

# HIGH 'N DRY

Volusia County Intergroup Services



Districts 8, 19, 20, 21 and 32

**February 2024**

## Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930, email: [admin@aadaytona.org/](mailto:admin@aadaytona.org)

Volusia County Intergroup Services Website: <http://aadaytona.org>



### **A.A.'s® Responsibility Statement**

*"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."*

## **Responsibility of Sponsorship**

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible" Our primary purpose is to stay sober and help other alcoholics to "Achieve" sobriety. The principle for Step Twelve is service.

It took awhile to understand what was being said in those powerful statements. In my opinion sponsorship is one of the single most important acts of service. The first time a man came to me and ask if I would be his sponsor, I was so humbled and I immediately said yes not knowing what I was in for. I had a sponsor, but I was about to see things from a whole different view.

The words "to achieve sobriety" Doesn't mean give the man my phone number and then forget about him, leaving it up to him to make the first move. He was already made it by humbling himself and asking me to be his sponsor! If he doesn't call, will I call him? Sometimes he may just be afraid to pick up that fifty-pound phone. To what lengths will I go to give him the chance to succeed? "Or Achieve Sobriety" (which means to finish or complete, in my case a day at a time).

I don't want to belabor the issue, but I think folks get the point. Will I do everything in my power to help the still suffering alcoholic? All the while knowing that I can't get anyone sober or keep anyone from picking up. I just don't have that kind of power!

Sponsorship is a big undertaking and responsibility for the sponsor. Not only do I involve myself with the sponsee, but I also possibly end up talking to the family, employers, courts as well as other things that may come up. I never take sponsorship lightly. I remember how my sponsors early in my sobriety dealt with me. I was never told what to do just how they did it. I made up my own mind in the end. With their help though, I made better decisions.

If new to this aspect of service, there are plenty of pamphlets and other forms of information at the meetings and elsewhere. Plus, there's always the sponsor available for guidance. In closing, my experience in sponsorship has been one of the most humbling, spiritual, rewarding and exciting experiences I've had in sobriety. For me, there is something about the suffering alcoholic that makes it through the doors of A.A. full of despair, fear, uncertainty of what's going to happen next and with no answers to any of the problems their facing. Then watching them over time, the miracle happens. Anyone in A.A. who has had it themselves knows. What a life changing event! So, today with Gods help I will help a suffering alcoholic to "Achieve Sobriety."

Anonymous

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# Archives Monthly Article

## Twenty-Four Hours a Day: Excerpts from Archives article. September 2008

The Archives at Intergroup is the repository for papers which belonged to the family of Richmond W. after his death in 1965. He was a member of Alcoholics Anonymous in the Daytona Beach area and wrote the Twenty-Four Hours a Day book. He is the second most popular author in total book sales with only Bill W. outselling him. Rich W. also published a book For Drunks Only: One man's reaction to Alcoholics Anonymous (1945). He also developed a format for a beginner class called the "Monday night instruction class." The first week is an introduction to AA; the second week discusses changing our way of thinking and re-educating our minds; the third week concentrates on the spiritual basis of AA and putting AA to work" the fourth week encourages participants to enjoy the benefits of AA and pass AA on to others.

## **Excerpts from Archives article. January 2009**

### **More about the Rich Walker Papers**

This is a brief description of "A Study of the Twelve Steps."

- Step 1 – Membership requirements
- Step 2, 3, 11 – Spiritual Part
- Step 4, 5, 6, 7, 10 – Personal Inventory
- Step 8, 9 – Restitution
- Step 12 – Helping Others

### **There are essays in each section:**

- Surrender: reaching a low point and surrendering our lives to God.
- Our Wants Change in AA: From acquiring money, seeking pleasure recognition, security, and comfort to – being grateful for what we have and finding happiness, doing the right thing, finding humility, and doing something worthwhile with our lives.
- Changing Ourselves: By taking inventory and admitting the nature of our wrongs.
- The Inventory: The blocks which are keeping us from a new way of life.
- Resentment, Anger and Hate: Redirecting our emotions.
- Restitution: Making amends by living the AA way of life.

A special Thanks to Carolyn C. who wrote the original Archives stories and whom I had the pleasure of working with on Archives.

Jim B. Archivist

**GSO Contributions:**  
General Services Office  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

**Area 14 Contributions:**  
NFAC Treasurer  
PO Box 6301  
Jacksonville, FL 32205

**Intergroup Contributions:**  
Volusia County Intergroup  
Coastal Centre  
1635 S. Ridgewood, # 107  
South Daytona, FL 32119

# Meeting Info

## Monthly District meetings

**District 8:** Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach

**District 19:** 4th Thursday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City

**District 20:** 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.

**District 21:** 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach

**District 32:** 1st Monday of month 6:30pm Grace Beachside Lutheran Church 338 Oceanshore Blvd, Ormond Beach, FL Contact: Katmil441@aol.com

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

## **Step II**

*“Came to believe that a Power greater than ourselves could restore us to sanity.”*

## **Tradition II**

*“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”*

## **Concept II**

*The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs*

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## NEW MEETINGS

### Step Up

7:00 PM – Tuesdays  
Step Study  
217 E. Plymouth Ave, Deland FL

### First Things First

**\*\*\*STARTED JANUARY 1st\*\*\***  
6:00 AM – Monday to Friday  
Easy Does It Club  
266 N. Younger St, Ormond Beach

## MEETINGS NEED SUPPORT

### **Young People AA called VOLYPAA**

2:00 PM – Every Saturday  
Easy Does It Club  
266-A North Younger St.

### Precisely How

8:00 PM – Tuesday  
Almous Club  
589 Foote Court

### Noon Reflections

12:00 Noon - Everyday  
Rebos Club  
2325 S. Ridgewood Ave  
Edgewater, FL

## February Anniversaries

NAME	YR	DATE
<b><i>5:30 Group Rebos</i></b>		
Johnny B	17	2/7/2007
Adam T	17	2/9/2007
Amy D	11	2/10/2013
Mary B	1	2/20/2023
<b><i>Alcoholics and God</i></b>		
Chris F	16	2/12/2008
Jeff E	2	2/9/2022
Kenny A	1	2/6/2023
<b><i>Aloha</i></b>		
Katie W	3	2/11/2021
<b><i>Any Lengths</i></b>		
Will S	1	2/27/2023
<b><i>Back To Basics</i></b>		
John M	23	2/2/2001
<b><i>Choice Is Yours</i></b>		
Charlie D	45	2/6/1979
Drew W	4	2/23/2020
<b><i>Donut Group</i></b>		
Bob H	53	2/20/1971
Dianne G	38	2/5/1986
Brian H	34	2/13/1990
Louis S	20	2/3/2004
<b><i>Drive-Way Meeting</i></b>		
Connie	17	2/18/2007
Jenny B	16	2/9/2008
<b><i>Four Townes</i></b>		
Janet	43	2/18/1981
Rafael	27	2/22/1997
Lee M	10	2/7/2014
Scott A	8	2/28/2016
Mike T	4	2/17/2020
<b><i>Grateful Group</i></b>		
Sherry F	54	2/11/1970
Tina H	15	2/15/2009
<b><i>Had Enough</i></b>		
Valerie	32	2/29/1992
Rozzy R	26	2/21/1998
Amy K	17	2/28/2007
<b><i>Happy Hour Daytona</i></b>		
Tom G	35	2/12/1989
John B	27	2/7/2007
Tom H	14	2/6/2010
Eddie M	9	2/13/2015
Kevin C	5	2/14/2019
Walter	4	2/12/2020
Glenda S	4	2/25/2020
Sherry M	3	2/1/2021
Chris S	2	2/20/2022

NAME	YR	DATE
<b><i>High Noon</i></b>		
Johnny B	17	2/7/2007
Joy	10	2/26/2014
Craig P	3	2/10/2021
Rav	2	2/1/2022
<b><i>Hour of Power</i></b>		
Michael C	49	2/11/1975
George F	49	2/26/1975
Charlie D	41	2/9/1983
Tina S	18	2/6/2006
Amy M	18	2/22/2006
Ron S (Smitty)	14	2/21/2010
Scott W	13	2/25/2011
Melinda	7	2/1/2017
Irene T	4	2/21/2020
Craig P	3	2/10/2021
Andy W	2	2/7/2022
Krissy C	1	2/19/2023
<b><i>Lest We Forget</i></b>		
Laurie M	36	2/14/1988
Jenny B	16	2/9/2008
Angel H	1	2/8/2023
<b><i>Lifesavers</i></b>		
Ron A	40	2/1/1984
Joan G	39	2/10/1985
Daniel M	14	2/2/2010
<b><i>Line By Line</i></b>		
Devin S	2	2/21/2022
<b><i>New Dawn Group</i></b>		
Diana G	38	2/5/1986
Alan M	19	2/27/2005
Phil H	17	2/25/2007
<b><i>New Smyrna Beach Group</i></b>		
Mark L	1	2/18/2023

### **12 Step Love Poem**

*There's the wonderful love of a beautiful maid,  
 And the love of a staunch true man,  
 And the love of a baby that's unafraid -  
 All have existed since time began.  
 But the most wonderful love,  
 The Love of all loves,  
 Even greater than the love for Mother,  
 Is the infinite, tenderest, passionate love  
 Of one drunken bum for another.*

Anonymous



## February Anniversaries

NAME	YR	DATE
<b>Noon Group Deland</b>		
Jessica C	2	2/7/2022
<b>Noon Reflection Group</b>		
Duane B	34	1/10/1990
Bob K	19	1/5/2005
Mark	15	1/0/2009
Jackie W	8	1/15/2016
Matt K	7	2/6/2017
Irene T	3	2/21/2021
<b>Pass It On</b>		
Dave B	18	2/26/2006
Susan C	7	2/7/2017
<b>Riverbridge</b>		
Jim F	3	2/7/2021
<b>Road to Recovery DB</b>		
Truck C	34	2/12/1990
Kevin Z	3	2/3/2021
<b>Road to Recovery Osteen</b>		
John F	5	2/25/2019
<b>Sand and Sea</b>		
Letisha T	15	2/13/2009
Josh E	9	2/22/2015
Cynthia F	6	2/14/2018
Staci K	4	2/14/2020
Taylor T	2	2/27/2022
Tatiana R	1	2/12/2023
<b>Sobriety First</b>		
Marget P	1	2/0/2023
<b>Steps for Life</b>		
Rondi	37	2/13/1987
Bev J	18	2/20/2006
Lisa	7	2/25/2017
Melissa	4	2/26/2020
Stacy	1	2/16/2023
<b>Sunrise Group Deland</b>		
Frank M	30	2/1/1994
Amy K	11	2/28/2013
Tracy O	8	2/15/2016
Susan F	7	2/6/2017
Laura	3	2/12/2021
<b>Sunrise Group Deland</b>		
Amy K	17	2/28/2007

NAME	YR	DATE
<b>Way of Life</b>		
James M	41	2/28/1983
Dennis L	38	2/3/1986
Jeffery W	20	2/16/2004
Mary P	13	2/6/2011
Mari K	13	2/8/2011
David L	6	2/11/2018
Mark E	3	2/24/2021
Chuck B	3	2/23/2021
Gary S	2	2/18/2022
<b>We Are Alive</b>		
Mary R	23	2/14/2001
Brian P	14	2/22/2010
Abe R	7	2/1/2017
<b>Wednesday Women's</b>		
Julie S	3	2/24/2021
<b>Women's Book Study Group</b>		
Michelle C	21	2/20/2003
Glenda S	4	2/26/2020
Melissa R	4	2/26/2020
Cindy S	1	2/27/2023
<b>YOLO</b>		
Charlie D	45	2/6/1979
Connie H	17	2/18/2007
Matt C	8	2/2/2016
Gina L	2	2/2/2022
Devin S	2	2/21/2022

**1,710 Years of Sobriety in  
February 2024**



**HAPPY  
VALENTINE'S  
DAY ♡**

# Intergroup News and Meeting Schedule

**Volusia County Intergroup Representative's Meetings:** 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).  
**Steering Committee Meetings:** 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.




**Special thanks to the following for their contributions:**  
**Group contributions**

Acceptance Is the Answer	Four Townes Group
Yolo	Steering Committee
NSB Group	Back To Basics
Sunday Morning Sober	Lest We Forget
Basic Text	Holly Hill Book Study
Riverbridge Group	Attitude Adjustment
How It Works	Steps In Slow Motion

Anonymous - \$1,000 in memory of Bob White

**TOTAL DECEMBER DONATIONS**  
**\$2,589.45**



**Volusia County Intergroup Office**

Open:  
 Monday – Friday  
 9 am – 5 pm  
 Saturday 9 am – 1 pm  
 Anniversary Coins, Books, Book Covers, Cards, Jewelry.

**\*\* Credit cards accepted \*\***

If you are interested in service work, please contact our Office Coordinator, Debbie

Email: [admin@aadaytona.org](mailto:admin@aadaytona.org)  
 Phone: (386) 756-2930

## Intergroup Representatives (IGR) attending January



<b><u>Deland</u></b> Deland Big Book Study	<b><u>Orange City</u></b> Alcoholics and God
<b><u>Edgewater</u></b> A Believer's Choice Ladies Tuesday Night	<b><u>Ormond Beach</u></b> Had Enough Insane Today Message In A Bottle Riverbridge Group
<b><u>Daytona Beach</u></b> Good Day Group Road To Recovery The Driveway Tomoka Group Beachside YOLO	<b><u>Holly Hill</u></b> Lest We Forget
<b><u>New Smyrna Beach</u></b> Lifesavers High Noon Hour of Power	<b><u>Port Orange</u></b> New Dawn

**When sending a donation check, please be sure your group's name is noted.**

**Committees, Coordinators, and Volusia County Intergroup updates**

**Office Coordinator:** 49 calls and 139 visits. End of Year inventory completed.

**Website Administrator:** VCI Website Report 01.01.24 – Happy New Year everyone! I've updated all plugins, themes and security for the website. Steve O. has been performing the meeting and event updates, but he moved to Pittsburg, and we will need another assistant soon. The website had 5,743 page views this month. Thank you ~Hugh

**Archives Report:** On January 20, I will attend "Old Time AA" workshop in St. Petersburg, FL: a benefit for Dr. Bob's Home. On Feb 17<sup>th</sup>, I will attend 6<sup>th</sup> Florida Archives workshop in Winter Park, FL.

**High 'n Dry Editors:** If interested in submitting an article, please email us at [editor@aadaytona.org](mailto:editor@aadaytona.org)

# Upcoming Events & Announcements

**CAMPOUT - DOE LAKE, Umatilla, FL APRIL 5-7, 2024**



Friday & Saturday Dinner

Fishing

Kayaking

Saturday Breakfast

Meetings

Speakers

Fun 50/50



Price includes camping for the weekend or day, Friday and Saturday dinner, continental breakfast Saturday, welcome packet, and other fun activities!

Please fill out, detach, and send in with payment.  
Please make checks payable to "Unity Under the Stars Campout"

Name \_\_\_\_\_ Phone No. \_\_\_\_\_ email: \_\_\_\_\_

Overnight Registration fee: \$40.00 per adult- \$10 kids over 10 - children under 10 free  
How many overnight: Adults \_\_\_\_\_ Children (over 10) \_\_\_\_\_ Children (under 10) \_\_\_\_\_  
Total \$ \_\_\_\_\_

Saturday Day pass fee: \$15.00 per adult- children free (include children in registration)  
How many day: Adults \_\_\_\_\_ Children \_\_\_\_\_ Total \$ \_\_\_\_\_

T-shirts \$15 must be ordered by 3/1/23. There will not be any for sale at event.  
How many: Small \_\_\_\_\_ Med \_\_\_\_\_ LG \_\_\_\_\_ XLG \_\_\_\_\_ **XXL (\$37)** \_\_\_\_\_

Additional Scholarship Donation \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Register on line at <https://forms.gle/TZix1eJyN3ftvVo9>, or scan the QR code above.  
Reservation will not be held until payment is received.  
Payments can be sent to: Unity Under the Stars, 1689 Barrow St., Deltona, FL 32725  
Contact the UUTS committee at [d19unityunderthestars@gmail.com](mailto:d19unityunderthestars@gmail.com).

**Valentine's Day Pizza Party**



February 10<sup>th</sup>  
after the  
Noon Reflections Meeting

**\$6.00 Donation includes:  
Pizza, Salad, Beverage & Dessert**

**C'mon & Enjoy an afternoon of  
Fun & Fellowship**



**Volunteers Needed**

**Special Event Coordinator(s) - Multiple**

- (1) Coordinator for Each Event
- Notes from last year's event available to assist
  - o **Old Timer Dinner (Spring 2024) NEEDED ASAP!!!**
  - o Picnic 1 (TBD 2024)
  - o Picnic 2 (TBD 2024)
  - o Pasta Dinner (TBD 2024)

**Website Assistant (Backup)**

- Word Press Knowledge (not required)
- Remote (perform updates from home)

**\*\* Contact Intergroup Services Office – If interested\*\***  
**Phone: (386) 756-2930**

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at [editor@aadaytona.org](mailto:editor@aadaytona.org).

## **Interview with Bob B. - The H&I Committee and the “Pink Can”**

The following is an interview between Debbie W, and Bob B, whose service work on the Hospitals and Institutions (H&I) Committee involves carrying the message of Alcoholics Anonymous to other alcoholics who are confined in institutions. In addition, Bob explains the “Pink Can” and how donations are collected and used for H&I.

### **How did you get started with helping the H&I Committee?**

Tim D. wanted help putting a committee together six years ago, to carry the message into the jails and institutions.

### **Who and where is the H&I Committee helping?**

The H&I helps the Stuart Marchman Psych Ward, and Volusia County jails and homeless shelters.

### **What is the Pink Can used for?**

The Pink Can is for collecting donations from groups or individuals to buy books for the places that the H&I brings meetings. Each group can say how they want their donations spent. They can donate at the VCIG Office or spend the donations on their own as long as the funds are going to people incarcerated or in treatment facilities.

### **How much money is collected each month?**

In 2022 we took in an average of \$250 a month. In 2023, there was a decline in donations and down to an average of \$75 a month.

### **How many people are on the H&I Committee?**

There is a Chairperson, Secretary, Treasurer/Literature Coordinator, SMA Coordinator, Jail Coordinator, Correspondence Coordinator, and District 19 H&I Chair.

### **What are you buying with the donations collected?**

Most donations are spent on literature such as Big Books, Mini Reds, pamphlets, and bookmarks for the Pen Pal Program (Incarcerated inmates do not have access to any AA literature on their tablets). The Pen Pal Program started during covid to help bridge the gap when meetings couldn't be brought into the jails. This program helps them find temporary sponsors. Most donations are spent on the jails and when they are fully stocked, remaining funds are spent on detox and homeless facilities.

### **Can you bring books into the jails?**

We bring hundreds of books into the jails each year. Groups can identify where they want the funds donated or buy their own literature they want donated. If Groups want help in getting the literature taken to the jail, they just need to wrap it up, bring it to the VCIG Office, and mark it for where they specifically want it donated (no staples).

### **Does the committee bring meetings into the institutions and what does the H&I need?**

Yes, we carry the message into 16 different meetings across the institutions mentioned, and H&I needs more volunteers to carry meetings into these institutions.

### **What should people do if they have any questions about the H&I Committee?**

If you have questions, anyone is more than welcome to come to the Committee Meeting, the first Thursday of every month in the Conference room above the VCIG Office at 6:30pm.



**Pink Can Collection Box at the VCIG Office**

