



Volusia County Intergroup Services

Districts 8, 19, 20, 21 and 32

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119 - (386) 756-2930 - Fax (386) 756-3573

Website: aadaytona.org

*"I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that: I am responsible."*

Gratitude

**God has been gracious enough to give me sober days
and a life blessed with peace and contentment,
as well as the ability to give and receive love,
and the opportunity to serve others -- in our Fellowship, my family
and my community.**

For all of this, I have "a full and thankful heart."

- Daily Reflections, p. 93

I know that November is traditionally gratitude month in AA, but really wanted to change things up a bit here to remind myself that gratitude can't be limited to only one month for me. If I am not grateful every day that I wake up sober, maybe one day I may not do that!

The thought of that helps me to remember to talk to God when I first wake up each morning, pray throughout the day and say thank you just as I am falling asleep each night. There have been many times over the years that this has been very difficult for me.....and don't we all have times that try us?

Tragedies of all types test our strength, our patience and our very souls. Without life's ups and downs we would not be really living life and I don't think my sobriety would be worth a whole lot.

That reminds me of the part of the Big Book that talks about trying to isolate ourselves from alcohol. "If the alcoholic tries to shield himself he may succeed for a time, but he usually winds up with a bigger explosion than ever." P. 101

Today and every day I need to remember just how cunning, baffling and powerful my disease is and keep myself in fit spiritual condition. To do otherwise will lead to total disaster sooner or later. We celebrate it one month each year but for me gratitude is a way of life, 24 hours a day, 7 days a week.

Gratitude is not a word in AA. It's an action.

anon

December, 2012:

Gratitude

IN THIS ISSUE

*From the Archives: About one of our co-founders

*Experience, Strength, and Hope: *Traditions: The Twelfth Tradition

...and more!

Sobriety Countdown

Total Years-December, 2012: 1,435

Total Years-December, 2011: 1,096

Next Month: Grace

Volusia County Intergroup

New Address:

Coastal Centre Suite 107

1635 South Ridgewood Ave.

South Daytona, FL 32119

Vital to all AA's and a part of Alcoholics

Anonymous

VOLUNTEER. DO IT TODAY, PLEASE

*12 Steppers needed in East & West Volusia

Call (386) 756-2930 for more information

Intergroup News

Position Open: Intergroup is in need of a **Special Events Coordinator**. Anyone interested in doing some cool stuff with fun people, please call or visit the office!

Welcome New IGRs -Kevin K. (Donut Group), Rich C. (New Beginnings-DeL.) and Butch K. (New Dawn Group)

Intergroup Representatives Meeting - 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd off US 1).

Intergroup Steering Committee Meeting - 6:30 pm, 2nd Thursday each month at Intergroup Office.

Monthly District Meetings

District 8: Last Sunday-12:30pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Monday-6:30pm, First Cong. Church (Annex), 201 W. University, Orange City

District 20: 3rd Sunday-7:00pm, Rebos Club, 2120 S Ridgewood Ave #8, Edgewater

District 21: 2nd Monday-6:30pm, First United Methodist Church, 336 S. Halifax, OB

District 32: 1st Monday-6:30pm, Ormond Beach Presb. Church, 105 Amsden Rd. OB

Groups represented at IGR Meeting, July, 2012 (14) • Attitude Adjustment • Back to Basics Del • BB Study Holly Hill • Brighter Days • Donut Group • Love and Service • New Beginnings DeL • New Dawn • Pass it On • Precisely How • Road to Recovery-DB • Saturday Alive • Steps for Life • Way of Life

• Was your Group represented?

♦ District representation: Districts 8, 19, 20, 21, ♦ MALs present: (0)

DISTRICT NEWS:

District 8: No report.

District 19: Position open.

District 20: Position open.

District 21: Position open.

District 32: Position open.

MALs represent their Districts at the Intergroup level and are a conduit for info between Districts and Intergroup. This is vital to the smooth operation of both entities. Please consider volunteering. WE NEED YOUR HELP.

Help Volusia County Intergroup carry the message to the still-suffering alcoholic. Commit a dollar for every year of your sobriety on your anniversary, donate in memory of, or make it anonymous.

Anonymous-\$553.12

YTD 10/31/12: Total Income: \$2,763.30; Total Expenses: \$2,831.38; Net Income: \$-68.08

Contributions help make Twelve Step activity possible. We appreciate your support.

MEETING INFORMATION:

NEW MEETING: Last Hope: Friday 5:30pm at Our Lady of Hope Church, 4675 S. Clyde Morris Blvd, Port Orange.

LOCATION CHANGE: All meetings held at the Riverbridge Bldg. aka 'the little white church', (Had Enough Group, Riverbridge Group, Came to Believe/Living Sober Group) have now moved to Grace Lutheran Church, A1A at Neptune, Ormond Beach. Days and times are the same.

GSO Contributions:

**General Services Office
Grand Central Station, P.O. Box 459
New York, NY 10163**

NEW ADDRESS

Area Contributions:

**NFAC Treasurer
P.O. Box 360831
Melbourne FL 32936
Please make checks payable to
NFAC**

NEW ADDRESS

Intergroup Contributions:
**Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood Suite 107
South Daytona, FL 32119**

FROM THE ARCHIVES

Area 72 archives (Washington State) and Volusia county Intergroup archives have been working together since the 90's. We have a co-founder in common. Dave W. moved to Daytona to help start the 1st group in Daytona after starting the 1st group in Seattle. He started the Daytona Beach group with George S. Very little was known about Dave but now we know much more.

Area 72 has found pictures of Dave with Bill W. and another man.

This article found in the Daytona Evening News, by Carolyn Dated Monday, August 31, 1942

Byline reads **Dave W. drops dead in Jax**

The article reads as follows:

Dave W., formerly employed at the Daytona Beach Boat Works who went to Jacksonville to work, dropped dead in Jacksonville at 1 o'clock Sunday morning. He left Daytona 3 weeks ago to work at the Gibb Gas and Machine Co. boat builders. He was a Canadian veteran of the Great War; wounded twice and gassed once. His wife and 3 children expect to leave Jacksonville late in the week for Seattle Washington. Funeral will be in Jacksonville at 4 this afternoon.

This type of death occurred frequently to those who had been gassed in WWI.

Dave W. Volusia county archivist

There is always a need for 12-Step volunteers in all Volusia County. Some folks are not getting to meetings because of the lack of rides.

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SOME GIGGLES

The speaker was going on and on. A man in the fifth row stood up and walked out. As the speaker was winding up, the man returned. After the meeting, the speaker asked the man where he went.

“I went for a haircut,” he said.

“A haircut? Why didn't you get a haircut before the meeting started?”

The man replied, “I didn't need a haircut before the meeting started.”

“A Rabbit Walks Into a Bar”

Best Jokes and Cartoons from the AA Grapevine

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Nothing hurts more than that moment during an argument when you realize you're wrong.

Experience, Strength, and Hope

A Walk to Sobriety

**I walk down the street.
There is a deep hole in the sidewalk.
I fall in.
I am lost...I am helpless.
It isn't my fault
It takes forever to find a way out.**

**I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in again.
I can't believe I am in the same place.
But it isn't my fault.
It takes a long time to get out.**

**I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there.
I still fall in...it's a habit.
My eyes are open.
I know where I am.
It is my fault.
I get out immediately.**

**I walk down the same street.
There is a deep hole in the sidewalk.
I walk around it.**

I walk down another street.

The dog is truly a man's best friend. If you don't believe it, just try this experiment:

Put your dog and your wife in the trunk of the car for an hour. When you open the trunk, which is really happy to see you???

www.aalondon.org

The A.A. Tradition

Tradition Twelve

"And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all."

In the pamphlet "The TWELVE TRADITIONS Illustrated" (#P-43 available at the Intergroup office) it states "Let us always remember that anonymity—not taking credit for our own or others' recovery—is humility at work."

Sometimes I forget what anonymity is about and think it just doesn't apply to me since I don't care who knows I am in recovery, but the above quote serves to remind me that it's not always about who knows...it's about how I look at recovery and how I relate to all the other folks in our AA community. It's always good to hear that it's not all about me, after all.

That is a reminder that I need every single day. Otherwise I tend to get too full of myself and forget that I am only here because of God's grace and love. Without that I am destined to become that falling-down drunk once again.

SOMETHING TO LAUGH ABOUT

When human frailties break through in waves of the ridiculous, God's mercy prevails. After all, to be human isn't a sin, but to pretend we're not is really something to laugh about.

Committees, Coordinators and Intergroup Updates

Office Coordinator's Report by Mike D: There were a total of 134 calls and 208 visits to Intergroup for October 2012. There were 12 Help calls recorded; 6 were for rides to a meeting, 5 wanted to talk to an AA member, and one wanted a ride but went to detox on her own.

All Anniversaries should be submitted to admin@adaytona.org and should include Name, Month and full Sobriety Date.

Desk Volunteers are needed for permanent and fill-in positions. Minimum requirement is 1 year sobriety and some computer knowledge. Contact the office for more info.

We have T-shirts, Sweatshirts, Mugs and new Jewelry items for sale. Quantities are limited.

Archives Committee by Carolyn C: Dave W. has received a picture from Washington State of Dave Williams who started the first group in Daytona with George Schmidt.

We are continuing to update the inventory to agree with actual locations in the new archives room.

Phone Army Coordinator by Mark C: There were 4 info calls reported from the Phone Army volunteers. Mark is rotating out as Phone Army chairperson on Nov. 17.

12 Step Coordinator by Jan M: As always, we still need volunteers, but I am happy to say that with your help, we are getting new volunteers to help spread the message. "Snowbirds" need to contact Intergroup to make sure they are still on the list. Thank you very much for all your help.

Corrections Committee Coordinator by George C: We are always in need of volunteers willing to make a commitment to take recovery into the prisons.

High 'n Dry Editor: Thank you for allowing me to be in service to this community throughout this year. Hopefully with God's help I can continue to provide interesting content and useful information to Volusia County through the coming year. I thank each and every one of you who help me in this effort and wish you all a great Christmas and a happy New Year.

Special Thanks to the following Groups for their contributions in October 2012

Any Lengths-OB, Deland Group, Fountain of Youth, Four Townes, Free to Be-DB, Friday Night Men's-Edg, Just Do It BB Study-Debary, Lifesavers, New Beginnings-DEL, New Dawn, New Hope, Pass It On- Victor E., Sunday Morning Sober, Three Legacies, Young At Heart

This newsletter communicates the thoughts and feelings of its editor and contributors and reflects current AA experience with recovery, unity and service.

Articles are not intended as statements of AA policy. Publication does not imply endorsement by either AA or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

Articles may be submitted in writing through the Volusia County Intergroup office or via email at: editor@adaytona.org. Are you interested in working on the High 'n Dry? Contact the editor to get involved.

ATTENTION

READERS OF THE HIGH 'N DRY
Please submit any A.A.-related:

- Announcements
- Stories, Poems, Songs, Jokes, Bumper Stickers, Words of Wisdom
- History
- Suggestions
- Corrections

editor@adaytona.org

DECEMBER 2012 ANNIVERSARIES

Years	Date	Years	Date	Years	Date
BACK TO BASICS		GOOD DAY GROUP		PEACE OF MIND	
Alicia S	21 12/18/91	Toby C	2 12/21/10	John O	34 12/31/78
Linda D	14 12/06/98	GRATEFUL GROUP		Jan D	32 12/28/80
John K	14 12/12/98	Bing W.	31 12/12/81	Louise P	29 12/16/83
Arlene G	10 12/08/02	Craig B.	8 12/10/04	Chick S	26 12/07/86
David O	8 12/14/04	Mike M.	2 12/04/10	Bruce S	22 12/15/90
BEACHSIDE -- NSB		HOW IT WORKS		Elizabeth M	16 12/31/96
Len E	32 12/23/80	Ron B	20 12/04/92	Chris S	8 12/26/04
Gloria L	1 03/02/11	Joe D	16 12/16/96	Kay D	7 12/02/05
BOULEVARD		Melissa	6 12/20/06	Nancy P	7 12/15/05
Mary W	24 12/08/88	Vaughn B	2 12/17/10	Mike M	6 12/04/06
Don D	13 12/07/99	JUST DO IT		Pam	2 12/15/10
Andy M	9 12/13/03	Norman M	10 12/16/02	ROAD TO RECOVERY -- DB	
CAME TO BELIEVE		Bob M	10 12/16/02	Vinny M	27 12/23/85
Frank S	33 12/17/79	Bill W	5 12/23/07	Bill O	1 12/05/11
Rich N	12 12/13/00	LEST WE FORGET		SATURDAY WOMEN'S WEEKEND	
CHOICE IS YOURS		Ruby J	26 12/22/86	Terri B	30 12/10/82
Vinnie M	27 12/23/85	Brooke S	20 12/01/92	SOBRIETY AND BEYOND	
Bill C	6 12/28/06	Jon G	3 12/22/09	Patty H	30 12/27/82
Janine W	3 12/11/09	LIFE SAVERS		SOBRIETY FIRST	
John O	2 12/04/10	Mark L.	29 12/14/83	David G	28 12/20/84
Dave R	2 12/07/10	Chuck S.	27 12/07/85	Donna B	1 12/31/11
Shannon	1 12/01/11	Peter C.	17 12/09/95	STEPS FOR LIFE	
DAYTONA YPG		David C.	3 12/29/09	Joyce F	17 12/13/95
Charlie W	1 12/23/11	Steve G.	1 12/02/11	SUNRISE GROUP - DELAND	
DELTONA MEN'S GROUP		LOVE & SERVICE		Pati H	20 12/27/82
John H	28 12/25/84	Mary O	22 12/11/90	Arlene G	13 12/09/99
Lynn D	15 12/26/97	Wes	15 12/23/97	Craig D	3 12/08/09
DONUT GROUP		NEW BEGINNINGS -- DELAND		Doug B	3 12/22/09
Don G	33 11/16/79	Kathy P	7 12/30/05	THURSDAY NITE MEN'S GROUP	
Peggy S	23 11/10/89	NEW DAWN		Sam D	28 12/25/84
Greg P	22 11/18/90	Bill C	6 12/28/06	WAY OF LIFE	
Vicki C	14 11/10/98	Greg O	4 12/01/08	Mark B.	21 12/18/91
Chris C	7 11/08/05	NEW HOPE		Dan	19 12/25/93
Jeff R	2 11/13/10	Pam K	1 12/12/11	Frank B.	1 12/26/11
Mike G	15 12/03/97	NEW SMYRNA BEACH GROUP		WEDNESDAY WOMEN'S	
Suzanne V	15 12/27/97	Kandis N	24 12/01/88	Beryl B	28 12/02/84
Toby C	2 12/21/10	Wende Q	9 12/06/03	Jeanne G	18 12/12/94
FOUR TOWNES GROUP		NOON REFLECTIONS		Kathy B	15 12/17/97
Gretchen S	27 12/23/85	Barbara C	4 12/26/08	Jill S	10 12/25/02
Debbie A	22 12/01/90	OB BIG BOOK STEP STUDY		Libby R	7 12/06/05
Richard V	19 12/31/93	Norm McD	30 12/01/82		
James M	6 12/11/06	Elizabeth H	7 12/04/05		
Brian L	5 12/29/07	ORMOND BEACH GROUP			
Donna V	3 12/05/09	Andrew G	19 12/07/93		
FRIDAY NIGHT MEN'S		Joe D	16 12/13/96		
Sly	12 12/17/00	Rick C	4 12/02/08		
Gary R	3 12/24/09	Joseph T	3 12/02/08		
FRIDAY NOON MEN'S DISCUSSION					
Ray H	11 12/01/01				

Please note! All Anniversary info needs to be sent to the Intergroup office. Only current anniversaries will be included each month - anniversaries that do not get to Intergroup by the 15th of the month will no longer be included.

OCTOBER 2012 CONTRIBUTIONS

GROUP	C *		OCT	YTD
5:30 Group	RBS	20		105.00
5th Tradition	SD	8		0.00
AA Way of Life	SD	8		0.00
A Vision for You		19		0.00
Adventures in Sobriety		21		0.00
Aloha		21		69.00
Any Lengths (Deltona)		19		100.00
Any Lengths (Ormond)		32	70.00	70.00
As Bill Sees It	DLSP	19		0.00
Attitude Adjustment		21		0.00
Back to Basics DeL		19		273.50
Back to Basics PaC				0.00
Basic Text		21		500.87
Beachside, NSB		20		0.00
Beginner's Big Book Study	RBS	20		20.00
Better Way	VcE	19		0.00
Big Book Study DB	SD	8		0.00
Big Book Study HH		21		234.00
Boulevard Group	VcE	19		0.00
Brighter Days	ALM	8		440.00
By the Sea		32		50.00
Came to Believe OB		32		0.00
Candlelight DB	SD	8		0.00
Candlelight OB	EZY	32		0.00
Choice is Yours	YAN	8		185.00
Circle of Friends	SD	8		0.00
Cool to Be Sober	YAN	20		0.00
Daytona 24-Hour Group	SD	8		0.00
Daytona's Burning Desire		8		0.00
DeLand Group		19	15.41	70.41
Deltona Big Book		19		0.00
Deltona Men's		19		0.00
Deltona/Debary Group		19		0.00
Deltona/Enterprise		19		0.00
District 8		8		465.00
District 19		19	20.00	50.00
District 20		20		0.00
District 21		21		400.00
District 32		32		400.00
Donut Group	SD	8		250.00
Early Ducks	EZY	32		0.00
Edgewater BB/Step Study		20		0.00
Fortaleza		19		0.00
Fountain of Youth		19	10.00	35.00
Four Townes Noon Group		19	175.12	415.12
Free to Be, DB	LBD	8	131.56	244.77
Fresh Start	ALM	8		0.00
Friday Night Men's	RBS	20	195.00	326.00
Friday Noon Men's Discussion		21		619.40
Friday Sobriety		8		75.00
Friday Women's Step				0.00
Good Orderly Direction		19		50.00
Grace Group				0.00
Grateful Group		19		195.00
Had Enough		32		10.00
Happy Destiny	YAN	20		0.00
Happy Hour DB	ALM	8		0.00
Happy Hour NSB		20		75.00
Heart to Heart		20		0.00
High Noon		20		0.00
High Nooners	SD	8		141.00
Hour of Power		20		40.00
How it Works	EZY	32		100.00
Insane Today	EZY	32		0.00
Judge Not Group		19		55.00
Just Do It BB Study-Debary		19	15.00	45.00
Keep it Simple	VcE	19		29.50
Last Call	SD	8		0.00
Lest We Forget		21		760.20
Lifesavers		20	50.00	707.00
Line-By-Line BB Study		32		32.50

GROUP	C *	DIST	OCT	YTD
Living Sober DB	SD	8		0.00
Living Sober PO	YAN	20		0.00
Love and Service		8		22.00
Lunch Bunch	SD	8		451.36
Miracle Group	EZY	32		0.00
Miracles Do Happen				25.00
Morning Reflections	SD	8		0.00
Never Had It So Good	YAN	20		127.00
Never Too Young	VcE	19		0.00
New Beginnings - Deland		19	20.00	175.00
New Dawn Group		20	125.00	2,932.00
New Hope Group		8	50.00	410.00
New Smyrna Beach Group		20		299.50
Noon Group	VcE	19		0.00
Noon Reflections	RBS	20		0.00
Only Alternative	Alm	8		0.00
Open Door	VcE	19		0.00
OB Big Book Step Study		32		33.00
Ormond Beach Group		21		0.00
Pass it On	VcE	19	48.09	446.29
Peace of Mind		20		600.00
Precisely How	ALM	8		0.00
Primary Purpose		32		30.00
Riverbridge		32		125.00
Road to Recovery DB		8		425.00
Road to Recovery Deltona		19		25.87
Sand and Sea	EZY	32		0.00
Saturday Matinee	SD	8		0.00
Saturday Morning Step		19		0.00
Saturday Night Alive		8		335.30
Saturday Night Beginners		19		200.00
Saturday Women's Weekend		19		150.00
Seaside Non-Smoking		20		0.00
Serious About Sobriety		19		0.00
Shores 11th Step		8		0.00
Sisters In Sobriety		19		12.00
Sicker Than Others		8		0.00
Sobriety First		19		40.00
Sobriety & Beyond				10.00
Steps for Life		20		25.00
Sunday Morning Sober	YAN	20	115.84	854.91
Sunday Night Connection				0.00
Sunrise Group - Holly Hill		21		0.00
Sunrise Group - Deland		19		24.01
The Weekly Reprieve, Lk Helen				0.00
Three Legacies		21	10.00	50.00
Thursday Night Men's		8		135.00
Tomoka Group		32		80.21
Turn the Page		8		0.00
Turning Point		21		0.00
Una Luz en el Camino, Pierson				0.00
Usual Suspects		21		0.00
Way of Life	ALM	8		710.00
Wednesday Closed		32		0.00
Wednesday Night Big Book				57.80
Wed. Women's /Fri. Step Grps		21		456.00
Westminster By-the-Sea		20		0.00
Women's Book Study				70.00
Women In Recovery	Alm	8		0.00
Women's New Beginnings		20		200.00
Yes We Can		8		0.00
Young at Heart		20	20.00	220.00
TOTAL			1,071.02	\$17,395.52
Anniversary Club				382.00
Anonymous Contributions			553.12	9,440.13
Copier Contributions				58.13
Hi 'n Dry Mailings				60.00
In Memory of Donations				20.00
7th tradition			22.00	243.75
Refunds and Book Sales				0.00
Grand Totals			1,646.14	\$27,599.53

A very special thank you goes out to all of you that have donated to Volusia County Intergroup, Inc.

Calendar of Events

Activities that might be considered "AA related" but do not fall within the guidelines of the Twelve Traditions or activities outside Volusia County will not be listed.

DECEMBER 24-25, 2012: Club YANA will hold a Christmas Alcathon from 6pm Christmas Eve to 6pm Christmas Day.

DECEMBER 31, 2012-JANUARY1, 2013: REBOS Club will hold a New Year's Eve Alcathon from 6pm New Year's Eve to 6pm New Year's Day.

DECEMBER 31, 2012: District 32 New Year's Eve "Black and White Masquerade Dance". Ormond Beach Presbyterian Church, 7pm. Tickets are \$5. Please bring hors d'oeuvres/appetizer to share. Speaker at 8pm. Prizes, Raffles, Music and Dancing.

JANUARY 18-20, 2013: District 32 and Line by Line Group will present Big Book Comes Alive at Ormond Beach Presbyterian Church, 105 Amsden Rd., Ormond Beach. In the spirit of Joe and Charlie presented by Pat and Brian of Ft. Lauderdale. \$20 in advance, \$30 at the door. Space limited to 125.

**New Items:
Clothing &
Bags**

**New Items:
Magnets, Pillows,
Jewelry, and
much more!**

Think INTERGROUP

For Your Anniversary Shopping

Quantities are limited!

Visit our store at the Coastal Centre Suite 107
1635 S. Ridgewood Avenue in South Daytona

When you buy from your local Intergroup, you support your local services. We have expanded our offerings and invite you to come in and check out the unique, collectible items we have for sale. You can pay by cash or check. Prices are subject to change. Thanks for your patronage, suggestions

Sample Price List: Wallet cards: \$0.50; Magnets: \$1.75; Greeting Cards: \$2.00; Medallions: \$2.00 - \$15.00; Books: \$5.00 - \$15.00; Jewelry: \$8.00 - \$22.00; Clothing: \$9.50 - \$29.00; Collectible Pillows and Canvas Bags, Book Covers, CD's, Clocks – ask your desk volunteer for more