HIGH 'N DRY

Districts 8, 19, 20, 21 and 32

July 2024

Volusia County Intergroup Services

Coastal Centre
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930, email: ***admin@aadaytona.org/***
Volusia County Intergroup Services Website: http:/aadaytona.org

A.A.'s® Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.

Traditions Checklist from The AA Grapevine

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion. Practice These Principles….

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I still try to boss things in AA?. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

***Highlights* in this issue**

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Archives Story - Here is a story "AA IN WASHINGTON" from July 2005 HIGH 'n Dry
(edited only for space. My guess is someone from The Washington area wrote this story)

Virtually anyone in a 12-step program can appreciate what happened when Bill W., believing that he could beat his alcohol problem by helping another alcoholic stay sober, went to work on a physician who had been hospitalized for alcohol-related disorders. A month later, on June 10, 1935, the physician, Dr. Bob, took his last drink and a miraculous fellowship was formed.

Among those who followed their footsteps were three pioneers from the Washington D.C. area – John Henry Fitzhugh Mayo, who helped start the first AA meeting in D.C. in 1939 and later took AA to Richmond, Virginia; James M. Burwell, who helped establish AA in Baltimore and later in Philadelphia; and Jim Scott, a Howard University graduate and African American Physician, who started the first AA meeting for black people in the District in April 1945.

"When AA started, the city was racially segregated, and blacks were not welcome in AA," said a member of the archives project of the Washington Area Intergroup Association, an information clearinghouse for AA in Washington. "Some of the groups eventually decided to let them come in but not stay for the social part after the meetings."

Black or white, most alcoholics were viewed as dirty, angry, hopeless, ungrateful and untreatable. In 1935, the Census Bureau reported that the District of Columbia had the second-highest death rate due to alcoholism in the United States. The Washington Star reported that the District ranked first in the nation in per capita consumption of alcoholic beverages. A 1993 report by the AA archives project noted of the era before AA: "One distinguished Washingtonian had been arrested over 250 times and had served 197 sentences for drunkenness. Several others could count well over 100 each. The numbers showed that throwing alcoholics into drunk-tanks – even a great many times – did not solve the problem." But Alcoholics Anonymous could – and did.

Mayo, Burwell, Scott and others went about the 12-step work with evangelical fervor, scouring the streets of the city and outlying areas in search of drunks to help. "Fitz and Jim would actually bring drunks home off the streets to help them get sober," a member of AA who knew both men recalled.

The Group that Burwell helped start in Philadelphia was the subject of an article on AA written in 1941 by Jack Alexander for the Saturday Evening Post. The story, which told of the humility and service of newly sober AA members, created a surge of interest in the fellowship around the world.

Scott, with the help of a White AA member known as Charlie G., started the Washington Colored Group, which later changed its name to the Cosmopolitan Group to indicate all alcoholics are welcomed, regardless of race. Scott went on to help start AA groups for blacks in Georgia and other parts of the South.

Mayo and Burwell helped Wilson write "Alcoholics Anonymous", commonly referred to in AA as "the Big Book," first published in 1939. Their personal stories of recovery from alcoholism, along with Scott's, are recounted in it – anonymously, of course. But which story is which is well known. Mayo's is titled "Our Southern Friend"; Burwell's "The Vicious Cycle"; and Scott's, "Jim's Story".
The Washington group grew from six in 1939 to 70 in 1941 to 70, and 600 in 1944. Today [2005] there are more than 1800 AA meetings in the Washington area. Archivist Jim B.

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

Meeting Info

Monthly District meetings

District 8: Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach
District 19: 4th Thursday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City
District 20: 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.
District 21: 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach
District 32:1st Monday of month 6:30pm Grace Beachside Lutheran Church 338 Oceanshore Blvd, Ormond Beach, FL Contact: Katmil441@aol.com

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

Step VII

"Humbly asked Him to remove our shortcomings"

Tradition VII

"Every A.A. group ought to be fully self-supporting, declining outside contributions"

Concept VII

"The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the AA purse for final effectiveness"

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NEW MEETING

Line by Line
6:00 PM - Sunday
100 East Granda Blvd
Ormond Beach, FL

MEETING - TIME CHANGE

Ormond Beach Group
***** NEW TIME *****
7:30 PM - Tuesday
St James Church
44 South Halifax, Ormond Beach

Road to Recovery
***** NEW TIME *****
5:30 PM - Monday
179 Carpenter Ave
Osteen, FL

MEETING - NEW LOCATION

Line by Line
***** MOVED *****
7:00 PM – Monday
Lady of Lourdes
1014 North Halifax, Daytona

MEETING - NEEDS SUPPORT

Women's New Beginnings
6:30 PM - Monday
Grace Episcopal Church
4110 South Ridgewood Ave
Port Orange, FL

July Anniversaries

NAME	YR	DATE
5:30 Group Rebos		
Tom K	39	7/1/1985
David M	36	7/4/1988
Kenneth F	19	7/4/2005
Steven F	14	7/7/2010
David S	13	7/11/2011
Mark M	6	7/18/2018
John L	5	7/20/2019
Chris J	3	7/20/2021
Alcoholics and God		
Kathy T	20	7/8/2004
Craig U	13	7/23/2011
Heather F	1	7/30/2023
Aloha		
Paula W	28	7/27/1996
Back to Basic		
Jenelle R	42	7/12/1982
Dale B	36	7/21/1987
Tom S	8	7/17/2015
Beachside-NSB		
Rick S	4	7/7/2020
Central Fact		
Tina P	35	7/5/1989
Choice Is Yours		
Mark B	39	7/18/1985
Liz G	38	7/27/1986
Donna F	30	7/8/1994
May E	23	7/30/2001
Rick W	22	7/10/2002
Liz	17	7/1/2007
Marianne W	14	7/30/2010
Deltona Men's Group		
George C	37	7/1/1987
Al F	14	7/26/2010
Ryan E	10	7/3/2014
Tom S	9	7/17/2015
Michael M	8	7/15/2016
Brad I	1	7/1/2023
Donut Group		
Lisa M	33	7/18/1991
Cassie G	11	7/6/2013
Dennis I	11	7/28/2013
Derek H	3	7/25/2021
Driveway Meeting		
Beth	7	7/12/2017
Olga	4	7/18/2020
Samantha	2	7/28/2022
Shana	1	7/6/2023

NAME	YR	DATE
Four Townes		
Linda D	43	7/13/1981
Dan W	30	7/5/1994
Dottie G	27	7/7/1997
Ana J	18	7/15/2006
Jessi C	2	7/3/2022
Good Day Group		
Jarret H.P	1	7/8/2023
David S	1	7/4/2023
Had Enough		
Jodie	1	7/13/2023
Happy Belated Anniversary		
Peg	33	6/21/1991
Meg	12	6/10/2012
Happy Hour Daytona		
Jennifer Y	8	7/21/2016
Andrew B	5	7/23/2019
Daniel C	3	7/17/2021
Mike C	2	7/11/2022
Shane P	1	7/7/2023
Kim B	1	7/15/2023
Hour of Power		
Bettina F	35	7/6/1889
Dan M	24	7/3/2000
Bob W	10	7/7/2014
Gerry C	8	7/16/2016
Warren P	8	7/22/2016
Julia C	5	7/19/2019
Ian D	4	7/23/2020
Sam S	4	7/31/2020
Ralphie	2	7/4/2022
Lifesavers		
Andrea B	39	7/23/1985

Steering Committee Volunteers Needed

- ~~High N' Dry Editor~~
- Secretary
- Treasurer

** Contact Intergroup if interested **
Phone: (386) 756-2930

July Anniversaries

NAME	YR	DATE
Line By Line		
Olga B	4	7/18/2020
James S	3	7/9/2021
Catie C	2	7/25/2022
Never Had It So Good		
Bittina F	35	7/6/1989
Mary E	23	7/31/2001
Dennis	11	7/28/2013
Rick S	4	7/5/2020
New Dawn Group		
Karen J	41	7/12/1983
Bettina B	35	7/6/1989
Rob Z	28	7/31/1996
Kathy Mc	12	7/16/2012
Chris B	6	7/8/2018
Shunda G	6	7/15/2018
Rick S	4	7/5/2020
New Smyrna Beach Group		
Heath J	23	7/17/2001
Lisa S	1	7/27/2023
Ormand Beach Group		
Doug S	7	7/16/2017
Pass It On		
Bruce B	36	7/11/1988
Road to Recovery DB		
Wally/Howie	4	7/12/2020
Road to Recovery Osteen		
JD M	10	7/12/2014
Sand and Sea		
James R	27	7/8/1997
Ned	9	7/9/2015
Jen Y	8	7/21/2016
Chris C	4	7/21/2020
Andrew S	3	7/17/2021
Diana F	3	7/6/2021
Nadia C	2	7/30/2022
Tracy K	1	7/9/2023
Drew C	1	7/16/2023
Lisa A	1	7/1/2023
Steps for Life		
Sandy M	2	7/29/2022
Steps in Slow Motion		
Kim D	14	7/28/2010
Sunrise Group Deland		
George C	37	7/17/1987
Liz C	34	7/4/1990
Joe B	19	7/15/2005
Craig	13	7/23/2011
Daniel H	2	7/27/2022
Mike R	2	7/1/2022
Jason B	1	7/23/2023

NAME	YR	DATE
Sunrise Group Holly Hill		
Jim N	32	7/2/1992
Bob M	30	7/24/1994
Tomoka Group Beachside		
Bill P	48	7/1/1976
Chris B	38	7/21/1986
David L	28	7/15/1996
Way of Life		
Andrew B	5	7/23/2019
Michael D	2	7/5/2022
Mike H	1	7/24/2023
Jim R	1	7/28/2023
Perry L	1	7/11/2023
Billy M	1	7/4/2023
We Are Alive		
Andrea B	39	7/23/1985
John L	24	7/19/2000
Heath J	23	7/18/2001
Kathy R	17	7/17/2007
Noel B	6	7/4/2018
Rick S	4	7/5/2020
Andrew O	3	7/4/2021
Noah B	3	7/17/2021
Women's New Beginnings		
Diane T	36	7/14/1988
Carole B	33	7/12/1991
Susan S	30	7/26/1994
Rita W	17	7/10/2007
Wednesday Women's		
Mary B	22	7/1/2002
Linda P	3	7/10/2021
Women's Book Study		
Britt M	2	7/5/2022
YOLO		
Cassandra	11	7/6/2013
Melissa R	3	7/6/2021

1,725 Years of Sobriety in July 2024

Congratulations!!!

Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).
Steering Committee Meetings: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.

Special thanks to the following contributions:

Group Contributions

District 20	Acceptance is the Answer
Lest We Forget	Any Lengths
Holly Hill Big Book	Basic Text Group
Intergroup	Riverbridge
Miracles Do Happen	Steps in Slow Motion
Sand and Sea Group	Sunday Night Recovery
Steering Committee	Thursday Night Big Book
IGR Meeting	Yolo

TOTAL MAY DONATIONS
$2,8148.93

Volusia County Intergroup Office

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book Covers, Cards, Jewelry.

*** Credit cards accepted ***
If you are interested in service work, please contact our Office Coordinator, Debbie

Email: admin@aadaytona.org
Phone: (386) 756-2930

Intergroup Representatives (IGR) attending May Meeting:

Port Orange
New Dawn
Women;s Book Study

New Smyrna Beach
Lifesavers
High Noon
Hour of Power
NSB Group

Ormond Beach
Riverbridge Group
How It Works
Insane Today
Message in a Bottle
Sister's in Sobriety
Tomoka Group Beachside
Had Enough

Holly Hill
Lest We Forget

Deland
Deland Big Book Study

Orange City
Alcoholics and God

Daytona Beach
Central Fact
Good Day Group
Happy Hour
YOLO
Wednesday Women's

Edgewater
5:30 Group
Ladies Tuesday Night

When sending a donation check, please be sure your group's name is noted.

Committees, Coordinators, and Volusia County Intergroup updates

Office Coordinator: 49 calls and 158 visits.

Website Administrator: I will be stepping down as webmaster at the end of this month. Joe K., who's email is CC'd here, will be taking over as the webmaster again. I am still the Website Designer, and I will still be available to help Joe and Intergroup if there's any major issues. I want to thank everyone for allowing me to serve these past 5 + years. It's been a blessing!!!

Archives Report: Preparing for the August State Convention VCIG display and history talk.

High 'n Dry Editors: If interested in submitting an article, please email us at ***editor@aadaytona.org***

Upcoming Events & Announcements

North Florida Area Conference

Area 14 Assembly

Post-Agenda Workshop

July 20, 2024, at The Almous Club 1:15pm to 3:30pm

569 Foote Ct. Daytona Beach, 32114

(The Almous Club)

This Workshop is intended to be an informative platform where our Area 14 Delegate, Mary, will be afforded an opportunity to allow GSR's and Area group members to receive information regarding the outcome of North Florida Conference and presented to the GSO Assembly in New York.

The Areas Conference Votes, Proposals, as presented in The New York GSO Assembly will be discussed. Any questions can be presented on proposed topics and will be clarified with the latest updates.

This workshop is open to all that wish to attend, we strongly encourage all GSR's and those members holding service positions to attend.

Food and drinks will be provided during the workshop. Area groups are encouraged to donate snacks & or desserts for this workshop.

SO LONG AND FAREWELL

It's been fun for us being the High 'N Dry Editor and Co Editor. We have gotten to meet a lot of nice people and read a lot of stories. Thank you everyone that submitted stories to us. It's time to pass the keyboard on to a new High N' Dry Editor. We will let them introduce themselves next month.

Jamie and Debbie

Steering Committee Volunteers Needed

- ~~High N' Dry Editor~~
- Secretary
- Treasurer

**** Contact Intergroup if interested ****
Phone: (386) 756-2930

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

Changing People Places and Things

I was new to AA and I was excited and apprehensive at the same time. I was excited about learning what was wrong with me. That, I was just an alcoholic. I was also wondering how all of this AA stuff was going to play out, especially with all of the problems that I was facing. The one thing I did believe in was my new AA friends. For some reason when I heard them share at the meetings as well as after the meetings believed what they were saying. It was a group of people that were in this fellowship like non other I had previously experienced. These people were actually willing to help me and not expect anything in return. With their help love and guidance my life started to turn around. This was new to me. All of my life I thought nobody did anything for free and I certainly didn't want any help because I didn't want to owe you. I know for some of you, you know what I mean. However, this was totally different. I was told it helped them to help me. In time I would understand that statement.

My sponsor suggested that if I wanted any change I would have to change the people I ran with the places I hung out at and the things I did. That's where the AA fellowship came in. I started doing what you were doing. You have, over time taught me how to be accountable and responsible for my thoughts and my actions. I still may not be able to control my first thought but I can certainly control my second thought to do the next right thing. I kinda became an adult in that sense. So, getting around to a paradox, I learned that I couldn't change people, places and things if I had any chance of changing my life! What a great lesson. I didn't need to worry anymore about the things I couldn't control/

You know throughout this great life changing spiritual journey, that I'm still on over forty continuous years of sobriety I am not the person I once was. However, I am still the same only a better version. Today I'm happy joyous and free by the grace of God the fellowship of AA and our wonderful Twelve Step Program. It truly is a design for living.

Anonymous

Intergroup is not AA?

Each group has but one primary purpose- to carry its message to the alcoholic who still suffers.

I recently heard it said, with an air of authority, that "Intergroup is not A.A.", (a somewhat odd claim, as far as claims go); however, that opinion does share some similar traits with other more common misconceptions, such as an apparent lack of research, evidence, or logic. Each ignores or is unaware of A.A. guidelines and demonstrates little knowledge of Intergroup or A.A. World Services. Overall they tend to erode support for Intergroup in its main mission to assist the groups in pursuit of their primary purpose. The attributed Spenserian "contempt prior to investigation" quote seems relevant.

I suppose these ideas have existed since the founding of the first intergroup. Intergroups periodically publish "What Intergroup Does" articles in their newsletters to counter these fallacies. This is a reasonable strategy; however, it does not confront the underlying, unspoken attitudes that lead to these claims.

Most of us know what Intergroup does, yet few really know what intergroup is. The view that intergroup is somehow separate from the groups is in a sense accurate. Intergroup is not supposed to function *as* a group. It is a partnership of groups to provide services to the groups that they could not reasonably provide on their own.

Our groups do not serve intergroup. They are intergroup. The groups do not report to the steering committee. The steering committee reports to the groups. The steering committee is but trusted servants. Each of the groups, are represented by their IGRs who communicate their group's conscience to the steering committee and with each other and they report Intergroup's status back to the groups. The founding representatives were the original IGRs. It was they who elected the first steering committee members and all who follow, with the exception of the MALs who the districts send by invitation from the groups to serve as steering committee members.

I can't help but wonder how many of us might not have made it to AA if intergroups did not exist. We do hope that non supporting groups will join us, but there is no requirement that they do so in order to receive the benefits of intergroup services (the services that are provided by the groups who do).

In closing, I must state that this little causerie reflects my opinion only. It does not speak for A.A. If you believe I am misinformed, then please, read G.S.O's Intergroup Guidelines,[1] and then attend an IGR meeting, to correct my erroneous opinion.

Tom L - NSB