

HIGH 'N DRY



July 2023

Volusia County Intergroup Services

Districts 8, 19, 20, 21 and 32



Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119

Phone: 386-756-2930 fax: 386-756-6573 email: admin@aadaytona.org

Volusia County Intergroup Services Website: <http://aadaytona.org>

A.A.'s® Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."



Unity, Service, Recovery – Phone Army Turnover

My name is Lea Anne and I'm a alcoholic, my sobriety date is 3/24/18 and my Home Group is Hour of Power New Smyrna Beach. Life wasn't bad. Life wasn't good. It just was. I knew I didn't feel part-of very young. I did start drinking young. It made for a wild miserable life at times. Life got better when I stop fighting everything and everyone. As the saying goes, "it takes what it takes" and I honestly know that "it works if you work it". Today there is grace in my life. I have my Higher Power. The best support group in the whole world. It's worth it. You are worth it!

When I showed up angry, aggressive, and miserable I was never turned away. I was loved. Now I can love myself and others. It's absolutely fabulous no matter what,

I don't have to drink. I let go and let God. I found faith and trust. Practice, practice, practice.

I'm excited to be part of the phone army. We always want AA to be available at any time, and any place when someone needs help. Phone army is a group of us that are available on 24-hour shifts to answer the phone. The AA phone line is directly connected to their phone for after hour calls when in intergroup is not open. Any questions someone may have, I will do my best to answer.

AA Phone Army
Lea Anne



Phone Army Service Time

Thank You Roy, for your many years of service and dedication.



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ARCHIVES for July: Seeking Missing History

BEFORE YOU PITCH IT:

Could this item be a historical document in the future? Will future Archivist find this piece of paper valuable to the history of A.A. in Volusia County? Would it be hard to get another copy of this document if we should need it again? If YES --- keep it. If NO --- think about tossing it.

HIGH N' DRY: Thanks to efforts of High N' Dry Editors who save copies of High N' Dry we have most on file. Searched High N' Dry from 2003 to 2023 and found and replaced five missing months from collection of High N' Dry. Most were from someone donating a box full of past High N' Dry. THANKS! Still missing from 2017 are months of February, May, July. If you happen to have one of these, we would appreciate it if you donated them to archives.

MEETING SCHEDULES: Added about 20 meeting schedules to archives. Some I collected in the past and others found in the computer and printed VCIG desk volunteers. If you have any old meeting schedules, please consider donating them or a xerox copy if it is a precious old meeting schedule.

From 1959 to 2002: Any you find would be helpful. Every year that we do have we have only 1-5 months. So, any would be appreciated.

- Missing all months 1959 to 1978 (except one from 1964 ALMOUS Club)
- Missing all months during of 1981, 1984, 1985, 1987, 1989, 1991, 1992.

BELOW is the list of Meeting schedules from 2003 to present that we have. I am endeavoring to collect the meeting schedules more routinely. If you have any of the missing meeting schedules not listed below, then we would appreciate you donating them. Look at home or in your meeting box.

April 2003, September 2003, December 2003, Silver Dollar Club 2004, January 2004, July 2004, December 2004, January 2005, July 2005, Westside October 2005, October 2005, February 2006, June 2006, Westside July 2006, September 2006, December 2006, April 2007, July 2007, Westside April 2007, January 2008, September 2008, January 2009, April 2009, August 2009, February 2010, Westside June 2010, Silver dollar club January 2012, March 2012, August 2013, November 2013, August 2014, December 2014, April 2016, November 2017, January 2018, March 12, 2018, January 2019, February 2020, May 2020, July 2020, August 2020, January 2021, March 2021, May 2021, Nov/Dec 2021, April 2022, June 2022, November 2022, December 2022, February 2023, March 2023, April 2023, May 2023

So, dig through your treasure chest of memorabilia for items that will help fill in gaps of Volusia County Archives History. If you find treasures from your past in from another location, consider contacting archivist of that locations Intergroup/District or area.

AA Service Manual combined with Twelve Concepts for World Service

More recent versions of the Service Manual were two-year manuals. These are the ones that we do not have: Missing all years after 2012-2013, Missing 2003 to 2012, Missing 1994-1995, Missing 1989 to 1991, Missing 1985-6, Missing 1980 to 1981, Missing 1976, and before.

Thanks in advance to all who will help to fill in missing documents of Volusia County A.A. history.

Jim B. Archives

GSO Contributions:

General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:

NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:

Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

Monthly District meetings

District 8: Last Monday – 7:15 pm,
Almous Club, 569 Foote Court, Daytona
Beach

District 19: 4th Thursday (note change in
day) – 6:30 pm, First Cong. Church
(Fellowship Hall), 201 W. University,
Orange City

District 20: 3rd Sunday, United Church of
Christ, 203 Washington St., NSB. 6:30 for
PI and Treatment Committees, 7 pm for
District meeting.

District 21: 4th Tuesday of each month,
6:30pm at St. James Episcopal Church,
38 South Halifax, Ormond Beach

District 32: 1st Monday, Zoom only, 6 pm
Meeting ID: 868 3466 0731

Want to know what's happening in your
District? All A.A. members are welcome
to attend their District meetings listed
above and get involved.

Step VII

*"Humbly asked Him to remove our
shortcomings"*

Tradition VII

*"Every A.A. group ought to be fully self-
supporting, declining outside
contributions"*

Concept VII

*"The Charter and Bylaws of the General
Service Board are legal instruments,
empowering the trustees to manage and
conduct world service affairs. The
Conference Charter is not a legal
document; it relies upon tradition and the
AA purse for final effectiveness".*

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NEW MEETINGS

NSB Sunday Serenity Group

7:00PM on Sundays
Christ Community Church
203 Washington St
NSB, FL

Sand N Sea

6:00PM – 7days a week
Easy Does It Club
266 North Yonge St
Ormond Beach, FL

New Heights

7:00PM – Tues & Thursday
Christ Community Church
515 North Ridgewood
Edgewater, FL

Life Boat ZOOM Meeting

12:00-1:00PM
Monday – Saturday
#8850805379
PW 509887

The Noon Meeting

12:00PM – Monday's
1060 E Industrial Drive
Orange City, FL

MEETING NEEDS SUPPORT

Brighter Days

11:00AM – Sunday's
Almous Club
569 Foote Court
Daytona Beach, FL

July Anniversaries

NAME	YR	DATE
Alcoholics and God		
Craig U	12	7/23/2011
Crystal M	6	7/24/2017
Ian D	3	7/22/2020
Jessica W	3	7/26/2020
Eddie M	2	7/26/2021
Back to Basics Deland		
Janelle R	41	7/22/1982
Dale B	36	7/21/1987
Diana	20	7/21/2003
Sally H	14	7/5/2009
Tom S	8	7/17/2015
Choice is Yours		
Mark B	38	7/18/1985
Chris B	38	7/21/1985
Donna F	29	7/8/1994
Mary E	22	7/30/2001
Liz	16	7/1/2007
Marianne W	13	7/30/2010
Donut Group		
Lisa M	32	7/18/1991
Dennis I	10	7/28/2013
Mark G	2	7/5/2021
Derek H	2	7/25/2021
AJ	1	7/27/2022
Early Ducks		
Shelly L	16	7/21/2007
Gary P	14	7/17/2009
Olga B	3	7/18/2020
Carl H	3	7/28/2020
Ricco L	1	7/6/2022
Four Townes		
Linda D	42	7/13/1981
Gilly	39	7/28/1984
Dottie G	27	7/7/1997
Jim C	23	7/13/2000
Dianna	20	7/21/2003
Jessie	1	7/3/2022
Happy Hour Daytona		
Melanie J	12	7/27/2011
Jennifer	7	7/21/2016
Andrew B	4	7/23/2019
Daniel C	2	7/17/2021

NAME	YR	DATE
Hour of Power		
Bettina F	34	7/6/1989
Dan M	23	7/31/2000
Bob W	9	7/7/2014
Gerry C	7	7/16/2016
Warren P	7	7/27/2016
Noel B	5	7/4/2018
Julia C	4	7/19/2019
Sam S	3	7/31/2020
Ralphie	1	7/4/2022
Lest We Forget		
Leslie B	28	7/12/1995
Shelly M	16	7/21/2007
Julian L	15	7/26/2008
Jason D	11	7/24/2012
Pam B	5	7/21/2018
Maury D	1	7/14/2022
Lifesavers		
Joe B	43	7/7/1980
Andrea B	38	7/23/1985
Bill M	4	7/12/2019
Never Had It So Good		
Bettina F	34	7/6/1989
Mary E	22	7/31/2001
Dennis	10	7/28/2013
Rick S	3	7/5/2020
New Dawn Group		
Bettina F	34	7/6/1989
Bill M	32	7/4/1991
Robert Z	27	7/31/1996
Kathy M	11	7/16/2012
Chris B	5	7/8/2018
Shaunda G	5	7/15/2018
Rick S	3	7/5/2020
New Smyrna Beach Group		
Heath J	22	7/17/2001
Steve C	10	7/17/2013
Noon Group Deland		
Levon W	1	7/31/2022
Open To Change		
Gilly G	39	7/28/1984
Anna C	38	7/1/1985
Paul K	34	7/25/1989
Becky C	3	7/17/2020

July Anniversaries

NAME	YR	DATE
Ormond Beach Group		
Robbie B	8	7/25/2015
Doug S	6	7/16/2017
Justin W	6	9/19/2017
Caitie C	1	7/25/2022
Pass It On		
Bruce B	35	7/11/1988
LuLu	34	7/20/1987
James	26	7/8/1997
Jean	14	7/24/2009
Riverbridge		
Dennis	38	7/29/1985
Deana B	13	7/21/2010
Road to Recovery - DB		
Wally/Howie	3	7/12/2020
Road to Recovery - Osteen		
JD M	9	7/12/2014
Sand and Sea		
James R	26	7/8/1997
Ned E	8	7/9/2015
Jen Y	7	7/21/2016
Chris C	3	7/9/2020
David C	3	7/28/2020
Andrew S	3	7/17/2020
Frank S	2	7/29/2021
Diana F	2	7/6/2021
Anita H	1	7/20/2022
Nadia C	1	7/30/2022
Sobriety First		
Dan W	29	7/5/1994
Steps For Life		
Britt M	1	7/5/2022
Sandy M	1	7/29/2022
Steps in Slow Motion		
Kim O	13	7/28/2010
Sunrise Group Deland		
George C	36	7/17/1987
Liz C	33	7/4/1990
Craig	12	7/23/2011
Livvi S	1	7/1/2022
Daniel H	1	7/27/2022

NAME	YR	DATE
Sunrise Group Holly Hill		
Jim N	31	7/2/1992
Bob M	29	7/24/1994
Shellie	4	7/10/2019
Way of Life		
Dennis	16	7/16/2007
Andrew B	4	7/23/2019
Rob T	4	7/1/2019
Jerod S	2	7/6/2021
Atiba L	2	7/24/2021
Dan P	1	7/6/2022
Brandon	1	7/22/2022
Michael D	1	7/5/2022
We Are Alive		
Andrea B	38	7/23/1985
John L	23	7/19/2000
Heath J	22	7/17/2001
Kathy R	16	7/17/2007
Rick S	3	7/5/2020
Noah B	2	7/17/2021
Andrew O	2	7/4/2021
Wednesday Women's		
Mary B	21	7/1/2002
Linda P	2	7/10/2021
YOLO		
Tina D	34	7/5/1989
Bettina	34	7/6/1989
Tim S	21	7/20/2002
Robin M	14	7/31/2009
Melissa R	2	7/6/2021
Young at Heart		
John A	3	7/4/2020
Odin A	2	7/23/2021
Adrienne	1	7/16/2022

Congratulations Everyone!!!!

**1,860 Years
of Sobriety in
July 2023**

Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).
Steering Committee Meetings: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.



**Special thanks to the following for the contributions:
 Group contributions**

Acceptance Is The Answer Anonymous Can Back To Basics Deland Deland Big Book Deltona/Debary Group Lest We Forget	Pass It On Riverbridge Steering Comm & IGR Sunday Morning Sober We Are Alive We're Working On It
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**TOTAL MAY DONATIONS
 \$1442.99**

Intergroup Representatives (IGR) attending JUNE Meeting:



Daytona Beach
 Free To Be
 Good Day Group
 Precisely How
 Happy Hour
 Three Legacies
 Wednesday's Women's
 YOLO
 The Driveway
 Way of Life

Edgewater
 Ladies Tuesday Night

Port Orange
 Choice Is Yours
 New Dawn
 Steps for Life

Orange City
 Alcoholic and God
 Four Townes
 Grateful Group
 Sisters In Sobriety

Deltona Group
 Deltona Men's Group
 Saturday Night Beginners'

New Smyrna Beach
 High Noon
 Hour of Power
 Lifesavers

Ormond Beach
 Ormond Beach Group
 HowIt Works
 Message In A Bottle
 Miracle Group
 Riverb ridge Group
 Tomoka Group Beachside

Deland
 Back to Basics
 Deland BB Study

Lake Helen/Osteen
 Road to Recovery

Holly Hill
 Lest We Forget
 Sunrise Group



**Volusia County
 Intergroup Office**

Open:
 Monday – Friday
 9 am – 5 pm
 Saturday 9 am – 1 pm
 Anniversary Coins, Books, Book
 Covers, Cards, Jewelry.

**** Credit cards accepted ****

If you are interested in service work,
 please contact our Office
 Coordinator, Candy

Email: admin@adaytona.org
 Phone: (386) 756-2930

When sending a donation check, please be sure your group's name is noted.

Committees, Coordinators, and Volusia County Intergroup updates

Office Coordinator: In May, Intergroup had 190 visits and 68 calls.

Website Administrator: Hi Everyone! First off, I'd like to welcome Steve O. to the website committee. He has experience in WordPress and has been doing a great job w/ with meeting changes. We've had a good month! – While sessions are down 2%, pageviews are up 5%, and avg. time duration is up 10%. 57% are new visitors to the site. 79% of people going to the website from cell phones. Please contact me if you have any comments, questions, or concerns. Thank you! ~Hugh P.

Archives Report: Evaluated cassettes in Archives room for relevance to Volusia County or Florida or Early A.A. history and saved relevant cassettes and put the others up for sale. Checked High N' Dry, Meeting Schedules and General Service Manuals and updated records of what we have and what are missing (see Archives "story" for more information. Jim B.

High 'n Dry Editor's: If interested in submitting an article, please email us at editor@adaytona.org

The Grateful Group invites you to a memorial to celebrate the life of



Sober since June 17, 1976



Join us for coffee and cake and to share your memories

Sunday, July 23, 2023

3:00 to 5:00 pm

Parish Hall

107 S. Euclid Ave

Lake Helen, FL 32744

We will also be on Zoom if you can not make it in person.

Login: 918302752, Password: 937352

23rd Annual Serenity Weekend

Women's Fall Conference 2023 • September 8-10, 2023

Find us online at serenityweekendwomenconference.com



Featuring SEVEN Wonderful Speakers

Friday	7:00 PM	Karen R, Tampa, FL - Steps 1 & 2
	8:30 PM	Carol M, Orlando, FL - Step 3
Saturday	9:00 AM	Workshop: Steps 4 - 7
		Polly P, Jacksonville, FL and Paula P, Champaign, IL
	12:00 PM	Lunch Break
	2:00 PM	Rachel F, Miami, FL - Steps 8 & 9
	3:30 PM	Raquel G, Chicago, IL - Step 10
	5:00 PM	Dinner Break
	7:45 PM	Beth H, Destin, FL - Speaker: Her Story
Sunday	9:30 AM	Karen R, Tampa, FL - Steps 11 & 12

Early & Late Meetings
Great Location!
Teach Meetings
Games

RESERVE YOUR ROOM BY AUGUST 12, 2023

The Hard Rock Hotel 918 N. Atlantic Ave, Daytona Beach, FL 32101

\$169 Per Night (1-4 persons)*

*Limited rooms available at this rate
Call 386-947-7382 / Make sure to mention
Choose SERENITY WEEKEND for the special rate
www.HardRockHotelDaytonaBeach.com

SPACE LIMITED TO
THE FIRST 500

Come Early, Stay Late

\$40 registration fee per person (non-refundable) by August 12. After August 12, registration is \$45.

Your deposited check is your receipt.

To pay by check or money order make checks payable to "SWWC" and mail to:

Cly Ann Penbertson
4244 Bull Tower Ct., Belle Isle, FL 32813

For additional information call 407-371-1674

Serenity Weekend Women's Fall Conference 2023 Registration

Name _____	Name _____
Address _____	Address _____
City _____	City _____
State _____ Zip _____	State _____ Zip _____
Phone _____	Phone _____
Email _____	Email _____
Name on Badge _____	Name on Badge _____

SPONSORSHIP CONTRIBUTION \$ _____

LEND A HAND TO THOSE UNABLE TO PAY THE REGISTRATION FEE.

Volunteer's Wanted

**Intergroup Volunteers
to
Serve on Subcommittees**

Will help serve our Committees

- Website
- Archives
- Volunteer Coordinator
- High N' Dry
- Special Events Coordinator
- Corrections & Treatment Coord

****Contact Intergroup Services Office**
If Interested**

- **Email:** admin@aadaytona.org
- **Phone:** (386) 756-2930
- **Type:** Committee Inquiry in Subject Line

Please announce this at all meetings.



Happy Hour Group
**35th ANNIVERSARY
CELEBRATION**

Join us at
THE ALMOUS CLUB
569 Foote Court, Daytona Beach
Saturday, August 26, 2023

DON'T MISS THIS GALA EVENT!

4:00 - 5:00 Buffet Served

5:00 - 6:00 Sobriety Countdown

Door Prizes

50/50 Raffle

6:00 - 7:00 AA Meeting

Speakers to include members of the group from the early days to the present.

**ADMISSION
FREE**



GOOD FOOD • GOOD FELLOWSHIP

Come and meet some of the early members and the members of today!

- Contributions and/or store bought dishes & deserts are welcomed.
- Donations for Raffle and Door Prizes will be accepted.

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

“Another Big Lie: I can do this on my own”

When I started in recovery, it was very hard to ask for help. I did not trust others, so when someone suggested I get a sponsor, I didn't think I'd need help. The steps after all, were clearly laid out. Surely, I could follow those easy instructions. For the first four years I tried to go it alone, not calling any of the phone numbers people gave me, checking with my "Temporary" sponsor when I saw him at a meeting (which weren't many).

Before quite some time I was confused and desperate.

When I really hit bottom, I took suggestions I got connected and started telling others what I was experiencing at the first I felt like I was bothering people when I was calling them, but quickly something else happened. I felt better. I also started relying on my sponsor's suggesting and guidance together we began working the

12 Steps. Slowly my defenses came down, and gradually I became more open minded.

Even after many years in the program my first instinct is still to go it alone and figure things out by myself, but I also have a Tried-and-True Tool as well, which is to ask for help when I need it.

What I have found really helpful is to share a problem I am having at a meeting. When I do, other people share similar situations and what they did to deal with them.

This has helped me and given me solutions I never would have come up with on my own.

Today, I try to avoid the "Big Lie" and reach out to others instead.

Grateful To Others

Bill R.

5:30 Group, Edgewater

The “Pink Can”



Does your Group have a "Pink Can", or would you like one?

The Pink Can has been a tradition within AA since 1957. Originated in Northern California, its purpose is to raise money to provide Conference Approved reading materials to incarcerated men and women who seek recovery from alcoholism.

The donations made to the Pink Can were never meant to replace your normal AA contributions to the basket for the 7th Tradition but were meant in addition if you had the ability to donate extra and felt it was a good cause. The idea behind the Pink Can is to collect extra money that is used specifically to purchase literature to distribute in the prisons, jails, probation officers, and any other institution that falls in the category of "corrections". The money is never used for anything other than Hospitals and Institutions.

H & I Committee

Good News finally for New and Renewing Volusia County Jail AA Volunteers. We received the New Packets and the official word to go for with the long overdue training for 2023/2024! We are printing and emailing them now and they will be present at next Volusia H&I Committee Meeting to be filled out and returned directly after the meeting. The packets are also available in the Intergroup Office.

Hospitals and Institutions Committee Meets the first Thursday every month at 6:30PM in the Intergroup Offices, upstairs in the Conference Room, 1635 Ridgewood Ave, South Daytona