



345 Beville Road, Suite 102, South Daytona, FL 32119 - (386) 756-2930 - Fax (386) 756-3573 - Website: aadaytona.org

*"I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that: I am responsible."*

Abracadabra!

Charles M shared an experience that still resonates with me to this day. He talked about noticing a dead bug in his yard and watching ants congregating around the insect that was exponentially larger than the ants. As the ants tried to get their act together, the dead insect move slightly... first to the right, then to the left, then it tilted a little and moved back to center. My friend lost interest and went to do something else. When he came back to the spot a short while later, the dead insect had disappeared. Poof!!! Abracadabra - here one minute, gone the next. The lesson was not lost on my friend. Here was the power of a group of unified beings that together were able to carry off an insect 1,000 times their size. They had a rough start, but unity worked to get the job done.

This explains why AA works so well. The same unity that helped a suffering alcoholic who stumbled into a meeting of recovered alcoholics in 1937 is the same unity that helps every newcomer who walks into the door of AA in 2011. We have a big dead bug called alcoholism that none of us can dispose of by ourselves. Alcoholism always crushes even the strongest, smartest most gifted people on earth. But put a group of recovered and recovering alcoholics together and...poof! Abracadabra - here one minute, gone the next.

There is even a deeper undertone to this message. Simply this - that I can't do this deal by myself. I have to learn not only to reach out when I need help. I also have to learn to lend my experience, strength and hope to help the fellowship get the job done. Whether it's volunteering to take meetings to the jail, joining the phone army or 12-steppers, or helping Intergroup move to its new location, it all gets done when we do it together. No matter how big the job, put a group of unified alcoholics together and poof! Like magic, the job gets done. What does this have to do with sobriety you ask? Everything. Everything.

Anon

September 2011 Theme:
"The Fellowship"

IN THIS ISSUE

* *Did You Know:* New Intergroup Address

* **Archives:** History in the Making

* **E**xperience, **S**trength, and **H**ope: **Link in a Chain & Best of Friends**

* **Traditions":** Tradition 9
...and much more!

Sobriety Countdown:

This Year September 2011: 1,303

Last Year September 2010: 1,505

Next Month: "Amends"

Did You Know.....

Volusia County Intergroup

Vital to AA's and a part of Alcoholics Anonymous

WE'RE MOVING:

*Coastal Centre, Suite 107
1635 South Ridgewood Avenue,
South Daytona, FL 32119*

Call Intergroup at 756-2930 to serve.

Intergroup News

Editor needed for the High 'n Dry • Call Intergroup to serve (386) 756-2930.

Volunteers needed to help with Old Timer's Dinner • Call Intergroup to serve (386) 756-2930.

Intergroup Representatives Meeting - 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd off US 1).

Intergroup Steering Committee Meeting - 6:30 pm, 2nd Thursday each month at Intergroup Office.

Monthly District Meetings

District 8: Last Tuesday 6:30 p.m., Lakeview Estates, 819 Reed Canal Rd • South Daytona
District 19: 4th Monday 6:30 p.m., First Cong. Church (Annex), 201 W. University, Orange City
District 20: 3rd Sunday 7:00 p.m., Rebo's Club, 2120 S Ridgewood Ave # 8, Edgewater
District 21: 2nd Monday 6:00 p.m., First United Methodist Church, 336 South Halifax, OB
District 32: 1st Monday 6:30 p.m., Ormond Beach Presb. Church, 105 Amsden Rd, OB

Groups represented at IGR Meeting, August 2011: (16) • Aloha • Brighter Days • Attitude Adjustment • Back to Basics DeLand • Lest We Forget • Friday Night Men's • Primary Purpose • Road to Recovery DB • Steps for Life • Wednesdays Women's • Life Savers • Love and Service • Precisely How • Tomoka Group • New Dawn • Women's New Beginnings • **Was your Group represented?**

District representation: Districts 8, 19, 20, 21, 32 ♦ MAL's present (2): District 19, 21

DISTRICT NEWS:

District 8: MAL needed as a liaison between District 8 and Intergroup.

District 19: "Traditions Information Sessions" by Bill S, CPC/PI Chair • 6:00-6:30pm before the District monthly meeting.

District 21: Sober Bowling was a success with 30 people showed up for fun and games.

District 32: Change in monthly district meeting - changed to 1st Monday at 6:30p (same location).

Help Volusia County Intergroup carry the message to the still-suffering alcoholic. Commit a dollar for every year of your anniversary, donate in memory of, or make it anonymous. Do it today!

Anonymous Donations: \$676

In Memory of: \$100

YTD 7/2011: Total Contributions: \$22,429; Total Income: \$61,210; Net Income: (\$4,383)

Contributions help make Twelve Step activity possible. We appreciate your support.

Meeting Information:

Meeting Changes:

Open to Change • Format Change • Open Big Book • 10:00 am • Thursdays • Easy Does It Club • Ormond Beach
Open to Change • Format Change • Open Step Study • 10:00 am • Mondays • Easy Does It Club • Ormond Beach

History in the Making

Be a part of history, volunteer to help Intergroup move to its new home.

The target date for the first day of business at our new home is Monday, September 19th. The move will be stretched out over a couple of weeks beginning Friday September 1.

If you can help in anyway, please call Intergroup with your name and number.

We will call in advance when we think a section will be ready (Archives, Back Room, etc.) to see if you might be available to help with the move related to that section.

Our goal is to minimize the chaos that a move this size can bring on and eliminate as much stress as we can.

There will be some "clean up" activity back at the old place following the essential move, so anytime you are available during the month of September would be greatly appreciated.

Mike D., Intergroup Office Coordinator

Attention Groups and Districts ***Distributing Flyers through Intergroup***

Including flyers in newsletter packets

A maximum of 70 flyers should be dropped off at Intergroup by the 15th of the month in order to be included in monthly High 'n Dry packets that are distributed to groups in the five districts. Groups or Districts must provide copies (Intergroup does not have the resources or man power to make copies on behalf of any group or district).

Email must be sent to High 'n Dry editor at editor@aadaytona.org by the 15th of the previous month to be listed in the newsletter Calendar of Events.

"Bumper Sticker" Sobriety

We teach people how to treat us.

Isolation is a darkroom for developing negatives.

You can pretend to care, but you can't pretend to show up.

Experience, Strength, and Hope

A Link in the Chain

Nobody is a whole chain. Each one is a link. But take away one link and the chain is broken. Nobody is a whole team. Each one is a player. But take away one player and the game is forfeited. Nobody is a whole orchestra. Each one is a musician. But take away one musician and the symphony is incomplete. You need someone and someone needs you. Isolated islands, we're not. To make this thing called sobriety work, we need to lean and support. Relate and respond. Give and take. Confess and forgive. Reach out and embrace. Release and rely. Unity ensures our survival so love and acceptance are not optional. Neither is tolerance, understanding, or patience. All those things you need from others when your humanity crowds out your spirituality. *Anonymous*

The A.A. Tradition

The Ninth Tradition

AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

This tradition gives us guidelines (not rules) for conducting meetings and service activities. First of all, no one is considered the CEO or boss in charge – we are a fellowship of equals. We keep our structures simple and rotate responsibilities. We are all trusted servants with a common goal to serve – every act of service is an act of love. The more members involved, the better the meeting. In my personal relationships, we set mutually agreed upon guidelines for acceptable conduct – no one gives orders or expects obedience.

The Best Friends

When I was a newcomer, I was told “dry people, dry places”. I was willing to give up drinking, but I wasn't so sure about giving up my pals. As I pondered this dilemma, my sponsor stopped my “committee” dead in its tracks: “If these people were really your friends, wouldn't they want the best for you?”

Wow! What a concept!!! I didn't know the answer because I never thought about it that way. I tested my “friends” and it was a sad experiment. I heard stuff like, “You're not that bad, look at me!”, “Don't worry, I'll cut you off when I think you've had enough”, “No big deal... I got us a designated driver”. Only two of them said, “I'm glad you're doing this. I just want you to be okay”. The rest failed the test. Over time, it wasn't hard to avoid my old drinking buddies. Besides, they didn't like hanging out with me either that much any more.

It was in AA that I learned what true friendship means. After twelve years in sobriety, my best and healthiest relationships are with the friends I have in the program. They look out for me every time and they're always glad to see me. They don't lie to me and they don't let me lie to myself. Most important, they want me to stay sober above everything.

Anon

THE JOKE'S ON US

A husband and wife are shopping in their local Wal-Mart. The husband picks up a case of Budweiser and puts it in their cart.

'What do you think you're doing?' asks the wife.

'They're on sale, only \$10 for 24 cans' he replies.

'Put them back, we can't afford them' demands the wife, and so they carry on shopping. A few aisles further on along the woman picks up a \$20 jar of face cream and puts it in the basket.

'What do you think you're doing?' asks the husband.

'It's my face cream. It makes me look beautiful,' replies the wife. Her husband retorts: 'So does 24 cans of Budweiser and it's half the price.'

HUSBAND DOWN!, HUSBAND DOWN!, AISLE 7

Committees, Coordinators and Intergroup Updates

Phone Army Coordinator by Mark C: There were 35 calls in July 2011: 32 calls for information; 3 help calls; one was referred to Stewart Marchman and 12-Steppers responded to two other help calls. Phone Army volunteers, please send in your log sheets to Intergroup via fax, mail or email for inclusion in the monthly report.

12 Step Coordinator by Jan M: I am doing the quarterly update of the 12 Step list this month. Now would be a great time for all those interested in 12 Step work to get involved. 12 Step Volunteers are needed at all times and in all areas of Volusia County. Contact Jan M. at (386) 847-7154 or call Intergroup. Applications are also available online at www.aadaytona.org.

Archives Committee by Carolyn C: We received a lot of favorable comments about our Archives display at the Florida State AA Convention. Rick C. donated a picture of Duke D. having dinner with Sandy B. and a friend. Hazelton has requested permission to look through our unique collection of Rich Walker papers. They are planning to publish a new edition of the Twenty-four Hours a Day book and are researching material for the introduction to the new edition.

High 'n Dry Editor: The October 2011 issue will be available for pickup on September 30th.

Office Coordinator Report by Mike D: 136 calls, 213 visits to Intergroup during July 2011. Four help calls were received. Two calls for help for other people were given phone numbers to call. A caller from a hospital could not provide a phone number. Another call for help had an inaccurate number so 12-Steppers could not call them back.

Intergroup Website Report by Joe K, Webmaster: July website visits - 967

Special Thanks

to the following Groups for their contributions in
July 2011

Adventures in Sobriety, Aloha Group, Back to Basics –Deland, Basic Text, By the Sea-OB, Deland Group, Fountain of Youth, Four Townes, Free To Be-Daytona, Heart To Heart, Lest we Forget, Lifesavers Group, Lunch Bunch, Ormond Beach Group, Pass It On, Peace of Mind, Saturday Night Alive, Sunday Morning Sober, Sunrise Group-Deland, Wednesday Women/Friday Step, Young at Heart

This newsletter communicates the thoughts and feelings of its editor and contributors and reflects current A.A. experience with recovery, unity, and service.

Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

Articles may be submitted in writing through the Volusia County Intergroup office, or via email at: editor@aadaytona.org. Are you interested in working on the High 'n Dry? Contact the editor to get involved.

ATTENTION

READERS OF THE HIGH 'N DRY
Please submit any A.A.-related:

- Announcements
- Stories, Poems, Songs, Jokes, Bumper Stickers, Words of Wisdom
- History
- Suggestions
- Corrections

editor@aadaytona.org

SEPTEMBER 2011 Anniversaries					
Years	Date	Years	Date	Years	Date
ALOHA		FRIDAY NOON MEN'S DISCUSSION		ORMOND BEACH GROUP	
Sydney L.	25	09/03/86	Dave C.	35	09/03/76
David D.	4	09/01/07	Brian R.	23	09/10/88
			Jim S.	18	09/03/93
					Jim K.
					5
					09/15/06
ATTITUDE ADJUSTMENT		GRATEFUL GROUP		PEACE OF MIND	
Jim F.	5	09/02/06	Jim M.	31	09/01/80
			Jeff P.	8	09/22/03
BACK TO BASICS - DEL				Claudia C.	
Ken W.	40	09/18/71	Dan R.	4	09/17/07
Justin M.	1	09/26/10	Karen	1	09/07/10
					Bill E.
					25
					09/16/86
					Steve H.
					23
					09/07/88
					Tom N.
					16
					09/01/95
					Karen P.
					7
					09/13/04
					Steve J.H.
					3
					09/15/08
					Grey
					2
					09/19/09
					Rich L.
					1
					09/18/10
BY THE SEA GROUP		HIGH NOON		ROAD TO RECOVERY, DELTONA	
Troylee R.	26	09/27/85	Kevin C.	23	09/21/88
			T.D. N.	17	09/01/94
			Jeff E.	2	09/03/09
					Jan M.
					18
					09/21/93
					SATURDAY NIGHT ALIVE
					Chris R.
					34
					09/24/77
					Jean L.
					6
					09/03/05
					STEPS FOR LIFE
					Leona R.
					37
					09/03/74
					Jean B.
					4
					09/28/07
					Lorrie C.
					2
					09/17/09
					SUNRISE GROUP - DELAND
					Cheri H.
					9
					09/17/02
					WAY OF LIFE
					Frank P.
					24
					09/04/87
					Allan J.
					22
					09/09/89
					Nanette R.
					22
					09/28/89
					Lawrence L.
					19
					09/24/92
					Robert
					4
					09/10/07
					Roy F.
					3
					09/11/08
					Robert W.
					1
					09/24/10
					WEDNESDAY WOMEN'S
					Megan S.
					28
					09/17/83
					WOMEN'S WEEKEND GROUP
					O Kay J.
					30
					09/11/81
					Ruth L.
					13
					09/02/98
					YOUNG AT HEART
					Howard S.
					23
					09/20/88
					Allan J.
					22
					09/09/89
					Lynn M.
					10
					09/25/01
					FRIDAY NIGHT MEN'S
Dave L.	28	09/07/83	Geoff D.	1	09/14/10

Words of Wisdom

“Before AA it didn't matter how good things got -- I always had a feeling that something was wrong. Since AA, it doesn't matter how bad things get -- I always have a feeling that everything is going to be all right.”

JULY 2011 CONTRIBUTIONS

GROUP	C *		JUL	YTD
5:30 Group	RBS	20		0.00
5th Tradition	SD	8		0.00
AA Way of Life	SD	8		0.00
A Vision for You		19		0.00
Adventures in Sobriety		21	25.00	75.00
Aloha		21	50.00	50.00
Any Lengths (Deltona)		19		100.00
Any Lengths (Ormond)		32		185.00
As Bill Sees It	DLSP	19		0.00
Attitude Adjustment		21		161.00
Back to Basics DeL		19	25.00	135.00
Back to Basics PaC				0.00
Basic Text		21	250.00	250.00
Beachside, NSB		20		50.00
Beginner's Big Book Study	RBS	20		0.00
Better Way	VcE	19		0.00
Big Book Study DB	SD	8		0.00
Big Book Study HH		21		0.00
Boulevard Group	VcE	19		0.00
Brighter Days	ALM	8		250.00
By the Sea		32	50.00	100.00
Came to Believe OB		32		0.00
Candlelight DB	SD	8		0.00
Candlelight OB	EZY	32		98.05
Choice is Yours	YAN	8		25.00
Circle of Friends	SD	8		0.00
Cool to Be Sober	YAN	20		0.00
Daytona 24-Hour Group	SD	8		0.00
Daytona's Burning Desire		8		0.00
DeLand Group		19	33.07	98.51
Deltona Big Book		19		0.00
Deltona Men's		19		0.00
Deltona/Debary Group		19		60.00
Deltona/Enterprise		19		0.00
District 8		8		0.00
District 19		19		0.00
District 20		20		0.00
District 21		21		0.00
District 32		32		150.00
Donut Group	SD	8		0.00
Early Ducks	EZY	32		0.00
Edgewater BB/Step Study		20		0.00
Fortaleza		19		0.00
Fountain of Youth		19	5.00	15.00
Four Townes Noon Group		19	68.24	185.24
Free to Be, DB	LBD	8	124.33	454.18
Fresh Start	ALM	8		0.00
Friday Night Men's	RBS	20		0.00
Friday Noon Men's Discussion		21		353.43
Friday Sobriety		8		150.00
Friday Women's Step				0.00
Good Orderly Direction		19		0.00
Grace Group				0.00
Grateful Group		19		200.00
Had Enough		32		0.00
Happy Destiny	YAN	20		0.00
Happy Hour DB	ALM	8		50.00
Happy Hour NSB		20		0.00
Heart to Heart		20	122.11	122.11
High Noon		20		0.00
High Nooners	SD	8		41.00
How it Works	EZY	32		150.00
Insane Today	EZY	32		0.00
Judge Not Group				0.00
Just Do It BB Study-Debary		19		45.00
Keep it Simple	VcE	19		0.00
Ladies Only	RBS	20		0.00
Last Call	SD	8		0.00
Lest We Forget		21	41.00	432.45
Lifesavers		20	25.00	50.00
Line-By-Line BB Study		32		0.00

GROUP	C *	DIST	JUL	YTD
Living Sober DB	SD	8		0.00
Living Sober PO	YAN	20		0.00
Love and Service		8		400.00
Lunch Bunch	SD	8	102.50	433.03
Miracle Group	EZY	32		0.00
Morning Reflections	SD	8		0.00
Never Had It So Good	YAN	20		89.00
Never Too Young	VcE	19		0.00
New Beginnings - Deland		19		120.00
New Dawn Group		20		1,708.00
New Hope Group		8		0.00
New Smyrna Beach Group		20		701.95
No Name Meeting				0.00
Noon Group	VcE	19		0.00
Noon Reflections	RBS	20		0.00
Old Time NY AA		32		0.00
Only Alternative	Alm	8		0.00
Open Door	VcE	19		0.00
OB Big Book Step Study		32		0.00
Ormond Beach Group		21	50.00	200.00
Pass it On	VcE	19	48.08	327.72
Peace of Mind		20	240.00	240.00
Precisely How	ALM	8		0.00
Primary Purpose		32		28.50
Riverbridge		32		0.00
Road to Recovery DB		8		135.00
Road to Recovery Deltona		19		0.00
Sand and Sea	EZY	32		60.00
Saturday Matinee	SD	8		0.00
Saturday Morning Step		19		0.00
Saturday Night Alive		8	86.83	341.91
Saturday Night Beginners		19		0.00
Saturday Women's Group		19		0.00
Seaside Non-Smoking		20		0.00
Serious About Sobriety		19		0.00
Shores 11th Step		8		0.00
Sisters In Sobriety		19		28.00
Sicker Than Others		8		20.00
Sobriety First		19		20.00
Sobriety & Beyond				10.00
Steps for Life		20		112.80
Sunday Morning Sober	YAN	20	41.80	409.27
Sunday Night Connection				0.00
Sunrise Group - Holly Hill		21		0.00
Sunrise Group - Deland		19	88.74	264.27
The Weekly Reprieve, Lk Helen				0.00
Three Legacies		21		10.00
Thursday Night Men's		8		0.00
Tomoka Group		32		190.92
Turn the Page		8		0.00
Turning Point		21		38.00
Una Luz en el Camino, Pierson				0.00
Usual Suspects		21		130.00
Way of Life	ALM	8		100.00
Wednesday Closed		32		0.00
Wednesday Night Speaker		20		0.00
Wed. Women's /Fri. Step Grps		21	180.00	609.00
Westminster By-the-Sea		20		0.00
Women In Recovery	Alm	8		0.00
Women's New Beginnings		20		75.00
Women's Weekend Group		19		104.00
Yes We Can		8		0.00
Young at Heart		20	20.00	140.00
TOTAL			1,676.70	\$11,082.34
Anniversary Club				151.95
Anonymous Contributions			676.00	2,981.95
Copier Contributions			38.14	73.04
Hi 'n Dry Mailings				60.00
In Memory of Donations			100.00	765.00
IGR meeting 7th tradition			23.00	183.38
Refunds and Book Sales				0.00
Grand Totals			2,513.84	\$15,297.66

A very special thank you goes out to all of you that have donated to Volusia County Intergroup, Inc.

Calendar of Events

Activities that might be considered "AA related" but do not fall within the guidelines of the Twelve Traditions or activities outside Volusia County will not be listed.

SEPTEMBER 2011

Sept 2: CANCELLED - District 21 "Night at the Ballpark"

Sept 10: District 21 presents workshop: "Where Money & Spirituality Mix". 9am - 12p. \$3/ticket or \$5 for two tickets. Pancake Breakfast. Church of Christ on 1725 South Ridgewood, Holly Hill.

Sept 24: Volusia County Intergroup "Old Timers Dinner". Tickets are \$10/person. Limited number of tickets still available for sale at Intergroup. Bring a dessert to share. 5 pm Doors Open; 6pm Dinner Served; 7:30p Speakers. Prince of Peace Church on Nova Road in Ormond Beach.

OCTOBER 2011

Oct 8: Multi-District Workshop: Districts 8, 19, 20, 21 and 32) will be hosting a service mini-workshop, 2011 General Service Conference Delegate's Report, presented by Cecilia R, North Florida Area 14 Delegate, Saturday, October 8, 10 - 11:30 am at the Almous Club, 569 Foote Court in Daytona Beach.

Oct 15-16: NFL AREA ASSEMBLY. World Golf Village, St Augustine. www.aanorthflorida.org

Oct 29: District 21 5th Annual Whoopee Party. Schnebly Center in Daytona Beach. 8-11pm. Limited to 150 tickets. \$5 in advance / \$8 at the door. 50/50 raffle. Bring dessert and munchies.

NOVEMBER 2011

Nov 12: District 19 Westside Gratitude Dinner, 5-10:30pm, Deland. Tickets are \$8/person (\$15 for two tickets). Location TBA.

MARK YOUR CALENDAR

***** **OLD TIMERS DINNER** *****

September 24, 2011

Squelch the rumor...tickets are still available for the Old Timers Dinner! Do not use this as a reason to procrastinate because this popular event will be sold out soon. Tickets are available for sale at Intergroup. Ask around at meetings in case an IGR (Intergroup Rep) still has tickets available.

The Oldtimers' Dinner is being held on Saturday, September 24, 2011 at Prince of Peace Church, 600 South Nova Road in Ormond Beach. To volunteer, call Bill S. at (386) 846-3326 or Megan S. at (386) 871-2898 or call Intergroup at (386) 756-2930 for more information.

► Email Event Announcements to webmaster@aadaytona.org, admin@aadaytona.org, or editor@aadaytona.org ◀