

HIGH 'N DRY

Volusia County Intergroup Services



June 2023

Districts 8, 19, 20, 21 and 32

Coastal Centre

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930 fax: 386-756-6573 email: admin@aadaytona.org
Volusia County Intergroup Services Website: <http://aadaytona.org>



A.A.'s® Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

Member Share at Six Months

It is now six months without alcohol. I've attended 306 meetings at 14 different locations.

The highlight of these days was receiving my six month chip. Because I belong to three different groups, I picked up a chip at each group. The other member names Paul awarded me my 6 month chip at the noon meeting. The very first meeting I ever attended I sat next to Paul. He was reassuring and understanding so I stayed. What a six months it has been. I have lost weight. My health is much better. I can focus. I have great concentration. Most important is making loads of new friends who have helped me defeat alcohol. I am grateful to AA for all it has done for me.

I think I have grown as a result. There have been a few rocky roads traveled along the way but I've managed to get through all of the them.

Once I lost my temper for which I am ashamed. I made amends and put it in my past. If I aspire to be a better person, I need to rid myself of anger.

I've had great experiences with my Sponsor and my fellow Sponsee. Along the way I have met and became friends with a number of men and women who came into the program around the time I did.

I have come to admire a number of veteran men and women who have given me sage advice and wisdom. Some of them I couldn't stand at first. I've come to like and respect all of them and I hope they come to accept me.

It's like winning the lottery. You buy your ticket, you take your chances and in my case I am a winner. It's been a great six months.

I've spent lots of time trying to work the steps. I spent a couple of months on step four. It was and is well worth it. I believe I've become a better person as a result. Emotions have run high at times, but I've been assured they are natural and good. I'm up to step six and seven and I am learning a lot about who I am and what I am. The steps work.

As I have said many times, I don't pray to God for help.

I'm begging God for help.

and

Real men still cry.



Paul
South Daytona
April 19, 2023

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ARCHIVES for June:

“Bill W. My First 40 Years: An autobiography by the Cofounder of Alcoholics Anonymous”.

Note: “I” is Bill W. and inside brackets [] are my comments.

I failed nearly all my examinations to get into Massachusetts Institute of Technology. So, I enrolled in Norwich University, the military college of Vermont which had no entry exams. I met Louis Burnham (Lois Wilson) and I fell in love but thought that was a summertime affair. I entered the University which was as strict as West Point. Again, I was not competitive in sports. I tried to get on the baseball team or football team and failed. I failed to get into the orchestra but did get a cello and played in the glee club. I didn't get into a single fraternity. I did well in some courses and failed others. Over time, I felt no good or second rate. Later in the semester I felt like I was going to die and had incidents of heart palpitations. The infirmary found nothing, and I was sent home to East Dorset Vermont (grandfathers house). I was heartbroken.

Next summer, Lois returned and lifted me from despondency, and we fell in love. I couldn't bear leaving her for school. Lois was from a fine family from Brooklyn with grace and we were not.

I did go back to the university and was not doing well in calculus, which required memorization of formulas and application. I applied myself to learning the history of calculus and learning the principles. I made a fool out of the professor as he knew formulas and not the principles, so I was number one again. However, the professor did give me a zero.

I was saved from non-graduation by the outbreak of World War I [as it now called... at the time it was called the world war or the great war]. By this time, I had become more popular in school and had developed some leadership ability (inwardly I had ghastly fear). I chose to enter artillery branch thinking long training and that I would be a long ways

from the fighting line [I had wondered what branch Bill W. served in during WWI.]. I chose safety but had guilt and shame too. We left Plattsburgh for Fort Monroe, Virginia for technical studies. I had to brush up on math. We then went to Fort Rodman, Massachusetts near New Bedford. A leading family, the Grinnell's entertained officers at their home. Emmy's husband was at the war and Catherine's husband had died there. At their house for the first time, I saw a butler. I felt inept and self-conscious and could barely speak two words. Then someone gave me a “Bronx Cocktail” a mix of “gin, dry and sweet vermouth, and orange juice, my first drink”. During college I avoided drinking as ancestors “went down with it” [I am guessing Bill means passed away?]. I took that drink and “another one, and lo the miracle! That strange barrier that existed between me and all men and women, even the closest, seemed to instantly go down. I felt that I belonged where I was, I belonged to the universe, I was a part of things at last. Oh, the magic of those first three or four drinks! I became the life of the party. I could talk freely, volubly. I could talk well.” [My sponsor said to identify with the feelings and not to compare the facts of the story. This embellishes Bill W.'s feelings which I can identify with more clarity.]

Lois and I were engaged and once we went to party and while their family did not frown on liquor they did not drink at my pace, so I restrained myself and felt awkward again. Lois and I were married in January 1918. After that, every third party I would pass out.

[Hope you enjoyed learning about Bill W.]

Jim B. Archives

GSO Contributions:
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

Area 14 Contributions:
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

Monthly District meetings

District 8: Last Monday – 7:15 pm,
Almous Club, 569 Foote Court, Daytona
Beach

District 19: 4th Thursday (note change in
day) – 6:30 pm, First Cong. Church
(Fellowship Hall), 201 W. University,
Orange City

District 20: 3rd Sunday, United Church of
Christ, 203 Washington St., NSB. 6:30 for
PI and Treatment Committees, 7 pm for
District meeting.

District 21: 4th Tuesday of each month,
6:30pm at St. James Episcopal Church,
38 South Halifax, Ormond Beach

District 32: 1st Monday, Zoom only, 6 pm
Meeting ID: 868 3466 0731

Want to know what's happening in your
District? All A.A. members are welcome
to attend their District meetings listed
above and get involved.

Step VI

*"Were entirely ready to have God
remove all these defects of character."*

Tradition VI

*"An A.A. group ought never
endorse, finance, or lend the A.A.
name to any
related facility or outside
enterprise, lest problems of money,
property, and
prestige divert us from our primary
purpose."*

Concept VI

*"The Conference recognizes that
the chief initiative and active
responsibility in most world service
matters should be exercised by the
trustee members of the Conference*

LAST MEETING

Friday Sobriety

June 30th – 7:00PM



United Presbyterian
730 Beville Road
Daytona Beach, FL

NEW MEETING

Chairman's Choice

2:00PM – 7 Days a Week
@

Easy Does It Club
266 North Yonge St
Ormond Beach, FL

NEW MEETING

The Wellness Group

Thursday 7:30-8:30PM
@

Advent Health Deland
1st Floor, Classroom A
701 Plymouth Ave
Deland, FL 32720
Cnt: John S 386-801-1719

TIME CHANGE

Easy Does It

3:30PM to 4:00PM (4-5pm)
@

Easy Does It Club
266 North Yonge St
Ormond Beach, FL

June Anniversaries

NAME	YR	DATE
5:30 Group Rebos		
Bill C	21	6/15/2002
Chris S	18	6/18/2005
Dan R	9	6/1/2014
Sharon K	8	6/17/2015
Kerv A	4	6/1/2019
Alcoholics and God		
Todd H	7	6/23/2016
Lance H	4	6/19/2019
Tom K	2	6/7/2021
Aloha		
Al G	8	6/11/2015
Gary A	4	6/13/2019
Back to Basics Deland		
Sherri L	32	6/10/1991
Beachside-NSB		
Judy C	45	6/3/1978
Choice is Yours		
Arlene D	20	6/27/2003
Ed E	13	6/25/2010
Victoria C	3	6/24/2020
Marilee	2	6/15/2021
Donut Group		
Jean W	29	6/2/1994
Micheal P	20	6/7/2003
Early Ducks		
Kevin G	37	6/10/1986
Jack K	31	6/23/1992
Tami B	29	6/21/1994
Jimmy J	15	6/6/2008
Jodie S	14	6/30/2009
Lee H	10	6/1/2013
Jim V	4	6/24/2019
Glenn D	1	6/13/2022
Aaron C	1	6/22/2022

NAME	YR	DATE
Four Townes		
Sam V	18	6/10/2005
Gary	7	6/6/2016
Carrie	2	6/8/2021
John P	1	6/13/2022
Friday Sobriety		
Phil R	38	6/17/1985
Ken S	32	6/16/1991
Sue B	29	6/2/1994
Good Day Group		
Abraham	1	6/7/2022
Amy B	1	6/22/2022
Katrina B	1	6/26/2022
Bret W	1	6/30/2022
Grateful Group		
Nancy B	22	6/9/2001
Happy Hour Daytona		
Jay B	12	6/21/2011
Kara	8	6/13/2015
Dan H	6	6/18/2017
High Noon		
Lisa H	1	6/10/2022
Kristi C	1	6/11/2022
Hour of Power		
Shannon A	40	6/2/1983
Brian H	31	6/14/1992
Nancy O	17	6/11/2006
Richard C	15	6/16/2008
Ron W	13	6/17/2010
Marianne D	2	6/17/2021
Lest We Forget		
Ken S	32	6/16/1991
Tresa M	5	6/30/2018



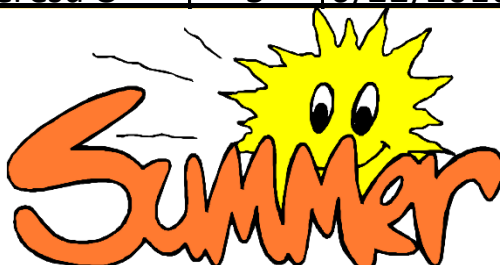
June Anniversaries

NAME	YR	DATE
Lifesavers		
Doug P	30	6/11/1993
Barb L	17	6/9/2006
Love and Service		
Mike H	3	6/6/2020
New Dawn Group		
Tom B	46	6/1/1977
Ross	38	6/29/1985
Jim H	37	6/27/1986
Helen A	21	6/23/2002
Barbara V	15	6/12/2008
Candy C	11	6/29/2012
Stephanie S	3	6/10/2020
Randy G	2	6/16/2021
George K	2	6/1/2021
Debbie E	2	6/5/2021
Chris L	2	6/30/2021
New Smyrna Beach Group		
Pat J	34	6/14/1989
Annie G	22	6/12/2001
Noon Group Deland		
Lou F	3	6/20/2020
Road to Recovery - DB		
John R	40	6/13/1983
Road to Recovery - Osteen		
Perry	29	6/19/1994
Caroline	19	6/15/2004
David G	6	6/4/2017
Sobriety First		
Davie S	34	6/7/1989
Lance H	4	6/19/2019
Steps in Slow Motion		
Cristina K	5	6/10/2016
Teresa O	5	6/22/2016

NAME	YR	DATE
Sunrise Group - Deland		
Brad N	8	6/11/2015
Gary P	7	6/6/2016
Glenn D	6	6/7/2017
Gregg G	6	6/17/2017
Stacy A	6	6/27/2017
David H	3	6/2/2020
Liz P	2	6/21/2021
Way of Life		
Mark M	40	6/24/1983
Glynda	39	6/14/1984
Jacob B	2	6/18/2021
Jason D	2	6/4/2021
We Are Alive		
Barb L	17	6/9/2006
John T	5	6/20/2018
John M	3	6/20/2020
Wednesday Women's		
Arlene D	20	6/27/2023
Linda D	9	6/11/2014
YOLO		
Colleen C	33	6/3/1990
Ed P	13	6/25/2010
Kristy L	8	6/26/2015
Shelley L	8	6/29/2015
Mike R	3	6/7/2020
Randy G	2	6/16/2021
Young at Heart		
Billy D	2	6/14/2021
Suzanne	2	6/23/2021

Congratulations Everyone!!!!

**1,403 Years
of Sobriety in
June 2023**



Intergroup News and Meeting Schedule

Volusia County Intergroup Representative's Meetings: 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).

Steering Committee Meetings: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.




Special thanks to the following for the contributions: Group contributions

Sunday Morning Sober
New Dawn
Acceptance Is The Answer
Anonymous Can
Open To Change
Noon Group Deland
Happy Hour Daytona
Four Towns
Friday Sobriety
Yolo
Sunrise Deland
Hour Of Power

Miracle Group
Choice Is Yours
Steering Comm & IGR
Back To Basics Deland
Any Lengths
Anon Group
How It Works
Womans Book Study
Wednesday Womans

**TOTAL APRIL
DONATIONS
\$4197.83**



**Volusia County
Intergroup Office**

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book
Covers, Cards, Jewelry.

**** Credit cards accepted ****

If you are interested in service work,
please contact our Office
Coordinator, Candy

Email: admin@adaytona.org
Phone: (386) 756-2930

Intergroup Representatives (IGR) attending April Meeting:



- | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><u>Daytona Beach</u>
Free To Be
Good Day Group
Precisely How
Happy Hour
Three Legacies
Tomoka Group Beachside
Wednesday's Women's
YOLO
The Driveway
Way of Life</p> | <p><u>Port Orange</u>
Choice Is Yours
New Dawn
Steps for Life</p> <p><u>Orange City</u>
Alcoholic and God
Four Townes
Grateful Group
Sisters In Sobriety</p> <p><u>Deltona Group</u>
Deltona Men's Group
Saturday Night Beginners'</p> <p><u>New Smyrna Beach</u>
High Noon
Hour of Power
Lifesavers</p> | <p><u>Ormond Beach</u>
Ormond Beach Group
How It Works
Message In A Bottle
Miracle Group
Riverb ridge Group</p> <p><u>Deland</u>
Back to Basics
Deland BB Study</p> <p><u>Lake Helen/Osteen</u>
Road to Recovery</p> <p><u>Holly Hill</u>
Lest We Forget
Sunrise Group</p> <p><u>Edgewater</u>
Ladies Tuesday Night</p> |
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When sending a donation check, please be sure your group's name is noted.

Committees, Coordinators, and Volusia County Intergroup updates


Office Coordinator: In April, Intergroup had 192 visits and 64 calls.

Website Administrator: VCI Website Report 5.09.2023 - Hi Everyone. We are down 5% in page hit this month but still had 5,902 views. The bottom graph shows plugin updates which I update weekly for performance and security. The events calendar was also updated – but needed to be downloaded separately because it's a premium version. Please let me know if you have any questions. Thank you ~Hugh P.


Archives Report: Cassette library available, see note on page 3. I would also like to thank "Sand Dollar Recovery Beach" meeting for submitting their group history. Founded on 9/13/2022. New groups are encouraged to submit a group history form before it becomes "forgotten history" Jim B.

High 'n Dry Editor's: If interested in submitting an article, please email us at editor@adaytona.org

UPCOMING EVENTS






SCAN ME!
REGISTER NOW!

IN THE SPIRIT OF ... 


JOE AND CHARLIE

... A Journey through the steps


THE BIG BOOK COMES ALIVE!


-  **\$40 PREREGISTRATION**
INCLUDES SATURDAY BOXED LUNCH - SPACE IS LIMITED! \$50 AT THE DOOR!
-  **COFFEE, 50/50, DOOR PRIZES!**
SNACKS AND LITERATURE FOR SALE!
-  **DEEP DIVE INTO THE PROGRAM OF RECOVERY**
BRING YOUR BIG BOOKS, PENS, NOTEBOOKS & HIGHLIGHTERS


ALCOHOLICS ANONYMOUS




HOSTED BY DISTRICT 21!
WELCOME BACK PAT R AND BRIAN H!

 St James Episcopal
44 S Halifax Drive
Ormond Beach, FL 32176

 Jenny B
(386) 334-8672

 bit.ly/joemandCharlie

 Bambi H
(386)295-4782

**Oct. 6,
7 & 8**

**Fri: 6-9p
Sat: 9a-5p
Sun: 2-5p**

Volunteer's Wanted

**Intergroup Volunteers
to
Serve on Subcommittees**

Will help serve our Committees

- Website
- Archives
- Volunteer Coordinator
- High N' Dry
- Special Events Coordinator
- Corrections & Treatment Coord

****Contact Intergroup Services Office**
If Interested**

- Email: admin@aadaytona.org
- Phone: (386) 756-2930
- Type: Committee Inquiry in Subject Line



Volunteer Wanted

Website Assistant (Backup)

- Word Press Knowledge

****Contact Intergroup Services Office**
If Interested in these positions**

- Email: admin@aadaytona.org
- Phone: (386) 756-2930

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at editor@aadaytona.org.

JUNE 2023 | TWELVE STEPS AND TWELVE TRADITIONS | SPECIAL SECTION

70 Wonderful Years!

We celebrate our beloved book "Twelve Steps and Twelve Traditions"!

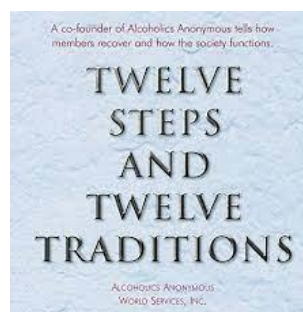
By the early 1950s, AA members and many of our non-alcoholic friends were urging our cofounder Bill W. to prepare a book on the principles of AA and the Twelve Steps and Twelve Traditions. Soon after, Bill reported to the 1952 Conference that he was working on a book project that included a "new series of anecdotal analyses of the Twelve Traditions" and "a series of orderly, point-by-point essays on the Twelve Steps." These essays were published in Grapevine in 1952 and 53 and would become our well-known AA book *Twelve Steps and Twelve Traditions*.

After nearly 18 months of writing and editing, the book was finally released in 1953. In *Alcoholics Anonymous Comes of Age*, Bill noted that he sought assistance from his editorial team, Betty L. and Tom P. The draft was circulated among many old-time AA members and friends of medicine and religion. He also noted that Jack Alexander helped immensely with the final editorial touch. There is no doubt that the essays are a compilation of group experiences from the early days, as the office received hundreds of letters from groups and members on a range of controversial issues and other problems.

Advance interest in the book *Twelve Steps and Twelve Traditions* was great. It's not certain how many copies were printed in April of 1953, but by the following year, approximately 29,567 copies were sold. The new book quickly became very popular among AA groups.

In a March 1953 letter, Bill wrote about the book:

I am beginning to think the stuff a bit tough for the AA newcomer. Yet it may prove a well-articulated backbone for AA.... The two manuscripts [both Steps and Traditions], though quite different in style,



will be published together in the same volume. If we publish them separately, we think that the Traditions will not be too well read...the future unity of AA depends so much upon having them understood by everyone."

Later, in a June 1953 letter, Bill wrote: "It was a tough job to write that book. It posed the problem of how to keep up its general effectiveness without treading on too many toes. One eye had to be kept on religion, another on psychiatry, and all eyes had to survey the great variety of struggling alcoholics who might read the volume.... How the work might have some semblance of dignity without being stuffy, how it might pack a punch without being sensational—well, that was the constant thought.

"The Tradition discussion in the book was frankly written for beginners...also, I think, on rereading, that in spots the book pontificates too much... Many of us felt, that there ought to be a fairly authoritative exposition of each Step and each Tradition... But the method of exposition is not the method by which AA usually teaches. Nearly everything in the way of communication between AAs is made story fashion".

Many of these letters are now kept at GSO Archives. Some of Bill's experiences in the book remain a mystery however and were probably only known to Bill.