HIGH 'N DRY

Districts 8, 19, 20, 21 and 32

December 2023

Volusia County Intergroup Services

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 fax: 386-756-6573 email: admin@aadaytona.org/

Volusia County Intergroup Services Website: http:/aadaytona.org

A.A.'s® Responsibility Statement

am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.

It Happened Upon Recovery

I came to AA at the age of 55 and thought my life was over. I was unable to imagine life with alcohol or without it. I knew loneliness such as few do. I was at the jumping off point. I wished for the end.

I was so frustrated! I tried for many years to stop drinking. The stopping was easy and if I took a lie detector test that I was not going to drink today, I would have passed. But staying stopped became impossible. What is wrong with me?! I thought I was crazy and found I suffered from untreated alcoholism.

I moved from NY Three times with two different wives to make that fresh start. I would get temporary relief but was soon drinking again. It seemed to be getting worse.

I called myself an alcoholic before I came to AA because I drank too much and couldn't stop. I didn't know what it meant to be alcoholic. I didn't know I was in the grips of a progressive disease.

So, one night in 2009 I reached out to a chat room online. I was surprised at the number of responses. Everyone suggested I get to a face to face meeting. Went to my first meeting four days dry and had no idea what to expect. What I vaguely remember is that people were talking openly and honestly about what was going in my head. I didn't feel so terminally unique as I thought I was. I didn't feel so all alone any longer. I left that meeting with Hope! They even said keep coming back, it works if you work it.

Someone got me a Big Book and said to read it. I did and found more Hope. I got a sponsor and went through the Big Book, worked the 12 steps, had that spiritual awakening everyone was talking about, one of many more to come. It's only by the Grace of God, the 12 steps and applying them into my life on a daily basis, the fellowship of AA, good sponsorship, staying sponsorable, practicing all three legacies to the best of my ability, that I am sober today. If I settled for just not drinking, I would have shortchanged myself. It works, it really does.

Gary

***Highlights* in this issue**

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Archives: Sources for "Twenty-Four Hours a Day" Book

I gleaned this from "Making the Little Black Book Inside the working Manuscript of Twenty-Four Hours a Day" by Daminan McElrath, D.H.E. (pg. 45-64)

Richmond Walker compiled the book (1946-1948) at the encouragement of members of the Daytona Beach Group. He had been working on making mediations for A.A. meetings. The book was meant for those who want to start the day with meditation and prayer.

Sources:

- Richmond Walker's talks and notes from 1943-1945.
- The book "For Drunks Only: One man's reaction to Alcoholics Anonymous" by Richmond Walker (1945). Source of Thoughts for the Day from January 1 to May 30.
- "Alcoholics Anonymous" source of Thoughts for the Day from August 8 to September 28. In Walker's copy of "Alcoholics Anonymous," the inside cover lists his addresses in Cohasset, MA and Daytona Beach, FL. Handwritten notes on the Big Book's 12 steps (pg. 59-60 third edition, reduces the Twelve Steps to five principles: (1) Admission (Step One); (2) Turn to a Higher Power (Steps Two and Three); (3) Inventory (Steps Four, Five, Six, and Seven); (4) Restitution (Steps Eight and Nine); Helping Others (Step Twelve).
- "God Calling by Two Listeners" edited by A.J. Russell published in 1932 (Walker obtained permission to used quotations). This was a source for Meditations of the Day. The Two Listeners wished to remain anonymous. They were inspired by A.J. Russell's "For Sinners Only" to meditate together and during quite time one claimed to receive messages from Christ and the other wrote them down daily. The messages were mainly "to love and laugh and be joy-bringers to the lives we connected." Richmond Walker did edit the meditations to be more ecumenical audience.

After printing and selling some copies, Richmond Walker offered the "Twenty-Four Hours a Day" book to A.A. General Services but they did not accept the book for publication as it had "religious overtones." Hence, it was given to Hazelden for publication.

Archives has several copies of "Twenty-Four Hours a Day" book with no date so presumably an early edition and one was signed by Richmond Walker. The oldest dated version is 1975 (28th printing). So, if you have an older version consider donating to archives. Jim B.

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

Monthly District meetings

District 8: Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Thursday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City

District 20: 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.

District 21: 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach

District 32: 1st Monday of month 6:30pm Grace Beachside Lutheran Church 338 Oceanshore Blvd, Ormond Beach, FL Contact: Katmil441@aol.com

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

Step XII

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

Tradition XII

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

Concept XII

"The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action."

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NEW MEETING

First Things First
STARTING JANUARY 1st
6:00 AM – **Monday to Friday**
Easy Does It Club
266 N. Younge St, Ormond Beach

MEETING NEEDS SUPPORT

Young People AA
called
VOLYPAA

2:00 PM – Every Saturday
Easy Does It Club
266-A North Younge St.

Precisely How
8:00 PM – Tuesday
Almous Club
589 Foote Court

Noon Reflections
12:00 Noon - Everyday
Rebos Club
2325 S. Ridgewood Ave
Edgewater, FL

Service work, service work, do some every day. If you want to keep this thing, you must give it away. Service work, service work, do some every day. If you want to keep this thing, you must give it away.

December Anniversaries

NAME	YR	DATE
5:30 Group Rebos		
Gary F	39	12/17/1984
Alma R	20	12/25/2003
Bill H	14	12/15/2009
Gary R	14	12/24/2009
Samantha T	11	12/12/2012
Jeanine W	11	12/12/2012
Alcoholics and God		
Casey H	6	12/10/2017
Caitlin M	6	12/25/2017
Richard L	5	12/21/2018
Aloha		
Patti	16	12/9/2007
Beachside-NSB		
Chuck A	8	12/2/2015
Back To Basics		
AnnMarie L	38	12/31/1985
David O	19	12/14/2004
Choice Is Yours		
Joe S	45	12/7/1978
John P	44	12/20/1979
Jim F	27	12/6/1996
Gary M	11	12/6/2012
Kirk	4	12/10/2019
Sherry	4	12/28/2019
Lindsay H	2	12/5/2021
Deltona Men's Group		
Dane R	4	12/28/2019
Wayne H	3	12/9/2020
Donut Group		
Mike G	26	12/3/1997
Rob S	1	12/28/2022
Driveway Meeting		
Chrissy T	3	12/25/2020
Four Townes		
Mary S	46	12/1/1977
Andy B	35	12/27/1988
Eagle	29	12/19/1994
Bill G	24	12/10/1999
Norman M	20	12/24/2003
Jen K	6	12/25/2017
Happy Hour Daytona		
Ricky	15	12/7/2008
Angela S	7	12/15/2016

NAME	YR	DATE
Hour of Power		
John O	45	12/31/1978
Steve E	34	12/10/1989
Kay D	18	12/3/2005
Judy V	10	12/30/2013
Insane Today		
Kenny Mc	10	12/11/2013
Juan B	4	12/8/2019
Lest We Forget		
Glenna J	32	12/7/1991
Jon G	14	12/21/2009
Rober R	7	12/31/2016
Lifesavers		
Judy N	21	12/26/2002
Never Had It So Good		
Ron G	34	12/7/1989
New Dawn Group		
Ed D	19	12/27/2004
Cindy D	3	12/12/2020
Chelsea B	1	12/24/2022
New Hope		
Tony H	37	12/3/1986
New Smyrna Beach Group		
Kandis N	35	12/1/1988
Penny M	9	12/25/2014
Noon Group Deland		
Greg B	38	12/21/1985
Rich P	37	12/14/1986
Bill C	17	12/28/2006
Rudy F	7	12/20/2016
Steve M	2	12/13/2021
Open to Change		
Sandra D	15	12/19/2008
Ralph B	6	12/1/2017
Richard W	5	12/1/2018
Kylie M	2	12/13/2021
Joe K	1	12/.5/2022
Siri	1	12/4/2022
Ormond Beach Group		
Ron B	31	12/4/1992
Pass It On		
Nancy P	37	12/4/1986
Peter	8	12/4/2015
Precisely How		
Tim D	8	12/2/2015
Riverbridge		
Brad M	38	12/10/1985

December Anniversaries

NAME	YR	DATE
Road to Recovery - Osteen		
Dean S	33	12/17/1990
Steve O	31	12/7/1992
Lee P	18	12/12/2005
Sand and Sea		
Matt H	25	12/29/1998
Casey B	10	12/27/2013
Ricky	15	12/7/2008
Brandon C	2	12/5/2021
David R	2	12/24/2021
Sobriety First Orange City		
Roy B	4	12/28/2019
Steps in Slow Motion		
Michelle R	1	12/28/2022
Sunrise Group Deland		
Rick	41	12/28/1982
Arlene G	21	12/9/2002
Nancy C	19	12/1/2004
Doug B	14	12/22/2009
John C	5	12/3/2018
Peter S	4	12/0/2019
Dane R	4	12/28/2019
Roy B	4	12/28/2019
Shay C	1	12/20/2022
John H	1	12/1/2022
Sunrise Group - Holly Hill		
Mark Z	34	12/30/1989
Ron B	31	12/4/1992
Larry M	23	12/2/2000
Andy K	12	12/10/2011
Chrissy T	3	12/26/2020
Tomoka Group Beachside		
John P	44	12/20/1979
Juan B	4	12/8/2019
Way of Life		
Michelle L	18	12/1/2005
Johnell P	3	12/10/2020
Paul M	3	12/9/2020
Frank S	3	12/10/2020
Tina M	3	12/7/2020
Lance H	2	12/8/2021
Sarah	2	12/15/2021
Charles H	1	12/1/2022
Noah H	1	12/29/2022

NAME	YR	DATE
We Are Alive		
Kandis N	35	12/1/1988
Brenda B	6	12/10/2017
Wednesday Women's		
Caren C	41	12/26/1982
Beryl	40	12/2/1984
Inger W	27	12/17/1996
Jill S	22	12/25/2002
Janice K	6	12/26/2017
Women's Book Study Group		
Donner W	10	12/8/2013
YOLO		
Jim J	26	12/14/1997
Ryan W	4	12/16/2019
Danielle L	4	12/29/2019
Ashley	3	12/1/2020
Young at Heart		
Blaine	35	12/14/1988
Morgan D	2	12/7/2021
Donna K	2	12/9/2021

1,709 Years of Sobriety in December 2023

Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).
Steering Committee Meetings: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.

Special thanks to the following for their contributions:

Group contributions

Women's Book Study
Hour Of Power
Deltona/Debary
Sisters in Sobriety
Sunday Morning Sober
Central Fact
5:30 Group
IGR
Wednesday Womens
Had Enough Women
Driveway Meeting
Back to Basic

Open to Change
Acceptance is the Answer
Happy Hour
Noon Group Deland
Lest We Forget
Four Towns Noon Group
Sunrise Group Deland
Lifeboat Zoom
Attitude Adjustment

In Memory of Karen Shaffer - $1,000

TOTAL OCTOBER DONATIONS
$4,255.32

Volusia County Intergroup Office

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book Covers, Cards, Jewelry.

*** Credit cards accepted ***
If you are interested in service work, please contact our Office Coordinator, Candy

Email: admin@aadaytona.org
Phone: (386) 756-2930

Intergroup Representatives (IGR) attending November Meeting:

Daytona Beach
Good Day Group
Precisely How
Driveway Meeting

Orange City
Alcoholics and God

New Smyrna Beach
High Noon
Lifesavers

Deland
Deland Big Book Study

Holly Hill
Lest We Forget
Sunrise Group

Edgewater
Ladies Tuesday Night

Deltona Group
Deltona Men's Group
Saturday Night Beginners

Volunteers Needed!!!

Special Events Coordinators

(1) Primary Coordinator
(1) Alternate Coordinator

Key Events

Old Timers Dinner
Pasta Dinner

****Contact Intergroup Office****
Email: *admin@aadaytona.org*
Phone: (386) 756-2930

When sending a donation check, please be sure your group's name is noted.

Committees, Coordinators, and Volusia County Intergroup updates

Office Coordinator: 43 calls and 156 visits.

Website Administrator: VCI Website Report 11.2.23 Hi Everyone! Our analytics are down a little, but we still had 6,580 page views. Most people, as usual, are visiting the website for meetings. Steve O. has updated many meetings & events and I have updated WordPress plugins & security patches. Please let me know if you have any questions or concerns. Thank you ~Hugh P.

Archives Report: Continuing to update inventory lists with aid of an assistant interested in archives. Sent some archival materials relevant to other archivists Florida and Maryland. They were grateful. Thanks to those who donate to archives. Displayed archives for the Joe and Charlie District 21 Workshop.

High 'n Dry Editors: If interested in submitting an article, please email us at *editor@aadaytona.org*

Upcoming Events & Announcements

Christmas Alcathons	New Years Alcathons
Yana - 6:30pm Christmas Eve to - 6:30pm Christmas Day 111 Howes St Port Orange, FL	**Rebos Club** - 5:30pm New Years Eve to - 5:30pm New Years Day 2325 S. Ridgewood Edgewater, FL
Almous Club - 6:00pm Christmas Eve to - 6:00pm Christmas Day 569 Foote Court Daytona Beach, FL	**Almous Club** - 6:00pm New Years Eve to - 6:00pm New Years Day 569 Foote Court Daytona Beach, FL
Victor E Club - 10:00pm Christmas Eve to - 8:00pm Christmas Day 1320 E New York Ave Deland, FL	**Victor E Club** - 10:00pm New Years Eve to - 8:00pm New Years Day 1320 E New York Ave Deland, FL

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

12-Step Visit From St. Nicholas

T'was the night before Christmas When I went on a bender,
Not a creature was stirring, not even a bartender.
The empties were stacked by the chimney just fine,
In hopes that St. Nick would fill them with wine.
With Mama in her kerchief and I with my booze,
We'd just settled down for a long winter's snooze.
When out on the lawn there arose such a clatter,
I put down my drink to see what was the matter.

Away to the window I crawled and then stumbled
To open the shutters where I stood and just mumbled.
Then what to my bloodshot eyes should there appear
But a miniature sleigh and eight tiny reindeer.

I thought it was DT's and needed help quick!
I didn't know it was only St. Nick.
I poured myself another as the reindeer came
While he shouted and called them by name:

"Now Barfly! Now Wino! Now Boozer and Rummy!
On Drunkard! On Alky! On Dipso and Dummy!"
So up to the housetop St. Nicholas flew
While I pulled the pop-top on another brew.

I trembled with fear when I heard a new sound–
Down the chimney came St. Nick with a bound.
His cheeks were like roses, he grinned like a possum,
His eyes, how they twinkled, his nose had rum-blossoms!

I offered him a drink, step up to the bar,
"Not today," he said, "I am now so-ber."
He had a clear face and a little beer belly,
That shook when he laughed like a bowl
full of jelly.

This was too much, it increased my thirst.
"Hold it!" said St. Nick, "First things first.
You don't have to drink, easy does it,
Now that wasn't too hard, was it?"

He reached in his sack and with a great fuss
He gave me the book "Alcoholics Anonymous."
"Read this 'Big Book' for a life sublime,
Follow the principles one day at a time.

"This is the best present I can give,
Twelve steps — a new way to live.
The AA program keeps me sober, it's true."
Then giving a nod, up the chimney he flew.

Then I heard him exclaim as he drove out of sight,
"You now have a choice, starting tonight.
So Merry Christmas to all and to all Season's Greetings,
Don't pick up that first drink, and go to AA meetings!"