



345 Beville Road, Suite 102, South Daytona, FL 32119 - (386) 756-2930 - Fax (386) 756-3573 - Website: aadaytona.org
"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Best of Friends

When I first became a member of the fellowship, I was told "dry people, dry places". My sponsor explained that being willing to go to any lengths often included letting my old friends go. I was horrified. I had so many friends especially those friends who I partied with. I was willing to give up drinking, but I wasn't so sure about giving up my pals. As I pondered this dilemma, my sponsor stopped my committee dead in its tracks: "If these people are really your friends, wouldn't they want the best for you?"

Wow! What a concept!!! I didn't know how to answer because I never thought about it that way". I decided to test my friendships and it was a sad experiment. I heard stuff like, "You're not that bad, look at me", "Don't worry, I'll cut you off when I think you've had enough", "No big deal....I got us a designated driver". Only two of them said "I'm glad you're doing this. I just want you to be okay." The rest failed the test. Over time, it wasn't hard to avoid my old drinking buddies. Besides, they didn't like hanging out with me that much either...." "What's the deal with her?" "Man, he's no fun anymore!"

It was in AA that I learned what friendship really means and it doesn't always have to be about romance, either (that's another story). After nine years in sobriety, my best and healthiest relationships are with the friends I have from this program.

Thank you AA's for loving me and teaching me how to be a friend. Thank you AA for my best of friends. Yes, among many, we are most truly blessed.

Intergroup News

Service Positions Open at Intergroup: Vice Chairperson, 12 Step Coordinator, Trustees, Special Events Coordinator, Finance Committee Members .

Intergroup Representatives Meeting - 6:30 p.m., on the 3rd Thursday of each month at the Central Baptist Church, 142 Fairview Avenue (just north of International Speedway Blvd off US 1).

Intergroup Steering Committee Meeting - 6:30 p.m., on the 2nd Thursday of each month at Intergroup.

Monthly District Meetings

District 8: Last Tuesday 6:30 p.m., Grace Episcopal Church, 4110 Ridgewood, Port Orange

District 19: 3rd Tuesday 7:00 p.m., First Cong. Church, 201 W. University, Orange City

District 20: 3rd Sunday 7:00 p.m., Rebos Club, 2120 S Ridgewood Ave # 8, Edgewater

District 21: 2nd Monday 6:00 p.m., First United Methodist Church, 336 South Halifax, OB

District 32: 1st Tuesday 7:30 p.m., Ormond Beach Presb. Church, 105 Amsden Rd, OB

Groups represented at IGR Meeting, January 2009: (11) • Back To Basics-Del • Big Book Study HH • Daytona 24 Hours • Free To Be, DB • Friday Night Men's • Friday Noons Men's • New Smyrna Beach • Primary Purpose • Riverbridge • Wednesday Women's • Women's New Beginnings

Was your Group represented? ♦ District representation: Districts 8(3), 19(2), 20(3), 21(1), 32(1)

♦ **MAL's present:** Districts 8, 19, 32

Celebrate your anniversary with an act of gratitude that will help your Volusia County Intergroup Office continue to carry the message to the still-suffering alcoholic. Make a commitment to send a dollar (or whatever amount you wish) on your anniversary for every year of sobriety.

Anniversary Donations: Fireman Jim \$15 for 15 Year! Mickey F. \$28 for 28 years!

Anonymous Donations: \$650. • \$50. • \$25.

In Memory of: Lyle Hemick, of Lest We Forget for 28 years \$22. We appreciate your support.

Meeting Information:

Location Changes:

New Smyrna Beach Group

Mondays 6:30pm • Women's Closed Dis. & 8pm • Open BB Meetings • Christ Community Church • 1210 Mission Dr.

Tuesdays 7pm • Open Beginners & 8pm • Closed Step Meeting • Fridays 8pm • Open Speaker Meetings • United Church of Christ • 204 Washington St.

New Meetings: Back to the Book • Sundays 7pm • Open Big Book • Silver Dollar Club

Line By Line Big Book Study • Thursdays 7pm • Closed Big Book starting February 19th • Holy Child Church, 1225 West Granada Blvd, Ormond Beach

Saturday Matinee Group • Saturdays 8pm • Open Speaker • Silver Dollar Club Step/Speaker/Discussion • Thursdays 8pm • Open Step • Silver Dollar Club

Women in Recovery • Tuesdays 8pm • Women's Big Book • Silver Dollar Club

Canceled Meetings: Last Call • 8pm Tuesdays & Thursdays • Silver Dollar Club

Living Sober • 7pm Sundays • Silver Dollar Club

Young People's • 9:30pm Saturdays • Silver Dollar Club

For Sale at Intergroup: Big Books, Compact disks published by Grapevine, non-conference approved books. Also, AA pamphlets in Braille and many other items are available.

From the Archives

The End of an Era

After more than 35 years, the New Smyrna Beach Group has left St. Paul's Episcopal Church. In 1977 when I first started to attend AA meetings in New Smyrna there were only 2 meetings a week at St. Paul's, Tuesday and Friday night. At first, the church was one block south of Canal Street. The following year, the church moved to the south end of New Smyrna where it is now. During that time the group remained very small. We met first in the church office and after that building was demolished, we met in a private home until the new parish hall was built.

During this time John K., Hank and Bidy J. and Lois H. worked at keeping the group alive. During the summer, there were picnics on the beach every Wednesday. I could hardly wait for 4th of July because it came on a Wednesday that year and I was off work and could attend the picnic.

Soon after we started meeting in the new hall, Ed and Patsy R. returned to live in New Smyrna. Eddie started the Big Book meeting on Monday night using the guide that Wesley P. from Pompano wrote. (We have a copy of this pamphlet in the Archives.) Eddie also started the Beginners Meeting at 7 pm before the open discussion meeting on Tuesday night.

Patsy always said "If you aren't having fun in AA, you're not doing it right." She then showed us how to do it right. We had covered dish suppers, Halloween parties in costume, picnics, she even started the first Gratitude Dinner at this end of the county. It was a very active time in the New Smyrna Beach Group.

I will miss St. Paul's for the many good times I had there in my sobriety and it holds the memory of all our members who have since passed on who taught me so much about living a sober life. But life goes on and I am looking forward to creating memories at the new halls where we currently meet.

Carolyn C. - Archives Committee

Words of Wisdom

"I am learning how to live life from a bunch of folks that didn't know how to live life....
Wow, what a concept!" 😊

Experience, **S**trength, and **H**ope

How Do You Love Me?

Let me count the ways

You love me by helping me see the whole picture.

You love me when you help me see what is in my own heart.

You love me too much to let me stay in dangerous neighborhoods.

You love me when you let me talk about anything and you don't judge me.

You love me because you are thrilled when nice things happen to me.

You love me by caring more about my growth than my comfort.

You love to walk with me in the desert of my experiences.

You love me so that when you see me your eyes light up.

You love me when you call me on my stuff.

You love to give me big hugs every time.

Anon

Higher Power



Service even a “Newcomer” can do! • Service is a commitment to your Sobriety

Hi my name is Bambi and I'm an alcoholic and your PI/CPC Coordinator for 2009-2010

I was elected to serve through the District 32 commitment to provide this service for the eastern Volusia county area that includes:

District 32 north of Granada to Flagler line

District 21 Granada Blvd to International Speedway Blvd

District 8 International Speedway blvd to Dunlawton Avenue

District 20 Dunlawton south to Edgewater area.

Volusia County intergroup serves such a large metropolitan area that I have chosen to have a co-chair of the committee to serve the international speedway area south in helping to better communicate and resource information. My co-chair is Rob M.

Our mission is to follow the guidelines NY has presented in fulfilling the responsibilities of the PI/CPC.

We are looking for volunteers to sign up with us in order to help us improve our literature and information coverage and circulation to the general public through pamphlet distribution and service fairs. We carry information about AA to doctors, nurses, clergy and other professionals. These people are able to carry the message of AA to suffering alcoholics that we may never be able to reach.

To serve with us, please call our Intergroup (386) 756-2930, leave your name and number and we will contact you. Rob and I will hold meetings to help everyone better serve the area while following the traditions and principles by which we survive.

Thank you for allowing me to serve and I trust that He who presides over us all will be our guiding force. In love and service - Bambi H., PI/CPC Coordinator.

Desk Volunteers Needed: for Tuesday afternoons, 1:00pm to 5:00pm and Monday & Tuesday mornings, 9:00am to 1:00pm. We also need desk volunteers in the mornings from 9am to 1pm for the third and fifth Saturdays of the month.

Thanks to all office volunteers who do great work in making 12-Step work possible.

Phone Army: We need backup phone army volunteers. Call Intergroup to serve.

Finance Committee volunteers needed. Contact Intergroup for information.

This newsletter communicates the thoughts and feelings of its editor and contributors and reflects current A.A. experience with recovery, unity, and service.

Articles are not intended as statements of A.A. policy. Publication does not imply endorsement by either A.A. or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

Articles may be submitted in writing through the Volusia County Intergroup office, or via email at: editor@aadaytona.org. Are you interested in working on the High 'n Dry? Contact the editor to get involved.

ATTENTION

READERS OF THE HIGH 'N DRY
Please submit any A.A.-related:

- Articles
- Announcements
- Questions
- Complaints
- Suggestions

We will try to publish and respond where appropriate.

editor@aadaytona.org

February 2009 Anniversaries					
Years	Date	Years	Date	Years	Date
5:30 GROUP		FOUR TOWNES NOON (CON'D)		NEW DAWN (CON'D)	
Len F.	28 02/21/81	Wellman M.	2 02/19/07	Mary R.	8 02/14/01
Patrick K.	14 02/27/95	Donna V.	1 02/14/08	Michelle	6 02/20/03
Daine C.	1 02/01/08	FREE TO BE --DAYTONA		Vivian O.	5 02/17/04
ALOHA		Billy M.	1 02/14/08	Sherry T.	1 02/13/08
Michael R. T.	33 02/02/76	FRIDAY NIGHT MEN'S		Maryetta	1 02/24/08
ANY LENGTHS - ORMOND		Steve M.	21 02/06/88	Randy H.	1 02/26/08
Tom G.	20 02/12/89	John R.	19 02/17/90	Bill E.	1 02/29/08
Jack R.	1 02/04/08	Chris B.	2 02/10/07	NEW SMYRNA BEACH GROUP	
BACK TO BASICS - DEL		Jeff H.	2 02/19/07	Dick R.	29 02/20/80
John S.	21 02/28/88	John G.	2 02/26/07	ORMOND BCH BB STEP STUDY	
Frank M.	15 02/28/94	FRIDAY NOON MEN'S DISCUSSION		Jeff K.	24 02/25/85
Al B.	11 02/19/98	David T.	38 02/16/71	PASS IT ON	
William W.	9 02/07/00	Bob	38 02/20/71	John S.	18 02/03/81
Jim C.	9 02/24/00	Richie W.	20 02/11/89	Thomas G.	4 02/17/05
Mary Jo S.	1 02/04/08	Scott M.	15 02/19/94	Dave B.	3 02/26/06
BIG BOOK STUDY-HH		Donnie C.	9 02/01/00	Steven B.	1 02/07/08
Dusty F.	16 02/12/93	Ed W.	4 02/07/05	Stephen F.	1 02/15/08
Jeff W.	5 02/16/04	Jim V.	1 02/28/08	PEACE OF MIND	
Donny G.	2 02/05/07	GRATEFUL GROUP		Guy W.	15 02/20/94
BOULEVARD GROUP		Sherry N.	39 02/11/70	ROAD TO RECOVERY DELTONA	
Dave N.	25 02/02/84	Art A.	28 02/03/81	Jimmy O.	28 02/14/81
JJ J.	13 02/09/96	Janet M.	26 02/28/83	SATURDAY NIGHT ALIVE	
CHOICE IS YOURS		HIGH NOON		Jesse	18 02/17/91
Truck	19 02/12/90	Susan S.	2 02/24/07	SUNRISE - HOLLY HILL	
Jim	15 02/07/94	LAST CALL GROUP		Chuck C.	20 02/07/89
Bill A.	4 02/15/05	Kim Y.	1 02/26/08	Tom M.	15 02/15/94
John T.	4 02/05	LEST WE FORGET GROUP		Heather B.	2 02/16/07
George C.	2 02/08/07	Olga R.	34 02/01/75	TURNING POINT	
DELTONA MEN'S GROUP		Bob P.	22 02/14/87	Cathy M.	19 02/02/90
Bennie F.	1 02/05/08	Don P.	20 02/11/89	WEDNESDAY CLOSED	
DONUT GROUP		Marty S.	18 02/21/91	Michelle McG.	10 02/22/99
Dianne G.	23 02/05/86	Jenny B.	1 02/09/08	WEDNESDAY WOMEN'S	
FOUR TOWNES NOON		LIFESAVERS		Trish A.	34 02/09/75
Liz M.	25 02/08/84	Joan G.	24 02/10/85	Jean R.	27 02/17/82
Frank M.	13 02/01/96	Steve F.	16 02/22/93	WOMEN'S WEEKEND GROUP	
Rafael	12 02/22/87	NEW BIRTH		Debbie W.	31 02/10/78
Mike O.	11 02/05/88	Calvin T.	19 02/02/90	Sue M.	12 02/22/97
Jim C.	10 02/24/99	Michael S.	10 02/10/99	Deborah B.	4 02/28/05
Stephen M.	8 02/05/01	NEW DAWN		Lorena M.	1 02/26/08
		Ed J.	21 02/28/88		

"Bumper Sticker" Sobriety

Keep your nose in the Big Book

You're not who you think you are

Humility is perpetual quietness of heart

DECEMBER 2008 CONTRIBUTIONS

GROUP	C *		DEC	YTD
5:30 Group	RBS	20	77.40	1,094.75
5th Tradition	SD	8		294.95
AA Way of Life	SD	8		0.00
A Believer's Choice		20		0.00
A Vision for You		19		0.00
Adventures in Sobriety		21		125.00
Aloha		21		0.00
Any Lengths (Deltona)		19		150.00
Any Lengths (Ormond)		32	25.00	425.00
As Bill Sees It	DLSP	19		50.00
Attitude Adjustment		21	97.50	331.50
Back to Basics DeL		19	25.00	250.00
Back to Basics PaC				25.00
Basic Text		21		230.00
Beachside, NSB		20		75.00
Beginner's Big Book Study	RBS	20		0.00
Better Way	VcE	19		0.00
Big Book Study DB	SD	8		0.00
Big Book Study HH		21		25.00
Boulevard Group	VcE	19		360.00
Brighter Days	ALM	8		30.00
By the Sea		32		0.00
Came to Believe OB		32	300.00	600.00
Candlelight DB	SD	8		0.00
Candlelight OB	EZY	32		0.00
Choice is Yours	YAN	20	50.00	50.00
Circle of Friends	SD	8		18.00
Cool to Be Sober	YAN	20		0.00
Daytona 24-Hour Group	SD	8		0.00
Daytona's Burning Desire		8		0.00
DeLand Group		19		142.83
Deltona Big Book		19		0.00
Deltona Men's		19		50.00
Deltona/Debary Group		19	70.00	70.00
Deltona/Enterprise		19	30.00	70.00
District 8		8		0.00
District 19		19		150.00
District 20		20		0.00
District 21		21		50.00
District 32		32		400.00
Donut Group	SD	8		0.00
Early Ducks	EZY	32		50.00
Edgewater BB/Step Study		20		0.00
Fortaleza		19		0.00
Fountain of Youth		19		80.00
Four Townes Noon Group		19		500.00
Free to Be, DB	LBD	8		510.39
Free to Be, DL	VcE	19		0.00
Fresh Start	ALM	8		0.00
Friday Night Men's	RBS	20		617.47
Friday Noon Men's Discussion		21		250.00
Friday Sobriety		8		0.00
Friday Women's Step				0.00
Good Orderly Direction		19		50.00
Grace Group				10.00
Grateful Group		19	25.00	140.00
Had Enough		32		75.00
Happy Destiny	YAN	20		0.00
Happy Hour DB	ALM	8		0.00
Happy Hour NSB		20		0.00
Heart to Heart		20		60.00
High Noon		20		0.00
High Nooners	SD	8	20.00	140.00
How it Works	EZY	32		145.00
Insane Today	EZY	32	258.99	680.52
It's a Burgh Thing		19		0.00
Just Do It BB Study-Debary		19	15.00	65.00
Keep it Simple	VcE	19		0.00
Ladies Only	RBS	20		0.00
Last Call	SD	8		257.00
Lest We Forget		21		932.01
Lifesavers		20		200.00

GROUP	C *	DIST	DEC	YTD
Living Sober DB	SD	8		0.00
Living Sober PO	YAN	20		0.00
Love and Service		8		300.00
Lunch Bunch	SD	8	68.07	678.56
Main Street Irregulars	CAYA	8		75.00
Miracle Group	EZY	32		206.99
Morning Reflections	SD	8		0.00
Never Too Young	VcE	19		0.00
New Attitudes	SD	8		0.00
New Beginning	YAN	20		0.00
New Dawn Group		20	76.75	2,214.56
New Hope Group		8		100.00
New Smyrna Beach Group		20		596.36
No Name Meeting				0.00
Noon Group	VcE	19		100.00
Old Time NY AA		32		4.00
Only Alternative	Alm	8		25.00
Open Door	VcE	19		75.00
OB Big Book Step Study		32		24.00
Ormond Beach Group		21		250.00
Pass it On	VcE	19	42.55	650.30
Peace of Mind		20		350.00
Precisely How	ALM	8		0.00
Primary Purpose		32		9.50
Riverbridge		32		100.00
Road to Recovery S. Daytona		8		340.00
Road to Recovery Deltona		19		0.00
Sand and Sea	EZY	32		280.00
Saturday Matinee	SD	8		100.00
Saturday Morning Step		19		0.00
Saturday Night Alive		8		557.00
Saturday Night Beginners		19		320.00
Saturday Women's Group		19		150.50
Seaside Non-Smoking		20		350.00
Serious About Sobriety		19		0.00
Shores 11th Step		8		0.00
Sisters In Sobriety		19		0.00
Sobriety and Beyond		21	18.00	68.00
Sobriety First		19		225.00
Solutions Group	YAN	20		0.00
Steps for Life		8		119.02
Sunday Morning Sober	YAN	20		0.00
Sunday Night Connection				0.00
Sunrise Group - Holly Hill		21		300.00
Sunrise Group - Deland				50.00
The Weekly Reprieve, Lk Helen				0.00
Three Legacies		21		10.00
Thursday Night Men's		8		0.00
Tomoka Group		21		0.00
Turn the Page		8		0.00
Turning Point		21		40.00
Una Luz en el Camino, Pierson				0.00
Victory Group		19		0.00
Way of Life	ALM	8		51.00
Wednesday Closed		32	150.00	200.00
Wednesday Night Speaker		20		0.00
Wednesday Women's		21		1,082.00
Westminster By-the-Sea		20		0.00
Women In Recovery	Alm	8		0.00
Women's New Beginnings		20		200.00
Young at Heart		20		0.00
Young People's New Deal		20		0.00
TOTAL			1,349.26	\$20,031.21
Anniversary Club			0.00	630.00
Anonymous Contributions			835.00	5,466.37
Copier Contributions			9.88	244.66
Hi 'n Dry Mailings			24.00	180.00
In Memory of Donations			0.00	920.00
IGR meeting 7th tradition			17.35	222.41
Refunds and Book Sales			0.00	0.00
Grand Totals			2,235.49	\$27,694.65

A very special thank you goes out to all of you that have donated to Volusia County Intergroup, Inc.
 The Volusia County Intergroup financial sheet is now available at the office. It is also available through your Volusia County Intergroup

February 2009 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 District 32 Meeting 7:30 PM Note Time Change	4	5	6	7
8	9 District 21 Meeting 6:00 PM	10	11	12 Intergroup Steering Committee 6:30 PM	13	14
15 District 20 Meeting 7:00 PM	16	17 District 19 Meeting 7:00 PM	18	19 IGR Meeting 6:30 PM	20	21
22	23	24 District 8 Meeting 6:30 PM	25	26	27	28 District 8 Picnic (Details Below)

District 8 Picnic • “Flying High on Life Extravaganza” • Saturday February 28 • Sunrise Park-Holly Hill • LPGA at Riverside Drive • 8-10 a.m. Coffee & Donuts • 10-12:30 p.m. Workshops on Cooperation with the Professional Community (Bambi), Literature (Wendy), Archives (Dave), Treatment & Corrections (Vivian) • Chili Cook Off Contest! • Children’s Events (facilitator available) • 12:30-2:30 p.m. Picnic (burgers & hot dogs provided • Please bring a covered dish to share! • Multiple Raffles! • 3-4:00 p.m. SPEAKER! • 4:00-5:00 p.m. Socialize & cleanup • TICKETS \$5.00 each in Advance/\$6.00 at the door • Children 12 yr. & under FREE!

