



1635 S. Ridgewood Avenue, Suite 107, South Daytona, FL 32119 - (386) 756-2930 - Fax (386) 756-3573

Website: aadaytona.org

*"I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there. And for that: I am responsible."*

GRACE

There but for the Grace of God go I

This was a sign on the wall at the clubhouse where I got sober some years ago. It took some time for me to even see it, much less understand it. It was just there, like the Steps and Traditions, the list of character defects and all the other short sayings that we all use.

When I did first notice this I struggled with understanding it, as I struggled with everything in my still foggy head at that time. As the fog started to lift, I came to see that it meant I had to stay in AA no matter what because the dreaded 'out there' would get me if I didn't. Out there was the alcohol that my system screamed for...out there was the living death that I had escaped from in that room.

During my first couple of years I went to at least one meeting every day. During the week I was terrified of going home first so I went to a 6pm meeting right after work. I certainly didn't want to be struck drunk like the others who missed meetings! What a nightmare that would be.

Each day as I read that sign, more light started to dawn. God's grace was the only thing that kept me from heading back out the door. Today I understand more and more how God is working in my life as long as I am willing to let Him.

"The will of God will never take you where the Grace of God will not protect you."

Anon

January 2013:

Grace

IN THIS ISSUE

*From the Archives: Early Volusia County AA

*Experience, Strength, and Hope: *Traditions: The First Tradition

...and more!

Sobriety Countdown

Total Years-January, 2013: 1,566

Total Years-January, 2012: 1,401

Next Month: Honesty

Volusia County Intergroup

New Address:

Coastal Centre Suite 107

1635 South Ridgewood Ave.

South Daytona, FL 32119

Vital to all AA's and a part of Alcoholics

Anonymous

VOLUNTEER. DO IT TODAY, PLEASE

*12 Steppers needed in East & West Volusia

Call (386) 756-2930 for more information

Intergroup News

Position Open: Intergroup is in need of a **Special Events Coordinator**. Anyone interested in doing some cool stuff with fun people, please call or visit the office!

Welcome New IGRs -Joan M. (Alt. for Lest We Forget), Mike R. (Lifesavers) and Judy D. (Wednesday Women's)

Intergroup Representatives Meeting - 6:30 pm, 3rd Thursday each month at the Central Baptist Church, 142 Fairview Ave (just north of International Speedway Blvd off US 1).

Intergroup Steering Committee Meeting - 6:30 pm, 2nd Thursday each month at Intergroup Office.

Monthly District Meetings

District 8: Last Sunday-12:30pm, Almous Club, 569 Foote Court, Daytona Beach

District 19: 4th Monday-6:30pm, First Cong. Church (Annex), 201 W. University, Orange City

District 20: 3rd Sunday-7:00pm, Rebos Club, 2120 S Ridgewood Ave #8, Edgewater

District 21: 2nd Monday-6:30pm, First United Methodist Church, 336 S. Halifax, OB

District 32: 1st Monday-6:30pm, Ormond Beach Presb. Church, 105 Amsden Rd. OB

Groups represented at IGR Meeting, December, 2012 (13) • Attitude Adjustment • Back to Basics Del • Brighter Days • Donut Group • Lest We Forget • Lifesavers • New Beginnings DeL • New Dawn • Precisely How • Saturday Night Alive • Steps for Life • Wednesday Women's • Young at Heart • **Was your Group represented?**

♦ District representation: Districts 8, 19, 20, 21, ♦ MALs present: 8 (1)

DISTRICT NEWS:

District 8: Now taking nominations for District positions. A new DCM will be voted in at their January meeting and some special events will be planned.

District 19: Position open.

District 20: Position open.

District 21: Position open.

District 32: Position open.

MALs represent their Districts at the Intergroup level and are a conduit for info between Districts and Intergroup. This is vital to the smooth operation of both entities. Please consider volunteering. WE NEED YOUR HELP.

Help Volusia County Intergroup carry the message to the still-suffering alcoholic. Commit a dollar for every year of your sobriety on your anniversary, donate in memory of, or make it anonymous.

Anonymous-\$38.29

Anniversary donation s-Keith K. 31 years \$31, Jackie F. 18 years \$18, Jennifer L. 1 year \$1

YTD 11/30/12: Total Income: 5,666.33\$; Total Expenses: \$6,058.55; Net Income: \$-392.22

Contributions help make Twelve Step activity possible. We appreciate your support.

MEETING INFORMATION:

MEETING CHANGE: 24 Hour Group, Fri. 9:30am, Almous Club, Daytona Beach changed from closed DI to open ST-Joe and Charlie format.

NEW MEETING: BYOB Big Book Study, Sat. 8pm, First Christian Church, 326 S. Palmetto Ave. Daytona Beach is an open BB meeting.

GSO Contributions:
General Services Office
Grand Central Station, P.O. Box 459
New York, NY 10163

NEW ADDRESS
Area Contributions:
NFAC Treasurer
P.O. Box 360831
Melbourne FL 32936

NEW ADDRESS
Intergroup Contributions:
Volusia County Intergroup
1635 S. Ridgewood Suite 107
South Daytona, FL 32119

FROM THE ARCHIVES
Early AA History for Daytona Beach

The first correspondence that came from Florida to the Alcoholic Foundation was in January of 1941. It was a letter from Horace Scott.

The very first Alcoholics Anonymous meeting in Daytona occurred on January of 1942. The two members were George and Dave W. George is a transplant from Georgia and Dave from Seattle, Washington.

George's wife wrote in April of 1941 to the Alcoholic Foundation in New York. He and his wife set up a time with Tom S. and a friend to meet. When Tom S. arrived in Daytona to 12 step George, he found George's wife at home but George had gone fishing. This occurred twice! As a result of these trips, Tom and George's wife Kathleen agreed that the next time George got drunk she'd put him on the train to Jacksonville and notify Tom of this. Tom would be at the station in Jacksonville and 12 step George from there. George managed to tie one on in two weeks and the previous event occurred. Tom and Haughton met him in Jacksonville.

They took him to a sanitarium in Jacksonville at Park and McDuff where he sobered up. Local members visited George there and he later attended several meetings, returned to Daytona to start the first group in Daytona with Dave W. Dave W. previously started the first group in Seattle.

Happy 71st anniversary to Volusia County AA!!!!

Who is your IGR?

In Volusia county AA is strong and reliable. All of this is due to a basic system that is tried and true. The major components of a strong Intergroup are the group representatives and their monthly meetings. Their main function is to bridge the gap between Intergroup and the local AA groups. Every group throughout AA is eligible for representation. All your group has to do is elect a member who's is willing and able to attend one meeting a month to serve their group's interests.

To elect an IGR (Intergroup Representative):

- **Secretary calls a business meeting**
- **Group nominates and second each participant**

- **Group votes for IGR by simple majority**

Representatives meet on the third Thursday of each month at 6:30pm at the Central Baptist Church located at 142 Fairview Avenue in Daytona Beach. The monthly meeting is also posted on the second page of the High & Dry as well as in the schedule.

We really need your help to keep our local AA alive and well.

***E*xperience, *S*trength, and *H*ope**

THE WORLD IS MINE - Author Unknown

Today, upon a bus, I saw a very beautiful woman and wished I were as beautiful. When suddenly she rose to leave, I saw her hobble down the aisle. She had one leg and used a crutch. But as she passed, she had a smile. Oh, God, forgive me when I whine. I have two legs; the world is mine.

I stopped to buy some candy. The lad who sold it had such charm. I talked with him, he seemed so glad. If I were late, it'd do no harm. And as I left, he said to me, "I thank you, you've been so kind. It's nice to talk with folks like you. You see," he said, "I'm blind." Oh, God, forgive me when I whine. I have two eyes; the world is mine.

Later while walking down the street, I saw a child I knew. He stood and watched the others play, but he did not know what to do. I stopped a moment and then I said, "Why don't you join them dear?" He looked ahead without a word. I forgot, he couldn't hear.

Oh, God, forgive me when I whine. I have two ears; the world is mine.

With feet to take me where I'd go; with eyes to see the sunset's glow; with ears to hear what I'd know, Oh, God, forgive me when I whine. I've been blessed indeed, the world is mine.

If this poem makes you feel thankful, just forward it to your friends. After all, it's just a simple reminder that we have so much to be thankful for!

The A.A. Tradition

THE FIRST TRADITION

"Our common welfare should come first; personal recovery depends upon AA unity."

"When AA was very young, the first members clearly saw the preservation of its unity as a life-or-death matter for themselves and for the alcoholics still unrecovered. The First Tradition states this aim, and it is the common aim of all Twelve Traditions. When AA reached the age of 35, the aim was restated in the theme of the 1970 International Convention:

This we owe to AA's future:

To place our common welfare first;

To keep our Fellowship united.

For on AA unity depend our lives,

And the lives of those to come."

The Twelve Traditions Illustrated, #P-43 (This is one of my most favorite pamphlets available from the Intergroup office. I have used it for years to understand the Traditions. It is so very clear and easy to read with simple short simple sentences. I highly recommend it to everyone.)

PLEASE NOTE

We are in serious need of 12-Step volunteers. Please sign up!

People are not able to get to meetings due to this problem.

Can you remember what it was like when you were new? If you

had to rely on rides from others

to make meetings to get and

stay sober, what would have

happened? Think about this!

It's becoming such a problem all

over this county and we really

need your help. YES YOU!!

Committees, Coordinators and Intergroup Updates

Office Coordinator's Report by Mike D: There were a total of 131 calls and 21 visits to Intergroup for November 2012. There were 10 Help calls recorded; one was from a neighbor about a threatening guy; she was told to call the police. Two wanted to talk to an AA member, a woman called twice to get a ride; two wanted rides to a meeting, and one man out of detox called three times before we could get him a ride in DeLand.

GSO has recently increased their coordination of info with area Intergroups/Central Offices. We are investigating a web site where members can interact to exchange information.

All Anniversaries should be submitted to admin@aadaytona.org and should include Name, Month and full Sobriety Date.

Desk Volunteers are needed for permanent and fill-in positions. Minimum requirement is 1 year sobriety and some computer knowledge. Contact the office for more info.

We have T-shirts, Sweatshirts, Mugs and new Jewelry items for sale. **Quantities are limited.**

Archives Committee by Carolyn C: Carolyn is currently recovering from back surgery and Dave W. has also been ill so there is no Archives report this month.

Phone Army Coordinator by Hallie D: We welcome our new Phone Army Coordinator! There were 6 calls reported from the volunteers; 5 info calls and 1 help call.

12 Step Coordinator by Jan M: As always, we still need volunteers, but I am happy to say that with your help, we are getting new volunteers to help spread the message. "Snowbirds" need to contact Intergroup to make sure they are still on the list. Thank you very much for all your help.

Corrections Committee Coordinator by George C: We are always in need of volunteers willing to make a commitment to take recovery into the prisons.

High 'n Dry Editor: I am looking forward to making this year better than ever but can only do that with your help. I've already received some awesome submissions and am very grateful. I can't do this by myself so your participation is always welcome. Send any info to editor@aadaytona.org.

Special Thanks

to the following Groups for their contributions in
November 2012

5:30 Group, Beachside NSB, Choice Is Yours, Friday Sobriety, Grateful Group, Happy Hour-DB, Lest We Forget, New Beginnings-DEL, New Dawn, Ormond Beach Group, Pass It On-Victor E, Road to Recovery-Deltona, Saturday Night Alive, Sobriety & Beyond, Sunday Morning Sober, Young At Heart

This newsletter communicates the thoughts and feelings of its editor and contributors and reflects current AA experience with recovery, unity and service.

Articles are not intended as statements of AA policy. Publication does not imply endorsement by either AA or this newsletter. Articles are invited, but the editor reserves the privilege of accepting, rejecting or editing all submissions.

Articles may be submitted in writing through the Volusia County Intergroup office or via email at: editor@aadaytona.org. Are you interested in working on the High 'n Dry? Contact the editor to get involved.

ATTENTION

READERS OF THE HIGH 'N DRY
Please submit any A.A.-related:

- Announcements
- Stories, Poems, Songs, Jokes, Bumper Stickers, Words of Wisdom
- History
- Suggestions
- Corrections

editor@aadaytona.org

JANUARY 2013 ANNIVERSARIES

Years		Date	Years		Date	Years		Date
5:30 Group			FRIDAY SOBRIETY			OB BIG BOOK STUDY		
Bob K	27	01/03/86	Tom Mc	34	01/20/79	Beth K	29	01/28/84
Patty F	23	01/27/90	GOOD DAY GROUP			Arlene C	21	01/24/92
Cindy R	21	01/01/92	Susan T	21	01/06/92	ORMOND BEACH GROUP		
Karen D	21	01/01/92	Julie K	1	01/11/12	Karl R	16	01/01/97
Dottie C	6	01/14/07	GRATEFUL GROUP			PEACE OF MIND		
Jay C	4	01/01/09	Diana	28	01/10/85	Tom T	18	01/09/95
Sherry D	3	01/25/10	HAD ENOUGH			Rosie J	7	01/01/07
Jason T	2	01/01/11	Donna M	11	01/03/02	Richard V	7	01/08/12
Wendy C	2	01/01/11	HOW IT WORKS			Cheryl H	1	01/01/12
Tessie A	1	01/14/12	Bill	35	01/28/78	Karen P	1	01/01/12
William I	1	01/19/12	Leny	21	01/08/92	Margaret K	1	01/10/12
Catrina D	1	01/20/12	Jon R	15	01/01/98	Owen M	1	01/26/12
BACK TO BASICS			Sonny H	14	01/01/99	RIVERBRIDGE GROUP		
Sandra F	16	01/21/97	Tim B	2	01/24/11	Pete	38	01/01/75
Adam D	1	01/18/12	Frankie B	1	01/01/12	Janet M	33	01/26/80
BEACHSIDE NSB			Craig G	1	01/09/12	ROAD TO RECOVERY		
Paul B	29	01/02/84	Meghan	1	01/19/12	Cheryl B	31	01/08/82
BOULEVARD			Chrissy L	1	01/24/12	ROAD TO RECOVERY -- DB		
Jim O	31	01/17/82	Butch	1	01/29/12	Hollie H	15	01/11/98
Barbara S	17	01/06/96	JUDGE NOT GROUP			SATURDAY NIGHT ALIVE		
James	5	01/10/08	Joshua E	2	12/04/11	Laura L	16	01/01/97
CHOICE IS YOURS			JUST DO IT			Alan B	8	01/11/05
Herb W	38	01/03/75	John R	37	01/26/76	Leslie H	4	01/03/09
Don P	35	01/04/78	LEST WE FORGET			Chris B	2	01/01/11
Harry C	33	01/29/80	Gina H	9	01/11/04	Amy D	1	01/01/12
David J	29	01/10/84	Tim S	4	01/29/09	SATURDAY NIGHT BEGINNER'S		
Sylvia C	11	01/06/02	Cortney A	3	01/07/10	Mike M	7	01/08/06
Sally F	5	01/01/08	Rita W	1	01/02/12	Kelly	5	01/16/08
Rod L	2	01/19/11	LIFESAVERS			Marvin	3	01/14/10
DELAND GROUP			Ed J	25	01/28/88	SATURDAY WOMEN'S WEEKEND		
Terri A	22	01/25/91	Yvonne G	22	01/20/91	Jacque	25	01/01/88
DELTONA MEN'S GROUP			Rick C	22	01/06/91	Terry A	22	01/01/88
John H	29	12/25/84	LOVE & SERVICE			THURSDAY NIGHT MEN'S		
Lynn D	16	12/16/97	Matt G	1	01/07/12	Ossie L	23	01/20/90
DONUT GROUP			NEW DAWN			Tony O	11	01/02/02
David J	29	01/10/84	Mary F	24	01/29/89	Eric B	5	01/15/08
Missy S	23	01/02/90	Marsha M	8	01/06/05	WEDNESDAY WOMEN'S		
Helen L	3	01/10/10	Colby H	5	01/01/08	Shirley S	48	01/10/65
FOUR TOWNES GROUP			Dianne M	5	01/09/08	Shannon Mc	22	01/31/91
Clyde W	31	01/11/82	Kim C	1	01/08/12	Kathleen M	1	01/09/12
Paul M	23	01/01/90	Will H	1	01/09/12	Margaret B	1	01/04/12
Glenn R	5	01/01/08	Vivian M	1	01/13/12	YOUNG AT HEART		
Tim H	2	01/13/11	NEW HOPE			Herb	38	01/03/75
FREE TO BE			Pam K	2	12/12/11	Duke O	30	01/01/83
Dave I (Wolf)	29	01/01/84	N. SMYRNA BEACH GROUP			Garrett G	29	01/29/84
Hollie S	15	01/11/98	Carolyn C	33	01/14/80	Tony O	11	01/03/02
Gary B	4	01/20/09	Scotty D	29	01/06/84	Chris C	8	01/01/05
FRIDAY NOON MEN'S DISCUSSION			Penny M	3	01/01/10			
Joe B	7	01/01/06						

November 2012 CONTRIBUTIONS

GROUP	C *	NOV	YTD
5:30 Group	RBS	20	129.25
5th Tradition	SD	8	0.00
AA Way of Life	SD	8	0.00
A Vision for You		19	0.00
Adventures in Sobriety		21	0.00
Aloha		21	69.00
Any Lengths (Deltona)		19	100.00
Any Lengths (Ormond)		32	70.00
As Bill Sees It	DLSP	19	0.00
Attitude Adjustment		21	0.00
Back to Basics DeL		19	273.50
Back to Basics PaC			0.00
Basic Text		21	500.87
Beachside, NSB		20	30.00
Beginner's Big Book Study	RBS	20	20.00
Better Way	VcE	19	0.00
Big Book Study DB	SD	8	0.00
Big Book Study HH		21	234.00
Boulevard Group	VcE	19	0.00
Brighter Days	ALM	8	440.00
By the Sea		32	50.00
Came to Believe OB		32	0.00
Candlelight DB	SD	8	0.00
Candlelight OB	EZY	32	0.00
Choice is Yours	YAN	8	28.77
Circle of Friends	SD	8	0.00
Cool to Be Sober	YAN	20	0.00
Daytona 24-Hour Group	SD	8	0.00
Daytona's Burning Desire		8	0.00
DeLand Group		19	70.41
Deltona Big Book		19	0.00
Deltona Men's		19	0.00
Deltona/Debary Group		19	0.00
Deltona/Enterprise		19	0.00
District 8		8	465.00
District 19		19	50.00
District 20		20	0.00
District 21		21	400.00
District 32		32	400.00
Donut Group	SD	8	250.00
Early Ducks	EZY	32	0.00
Edgewater BB/Step Study		20	0.00
Fortaleza		19	0.00
Fountain of Youth		19	35.00
Four Townes Noon Group		19	415.12
Free to Be, DB	LBD	8	244.77
Fresh Start	ALM	8	0.00
Friday Night Men's	RBS	20	326.00
Friday Noon Men's Discussion		21	619.40
Friday Sobriety		8	100.00
Friday Women's Step			0.00
Good Orderly Direction		19	50.00
Grace Group			0.00
Grateful Group		19	75.00
Had Enough		32	10.00
Happy Destiny	YAN	20	0.00
Happy Hour DB	ALM	8	200.00
Happy Hour NSB		20	75.00
Heart to Heart		20	0.00
High Noon		20	0.00
High Nooners	SD	8	141.00
Hour of Power		20	40.00
How it Works	EZY	32	100.00
Insane Today	EZY	32	0.00
Judge Not Group		19	55.00
Just Do It BB Study-Debary		19	45.00
Keep it Simple	VcE	19	29.50
Last Call	SD	8	0.00
Lest We Forget		21	188.95
Lifesavers		20	707.00
Line-By-Line BB Study		32	32.50

GROUP	C *	DIST	NOV	YTD
Living Sober DB	SD	8		0.00
Living Sober PO	YAN	20		0.00
Love and Service		8		22.00
Lunch Bunch	SD	8		451.36
Miracle Group	EZY	32		0.00
Miracles Do Happen				25.00
Morning Reflections	SD	8		0.00
Never Had It So Good	YAN	20		127.00
Never Too Young	VcE	19		0.00
New Beginnings - Deland		19	10.00	185.00
New Dawn Group		20	407.00	3,339.00
New Hope Group		8		410.00
New Smyrna Beach Group		20		299.50
Noon Group	VcE	19		0.00
Noon Reflections	RBS	20		0.00
Only Alternative	Alm	8		0.00
Open Door	VcE	19		0.00
OB Big Book Step Study		32		33.00
Ormond Beach Group		21	25.00	25.00
Pass it On	VcE	19	61.71	508.00
Peace of Mind		20		600.00
Precisely How	ALM	8		0.00
Primary Purpose		32		30.00
Riverbridge		32		125.00
Road to Recovery DB		8		425.00
Road to Recovery Deltona		19	5.00	30.87
Sand and Sea	EZY	32		0.00
Saturday Matinee	SD	8		0.00
Saturday Morning Step		19		0.00
Saturday Night Alive		8	185.21	520.51
Saturday Night Beginners		19		200.00
Saturday Women's Weekend		19		150.00
Seaside Non-Smoking		20		0.00
Serious About Sobriety		19		0.00
Shores 11th Step		8		0.00
Sisters In Sobriety		19		12.00
Sicker Than Others		8		0.00
Sobriety First		19		40.00
Sobriety & Beyond			25.00	35.00
Steps for Life		20		25.00
Sunday Morning Sober	YAN	20	78.48	933.39
Sunday Night Connection				0.00
Sunrise Group - Holly Hill		21		0.00
Sunrise Group - Deland		19		24.01
The Weekly Reprieve, Lk Helen				0.00
Three Legacies		21		50.00
Thursday Night Men's		8		135.00
Tomoka Group		32		80.21
Turn the Page		8		0.00
Turning Point		21		0.00
Una Luz en el Camino, Pierson				0.00
Usual Suspects		21		0.00
Way of Life	ALM	8		710.00
Wednesday Closed		32		0.00
Wednesday Night Big Book				57.80
Wed. Women's /Fri. Step Grps		21		456.00
Westminster By-the-Sea		20		0.00
Women's Book Study				70.00
Women In Recovery	Alm	8		0.00
Women's New Beginnings		20		200.00
Yes We Can		8		0.00
Young at Heart		20	20.00	240.00
TOTAL			1,569.37	\$18,964.89
Anniversary Club			50.00	432.00
Anonymous Contributions			38.29	9,478.42
Copier Contributions				58.13
Hi 'n Dry Mailings				60.00
In Memory of Donations				20.00
7th tradition			21.14	264.89
Refunds and Book Sales				0.00
Grand Totals			1,678.80	\$29,278.33

A very special thank you goes out to all of you that have donated to Volusia County Intergroup, Inc.

Calendar of Events

Activities that might be considered "AA related" but do not fall within the guidelines of the Twelve Traditions or activities outside Volusia County will not be listed.

JANUARY 6, 2013: Bill W. - The story of a cofounder of Alcoholics Anonymous will be shown at Cinematique of Daytona, 242. S.Beach St. Two showings: 2pm and 5pm. Tickets are \$5 for members and \$7 for the general public. See www.cinematique.org for more details.

JANUARY 18-20, 2013: District 32 and Line by Line Group will present Big Book Comes Alive at Ormond Beach Presbyterian Church, 105 Amsden Rd., Ormond Beach. In the spirit of Joe and Charlie presented by Pat and Brian of Ft. Lauderdale. Tickets are \$20 in advance, \$30 at the door. Space limited to 125.

JANUARY 18-20, 2013: North Florida Area Assembly, Orlando Marriott, Lake Mary FL. See aanorthflorida.org/activities.asp for details.

JANUARY 19, 2013: Boulevard Group in DeLand will celebrate its 32 Anniversary from 6:30pm to 8:00pm. Food will be provided but please bring a dessert. All are welcome so please come and celebrate with us!

JULY 24-28, 2013: 57th Florida State Convention, Jacksonville, FL. See <http://57.flstateconvention.com> for details.

**New Items:
Clothing &
Bags**

**New Items:
Magnets, Pillows,
Jewelry, and
much more!**

Think INTERGROUP

For Your Anniversary Shopping
Quantities are limited!

Visit our store at the Coastal Centre Suite 107
1635 S. Ridgewood Avenue in South Daytona

When you buy from your local Intergroup, you support your local services. We have expanded our offerings and invite you to come in and check out the unique, collectible items we have for sale. You can pay by cash or check. Prices are subject to change. Thanks for your patronage, suggestions

Sample Price List: Wallet cards: \$0.50; Magnets: \$1.75; Greeting Cards: \$2.00; Medallions: \$2.00 - \$15.00; Books: \$5.00 - \$15.00; Jewelry: \$8.00 - \$22.00; Clothing: \$9.50 - \$29.00; Collectible Pillows and Canvas Bags, Book Covers, CD's, Clocks – ask your desk volunteer for more