

# HIGH 'N DRY

Volusia County Intergroup Services



May 2023

Districts 8, 19, 20, 21 and 32



**Coastal Centre**  
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119  
Phone: 386-756-2930 fax: 386-756-6573 email: [admin@aadaytona.org/](mailto:admin@aadaytona.org/)  
Volusia County Intergroup Services Website: <http://aadaytona.org>



## A.A.'s® Responsibility Statement

*"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."*

## Step 2 Share

**Came to believe that a Power greater than ourselves could restore us to sanity.**

Having admitted that alcohol controls my life and that I am powerless if I pick up just one drink and that my life is unmanageable with alcohol, I know I need help. It's been a long journey thorough sixty years of drinking, most of it in secret. The last two have been the worst. I can't undo the effect of alcohol alone. I can't fool myself any longer. I need help.

I need sanity to rule my life. I have to bring myself to sanity.

I am the product of a fine family. I've had an outstanding education. I've been respected and trusted by my friends and community. I have hidden my problem. I can't hide any longer.

AA, my sponsor, the men and women I came into the program with are my help. I'd never be sober for 117 days without them. I'll need them the rest of my life. I know there is more out there but for today they are my higher power.

I want to reach out to God for help. It's just hard for me to ask for it. God has blessed me for the last 77 years. He has given me a fine family. He has given me an outstanding

education. He has rewarded me with good health. He has made my life worth living. Saying "Thank you God" is right and proper, but it doesn't seem to be enough.

Alcohol has been devastating for me especially during the last two years. On October 19<sup>th</sup> for the third time in two weeks I found myself laying on the floor at 3:00 a.m. in the morning unable to pull myself up and needing the South Daytona Fire Department to rescue me and send me to the hospital. I let alcohol rule my life. I need God to be my higher power. I want Him along with AA and all the tools in my toolbox and myself to restore my sanity.

Remember, don't pray to God for help, beg him.

I'm begging.

Real men still cry.

Paul  
South Daytona  
February 13, 2023

### Highlights in this issue

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## ARCHIVES for May:

### “Bill W. My First 40 Years: An autobiography by the Cofounder of Alcoholics Anonymous”.

It has been over a year since I wrote about this book. I think it is fun to learn a bit of history about Bill W.

Bill’s grandfather said that his Uncle Clarence, who had died of tuberculosis, was a great musician with a variety of instruments. Bill had found a fiddle in the trunk in the attic. The fiddle was beat up, but Bill thought it wonderful as it had been Uncle Clarence’s fiddle. There was one string “D” which not knowing what string it was, Bill tuned to “C” string and tried to play with his sister playing the organ. Later, Uncle Morley got strings from his store but there was no bridge on the fiddle. So, Bill made a bridge from some scrap of hardwood. With books I learned the fingerboard and announced that I would lead the orchestra at Burr and Burton Seminary. Before that my grandfather said I had no ear for music. On a baseball trip a friend with a nice tenor voice told me to not sing when I joined in the song. I took music lessons from the principle’s wife. She told me my ear for pitch was so bad she almost gave up. I did sing one recital and then gave up singing. Then my interest in fiddling increased. I neglected studies and sports, so I could practice fiddling. Bill called it “caterwauling”. After two years, I became first violin in high school orchestra. Bill said, “a very bad first violin in a very poor orchestra, but I did do it.”

I was number one again in anything I chose to excel. In school I was very good at chemistry, physical geography and geometry but not English or algebra.



Despite my homely face and awkwardness, the minister’s daughter took interest in me and I in her. I was in love. Then came the event that had profound effect on me. The principal announced the minister’s daughter had died unexpectedly. I became depressed and lost interest athletics and schoolwork and wished to be alone. Bill said, I no longer wanted to be number one as he faced the adversary death.

Bill reflects on a “triad of primary instincts which result in primary drives. The drive for distinction and power; the drive for security – physical, financial, and emotional; and the drive to love and be loved romantically or otherwise.”

Sound familiar?

Archives Jim B.

#### **GSO Contributions:**

General Services Office  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

#### **Area 14 Contributions:**

NFAC Treasurer  
PO Box 6301  
Jacksonville, FL 32205

#### **Intergroup Contributions:**

Volusia County Intergroup  
Coastal Centre  
1635 S. Ridgewood, # 107  
South Daytona, FL 32119



### Monthly District meetings

**District 8:** Last Monday – 7:15 pm,  
Almous Club, 569 Foote Court, Daytona  
Beach

**District 19:** 4th Thursday (note change in  
day) – 6:30 pm, First Cong. Church  
(Fellowship Hall), 201 W. University,  
Orange City

**District 20:** 3rd Sunday, United Church of  
Christ, 203 Washington St., NSB. 6:30 for  
PI and Treatment Committees, 7 pm for  
District meeting.

**District 21:** 4th Tuesday of each month,  
6:30pm at St. James Episcopal Church,  
38 South Halifax, Ormond Beach

**District 32:** 1st Monday, Zoom only, 6 pm  
Meeting ID: 868 3466 0731

Want to know what's happening in your  
District? All A.A. members are welcome  
to attend their District meetings listed  
above and get involved.

## Meeting Updates

### Road To Recovery

Meeting Relocated

Monday – 6:00PM

@

Osteen Methodist Church  
179 Carpenter Avenue  
Osteen, FL

# IMPORTANT NOTICE

Vintage AA Speaker Cassette

Tapes

For Sale

25 Cents Each

At The Intergroup



### **Step V**

*“Admitted to God, to ourselves, and to  
another human being the exact nature of our  
wrongs.”*

### **Tradition V**

*“Each group has but one primary purpose —  
to carry the message to the alcoholic who  
still suffers.”*

### **Concept V**

*“Throughout our structure, a traditional  
“Right of Appeal” ought to prevail, so that  
minority opinion will be heard, and personal  
grievances receive careful consideration.”*

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## May Anniversaries

| NAME                         | YR | DATE      |
|------------------------------|----|-----------|
| <b>5:30 Group Rebos</b>      |    |           |
| Gary (Surf) G                | 43 | 5/15/1980 |
| Eric M-NY                    | 21 | 5/24/2002 |
| Larry G                      | 14 | 5/9/2009  |
| Ashley S                     | 12 | 5/7/2011  |
| Kristen N                    | 11 | 5/20/2012 |
| Chris S                      | 10 | 5/18/2013 |
| Mary S                       | 10 | 5/5/2013  |
| Jeff R                       | 9  | 5/16/2014 |
| <b>Alcoholics and God</b>    |    |           |
| Mike J                       | 6  | 5/1/2017  |
| Michelle M                   | 5  | 5/15/2018 |
| Eric                         | 1  | 5/15/2022 |
| <b>Aloha</b>                 |    |           |
| Carson D                     | 4  | 5/10/2019 |
| Courtney H                   | 3  | 5/17/2020 |
| Conor B                      | 2  | 5/15/2021 |
| Mathew C                     | 2  | 5/19/2021 |
| Mike W                       | 1  | 5/20/2022 |
| <b>Any Lengths</b>           |    |           |
| Owen R                       | 35 | 5/24/1988 |
| <b>Back to Basics Deland</b> |    |           |
| Vicky G                      | 40 | 5/1/1983  |
| Archer                       | 36 | 5/15/1987 |
| Deborah T                    | 35 | 5/15/1988 |
| <b>Beachside - NSB</b>       |    |           |
| Syd S                        | 36 | 5/15/1987 |
| <b>BYOB-Big Book Study</b>   |    |           |
| Jamie G                      | 3  | 5/6/2020  |
| <b>Choice is Yours</b>       |    |           |
| Michelle M                   | 21 | 5/25/2002 |
| Helen D                      | 20 | 5/16/2003 |
| Erin R                       | 9  | 5/21/2014 |
| Gary V                       | 5  | 5/6/2018  |
| Sue T                        | 2  | 5/17/2021 |
| Shane                        | 2  | 5/15/2021 |
| Ken M                        | 2  | 5/6/2021  |
| Steve                        | 2  | 5/28/2021 |

| NAME                      | YR | DATE      |
|---------------------------|----|-----------|
| <b>Deland Group</b>       |    |           |
| Donna V                   | 9  | 5/8/2014  |
| <b>Donut Group</b>        |    |           |
| Sal N                     | 29 | 5/29/1994 |
| Joe L                     | 4  | 5/18/2019 |
| Erin R                    | 3  | 5/5/2020  |
| Chris S                   | 2  | 5/2/2021  |
| Rick L                    | 2  | 5/13/2021 |
| Antoine G                 | 2  | 5/31/2021 |
| <b>Early Ducks</b>        |    |           |
| Chris W                   | 43 | 5/1/1980  |
| Mike W                    | 41 | 5/27/1982 |
| Cindy D                   | 31 | 5/4/1992  |
| Sandra M                  | 30 | 5/29/1993 |
| Mike M                    | 5  | 5/21/2018 |
| <b>Four Townes</b>        |    |           |
| Ginnie                    | 48 | 5/7/1975  |
| John S                    | 41 | 5/31/1982 |
| Andy L                    | 2  | 5/23/2021 |
| <b>Friday Noon Mens's</b> |    |           |
| Bob S                     | 38 | 5/6/1985  |
| <b>Friday Sobriety</b>    |    |           |
| Barb W                    | 37 | 4/25/1986 |
| Dotty K                   | 34 | 5/10/1989 |
| CC                        | 2  | 5/30/2021 |
| <b>Happy Hour Daytona</b> |    |           |
| Thad B                    | 12 | 5/1/2011  |
| David                     | 8  | 5/10/2015 |
| Bob M                     | 4  | 5/18/2019 |
| Cliff S                   | 1  | 5/2/2022  |
| Noah C                    | 1  | 5/4/2022  |
| Logan W                   | 1  | 5/5/2022  |
| Mike F                    | 1  | 5/8/2022  |
| Joy                       | 1  | 5/18/2022 |
| Chris W                   | 1  | 5/18/2022 |
| John W                    | 1  | 5/28/2022 |

## May Anniversaries

| NAME                          | YR | DATE      |
|-------------------------------|----|-----------|
| <b>Hour of Power</b>          |    |           |
| Jerry K                       | 42 | 5/13/1981 |
| Eric M                        | 21 | 5/24/2002 |
| Mary H                        | 14 | 5/19/2009 |
| Jeff R                        | 9  | 5/26/2014 |
| <b>Lest We Forget</b>         |    |           |
| Ralph B                       | 26 | 5/10/1997 |
| <b>Lifesavers</b>             |    |           |
| Jerry K                       | 42 | 5/13/1981 |
| Lynn C                        | 35 | 5/30/1988 |
| Richard H                     | 6  | 5/29/2017 |
| <b>Message in a Bottle</b>    |    |           |
| Karen G                       | 7  | 5/1/2016  |
| <b>New Dawn Group</b>         |    |           |
| Pat D                         | 42 | 5/7/1981  |
| Terry W                       | 39 | 5/17/1984 |
| Mimi C                        | 36 | 5/21/1987 |
| <b>New Hope</b>               |    |           |
| Ollie R                       | 41 | 5/12/1982 |
| <b>New Smyrna Beach Group</b> |    |           |
| Michael L                     | 30 | 5/19/1993 |
| Larry G                       | 14 | 5/9/2009  |
| Jeanne M                      | 1  | 5/24/2022 |
| <b>Noon Group Deland</b>      |    |           |
| Fred R                        | 38 | 5/24/1985 |
| Chris L                       | 3  | 5/28/2020 |
| <b>Precisely How</b>          |    |           |
| Terry P                       | 26 | 5/27/1997 |
| Neville K                     | 1  | 5/3/2022  |
| <b>Riverbridge Group</b>      |    |           |
| Tara H                        | 32 | 5/13/1991 |
| Kathy M                       | 19 | 5/8/2004  |
| John P                        | 8  | 5/5/2015  |
| Joe                           | 4  | 5/16/2019 |
| <b>Road to Recovery - DB</b>  |    |           |
| Chris P                       | 30 | 5/6/1993  |

| NAME                              | YR | DATE      |
|-----------------------------------|----|-----------|
| <b>Road to Recovery - Osteen</b>  |    |           |
| Kathy                             | 35 | 5/17/1989 |
| Dana S                            | 13 | 5/26/2011 |
| Hunter H                          | 11 | 5/28/2013 |
| <b>Saturday Morning Step</b>      |    |           |
| Billie B                          | 25 | 5/2/1992  |
| <b>Steps for Life</b>             |    |           |
| Tanya R                           | 32 | 5/25/1991 |
| Sandy H                           | 4  | 5/12/2019 |
| <b>Sunrise Group - Deland</b>     |    |           |
| Gus B                             | 4  | 5/28/2019 |
| <b>Sunrise Group - Holly Hill</b> |    |           |
| Tanya R                           | 32 | 5/25/1991 |
| Brittani P                        | 3  | 5/6/2020  |
| <b>Way of Life</b>                |    |           |
| Jimmy D                           | 26 | 5/3/1997  |
| Bonnie D                          | 20 | 5/4/2003  |
| Chris S                           | 2  | 5/2/2021  |
| <b>Wednesday Women's</b>          |    |           |
| Judith F                          | 39 | 5/20/1984 |
| Pinkey J                          | 1  | 5/22/2022 |
| <b>YOLO</b>                       |    |           |
| Bill R                            | 28 | 5/25/1995 |
| Ashley F                          | 8  | 5/6/2015  |
| Nancy W                           | 7  | 5/15/2016 |
| John P                            | 4  | 5/20/2019 |
| <b>Young at Heart</b>             |    |           |
| Mike                              | 13 | 5/17/2010 |
| Donna M                           | 1  | 5/22/2022 |
| Jack M                            | 1  | 5/27/2022 |
| John                              | 1  | 5/27/2022 |

**Congratulations Everyone!!!!**

**1,712 Years  
of Sobriety in  
May 2023**



## Intergroup News and Meeting Schedule

**Volusia County Intergroup Representative's Meetings:** 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).  
**Steering Committee Meetings:** 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.



**Special thanks to the following for the contributions:**

### Group contributions

Miracles Do Happen  
 Tomoka Group  
 Sunday Morning Sober  
 Sobriety First  
 Attitude Adjustment  
 Way Of Life  
 Back To Basics Deland  
 Acceptance Is The Answer  
 Basic Text  
 New Smyrna Beach  
 I.G.R. & Steering Comm

**Total Group Contributions**  
**\$1762.50**

**Anonymous**  
**\$191.50**

**TOTAL MARCH DONATIONS**  
**\$1954.00**



### Volusia County Intergroup Office

Open:  
 Monday – Friday  
 9 am – 5 pm  
 Saturday 9 am – 1 pm  
 Anniversary Coins, Books, Book Covers, Cards, Jewelry.

**\*\* Credit cards accepted \*\***

### Intergroup Representatives (IGR) attending April Meeting:



**Daytona Beach**

Free To Be  
 Good Day Group  
 Precisely How  
 Happy Hour  
 Three Legacies  
 Tomoka Group Beachside  
 Wednesday's Women's  
 YOLO  
 The Driveway  
 Way of Life

**Port Orange**

Choice Is Yours  
 New Dawn  
 Steps for Life

**Ormond Beach**

Ormond Beach Group  
 How It Works  
 Miracle Group  
 Riverbridge Group

**Orange City**

Alcoholic and God  
 Four Townes  
 Grateful Group

**Deltona Group**

Deltona Men's Group  
 Saturday Night Beginners'

**Deland**

Back to Basics  
 Deland BB Study

**Lake Helen/Osteen**

Road to Recovery

**Holly Hill**

Lest We Forget  
 Sunrise Group

**New Smyrna Beach**

High Noon  
 Hour of Power  
 Lifesavers

**Edgewater**

Ladies Tuesday Night

If you are interested in service work, please contact our Office Coordinator, Candy

Email: [admin@aadaytona.org](mailto:admin@aadaytona.org)  
 Phone: (386) 756-2930

**When sending a donation check, please be sure your group's name is noted.**

### Committees, Coordinators, and Volusia County Intergroup updates

**Office Coordinator:** In March, Intergroup had 206 visits and 53 calls.

**Website Administrator:** VCI Website Report 04.11.2023 – We are up 3% in page views with 6,252 but down a little in time spent on the site w/ 1 min. and 46 secs. I added a bunch of upcoming events, performed plugin and security updates, and some meeting changes. Please let me know if you have any questions. Thanks ~Hugh P.

**Archives Report:** Archives was given a table to display during the Old Timers Dinner on March 18, 2023. Displayed the Richmond W. author of Twenty-Four Hours a Day book (compiled while in Daytona Beach, Florida). Also displayed were Group Histories. I look forward to getting more group histories for our archives.

**High 'n Dry Editor's:** If interested in submitting an article, please email us at [editor@aadaytona.org](mailto:editor@aadaytona.org)

## UPCOMING EVENTS

### SUNRISE GROUP ANNUAL PICNIC

NEW DATE! COME CELEBRATE WITH US

12:00-3:00 PM

SUNDAY MAY 21ST

FREE BBQ LUNCH! PLEASE BRING  
A COVERED SIDE DISH OR DESSERT

Sunrise Park (Pavilion)  
1135 Riverside Drive, Holly Hill

Fellowship

Family Fun

Speaker

50/50 Raffle



## Volunteer's Wanted

### Intergroup Volunteers to Serve on Subcommittees

Will help serve our Committees

- Website
- Archives
- Volunteer Coordinator
- High N' Dry
- Special Events Coordinator
- Corrections & Treatment Coord

**\*\*Contact Intergroup Services Office\*\*  
If Interested**

- Email: [admin@aadaytona.org](mailto:admin@aadaytona.org)
- Phone: (386) 756-2930
- Type: Committee Inquiry in Subject Line



## Volunteer Wanted

### Website Assistant (Backup)

- Word Press Knowledge

**\*\*Contact Intergroup Services Office\*\*  
If Interested in these positions**

- Email: [admin@aadaytona.org](mailto:admin@aadaytona.org)
- Phone: (386) 756-2930

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at [editor@aadaytona.org](mailto:editor@aadaytona.org).

## Listen – Learn – Grow

Almost two years ago my family and I moved down from Hollywood, Maryland to Port Orange, Florida. With all the craziness of COVID going on I hadn't been to a face-to-face meeting in two years, (I couldn't get into going to zoom meetings) and that's where all my network was so, talking to people on the phone and telling them what my plan was, was just about all I could do. My husband, my kids and I packed up the truck and headed South.

Trying to get back into the swing of things of going to face to face meetings was kind of hard but I did it. My first meeting was The Choice Is Yours at the Yana Club, there was a lady sitting there and I did what I automatically knew to do, not knowing if it was right thing or not but I gave her a hug.

I'm a shy person by nature, but after you get to know me, I don't shut up. I love to laugh, and I love to make people laugh. Moving to a new place, and meeting new people seemed to be hard for me. Also, sitting in meetings and having to start new relationships with people, I just felt like I was starting my sobriety all over again. With 14 years of sobriety at that time I didn't think I should be feeling the way that I was, and I was scared to tell my sponsor back in Maryland that I just felt alone. I didn't want her to tell me "Then you shouldn't have left". So, as I was sitting in a meeting one day this man that I will call Mr. Pickleball started sharing about the Intergroup, and I didn't know what an Intergroup was or what an Intergroup does. I didn't even know if they would hire me knowing that I got fired from Kmart for stealing a hot dog from the cafeteria when I was 16, but they hired me! And what a joy it has been.

I kept telling myself to remain teachable, but never in a million years did I think some guy with white hair and a Harley would be training me on a computer, but Benny has. Some days I think I give him a run for his money, but he's always so patient and calm with me, I know it's OK today to make mistakes, Benny will let me know! Candy (the office manager) has even taught me how to speak Boston. They both have become great friends to me, I also love meeting and talking to all the wonderful people



me on a computer, but Benny has. Some days I think I give him a run for his money, but he's always so patient and calm with me, I know it's OK today to make mistakes, Benny will let me know! Candy (the office manager) has even taught me how to speak Boston. They both have become great friends to me, I also love meeting and talking to all the wonderful people that walk through the doors of the Intergroup or that call on the phone. Since working at the intergroup Candy asked me to be editor for the High and Dry, not thinking that I could do it or having the confidence to do it she gave me that little push and told me that I could. I drove home and asked my husband if he would help me and of course he said yes. What Candy did for me that day was boost up my confidence of myself a little bit higher. With my amazing, awesome and patient husband's help I'm learning more and more about using the computer, and it is also gave us a project to work on together every month.

The reason I'm writing all this is because I was listening in the meeting and not playing with my phone or talking to the person sitting next to me, I heard the message from Mr. Pickleball, I just hope that he knows how much he has changed my life and helped me to not be that lonely girl in AA.

Debbie W  
Port Orange, Fl