HIGH 'N DRY

Districts 8, 19, 20, 21 and 32

January 2024

Volusia County Intergroup Services

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930, email: admin@aadaytona.org/

Volusia County Intergroup Services Website: http:/aadaytona.org

A.A.'s® Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.

A Sober New Year to Remember

As the clock struck midnight on December 31, 2022, I found myself on a journey of self-discovery, resilience, and a newfound strength in the early months of sobriety. I tried to get sober by myself for almost a decade, but nothing ever seemed to work for me, until I found AA. July 28, 2022, was the last night I took a sip of alcohol. I knew the upcoming holidays were going to be difficult to navigate, but it was something I knew I had to do, or I was bound to lose everything in my life.

I had traveled from my home in Florida to spend the holidays with my parents in their new home state, a decision that marked a significant departure from the chaotic New Year's Eve celebrations of years past. I was determined to usher in the new year with clarity, purpose, and a commitment to my sobriety. The evening unfolded as a testament to the transformation that sobriety had brought into my life. Instead of the noise of crowded bars and the clinking of champagne glasses, I found myself comfortably settled on the couch, surrounded by the warmth of my family.

My parents and I watched the vibrant festivities of the New York City ball drop on their television, a tradition that had taken on a whole new meaning for me. As the countdown began, I reflected on the sober journey I began just a few months earlier. Early sobriety had presented its own set of challenges, with each day a step closer to healing. The support of my family, especially during the holiday season, became a cornerstone of my recovery.

My parents, aware of my commitment to sobriety, had created an environment that allowed me to celebrate without the crutch of alcohol. The living room was decorated with festive decorations, and the atmosphere was filled with laughter and love. In that moment, I realized that true joy could be found in connection and shared moments, rather than the bottom of a bottle.

As the clock neared midnight, I found strength in the milestones I had achieved during my early days of sobriety. Each day without alcohol had been a triumph, and this New Year's Eve marked a symbolic victory over the grip of addiction. I felt a surge of gratitude for the clarity and presence that sobriety had gifted me. When the ball dropped and fireworks illuminated the sky, I felt so grateful to be with my parents and felt a renewed sense of purpose. The weight of the past year lifted, as I welcomed the new year with open arms.

Fast forward to December 2023. This will be my second New Year's Eve in sobriety, which now feels like a celebration of the person I have become over the past year and a half. The journey through the steps of Alcoholics Anonymous has deepened my understanding of myself, my relationships, and the power of connection. The path to recovery has not been easy, but with each passing day, I discover more about myself that helps me stay sober.

As I look back on my first sober New Year's Eve, I share this story with hopes that it inspires others in their own journeys of recovery. Sobriety is not merely about abstaining from alcohol; it's a transformational process that opens doors to a life filled with purpose, connection, and the joy of being present in every moment.

Samantha D.

***Highlights* in this issue**

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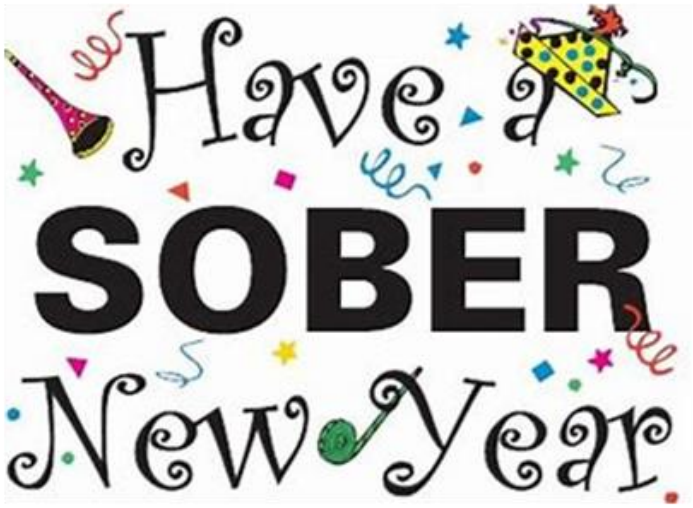
Excerpts from Archives article (April 2009)

Thoughts on the Twelve Traditions By Richmond W. compiler of the Twenty-Four Hour a Day book.

- Tradition I: bring God into AA life to achieve unity through faith and humility to our common welfare first.
- Tradition II: For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- Tradition III: Simple membership requirements are important, sign nothing, agree to nothing, promise nothing: wishing to do something about the problem is enough.
- Tradition IV: Although managing their affairs exactly as they please, each group's sole purpose must be sobriety.
- Tradition V: Don't complicate the message of sobriety; keep the gifts by giving it away.
- Tradition VI: "Clubs and drying out places should be separate from AA." AA should not go into business and distract from its message.
- Tradition VII: Outsiders should not be able to influence the affairs of AA because of their contributions.
- Tradition VIII: "Freely ye have received, freely give." Paid employees are needed to keep the wheels running but 12 step work is the return for what we have received.
- Tradition IX: Service centers help us reach the suffering alcoholic. Communication needs to be maintained. We are motivated through fellowship not organization.
- Tradition X: Opinions on outside issues will destroy unity and fellowship.
- Tradition XI: "Personal ambition has no place in AA."
- Tradition XII: "Anonymity is real humility at work."

A special Thanks to Carolyn C. who wrote the original Archives stories and whom I had the pleasure of working with on Archives. Jim B. Archivist



GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

Monthly District meetings

District 8: Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Thursday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City

District 20: 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.

District 21: 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach

District 32:1st Monday of month 6:30pm Grace Beachside Lutheran Church 338 Oceanshore Blvd, Ormond Beach, FL Contact: Katmil441@aol.com

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

Step I

"We admitted we were powerless over alcohol— that our lives had become unmanageable."

Tradition I

"Our common welfare should come first; personal recovery depends upon A.A. unity"

Concept I

"Final responsibility and ultimate authority for AA world services should always reside in the collective conscience of our whole Fellowship."

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NEW MEETINGS

Step Up
7:00 PM – Tuesdays
Step Study
217 E. Plymouth Ave, Deland FL

First Things First
STARTING JANUARY 1st
6:00 AM – **Monday to Friday**
Easy Does It Club
266 N. Younge St, Ormond Beach

MEETINGS NEED SUPPORT

Young People AA called VOLYPAA

2:00 PM – Every Saturday
Easy Does It Club
266-A North Younge St.

Precisely How
8:00 PM – Tuesday
Almous Club
589 Foote Court

Noon Reflections
12:00 Noon - Everyday
Rebos Club
2325 S. Ridgewood Ave
Edgewater, FL

January Anniversaries

NAME	YR	DATE
5:30 Group Rebos		
John M	31	1/29/1993
Tom G	29	1/16/1995
Dottie C	17	1/14/2007
Mark E	10	1/1/2014
Ashley L	4	1/1/2020
Rob C	3	1/29/2021
Ryan G	2	1/1/2022
Cody R	1	1/12/2023
Alcoholics and God		
Tommy M	30	1/13/1994
Julia S	16	1/12/2008
Ken A	6	1/4/2018
Ken S	3	1/28/2021
Aloha		
Arlene C	32	1/24/1992
John	21	1/0/2003
Roger L	4	1/20/2020
Beachside-NSB		
Karen D	17	1/5/2007
Ed T	11	1/23/2013
Back To Basics		
Horacio	9	1/22/2016
Kathy S	6	1/16/2019
James D	4	1/20/2021
Central Fact		
Bob K	4	1/7/2020
Choice Is Yours		
Bob D	50	1/1/1974
Don P	46	1/4/1978
Doc	37	1/6/1987
Missy S	34	1/2/1990
Susan T	32	1/6/1992
Ashley	4	1/1/2020
Roger L	4	1/20/2020
Christie	2	1/19/2022
Deltona Men's Group		
Eddie O	51	1/1/1973
Sean D	21	1/7/2003
Vincent P	17	1/17/2007
Chris B	8	1/25/2016
Donut Group		
Missy S	34	1/2/1990
Cindee B	24	1/5/2000
Sally L	12	1/10/2012
Robert K	11	1/5/2013
Hal S	11	1/11/2013
Lori S	11	1/11/2013
Michelle J	4	1/2/2020
Will H	4	1/25/2020
Mary S	3	1/27/2021

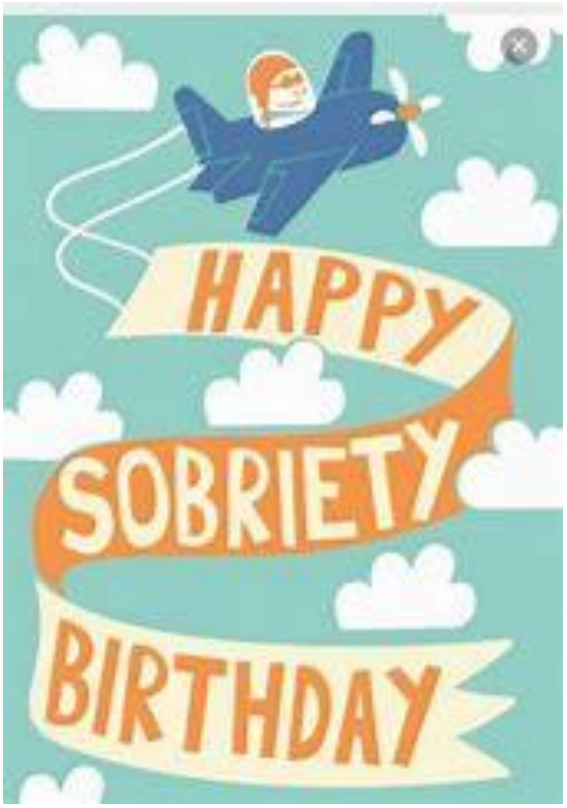
NAME	YR	DATE
Drive-Way Meeting		
Debra S	33	1/1/1991
Kaitlyn	1	1/19/2023
Early Ducks		
Dave M	32	1/31/1992
James B	5	1/2/2019
Sean C	3	1/30/2021
Jeremy H	2	1/25/2022
Four Townes		
Janice M	45	1/14/1979
Paul M	34	1/1/1990
Phil T	24	1/29/2000
Tito S	7	1/1/2017
Happy Hour Daytona		
Tom D	29	1/18/1995
Sonny	25	1/1/1999
Donald C	10	1/16/2014
Angel G	4	1/4/2020
Sebrina	2	1/18/2022
High Noon		
Janelle R	44	1/30/1980
Gretchen B	21	1/3/2003
Tim G	11	1/1/2013
Jeff H	1	1/18/2023
Hour of Power		
Terry D	34	1/28/1990
Bill	29	1/21/1995
Margaret K	12	1/10/2012
Todd S	12	1/20/2012
Nora K	10	1/16/2014
Erin C	5	1/23/2019
Hannah	3	1/1/2021
Grateful Group		
Matt M	19	1/9/2005
Xan	7	1/17/2017
Lest We Forget		
Phil B	38	1/6/1986
Debbie S	33	1/1/1991
Gena H	20	1/11/2004
Linda R	17	1/24/2007
Mayra C	5	1/1/2018
Carolyn F	4	1/22/2020
Danny P	2	1/18/2022
Lifesavers		
Ed J	36	1/28/1988
Yvonne G	33	1/20/1991
Marsha M	20	1/6/2004

January Anniversaries

NAME	YR	DATE
New Dawn Group		
Laura L	26	1/1/1997
Sylvia	22	1/6/2002
Bob S	18	1/10/2006
Kim C	12	1/8/2012
Sally L	12	1/10/2012
Tony G	5	1/1/2019
Mary S	3	1/27/2021
Bryan D	2	1/3/2022
George H	2	1/28/2022
New Smyrna Beach Group		
Carolyn C	44	1/14/1980
Donna H	32	1/21/1992
Ed T	11	1/23/2013
Noon Group Deland		
Sonny W	12	1/6/2012
Maddie B	4	1/8/2020
Primary Purpose		
Patty S	35	1/21/1989
Riverbridge		
David W	32	1/17/1992
Mark C	19	1/24/2005
Road to Recovery DB		
Adam L	7	1/16/2017
Mary S	3	1/27/2021
Colton J	1	1/10/2023
Road to Recovery Osteen		
Cheryl B	42	1/8/1982
Paul M	34	1/1/1990
Larry R	6	1/3/2018
Sand and Sea		
Marty B	24	1/10/2000
Xein C	7	1/19/2017
Arrien C	4	1/3/2020
Jeremy	2	1/25/2022
Will J	1	1/1/2023
Tyler F	1	1/27/2023
Steps for Life		
Judith S	47	1/8/1977
Joan P	37	1/1/1987
Jacquie	36	1/1/1988
Susan T	32	1/6/1992
Michelle J	4	1/1/2020
Angel C	4	1/4/2020
Steps in Slow Motion		
Diana O	39	1/10/1989
Jason	7	1/3/2017
Sunrise Group Deland		
Joanne B	41	1/15/1983
Jim F	13	1/14/2011
Nancy T	9	1/3/2015
Michelle S	6	1/1/2018
Larry R	6	1/3/2018
Chris	2	1/31/2022
Joe F	1	1/16/2023

NAME	YR	DATE
Tomoka Group Beachside		
Tammy M	34	1/7/1990
Nancy C	30	1/15/1994
Way of Life		
John M	8	1/15/2016
Logan S	4	1/11/2020
Mark O	3	1/3/2021
Johnny	2	1/2/2022
Chris	2	1/4/2022
We Are Alive		
Janice M	45	1/14/1979
DeAnn P	5	1/11/2019
Rob C	4	1/23/2020
Jeremy R	3	1/8/2021
Regis L	1	1/28/2023
Wednesday Women's		
Judith S	47	1/8/1977
Jody V	2	1/24/2022
Women's Book Study Group		
Sabrina R	2	1/18/2022
YOLO		
Glenn P	6	1/27/2018
Mary	3	1/27/2021

1,823 Years of Sobriety in January 2024



Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).
Steering Committee Meetings: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.

Special thanks to the following for their contributions:

Group contributions

Miracles Do Happen
Misc. Change
Acceptance Is the Answer
Yana
NSB Group
Saturday Womens Group
Sunday Morning Sober
Cresent City Group

Four Townes Group
Steering Committee
Back To Basics
Sunrise Group
Lest We Forget
Step Up Deland
Thursday Night Men's
Holly Hill Book Study

TOTAL NOVEMBER DONATIONS
$1,994.13

Volusia County Intergroup Office

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book Covers, Cards, Jewelry.

*** Credit cards accepted ***
If you are interested in service work, please contact our Office Coordinator, Candy

Email: admin@aadaytona.org
Phone: (386) 756-2930

Intergroup Representatives (IGR) attending December Meeting:

Daytona Beach
Good Day Group
Happy Hour
Road To Recovery
The Driveway
Way Of Life
YOLO

Deland
Deland Big Book Study

Deltona Group
Deltona Men's Group
Saturday Night
Beginners

Holly Hill
Sunrise Group

New Smyrna Beach
Lifesavers

Orange City
Alcoholics and God

Ormond Beach
Tomoka Group
Beachside

Port Orange
New Dawn
Women's Book Study

When sending a donation check, please be sure your group's name is noted.

Committees, Coordinators, and Volusia County Intergroup updates

Office Coordinator: 43 calls and 180 visits.

Website Administrator: VCI Website Report 12.03.23 Hi Everyone happy holidays to all! We were down in website views last month but still had 6,110 views. I want to thank Steve O. for keeping the meeting changes and events up to date. Please let me know if you have any questions. Thanks ~Hugh P.

Archives Report: Attended SSAASA7 (Southern States AA Service Assembly) primarily for Achieves session. Continuing to do inventory in the archives room. Thanks to those who donated items to the Archives. Jim B. Archivist

High 'n Dry Editors: If interested in submitting an article, please email us at *editor@aadaytona.org*

Upcoming Events & Announcements

Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous
475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

November 13, 2023

Dear Trusted Servants:

A.A.'s Co-Founder, Bill W., in his 1953 address to the General Service Conference, stated that he did not consider himself the author of *Alcoholics Anonymous*, the Big Book (*Our Great Responsibility*, p. 92). He also alluded to the fact that in the various A.A. literature published prior to his passing, he borrowed heavily from other sources, and that other A.A. members made significant contributions.

On the other hand, addressing the historical context of some of the writings of our Founders, many members in our Fellowship have expressed strong sentiment against any changes in the first 164 pages of *Alcoholics Anonymous*, the Big Book, as well as the Preface, the Forewords, The Doctor's Opinion, Doctor Bob's Nightmare, and the Appendices. In fact, as early as 1995 and most recently in 2022, Advisory Actions designed to protect the above-referenced contents have been passed by the General Service Conference.

In response to a Committee Consideration from the 73rd General Service Conference suggesting that trustees' Literature Committee *seek input from the Fellowship (including but not limited to Area delegate feedback) regarding any possible future changes to literature written by A.A.'s Founders*, the trustees' Literature committee agreed it would be beneficial to gather shared experience from the Fellowship regarding this topic.

We would like to hear from you – the top of the triangle! While we hope that the suggested questions will help to spark thoughtful sharing and discussion, please feel free to add questions that we may not have thought of that you feel may best inform the discussion. Most of all, we are grateful for and thank you for your participation.

HOW SHOULD WE TREAT A.A. FOUNDERS' WRITINGS

SUGGESTED QUESTIONS FOR DISCUSSION

1. Do you think that A.A. Founders would object to or embrace revisions to their writings? If yes, why? If not, why?
2. Do you think the Founders' writings are effective in reaching new members? If not, what measures do you think can be taken to resolve this issue?
3. What reasons would you consider for changing our Founders' writings?
4. How do you feel about changing A.A. Founders' writings to replace outdated references?
5. What suggestions do you have for preserving the Founders' writings, along with keeping pace with our current A.A. Society and its future?
6. Should there be a special Conference process for approval of changes to our Founders' writings? (e.g., super, or qualified majority – 75%, and/or 2-year consideration process.)
7. What additional ideas, thoughts or suggestions can you share about changing or not changing the Founders' writings?

Note: Please be as concise as possible in your responses to the questions.

GSO is asking for member's input

"How should we treat AA Founders writings"

Reply via mail or fax# provided

See the following for more info:
- Delegates Corner website above
- Area 14 website
  https://aanorthflorida.org/

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Volunteers Needed

Website Assistant (Backup)
- Word Press Knowledge

Alternate, Special Events Coordinator
- Key Events
  - Old Timers Dinner
  - Pasta Dinner

****Contact Intergroup Services Office****
If Interested in these positions
- **Email: admin@aadaytona.org**
- **Phone: (386) 756-2930**

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

A New Beginning

It started with a second, a minute, an hour and then finally a day.
Before I knew it I was well on my way.

Wow, it's been an entire year.
However trust me, it wasn't free from many forms of fear

The first step I had to learn and finally admit
Was that I was an alcoholic and an addict and I could just not quit

The second step I had to finally see
is that I needed somebody other than me

The third step came to me a little slow
For it was my self-will I had to learn to let go

The 4th and 5th step were next in a line
to dig deep in me and find and admit where I was wrong over time

The 6th step I had to be completely ready to let go of my faults
That I kept hidden within me through the years tucked away in the vaults

The 7th step was I had to learn to let go
Was in my shortcomings so that I can finally grow

The 8th step was to make a list of all those I hurt
Whether it was physically or with my mouth being so curt

The 9th step was to take in account what was my part
and find a way to set free
The demons inside still haunting me

The 10th step I learned to keep track every day
And write down the things I would do or would say

The 11th step was to continue to pray for his will
Which required of me to meditate sometimes and just chill

The final and twelfth step was to find people who were still in pain
And show them that they have so much more to gain.

So when people ask how I did it
One day I can show them this and say
it's by working the steps you live it
each and every day.

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Rebecca F.