# HIGH 'N DRY

Volusia County Intergroup Services

**April 2023**

**Districts 8, 19, 20, 21 and 32**



**Coastal Centre**
1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119
Phone: 386-756-2930 fax: 386-756-6573 email: admin@aadaytona.org/
Volusia County Intergroup Services Website: http:/aadaytona.org


***A.A.'s® Responsibility Statement***

*"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.*

## Shame of the Rocks

### Have a hard time not romanticizing the drink? Here's one way this guy remembers.

In a meeting the other day, we were discussing "remembering consequences." I give that idea the respect it deserves, but honestly, that concept has always been difficult for this alcoholic to understand.

Like many of us, I suffer from a disease of perception combined with a healthy dose of poorly semi-suppressed ego and lifelong determination for conquering what they say can't be done. As such, I sometimes have a hard time not romanticizing the drink.

Early in recovery, I would long for the days when drinking was fun. That's what I remembered—the parties, the happy hours, the cocktails after dinner. It was easy for me to suppress the memory of hangovers and the missed days of work. I tended to overlook the times I overindulged and got behind the wheel, along with the manipulation of people I engaged in. What I'm learning through my sponsor and the Steps is helping me to "retrain" my mind to the cunning nature of drinking and not the casual memory.

Funny, as the meeting that day went on, my mind actually drifted just a bit and the image of a Mexican restaurant menu popped into my head.

It was a colorful menu with an image of a huge margarita. The drink was surrounded by savory-looking, delicious Mexican dishes. I laughed. The glass of the margarita was sweating, and frost had accumulated. It looked harmless. I realized that if that menu was at my dining table back when I was drinking, the margarita would have played a much larger role and the food would have played a much smaller role.

This is exactly what the Oldtimers had warned me about. Without a Higher Power, we have no defense against that first drink. The drink looks so pretty in a menu. It's simply a photo of a harmless dinner—festive, inclusive, relaxing, fun. Or is it? What the photo doesn't show is what the drink really symbolizes for me. Can you imagine if we began ordering drinks by the name of their consequences?

"Yes, I'll have a 'Shame on the Rocks' with no salt, please! Follow that with a 'Naked in the Backyard,' a 'What Happened to My Side View Mirror?' and, oh, yes, a 'Double Handcuff' with a chaser of 'Regret.' And keep 'em coming!"

This got me thinking about the luxury of normal drinking that others have and that I have long since lost. I sit in meetings where the Oldtimers are giving us newbies warnings of what they know is truth. I'm learning to heed their warnings and pay attention to what they say when they talk about our minds and bodies being different from our fellow's.

Mostly I'm learning not to take myself so seriously. I can't help but see an ad or an image of a colorful drink now and jokingly, yet accurately, name it for what it really represents for me. So, please bring me a "Self-Respect" and a "Life is Good" and keep 'em coming!

**BY: E.M. | AMARILLO, TEXAS**
**aagrapevine.org, JULY 2022 ISSUE**

***Highlights* in this issue**


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# ARCHIVES Joke for April: From The 2001 45th Florida State Convention

## *The Foot Foot Joke*

Listening to old tapes I came across a joke I once heard from a Riverbridge Homegroup member called Tek. He told me that he heard it from Cecil C. I found a Cecil C. tape from 7/14/2001 at the 45th Florida State Convention at Doral Golf resort in Miami.

This is almost verbatim (best as I could hear). Hope you enjoyed the alcoholic version of the foot foot joke.

I didn't want to come to alcoholics anonymous. It wasn't my plan in life. I was something like the three alcoholic rabbits. I don't know if you people know about alcoholic rabbits. I don't mean ordinary Saturday night drunk rabbits. Real genuine alcoholic rabbits. There were three of them called foot, foot foot and foot foot foot. Foot foot would say to foot foot foot, and foot foot foot used to say to foot foot, let's pick ole foot and go to the bar. So, foot foot foot and foot foot would pick up ole foot and go to the bar. One night, foot foot asked foot foot foot where is foot? Foot foot foot said to foot foot, well he was here a minute ago. So, foot foot foot and foot foot went outside, and foot was dead. So, foot foot said to foot foot foot what is it that we should do with foot? Foot foot foot said to foot foot we should take him to a funeral home. Foot foot said to foot foot foot what do you think foot died from?

Foot foot foot said to foot foot, I think he was an alcoholic. Foot foot said to foot foot foot do you think we're alcoholics? Foot foot foot said to foot foot, well we are drinking quite a bit. Foot foot said to foot foot foot do you think we should join alcoholics anonymous? Foot foot foot said to foot foot might as well we already have one foot in the grave anyway. I was like the alcoholic rabbit. I had one foot in the grave before I came to alcoholics anonymous.

Jim B. Archives

**GSO Contributions:**
General Services Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

***** NEW ADDRESS *****
**Area 14 Contributions:**
NFAC Treasurer
PO Box 6301
Jacksonville, FL 32205

**Intergroup Contributions:**
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood, # 107
South Daytona, FL 32119

## Monthly District meetings

**District 8:** Last Monday – 7:15 pm, Almous Club, 569 Foote Court, Daytona Beach

**District 19:** 4th Thursday (note change in day) – 6:30 pm, First Cong. Church (Fellowship Hall), 201 W. University, Orange City

**District 20:** 3rd Sunday, United Church of Christ, 203 Washington St., NSB. 6:30 for PI and Treatment Committees, 7 pm for District meeting.

**District 21:** 4th Tuesday of each month, 6:30pm at St. James Episcopal Church, 38 South Halifax, Ormond Beach

**District 32:** 1st Monday – Zoom only, 6 pm. Contact dbflorida2@gmail.com for email invitation.

Want to know what's happening in your District? All A.A. members are welcome to attend their District meetings listed above and get involved.

## *Step IV*

*"Made a searching and fearless moral inventory of ourselves."*

## *Tradition IV*

*"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."*

## *Concept IV*

*At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.*

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# Meeting Updates

## District 21

4th Tuesday of each month
6:30pm
@

St. James Episcopal Church
38 South Halifax, Ormond Beach

## YOLO

Wednesday at 7:00pm
Big Book Meeting
@
3140 S. Atlantic Ave
Daytona Beach

# April Anniversaries

| NAME | YR | DATE |
|---|---|---|
| **5:30 Group Rebos** | | |
| Chris A | 36 | 4/5/1987 |
| Paul J | 22 | 4/4/2001 |
| Mike M | 13 | 4/27/2010 |
| **Alcoholics and God** | | |
| Vicki E | 30 | 4/26/1993 |
| Lucas D | 4 | 4/11/2019 |
| Caryl G | 1 | 4/29/2022 |
| Miguel C | 1 | 4/4/2022 |
| Will H | 1 | 4/24/2022 |
| **Aloha Group** | | |
| Jeff B | 2 | 4/21/2021 |
| **Back to Basics Deland** | | |
| Stevie Rae | 34 | 4/23/1989 |
| Tyrone T | 33 | 4/10/1990 |
| **Choice is Yours** | | |
| Kenny C | 47 | 4/20/1976 |
| John S | 36 | 4/25/1987 |
| **Donut Group** | | |
| Roger V | 33 | 4/30/1990 |
| Booker B | 1 | 4/10/2022 |
| **Early Ducks** | | |
| Bonnie | 13 | 4/23/2010 |
| Doris | 1 | 4/16/2022 |
| **Four Townes** | | |
| Jack S | 34 | 4/29/1989 |
| Wayne O | 32 | 4/1/1991 |
| James P | 29 | 4/10/1994 |
| Tommy M | 17 | 4/18/2006 |
| Julie | 1 | 4/16/2022 |
| Stevie | 1 | 4/19/2022 |
| **Friday Noon Mens's** | | |
| Dixon G | 40 | 4/19/1983 |
| Joe G | 21 | 4/1/2002 |
| **Good Day Group** | | |
| Billy P | 4 | 4/25/2019 |
| Jim C | 1 | 4/5/2022 |
| Sarah C | 1 | 4/5/2022 |
| Chris B | 1 | 4/8/2022 |

| NAME | YR | DATE |
|---|---|---|
| **Happy Hour Daytona** | | |
| John P | 21 | 4/1/2002 |
| Leo M | 15 | 4/19/2008 |
| Roberta P | 10 | 4/10/2013 |
| Ken F | 1 | 4/6/2022 |
| Cheyenne C | 1 | 4/9/2002 |
| Robert P | 1 | 4/11/2022 |
| Dan M | 1 | 4/19/2022 |
| Shawn W | 1 | 4/26/2022 |
| **Hour of Power** | | |
| Tom D | 48 | 4/11/1975 |
| Bob Z | 43 | 4/6/1980 |
| Jim G | 25 | 4/15/1998 |
| Amber F | 1 | 4/24/2022 |
| **High Noon** | | |
| Tom L | 12 | 4/30/2011 |
| Charlie M | 10 | 4/1/2013 |
| Mandy R | 2 | 4/22/2021 |
| Barbara D | 1 | 4/23/2022 |
| **Insane Today** | | |
| Tom Sr | 48 | 4/6/1975 |
| Pete G | 41 | 4/19/1982 |
| **Ladies Tuesday Night** | | |
| Mandy R | 2 | 4/22/2021 |
| **Lest We Forget** | | |
| Dave B | 41 | 4/10/1982 |
| Larry A | 39 | 4/26/1984 |
| Kathy B | 3 | 4/27/2020 |
| **New Dawn Group** | | |
| Dick C | 62 | 4/8/1961 |
| Esta P | 38 | 4/7/1985 |
| **New Hope** | | |
| Erik K | 14 | 4/28/2009 |
| **New Smyrna Beach Group** | | |
| Jamie K | 1 | 4/4/2022 |
| Suzie S | 7 | 3/1/2016 |

## April Anniversaries

| NAME | YR | DATE |
|---|---|---|
| **Pass It On** | | |
| Mel H | 47 | 4/1/1976 |
| Connie C | 22 | 4/15/2001 |
| Jason | 4 | 4/14/2019 |
| Denise | 1 | 4/25/2022 |
| **Riverbridge Group** | | |
| Paul M | 6 | 4/29/2017 |
| **Road to Recovery DB** | | |
| Blake A | 1 | 4/28/2022 |
| **Road to Recovery Deltona** | | |
| Beth K | 30 | 4/10/1993 |
| Nicole B | 2 | 4/1/2021 |
| **Saturday Morning Step** | | |
| Tom C | 40 | 04/24/1983 |
| **Sobriety First** | | |
| Vicki E | 30 | 4/26/1993 |
| **Sunrise Group - Deland** | | |
| Doc | 34 | |
| Dan L | 21 | |
| Darlene N | 16 | |
| Bonnie Z | 13 | |
| Joe G | 13 | |
| Marty H | 13 | |
| Jason G | 4 | |
| Michael H | 3 | |
| **Sunrise Group - Holly Hill** | | |
| Bruce O | 32 | 4/1/1991 |
| Brian S | 18 | 4/20/2005 |
| Kathleen P | 6 | 4/23/2017 |
| **Tomoka Group Beachside** | | |
| Deb C | 29 | 4/4/1994 |
| Melanie S | 22 | 4/19/2001 |

| NAME | YR | DATE |
|---|---|---|
| **Way of Life** | | |
| Tom N | 48 | 4/25/1975 |
| Ida T | 41 | 4/12/1982 |
| Mike H | 32 | 4/28/1991 |
| Brian S | 18 | 4/20/2005 |
| Jonna L | 8 | 4/26/2015 |
| Derek | 3 | 4/20/2020 |
| Kevin | 2 | 4/19/2021 |
| Michael W | 2 | 4/25/2021 |
| Richard C | 2 | 4/28/2021 |
| **We Are Alive** | | |
| John H | 34 | 4/15/1989 |
| Mike M | 13 | 4/27/2010 |
| Kim A | 4 | 4/25/2019 |
| Fay T | 1 | 4/25/2022 |
| **Wednesday Women's** | | |
| Rosemary | 33 | 4/12/1990 |
| Phyllis E | 31 | 4/12/1992 |
| **YOLO** | | |
| Dustin B | 34 | 4/18/1998 |
| Elizabeth | 2 | 4/25/2021 |
| Paul R | 1 | 4/5/2022 |
| Michelle | 1 | 4/8/2022 |
| **Young at Heart** | | |
| Bob R | 32 | 4/14/1991 |
| Amber | 1 | 4/24/2022 |

**Congratulations Everyone!!!!**

**1,726 Years of Sobriety in April 2023**

## Intergroup News and Meeting Schedule

**Volusia County Intergroup Representative's Meetings:** 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd. off US 1).
**Steering Committee Meetings**: 6:30 pm, 2nd Thursday each month, 1635 S. Ridgewood Ave.

**Special thanks to the following for the contributions:**
**Group contributions**

New Dawn
Acceptance Is The Answer
Back To Basics Deland
Grateful Group O.C.
Steps For Life
Life Savers
Had Enough
Deland Group
Sterring Comm & IGR
Sunday Morning Sober

**Total Group Contributions $1078.26**

**Anonymous $46.50**

**TOTAL FEBRUARY DONATIONS $1124.76**

**Volusia County Intergroup Office**

Open:
Monday – Friday
9 am – 5 pm
Saturday 9 am – 1 pm
Anniversary Coins, Books, Book Covers, Cards, Jewelry.

***** Credit cards accepted *****

**Intergroup Representatives (IGR) attending March Meeting:**

**Daytona Beach**
Free To Be
Good Day Group
Happy Hour
Tomoka Group Beachside
Wednesday's Women's
YOLO
The Driveway

**Deland**
Deland BB Study

**Lake Helen/Osteen**
Road to Recovery

**Holly Hill**
Lest We Forget

**New Smyrna Beach**
High Noon
Hour of Power
New Smyrna Beach Group

**Port Orange**
Choice Is Yours

**Ormond Beach**
Ormond Beach Group

**Orange City**
Alcoholic and God
Four Townes
Grateful Group

If you are interested in service work, please contact our Office Coordinator, Candy

Email: admin@aadaytona.org
Phone: (386) 756-2930

**When sending a donation check, please be sure your group's name is noted.**

### Committees, Coordinators, and Volusia County Intergroup updates

**Office Coordinator:** In February, Intergroup had 168 visits and 52 calls.

**Website Administrator:** Hi everybody we are down in website analytics this month but we still had 6,120 page views w/ an average of 1m 53s on the site. We have been above average the last few months as everyone was checking out the new website so the downturns this month were eventually expected. Please let me know if you have any questions. Thank you ~Hugh

**Archives Report:** I am pleased to report that the VCIG Group History Form is now available online and easier to find. Go to aadaytona.org. To find the form: Under the drop-down menu of "Forms" you will find "Group History Form". When it opens, click on it to download. Fill it in and submit the Volusia County Group History Form to VCIG office. Thanks. NOTE: this is a different group history form than one you might have submitted to North Florida Area Archives.

**High 'n Dry Editor's:** If interested in submitting an article, please email us at ***editor@aadaytona.org***

# UPCOMING EVENTS

**(Pages 3 and 8)**

## District 20 Spring Picnic

**Saturday, April 22nd**
11:00 AM to 3:00 PM
Pettis Park- 800 Mary St, NSB

Sponsored by District 20
$5.00 per person
Tickets available soon
Speaker ~ 50-50 ~ Door Prizes
Kids and Family Members Welcome!

Hamburgers, Hotdogs, and Drinks Provided
Bring a Side Dish or Dessert to Share

Playground, Tennis Courts, Basketball Courts, Skate Park, Bicycle friendly, Restrooms

Join us for Fun, Fellowship and Great Food!

## REBOS CLUB FUNDRAISER

Gourmet Bagels, Cream Cheese & Juices Provided
Please bring a Breakfast Item to Share

$3 Members
$5 Nonmembers
50:50 Raffle

## Spring Fling
## Breakfast for Dinner!
*at REBOS*

*Saturday, April 8, 6:30pm*

*2140 S. Riverside Drive, Edgewater Fl*

Sign-up at REBOS or contact Carol D., Events Coordinator at caroldrebos@gmail.com

## Insane Today Group - Picnic

April 1, 2023
2PM to 5PM

### Andy Romano Beachfront Park

839 S. Atlantic Ave.
Ormond Beach, FL 32176

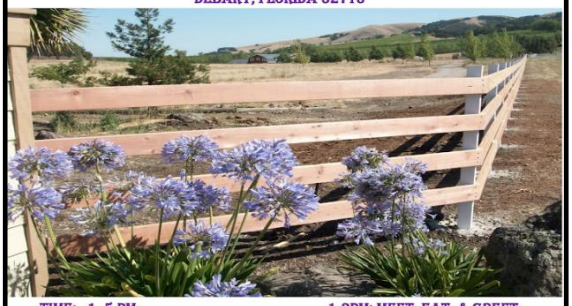
Gazebo/Pavillion
Outdoor Grill
Parking
Picnic Area
Playground
Restrooms

Hamburgers, Hotdogs, and Drinks Provided
Bring a Side Dish or Dessert to Share

All Welcome

Join us for Fun, Fellowship and Great Food!

WELCOME TO THE ANNUAL AA PICNIC
AT
GEMINI SPRINGS
"OK CORRAL" PAVILLION
37 DIRKSEN DR.
DEBARY, FLORIDA 32713



TIME: 1- 5 PM
DATE: 4/15/2023
PRICE: $10.00 DONATION

1-2PM: MEET, EAT, & GREET
2-4PM: SPEAKER/DISCUSSION
4-5PM: FELLOWSHIP, RAFFLES

BURGERS, HOT DOGS, & DRINKS WILL BE SERVED
PLEASE BRING SIDE DISH 2 SHARE ☺
50/50, FELLOWSHIP, & SPEAKERS
CONTACT LEE: 386-668-6530
XIARA 862-273-1724

Editor's Disclaimer: This newsletter communicates the thoughts and feelings of its editor and contributors and reflects A.A. experience with recovery, unity and service. Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions. Contact the editor at ***editor@aadaytona.org***.

(Continued from Page 3)

# Volunteer's Needed

## Website Assistant (Backup)

- Word Press Knowledge

## Special Events Coordinator's

- (2) Primary & Alternate
- Old Timers Dinner
- Pasta Dinner

**Contact Intergroup Services Office**

If Interested in these positions

# Notice

**Volusia County Intergroup Services Bylaws To Be Revised**
**(Vote planned at IGR Meeting on May 18, 2023)**

**A resolution has been presented that our Volusia County Intergroup Services Bylaws be revised. The text of the proposed revision may be found on the website at *aadaytona.org*. The revision will be accepted or denied by a vote of the IGRs at their regular meeting of May 18, 2023. Copy of the resolution below, the originally signed copy is available at the Intergroup Services Office.**

**If you would like a copy of the original bylaws, please contact admin@aadaytona.org.**

CORPORATE RESOLUTION
OF
VOLUSIA COUNTY INTERGROUP SERVICES, INC.

We, the undersigned being authorized signers, for this resolution, of
Volusia County Intergroup Services, Inc. organized and existing under the laws of Florida and having its principal place of business at
1635 S Ridgewood Ave, Suite 107. S Daytona, Florida 32119
(the "Corporation") hereby certify that the following is a true and correct copy of a resolution adopted at a meeting of the Intergroup Representatives duly held
And convened on March16, 2023 at which the required signers in accordance with
"Article VIII Amendment to By-Laws"
Was present and voting throughout, and that such resolution has not been modified rescinded or revoked, and is at present in full force and effect
Therefore it is resolved:
To Revise Volusia County Intergroup Services Bylaws
By affirmative votes noted as signatures below, as the two authorized Members of Volusia County Intergroup Services, Inc. with authority to summon the Company
Approves the form and content of this resolution, to be effective immediately.
Signers

Shelley L. (SHELLEY L) — Name — 3-16-2023 — Date
D.J. — Name — 3/16/23 — Date

Certificate of Secretary
The Secretary of the Corporation hereby certifies that he/she is the duly elected and Qualified Secretary of Volusia County Intergroup Services, Inc. and certifies that the above is a true and correct record of the resolution that was duly adopted by the Corporation on March16, 2023.

Craig P 3/16/23
Name