day is a day when we must carry the vision of God's will into all our activities" page 85, Big Book.

Thanks to Pete H.

Where can AA groups send their contributions?

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

When sending a donation check, please be sure your group's name is noted.

Monthly District meetings

District 8: Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Wednesday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City

District 20: 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.

District 21: 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach

District 32: 1st Monday, Zoom only, 6 pm Meeting ID: 868 3466 0731

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

Step IX

Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition IX

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept IX

Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

NEW MEETINGS

Free To Be ...Early
5:30 pm Monday to Sunday
(Monday is Men's Meeting)
320 Harvey Ave #1
Daytona Beach, FL

Dr. Bob's Mob
7:00 pm Tuesday
Deltona United Church of Christ
1649 Providence Blvd.
Deltona, FL

NEW LOCATION!

Women's Weekend Meeting
10:30 am Saturday
New Covenant Baptist Church
1350 S. Blue Lake Ave.
DeLand, FL

MEETINGS NEED SUPPORT

Women's New Beginnings
6:30 pm Mondays
Grace Episcopal Church
4110 S Ridgewood Ave
Port Orange, FL
Beginners Welcome

Came to Believe
5:30 pm Thursday
Alcoholics & God
1060 Industrial Dr. Suite P
Orange City, FL

Back to Basics
8:00 pm Thursdays
Church of the Holy Presence
355 N Kepler Rd.
DeLand, FL

Mostly SEPTEMBER ANNIVERSARIES

NAME	YR	DATE
5:30 Group		
John S	44	9/24/1980
Joy G	25	9/5/1999
Eric M	25	9/17/1999
Rich R	3	9/8/2021
Mike J	3	9/14/2021
Rob A	3	9/18/2021
Carol D	2	9/30/2022
John P	1	9/3/2023
Happy Belated Anniversary		
Patsy J	39	8/5/1985
Dean W	13	8/21/2010
Dawn	4	8/4/2020
Brian W	3	8/10/2021
Bill R	3	8/15/2021
Alcoholics and God		
George E	14	9/11/2010
Austin S	13	9/11/2011
Myra J	10	9/19/2014
Patrick M	8	9/5/2016
Marshall Z	6	9/4/2018
Bill W	3	9/15/2021
Chrissy D	2	9/18/2022
Paul M	2	9/20/2022
Back to Basic		
Bob C	40	9/17/1984
Butch	36	9/24/1988
Happy Belated Anniversary		
Jon F	2	8/1/2022
Beachside-NSB		
Jeff H	35	9/22/1989
George D	29	9/25/1995
Carol B	7	9/4/2017
Central Facts		
Matt W	19	9/5/2005
Happy Belated Anniversary		
Troy P	29	8/25/1995
Brett C	4	8/29/2020
Choice Is Yours		
Peter F	37	9/9/1985
Deltona Men's Group		
Dave R.	4	9/26/2020
Mike E.	3	9/10/2021
Donut Group		
Randy S	12	9/29/2012
Bill J	2	9/11/2022
Kris B	1	9/27/2023
Chelsea B	1	9/14/2023
Happy Belated Anniversary		
Jessica H	1	8/25/2023
Driveway Meeting		
Tracy L	29	9/29/1995
Cathy S	28	9/16/1996
Pam R	12	9/24/2012

NAME	YR	DATE
Early Ducks		
Tela T	43	9/16/1981
Christine VR	42	9/17/1982
Tank B	40	9/18/1984
Bill H	36	9/7/1988
Debbie R	31	9/17/1993
Cathy ST	28	9/16/1996
Pete H	27	9/7/1997
Scott C	15	9/27/2009
Jim E	12	9/4/2012
Scott S	7	9/22/2017
Jim B	6	9/3/2018
Russ M	2	9/1/2022
Four Townes		
John B	48	9/10/1976
Terry T	46	9/8/1978
Michael C	42	9/13/1982
Scott D	1	9/19/2023
Friday Noon Men's		
Terry T	45	9/8/1978
Bob C	39	8/26/1985
Grateful Group		
Richie B	41	9/1/1983
Had Enough		
Randy Z	31	9/26/1993
Happy Hour Daytona		
Alvis	15	9/3/2009
Rachel B	6	9/10/2018
Michelle M	3	9/28/2021
Sherry	2	9/2/2022
Sheri	2	9/21/2022
Line by Line		
Boston Brian	36	9/10/1988
Bambi H	24	9/20/2000
Erin T	15	9/30/2009
Hour of Power		
Joe S	35	9/12/1989
Lee B	33	9/15/1991
Randy S	12	9/29/2012
Chris E	6	9/15/2018
Dave P	5	9/8/2019
Amber H	4	9/5/2020
Colleen S	2	9/7/2022
Lest We Forget		
Karen F	39	9/30/1985
Darryl B	33	9/1/1991
Maria L	5	9/20/2019
Happy Belated Anniversary		
Theresa S	37	8/23/1987
Margo D	37	8/27/1987
Mackenzie W	11	8/21/2013
Joan H	3	8/20/2021
Troylee R	2	8/24/2022

Mostly SEPTEMBER ANNIVERSARIES

NAME	YR	DATE
Lifesavers		
David L	41	9/7/1983
Ed H	40	9/9/1984
Glenn S	26	9/28/1998
Never Had It So Good		
Charlie N	34	9/30/1990
Rachel B	6	9/10/2018
Denis P	6	9/7/2018
New Dawn Group		
Nanette L	35	9/28/1989
Blair	21	9/28/2003
June L	7	9/12/2017
Nick P	1	9/4/2023
New Smyrna Beach Group		
Pam P	9	9/20/2015
Open to Change		
James H	2	9/2/2022
Robin B	2	9/3/2022
Ormond Beach Group		
Jim S	31	9/3/1993
Jim F	18	9/1/2006
Pass It On		
John F	24	9/6/2000
Andrea	3	9/28/2021
Riverbridge		
Jane T	43	9/3/1981
Jim B	31	9/24/1993
Road to Recovery Osteen		
John B	48	9/10/1976
George E	14	9/11/2010
Sand and Sea		
Jonathan C	19	9/8/2005
Randy	12	9/29/2012
Tracie A	11	9/6/2013
Denis P	6	9/7/2018
Robert A	3	9/18/2021
Becky M	2	9/27/2022
Brie	2	9/30/2022
Michelle C	1	9/5/2023
David F	1	9/7/2023
Saturday Women's		
Katie M	31	9/18/1993
Flora W	8	9/27/2016
Sisters In Sobriety OB		
Kelly	36	9/12/1988
Cathy St	28	9/16/1996
Steps in Slow Motion		
John B	48	9/10/1976
Happy Belated Anniversary		
Kathy M	13	8/11/2011
Christina K	8	6/10/2016

NAME	YR	DATE
Sunrise Group Deland		
Patrick M	8	9/5/2016
Happy Belated Anniversary		
Sue G	11	8/11/2013
Tomoka Group Beachside		
Dave T	26	9/19/1998
Dean K	13	9/11/2011
Cori	2	9/18/2022
Way of Life		
T.J. O	45	9/27/1979
Nanette L	35	9/28/1989
Barry H	5	9/19/2019
Jeffrey O	3	9/21/2021
Eric P	1	9/3/2023
Robert D	1	9/20/2023
Stephen B	1	9/25/2023
We Are Alive		
Doug A	11	9/22/2013
Pam	10	9/10/2014
Debbie P	5	9/5/2019
Shane H	4	9/10/2020
Wednesday Women's		
Diane G	38	9/23/1986
Sue H	29	9/28/1995
Women's Book Study		
Cindy L	17	9/12/2007
Hallie G	2	9/4/2022
Sheri C	2	9/21/2022
YOLO		
Tim M	34	9/18/1990
Tim S	34	9/18/1990
Joan L	19	9/3/2005
Brian P	13	9/5/2011
Billy the Kid	10	9/26/2014
Rolando	4	9/3/2020
Matt D	3	9/6/2021
James M	2	9/2/2022
Mark K	2	9/2/2022
Chris B	1	9/27/2023
Young At Heart		
Daniel B	5	9/20/2019
Derek B	1	9/2/2023
Drew	1	9/29/2023
Happy Belated Anniversary		
Dan C	46	8/21/1978
Tammy D	23	8/9/2001
Chris H	15	8/8/2009
Frank	4	8/12/2020
Larry D	3	8/22/2021
Anthony	2	8/28/2022
Angela	1	8/25/2023
Johnny B	1	8/27/2023
Tracy	1	8/1/2023
Justin C	1	8/26/2023

Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month
Central Baptist Church, 142 Fairview Ave; Daytona Beach, FL

Steering Committee Meetings: 6:30 pm, 2nd Thursday each month
1635 S. Ridgewood Ave; South Daytona, FL

Special thanks to the following for the contributions:

Group contributions

Open to Change
Sea and Sand
Central Fact
Tomoka Beachside
Lest We Forget
Four Townes Noon Group
Happy Hour
Wednesday Women's
YOLO
Hour of Power
New Hope
Steering Committee
Noon Group
Lifesavers
Sunrise Group
Basic Text

TOTAL JUNE DONATIONS
$3,767.24

Intergroup Representatives (IGR) attending July IGR Meeting:

Central Fact
Donut Group
Good Day Group
Deltona Men's Group
Saturday Night Beginners
Four Townes Noon Group
Lest We Forget
High Noon
Life Savers
New Smyrna Beach Group
Alcoholics & God
Had Enough
Riverbridge Group
Tomoka Beachside
New Dawn
Women's Book Study
Road to Recovery

Volusia County Intergroup Office

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book Covers, Cards, Jewelry.

**** Credit cards accepted ****

If you are interested in service work, please contact our Office Coordinator, Debbie

Email: admin@aadaytona.org
Phone: (386) 756-2930

Committees, Coordinators, and Volusia County Intergroup updates

Office Coordinator: Intergroup had 147 visits and 74 calls. .

High 'n Dry Editor: If interested in submitting an article, please email us at ***editor@aadaytona.org***

Please submit any group members anniversaries by the 15the each month to guarantee they will be in the next High 'N Dry.

UPCOMING EVENTS

The Program of Recovery as presented in
The Big Book of Alcoholics Anonymous
Twelve weeks starting
Monday September 9, 2024 7:00-9:00 pm

Bring your Big Books, Twelve and Twelve and pens.

Alcoholics & God
1060 E Industrial Dr Suite P; Orange City, FL

District 19 GRATITUDE DINNER Volunteers
Forming Committees
SEPTEMBER 4th, 7:00 PM
Where: Orange Tree Village Clubhouse
880 Navel Orange Dr.; Orange City, FL

Call Lee M. 386-668-6530 or
Deb T. 954-708-9549 for the gate code.

EASY DOES IT CLUB

ANNUAL PICNIC

9/14/2024 Noon-4pm

Sanchez Park

329 Sanchez Ave, Ormond Beach, FL 32174

Hotdogs ~ Burgers ~ Summer Salads ~ Drinks

Fellowship ~ Raffles ~ Music ~ Fun

~Bring a Dish or Dessert if you Wish!~

Bring a friend & bring a chair.

Come enjoy some good food,

fellowship & fresh air!

VANCOUVER 2025

90 YEARS AÑOS ANS

Language of the Heart
Lenguaje del corazón
Le langage du cœur

Registration Opens
September 10, 2024 (Noon EDT)
www.aa.org/international-convention

District 21 & PI/CPC Presents

WE ARE ANONYMOUS, NOT INVISIBLE

HOW TO CARRY THE MESSAGE INTO YOUR COMMUNITY

SATURDAY, SEPTEMBER 21, 2024

11 AM - 1:30 PM

301 MAIN TRAILS,
ORMOND BEACH, FL

LUNCH WILL BE PROVIDED & 50/50 RAFFLE

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

Area 14 & District 19
Sponsored
Corrections Service
Workshop

Saturday, September 7th
12-3 PM
Emmaus Lutheran Church
2500 S. Volusia avenue
Orange City, FL

Speaker Panel with Q&A

Come learn how YOU can carry the message of sobriety to your local corrections institutions

Lunch will be provided

The return of the "wicked pissah"

AA COMMITMENT MEETINGS in Volusia County?

(This article is a re-print from a previous High 'N Dry)

Greetings ... I am Scott M. and I am proposing to start "AA Commitment Meetings" in Volusia County, if there is any interest.

What is an AA Commitment Meeting? An AA Commitment meeting is where one AA Homegroup (Group A) and several of its members (2-6) from that group, meet and travel together by carpool to another participating AA homegroup (Group B) at one of their regularly scheduled meetings.

The Group B Meeting Chair starts their meeting as they normally do (prayers, readings, announcements, chips etc) then Welcomes in Group A, and turns the meeting over to Group A, to have an "AA Commitment Meeting". Group A will have a Chair, who then explains their Homegroup meeting and schedule, then introduces the other 2-4 members who are there, who then share their ES&H (usually 5-8 minutes each). Then they turn the meeting back to the Group B Chair, who closes the meeting as they normally do (announcements, chips, prayer, etc).

This type of AA meeting has been going on for decades in the New England and northeast areas. They are sometimes known as "Exchange Meetings".

The proposed goal here in Volusia County is to help AA Members get to know other members from other homegroups. Ironically it turns out that the experience told to me and from what I have experienced myself, is that Homegroup members when travelling together to and from these meetings, get to know each other better (true fellowshipping), and usually meet before or after the meeting at a local coffee shop or restaurant.

How does it work? Each group has a "Bookie". The participating bookies meet together, either physically, by phone conference or by zoom to coordinate the Commitment schedule for each group for the upcoming months.

I am proposing for Volusia County, that any group interested in trying this new format would designate only one of their Homegroup meetings a month, for this type of meeting. That would be their "Incoming Commitment" Meeting. That group would also be committing to one "Outgoing Commitment" meeting a month, based on the AA Bookie approved schedule. Obviously, this would require Group Conscience decisions for all groups involved.

At this time, I am just looking to see if your Homegroup might be interested in participating. I would be more than happy to meet and present this in person at your District or any Homegroup Meeting.

Please contact the Volusia County Intergroup (VCI) at 386-756-2931 if you have any questions.
VCI – 1635 South Ridgewood, Unit 107, South Daytona, FL 32119.

Thanks, Scott M.