



Volusia County Intergroup Services

Districts 8, 19, 20, 21 and 32

1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119 - (386) 756-2930 - Fax (386) 756-3573

Website: aadaytona.org

*"I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that: I am responsible."*

BACK TO BASICS?

**"I am deeply convinced that so long as I continue to strive, in my bumbling way,
toward the principles I first encountered in the earlier chapters of this book,
this power will continue to flow through me. What is this power?**

With my AA friends, all I can say is that it's a Power greater than myself."

- Alcoholics Anonymous, p. 386

What I think about when reading the above quote is that I have to remember *all* the principles outlined in the book, Alcoholics Anonymous. Working the first few Steps and then leaving them behind as I make progress in recovery only sends me backward to the insanity I lived in when I got to these rooms.

Whenever I hear the words "Back to Basics" I want to ask the speaker just exactly how far away they got from those basics! I know that I can't leave Steps 1, 2 & 3 behind as I work on 4, 5, 6 & 7 any more than I can leave Steps 6 & 7 behind as I do Steps 8 & 9. The maintenance Steps of 10, 11 and 12 will keep me in fit spiritual condition only if I don't forget the first 9 Steps that got me to those later ones. It's like school to me....in the very early grades I learned to add and subtract. As I grew and progressed through school, I couldn't just forget how to do those things as I learned to multiply and divide. Fractions would have been impossible without all the other basic math concepts learned through the years.

How can I possibly get very far away from the basics of sobriety without heading into insanity or death? I am very grateful for each and every principle that this program teaches me daily. I could not be here without them.

anon

**Observers have overlooked something unique in AA.
Unless each AA member follows to the best of his ability
our suggested Twelve Steps to recovery,
he almost certainly signs his own death warrant.**

**His drunkenness and dissolution are not penalties inflicted by people in authority; they result
from his personal disobedience to spiritual principles.**

- Twelve Steps and Twelve Traditions, p. 174

October, 2012:
Back to Basics?
IN THIS ISSUE

*From the Archives: **The Making of the Little Black Book.**

*Experience, Strength, and Hope: **AA on the Nile- Literally!**

*Traditions: **The Tenth Tradition**
...and more!

Sobriety Countdown

Total Years October, 2012: 1,477

Total Years October, 2011: 1,370

Next Month: Gratitude/A Program of Action

**Volusia County Intergroup
New Address:**

**Coastal Centre Suite 107
1635 South Ridgewood Ave.
South Daytona, FL 32119**

*Vital to all AA's and a part of Alcoholics
Anonymous*

VOLUNTEER. DO IT TODAY, PLEASE

*12 Steppers needed in East & West Volusia
Call (386) 756-2930 for more information

Intergroup News

Position Open: Intergroup is in need of a Special Events Coordinator. Anyone interested in doing some cool stuff with fun people, please call or visit the office!

Welcome New IGR's - Darlene H. (Steps for Life) and Debbie K. (Happy Hour DB) as well as District 21 Alt DCM Steve M.

Intergroup Representatives Meeting - 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd off US 1).

Intergroup Steering Committee Meeting - 6:30 pm, 2nd Thursday each month at Intergroup Office.

Monthly District Meetings

District 8: Last Sunday-12:30pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Monday-6:30pm, First Cong. Church (Annex), 201 W. University, Orange City

District 20: 3rd Sunday-7:00pm, Rebos Club, 2120 S Ridgewood Ave #8, Edgewater

District 21: 2nd Monday-6:30pm, First United Methodist Church, 336 S. Halifax, OB

District 32: 1st Monday-6:30pm, Ormond Beach Presb. Church, 105 Amsden Rd. OB

Groups represented at IGR Meeting, July, 2012 (20) 5:30 Group • Aloha • Attitude Adjustment • Back to Basics DeL • BB Study Holly Hill • Brighter Days • Friday Night Men's • Good Day Group • Happy Hour • Lest We Forget • New Dawn • New Hope • New Smyrna Beach Group • Pass it On • Precisely How • Road to Recovery-DB • Saturday Night Alive • Steps for Life • Way of Life • Young at Heart • **Was your Group represented?**

♦ District representation: Districts 8, 19, 20, 21, 32 ♦ MAL's present: (2) Districts 19 and 32

DISTRICT NEWS:

District 8: No report.

District 19: Gratitude Dinner, Nov. 10. Tickets will be \$8. More details coming.

District 20: Gratitude Dinner, Nov. 10 at the Brandon Center. Tickets \$10

District 21: No report.

District 32: Gratitude in Action Service Workshop. More info on the Calendar of Events page.

Help Volusia County Intergroup carry the message to the still-suffering alcoholic. Commit a dollar for every year of your sobriety on your anniversary, donate in memory of, or make it anonymous.

Anniversary Donations: George C. \$25, 25 yrs and Donald S. \$4, 4 yrs

YTD 8/31/12: Total Income: \$43,879.57; Total Expenses: \$31,744.93; Net Income: \$12,134.64

Contributions help make Twelve Step activity possible. We appreciate your support.

Meeting Information:

Daytona Young Peoples Group: New Meeting: Almous Club Sunday 8p Rotating Format, Discussion, Step/Tradition and Speaker.

Steps for Life: Meeting Change: Sat. 10am Step

New Smyrna Group: Meeting Changes: Tues. Beginners Meeting in fellowship hall starts at 7pm, Step Meeting in meditation room starts at 7pm

GSO Contributions:
General Services Office
Grand Central Station, P.O. Box 459
New York, NY 10163

NEW ADDRESS
Area Contributions:
NFAC
5205 N. Sonora Terrace
Beverly Hills, FL 34465

NEW ADDRESS
Intergroup Contributions:
Volusia County Intergroup
Coastal Centre
1635 S. Ridgewood Suite 107
South Daytona, FL 32119

Experience, Strength, and Hope

AA on the Nile-Literally!

My first AA meeting in a boat on the Nile River was quite an experience. I'm guessing the one I was on this evening was about 35 - 40 feet long. 13 AA members were seated comfortably around a large table in the middle of the boat, sharing their experience, strength, and hope. The meeting was in English of course, so there was no problem with the Egyptian boatmaster who most likely didn't understand a word. From the back deck, he handled the enormous tiller and all the ropes for the huge sail.

I arrived late - my Egyptian friend (and sponsee and driver, all rolled into one) has not yet mastered the art of leaving early enough to show up on time, considering the very heavy Cairo traffic - and given my pet peeve about people who arrive late at AA meetings, I'm sure God is having a very good time with this whole business. At any rate, it was dark at the dock, and I couldn't see anyone I knew - just a couple of Egyptians standing around in their traditional long one-piece garments, so I was ready to turn around when one of them began to nod and point. I had to walk across about 5 of these large boats to arrive at the one where the meeting was to be held - they are lashed together, side by side. My Egyptian friend was parking the car - and so as soon as I saw the darkened boat at the end with all the AA members on board I was delighted, and burst forth with an old Duke comment: "Is this where all the good guys hang out?"

I wasn't sure why no one answered - until I realized that one of the good guys was in the middle of reading "How it Works", and I had pulled a classic "barge into a meeting late and make a lot of noise" routine. Yes, I made amends later.

(to be continued) Anon

The A.A. Tradition

THE TENTH TRADITION

“No AA group or member should ever, in such a way as to implicate AA, express any opinion or outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever. “ Long form of Tradition Ten

I have always been grateful for this Tradition. Going through the effort to get sober, work the Twelve Steps, and learn how to live a spiritual life with my Higher Power is a tough thing for so many of us. Being drawn into controversy over anything else is way more than any of us should have to endure. So many good organizations came into being and did good work with alcoholics before deciding that they could get into other areas of concern. They have all died out because of it. The Washingtonians and the Oxford Groups are two examples of this. Thank God for the many lessons AA has learned over the years. May we in AA stay ever vigilant and remain to help those who have yet to find our program.

Lynne McC. passed away 8/29/12 after a long and hard fought battle with cancer. She was a member of The Choice is Yours group, and will be missed greatly. Her sister Dianne M., member of New Dawn Group, wishes to thank all who were involved in making her memorial such a beautiful service, and all who were able to attend and make it so memorable. Special thanks to Club YANA for allowing us to have her memorial service there, and for all they did to help. Sincerely and with love, Dianne

Hope sees the invisible, feels the intangible and achieves the impossible.

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Hope: Heart Open, Please Enter

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The will of God will never take me where the Grace of God will not protect me.

Committees, Coordinators and Intergroup Updates

Office Coordinator's Report by Mike D: There were a total of 165 calls and 230 visits to Intergroup for August 2012. There were 5 Help calls recorded. All were turned over to 12 Step volunteers. We are making preparations for the annual inventory.

All Anniversaries should be submitted to admin@adaytona.org and should include Name, Month and full Sobriety Date.

Desk Volunteers are needed for permanent and fill-in positions. Minimum requirement is 1 year sobriety and some computer knowledge. Contact the office for more info.

We have T-shirts, Sweatshirts, Mugs and new Jewelry items for sale. Quantities are limited.

Archives Committee by Carolyn C: Did a mini presentation on the Archives at District 20 Service Workshop in August. Ran Timeline slideshow in the background and brought a couple of notebooks to illustrate some of what we do. We are redoing our inventory to update it for the new office.

Phone Army Coordinator by Mark C: There were 12 info calls and 1 help call as well as 1 Al-Anon call reported from the Phone Army volunteers.

12 Step Coordinator by Jan M: As always, we still need volunteers, but I am happy to say that with your help, we are getting new volunteers to help spread the message. Thank you very much for all your help.

Corrections Committee Coordinator by George C: We are always in need of volunteers willing to make a commitment to take recovery into the prisons.

High 'n Dry Editor: The next 2 months are going to be very busy in the Volusia County area! Lots of Districts and groups are having events...workshops, anniversary celebrations and parties are planned so let's all get out there and have a great time supporting recovery in our area. Reaching out to those who still suffer is our primary purpose and we can do that by attending these functions and have fun at the same time! It's a win, win situation!!

Special Thanks

to the following Groups for their contributions in
August 2012

Beginners BB-Edg, Brighter Days, Fountain of Youth, Keep It Simple, Lifesavers, New Beginnings-Del, New Dawn, New Hope, Pass It On, Peace of Mind, Road to Recovery DB, Road To Recovery-Delt, Sunday Morning Sober, Young At Heart

This newsletter communicates the thoughts and feelings of its editor and contributors and reflects current AA experience with recovery, unity and service.

Articles are not intended as statements of AA policy. Publication does not imply endorsement by either AA or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

Articles may be submitted in writing through the Volusia County Intergroup office or via email at: editor@adaytona.org. Are you interested in working on the High 'n Dry? Contact the editor to get involved.

ATTENTION

READERS OF THE HIGH 'N DRY

Please submit any A.A.-related:

- Announcements
- Stories, Poems, Songs, Jokes, Bumper Stickers, Words of Wisdom
- History
- Suggestions
- Corrections

editor@adaytona.org

OCTOBER 2012 ANNIVERSARIES						
Years	Date	Years	Date	Years	Date	
BACK TO BASICS		FRIDAY NOON MEN'S		PEACE OF MIND (cont)		
Dave S.	34 10/16/78	Ernie Y	43 10/13/69	John W	22	10/29/90
Gail C.	14 10/15/98	Lee M	30 10/31/82	Keith B	20	10/24/92
Chessy B.	9 10/01/03	Dallas P	22 10/13/90	Mark H.	20	10/31/92
BOULEVARD		Al K	8 10/04/04	Christine C.	11	10/05/01
Kevin M.	16 10/21/96	GOOD DAY GROUP		Pat P.	11	10/31/01
Melissa M.	5 10/21/07	Bill H.	6 10/11/06	Tim L.	10	10/12/02
BIG BOOK STUDY HH		Karla S	2 10/10/10	Joey G.	5	10/02/07
Stevie S.	30 10/18/82	Lou Ann C	4 10/11/08	Richard R.	4	10/02/08
Sonia B.	16 10/22/96	GRATEFUL GROUP		Kristen S.	4	10/27/08
Dan H.	25 10/28/87	Gail C.	14 10/15/98	ORMOND BEACH BB STEP STUDY		
Kevin K.	4 10/21/08	Robin B.	3 10/20/09	Dan H.	25	10/28/87
Chris A	1 10/27/11	HAD ENOUGH		ORMOND BEACH GRP		
Peter R	1 10/03/11	Jocelyn L	6 10/06/96	Steve S.	23	10/25/89
CAME TO BELIEVE		Stephanie C	1 10/06/11	Arron B.	13	10/18/99
Larry C.	20 10/25/92	JUST DO IT		SAT. NIGHT BEGINNERS		
Ed H.	4 10/04/08	Elmer C.	22 10/15/90	Kathy D.	3	10/03/09
CHOICE IS YOURS		LAST CALL GROUP		Brian	2	10/13/10
Don R	41 10/31/71	Thomas R	7 10/18/05	Rob M.	1	10/10/11
Jacques	39 10/05/73	Curtis W	3 10/09/09	SATURDAY NIGHT ALIVE		
Donny C	20 10/07/92	LIFESAVERS		Greta K	4	10/18/08
Larry C	20 10/25/92	Mike R.	37 10/03/75	SHORT TIMERS		
Bill K	1 10/26/11	Ken T.	29 10/28/83	Chisholm K.	8	10/08/04
DAYTONA YPG		Penelope M.	24 10/09/88	Rickman K.	12	10/03/00
William S.	1 10/25/11	Jeff G.	24 10/17/88	SUNRISE GROUP - DEL		
J. T. S.	1 10/08/11	Dave A.	21 10/04/91	Megann B	3	10/12/09
DELAND GROUP		Bob H.	19 10/07/93	Andy H	3	10/15/09
Bryan A	9 10/18/03	Kyle L.	13 10/31/99	STEPS FOR LIFE		
Mike C.	5 10/29/07	Kathy M.	4 10/12/08	Pat L.	36	10/21/76
Megan B.	2 10/15/10	LEST WE FORGET		Darlene H.	2	10/13/10
DELTONA MEN'S GRP		Ken H	26 10/17/86	THURSDAY NITE MEN'S		
Ralph L	37 10/15/75	Lyda L	22 10/02/90	Terry T.	30	10/31/82
DELTONA/DEBARY GRP		Trish S	13 10/01/99	Jim H.	7	10/15/82
Gene	5 10/15/07	Ed D	7 10/08/05	TURN THE PAGE		
DONUT GROUP		Brenda D	1 10/27/11	Pam Bowen	19	10/23/93
Harold W.	26 10/24/86	LOVE & SERVICE		Larry L.	1	10/15/11
Wolfie	24 10/24/88	Neil A	3 10/12/09	WAY OF LIFE		
Larry C.	20 10/25/92	Jill B	1 10/01/11	Donald M.	11	10/15/01
Trish M	16 10/12/96	NEW DAWN		Dorothy W.	9	10/15/03
Ed H	4 10/04/08	Kay M.	23 10/03/89	Thomas R.	7	10/18/05
Kevin K	4 10/21/08	Tara K	10 10/01/02	Tonya V.	7	10/26/05
Sarah S	4 10/31/08	Jack	5 10/02/07	Nancy H.	1	10/13/11
William S.	1 10/11/11	Pam S	3 10/23/09	WEDNESDAY WOMEN'S		
FOUR TOWNES GRP		NEW HOPE		Sharon H.	14	10/29/98
Lillian D	27 10/01/85	Sherri	17 10/01/95	Jo C.	5	10/29/07
Nancy E	4 10/06/08	NSB GROUP		Amanda T.	3	10/29/09
Charlie	3 10/12/09	John C.	29 10/05/83	Jill B.	1	10/01/11
Anne W	2 10/30/10	PASS IT ON		WOMEN'S NEW BEGINNINGS		
Shirley J.	1 10/31/11	John M.	2 10/31/10	Jennifer L.	1	10/10/2011
FREE TO BE		PEACE OF MIND		YOUNG AT HEART		
Jim M.	25 10/10/87	Rose D.	28 10/14/84	Chris G.	9	10/23/03
Nelson	1 10/11/11	Kevin H.	26 10/20/86	Joe K.	5	10/27/07
		Jeff G	24 10/17/88	Mike T.	2	10/29/10

Please note! Only current anniversaries will be included each month and anniversaries that do not get to Intergroup by the 15th of the month will no longer be included. Thank you.

AUGUST 2012 CONTRIBUTIONS

GROUP	C *		AUG	YTD
5:30 Group	RBS	20		105.00
5th Tradition	SD	8		0.00
AA Way of Life	SD	8		0.00
A Vision for You		19		0.00
Adventures in Sobriety		21		0.00
Aloha		21		69.00
Any Lengths (Deltona)		19		100.00
Any Lengths (Ormond)		32		0.00
As Bill Sees It	DLSP	19		0.00
Attitude Adjustment		21		0.00
Back to Basics DeL		19		221.75
Back to Basics PaC				0.00
Basic Text		21		500.87
Beachside, NSB		20		0.00
Beginner's Big Book Study	RBS	20	20.00	20.00
Better Way	VcE	19		0.00
Big Book Study DB	SD	8		0.00
Big Book Study HH		21		0.00
Boulevard Group	VcE	19		0.00
Brighter Days	ALM	8	190.00	440.00
By the Sea		32		50.00
Came to Believe OB		32		0.00
Candlelight DB	SD	8		0.00
Candlelight OB	EZY	32		0.00
Choice is Yours	YAN	8		185.00
Circle of Friends	SD	8		0.00
Cool to Be Sober	YAN	20		0.00
Daytona 24-Hour Group	SD	8		0.00
Daytona's Burning Desire		8		0.00
DeLand Group		19		55.00
Deltona Big Book		19		0.00
Deltona Men's		19		0.00
Deltona/Debary Group		19		0.00
Deltona/Enterprise		19		0.00
District 8		8		465.00
District 19		19		30.00
District 20		20		0.00
District 21		21		400.00
District 32		32		400.00
Donut Group	SD	8		250.00
Early Ducks	EZY	32		0.00
Edgewater BB/Step Study		20		0.00
Fortaleza		19		0.00
Fountain of Youth		19	15.00	25.00
Four Townes Noon Group		19		240.00
Free to Be, DB	LBD	8		113.21
Fresh Start	ALM	8		0.00
Friday Night Men's	RBS	20		131.00
Friday Noon Men's Discussion		21		468.90
Friday Sobriety		8		75.00
Friday Women's Step				0.00
Good Orderly Direction		19		50.00
Grace Group				0.00
Grateful Group		19		195.00
Had Enough		32		10.00
Happy Destiny	YAN	20		0.00
Happy Hour DB	ALM	8		0.00
Happy Hour NSB		20		75.00
Heart to Heart		20		0.00
High Noon		20		0.00
High Nooners	SD	8		0.00
Hour of Power		20		40.00
How it Works	EZY	32		100.00
Insane Today	EZY	32		0.00
Judge Not Group		19		45.00
Just Do It BB Study-Debary		19		30.00
Keep it Simple	VcE	19	29.50	29.50
Last Call	SD	8		0.00
Lest We Forget		21		541.70
Lifesavers		20	50.00	597.00
Line-By-Line BB Study		32		32.50

GROUP	C *	DIST	AUG	YTD
Living Sober DB	SD	8		0.00
Living Sober PO	YAN	20		0.00
Love and Service		8		0.00
Lunch Bunch	SD	8		451.36
Miracle Group	EZY	32		0.00
Miracles Do Happen				25.00
Morning Reflections	SD	8		0.00
Never Had It So Good	YAN	20		87.00
Never Too Young	VcE	19		0.00
New Beginnings - Deland		19	30.00	145.00
New Dawn Group		20	350.00	2,189.00
New Hope Group		8	50.00	310.00
New Smyrna Beach Group		20		299.50
Noon Group	VcE	19		0.00
Noon Reflections	RBS	20		0.00
Only Alternative	Alm	8		0.00
Open Door	VcE	19		0.00
OB Big Book Step Study		32		33.00
Ormond Beach Group		21		0.00
Pass it On	VcE	19	38.56	348.20
Peace of Mind		20	300.00	600.00
Precisely How	ALM	8		0.00
Primary Purpose		32		30.00
Riverbridge		32		125.00
Road to Recovery DB		8	100.00	425.00
Road to Recovery Deltona		19	5.00	25.87
Sand and Sea	EZY	32		0.00
Saturday Matinee	SD	8		0.00
Saturday Morning Step		19		0.00
Saturday Night Alive		8		335.30
Saturday Night Beginners		19		200.00
Saturday Women's Weekend		19		150.00
Seaside Non-Smoking		20		0.00
Serious About Sobriety		19		0.00
Shores 11th Step		8		0.00
Sisters In Sobriety		19		12.00
Sicker Than Others		8		0.00
Sobriety First		19		40.00
Sobriety & Beyond				10.00
Steps for Life		20		25.00
Sunday Morning Sober	YAN	20	111.80	650.07
Sunday Night Connection				0.00
Sunrise Group - Holly Hill		21		0.00
Sunrise Group - Deland		19		24.01
The Weekly Reprieve, Lk Helen				0.00
Three Legacies		21		40.00
Thursday Night Men's		8		100.00
Tomoka Group		32		80.21
Turn the Page		8		0.00
Turning Point		21		0.00
Una Luz en el Camino, Pierson				0.00
Usual Suspects		21		0.00
Way of Life	ALM	8		160.00
Wednesday Closed		32		0.00
Wednesday Night Big Book				57.80
Wed. Women's /Fri. Step Grps		21		336.00
Westminster By-the-Sea		20		0.00
Women's Book Study				70.00
Women In Recovery	Alm	8		0.00
Women's New Beginnings		20		200.00
Yes We Can		8		0.00
Young at Heart		20	20.00	180.00
TOTAL			1,309.86	\$13,854.75
Anniversary Club			29.00	320.00
Anonymous Contributions			518.55	8,087.01
Copier Contributions				52.13
Hi 'n Dry Mailings				60.00
In Memory of Donations				0.00
7th tradition			25.00	193.75
Refunds and Book Sales				0.00
Grand Totals			1,882.41	\$22,567.64

A very special thank you goes out to all of you that have donated to Volusia County Intergroup, Inc.

Calendar of Events

Activities that might be considered "AA related" but do not fall within the guidelines of the Twelve Traditions or activities outside Volusia County will not be listed.

OCTOBER 24, 2012: Ormond Beach Big Book Step Study is having its 12th Anniversary Celebration. Ormond Beach Presbyterian Wed. 6pm dinner and fellowship, 7:30pm speakers. Bring a side dish or dessert to share if you wish.

OCTOBER 27, 2012: District 21 presents the 6th annual Whoopee Party at the Schnebly Center. \$5 in advance/\$8 at the door. Raffle, costume contest and DJ. Bring a snack or dessert to share.

OCTOBER 28, 2012: Brighter Days is celebrating its 41st Anniversary. Almous Club. Doors open at 10am, speakers at 11am followed by refreshments.

NOVEMBER 3, 2012: The Tomoka Group will have its monthly eating meeting at Faith Lutheran Church, 2010 W. Granada Blvd. in Ormond Beach. Eating at 7pm, speakers at 8pm. Bring a dish to share.

NOVEMBER 10, 2012: District 20 will host its annual Gratitude Dinner at the Brandon Center. More details to be announced.

NOVEMBER 17, 2012: District 32 Gratitude in Action service workshop. Ormond Beach Presbyterian Church 10am to 1pm. Free food, raffle and door prizes.

New Items:

**Clothing &
Bags**

New Items:

**Magnets, Pillows,
Jewelry, and
much more!**

Think INTERGROUP

For Your Anniversary Shopping

Quantities are limited!

Visit our store at the Coastal Centre Suite 107
1635 S. Ridgewood Avenue in South Daytona

When you buy from your local Intergroup, you support your local services. We have expanded our offerings and invite you to come in and check out the unique, collectible items we have for sale. You can pay by cash or check. Prices are subject to change. Thanks for your patronage, suggestions

Sample Price List: Wallet cards: \$0.50; Magnets: \$1.75; Greeting Cards: \$2.00; Medallions: \$2.00 - \$15.00; Books: \$5.00 - \$15.00; Jewelry: \$8.00 - \$22.00; Clothing: \$9.50 - \$29.00; Collectible Pillows and Canvas Bags, Book Covers, CD's, - ask your desk volunteer for more information.